Carlyle Place Independent Living November 2026

The Carlyle Chronicle

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CANNED FOOD DRIVE



NOVEMBER 16TH 8:30 AM- 19TH 4:00 PM

PLEASE DROP YOUR ITEMS IN THE MAIN LOBBY FOYER BEFORE 4:00 PM ON NOVEMBER 19TH
SEE PAGE 7 FOR A LIST OF NEEDED ITEMS

MACON OUTREACH

Carlyle Place
A Life-Plan Community of Atrium Health Navicent

5300 Zebulon Road · Macon, GA 31210 · 478-405-4500
www.carlyleplace.org

Recurring Events

Happy Hour
Monday - Friday · 5:00 - 6:00 pm · The Pub
Saturdays · 5:00 - 7:00pm · The Pub
No occurring on November 26th: Happy Thanksgiving

Communion
Episcopal - Monday, Nov. 2 · 10:00 am · Act. Rm A
Thurs., Nov 19 · Act. Rm A · 10:30 am
Methodist - Thurs., Nov 19 - Act. Rm A · 1:00 pm
All are welcome at Communion.

Have You Heard
Tuesdays · 11 am · The Grande
Attend this town hall style meeting to stay up-to-date on information about what is happening at Carlyle.

Line Dancing
Mondays · 3:00 pm · Group Fitness Rm

Trivia
Tuesday, November 10 · 4:00 pm · The Grande
Trivia is a competitive game where teams of five or less compete for prizes. Sign up on the app.

Coffee & Conversation
Wednesdays · 9:30 am · The Library

Tie Blankets for Children
Friday Nov 6, 13, & 20 · 10:30 am · Activity Rm B
This weekly group service project assembles blankets for patients at the Atrium Health Children's Hospital.

Bark in the Park
Fridays · 1:00 pm· Dog Park
Bring Fido to the dog park for a canine meet & greet.

BUMs Breakfast: *Estate Planning* with Bill Rusak
Saturday, Nov 21 · 8:30 am · The Grande
All CP men are welcome at this monthly breakfast with Carlyle Resident Bill Rusak speaking on "Estate Planning Checkup."

Loaves & Fishes
Monday, Nov 23· 2:30 pm · Activity Rm A

Catholic Mass
Tuesday, Nov 24 · 2:00 pm · Activity Rm A

Out & About

Music & Arts: Bloom & Funkhouser Duo at Vineville United Methodist Church
Sunday, Nov. 1 · Depart Lobby at 2:15 pm
Flutist Peter H. Bloom and pianist John Funkhouser are veterans of the internationally acclaimed Aardvark Jazz Orchestra, and each has impressive credentials performing nationally and internationally. A ticket is not required for this event. Sign up on the Uniguest App.

Evensong: All Saints Service at Christ Church
Sunday, Nov. 1 · Depart Lobby at 5:45 pm
This service will be a grand celebration held in the Nave of Christ Church. As a Solemn Evensong, the liturgy will feature the rich, historic symbolism of incense alongside a full procession of acolytes and servers. A ticket is not required for this event. Sign up on the Uniguest App.

Voting at Northway Church
Tues., Nov. 3 · Depart Lobby at 10 am & 1 pm
Cast your vote a Northway Church. We will offer two buses to vote: one departing at 10:00 am and one departing at 1:00 pm. You do not have to sign up. Please arrive to the bus at least five minutes early.

Apollo 5 at Christ Church
Tuesday, Nov. 3 · Depart Lobby at 6:45 pm
Hailed by BBC Music Magazine as "faultless" and Classic FM as "exceptionally beautiful singing," APOLLO5 performs throughout Europe, North America, and Asia to consistent critical acclaim. A ticket is not required for this event. Sign up on the Uniguest App.

The Ancient Art of Batiks at Museum of Arts & Sciences
Wednesday, Nov 4 · Depart Lobby at 6:30 pm
Attendees will experience Mary Edna Fraser's signature large-scale batik works in the exhibition Above, Between, Below, which depict breathtaking perspectives of space, Earth, and the deep ocean. A ticket is required for this event and can be purchased at the door. Sign up on the Uniguest App.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Out & About

Faculty Recital at Fickling Hall

Wednesday, Nov 4 · Depart Lobby at 6:45 pm

Kyle Mallari, trumpet. A ticket is not required for this event. Sign up on the Uniguest App.

Ace Hardware in Gray & Lunch

Thursday, Nov. 5 · Depart Lobby at 9:30 am

The Ace of Gray features a boutique gift shop, sporting goods, hardware, and garden items. After shopping, enjoy lunch at the number two Dairy Queen in the nation. Sign up on the Uniguest App.

Christmas Made in the South

Friday, Nov. 6 · Depart Lobby at 9:45 am

Experience the finest in arts and crafts at Christmas Made in the South, featuring hundreds of artists and craftsmen. An admission ticket is required for this event and can be purchased at the door. Sign up on the Uniguest App.

Back Pack Ministry

Friday, November 6 · Depart Lobby at 1:00 pm

Pack snacks for underprivileged children in the public school system. Sign up on the Uniguest App.

Harp Ensemble at Fickling Hall

Sunday, Nov. 8 · Depart Lobby at 2:15 pm

Mercer Harp Ensemble, Calista Anne Koch, conductor. Mercer Harp Ensemble presents *Autumn Leaves.* A ticket is not required. Sign up on the App.

Jubilee Art Series at Fickling Hall

Monday, Nov. 9 · Depart Lobby at 6:45 pm

Over nearly two decades of performing throughout the United States and abroad, WindSync has proven itself “a major force in the American chamber music landscape." A ticket is required and can be purchased at mercerevents.tixr.com. Sign up on the Uniguest App.

Out & About

Fabian at Fickling Hall: Lawrence Dutton

Tues., Nov. 10 · Depart Lobby at 6:45 pm

Join us for the Fabian Concert Series for a dazzling array of chamber music with some of the world’s best guest artists, all in an intimate setting curated by artistic director Lawrence Dutton. A ticket is required and can be purchased at mercerevents.tixr.com. Sign up on the Uniguest App.

Mystic Pizza at the Grand Opera House

Thurs., Nov. 12 · Depart Lobby at 6:45 pm
Fri., Nov. 13 · Depart Lobby at 6:45 pm

Follow best friends Kat, Daisy, and Jojo as they navigate the complexities of friendship and romance. A ticket is required and can be purchased at tixr.com. Sign up on the Uniguest App.

Mercer Jazz Ensemble: Uptown Funk at the Capitol Theatre

Friday, Nov. 13 · Depart Lobby at 6:45 pm

Dr. Monty Cole conducts the Jazz Ensemble, who will feature an evening full of the music of Bruno Mars, Tower of Power, the Average White Band, and the other great masters of funky jazz. A ticket is not required for this event. Sign up on the Uniguest App.

Macon Mercer Symphony Orchestra at the Grand Opera House

Monday, Nov. 16 · Depart Lobby at 6:45 pm

Guest conductor Joseph Young will present From Haydn to Hip-Hop; a program featuring Barber, Strauss, and Mozart . A ticket is required and can be purchased on the McDuffie Center for Strings site. Sign up on the Uniguest App.

Mercer Jazz Combo at Fickling Hall

Tuesday, Nov. 17 · Depart Lobby at 6:45 pm

Presenting *The Great Quintets of Miles Davis* with Monty Cole as director. A ticket is not required for this event. Sign up on the Uniguest App.

CPRoundtable: The Grotto with Stephen Reichert

Wednesday, Nov. 18 · 3:30 pm · Activity Rm A

Take a field trip to The Grotto in Macon, Georgia. For more information, see pg. 7. Sign up on the Uniguest App.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Out & About

Mistletoe Market & Lunch
Friday, Nov. 20 · Depart Lobby at 9:30 am

Enjoy this holiday shopping event with 100 shops and vendors from across the Southeast at the Perry Fair Grounds. An entry fee of $10 is required at the door. Lunch will be at The Swanson House. Sign up on the Uniguest App.

Mercer Wind Ensemble at the Grand Opera House
Monday, Nov. 23 · Depart Lobby at 6:45 pm

Mercer Wind Ensemble presents World Premiere of Christopher Alan Schmitz's *Symphony for Wind Ensemble*. A ticket is required for this event and can be purchased at the door. Sign up on the Uniguest App.

Dinner at Mandarin
Wed., Nov. 25 · Depart Lobby at 5:00 pm

Sign up on the Uniguest App to eat at this Chinese Restaurant.

Macon Pops Christmas Spectacular
Friday., Nov. 27 · Depart Lobby at 5:15 pm

Experience the magic as the Macon Pops orchestra performs LIVE, perfectly synchronized to more than one million dazzling lights during the opening night of the Macon Christmas Light Extravaganza, presented by Northway Church. A ticket is not required. Seating is not provided; you must bring your own lawn chair or blanket. Sign up on the Uniguest App.



Paul Evans & Barbara Scully at the Harvest Hoedown

In-House Events

Movie Showing
Saturdays · 7:00 pm · The Grande

November 7 - *9 to 5*
November 14 - *Steel Magnolias*
November 21 - *Rhinestone*
November 28 - *Here I Am:* Documentary

Choristers Practice
Tuesdays · 1:30 pm · The Grande

Bloom Crew: Flower Arranging
Wed., Nov. 4 & 18 · 2:00 pm · Season's Dining

Volunteer and arrange flowers for our Dining Room tables.

Tech Tutoring with Caleb
November 7, 14, 21, & 28 · 4:00 pm · The Parlor

Caleb Varnadore volunteers his time to help residents with technology issues or questions. Bring your own device.

Chenny Gan Silent Film
Tuesday, Nov. 3 · 7:00 pm · The Grande

Enjoy three short films: *Le Voyage dans la Lune, The Immigrant,* and *One Week*, as Piantist Chenny Gan plays along. Celebrated for her virtuosity and adventurous playing, pianist Chenny Gan has appeared in performance and teaching engagements in over a dozen countries on three continents, most recently in China, Germany, and the United States.

UGA vs. Ole Miss Football Game
Saturday, Nov. 7 · 3:30 pm · The Pub

Watch the big game with fellow residents and enjoy snacks and drinks in the Pub.

Birthday Bash
Monday, Nov. 9 · 7:00 pm · The Grande

Everyone is invited to celebrate November and December birthdays, and enjoy live music from B. Keith Williams! Cake and ice cream will be served. Sign up on the Uniguest App.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

In-House Events

Veterans Day Program

Wednesday, Nov. 11 · 11:00 am · The Grande

Brig. Gen. David S. Miller is the Commander, Warner Robins Air Logistics Complex, Robins Air Force Base, Georgia. As the commander, he serves a world-class workforce of more than 7000 skilled personnel. Brig. Gen. David S. Miller will be the speaker for this annual program.

Eating for a Sharper Mind with Patti

Friday, Nov. 13 · 2:00 pm · The Grande

Your brain makes up only 2% of your body weight, yet it burns 20% of the calories you eat every day. Feed it well, and you feel it: in your focus, your memory, and your mood. Feed it poorly, and you feel that too, in brain fog, and misplaced names. Join Patti and learn how your brain and gut interact and about the affordable food items that can boost brain health. Sign up on the Uniguest App.

Middle GA Library Representative

Friday, Nov. 13 · 3:00 pm · The Parlor

Yufiel Franklin will help residents download books, sign up for library cards, and assist with other needs.

Arts & Crafts: Christmas Fun

Thursday, Nov. 19 · 2:00 pm · Back Rm Studio

Sign up on the Uniguest App for this Christmas themed project!

Broad River Rehab Presentation:

Wednesday, Nov. 18 · 11:00 am · The Grande

Sit in on this monthly presentation from our rehabilitation team and learn how to better your health.

Middle Georgia State University Speaker Session

Tuesday, Nov. 24 · 4:00 pm · The Grande

Join MGA faculty for an engaging presentation on various topics. Please see the Uniguest App for updated information on this month's speaker.

Resident Led Activities

Pickleball Play & Instruction

Mon., Wed., Thurs. & Fri. at 9:15 am

No occurring on November 26th: Happy Thanksgiving

Poker

Mondays · East Wing Game Room · 1:00 pm
Wednesdays · Bank Lobby · 1:00 pm
Sundays · East Wing Game Room · 2:00 pm
Facilitated by Walter Barnett:
bearbarnett77@gmail.com

BYOP (Bring Your Own Project)

Mondays · Activity Rm B · 1:30 pm

Bring an individual project (craft, painting, needlework, etc.) to work on with friends.

Beginners Clogging with Elaine Davies

Wednesdays · Group Fitness Rm · 3:00 pm

Joker

Mondays & Tuesdays · The Pub · 7:00 pm
Not occurring on November 3rd & 9th
Wednesdays · WW Game Rm · 3:00 pm

Rummikub

Tuesdays · East Wing Game Rm · 6:30 pm

Party Bridge

Tuesdays · The Pub · 1 pm

The Harmonica Group

1 & 3 Wednesdays · Back Rm Studio · 4:00 pm

Join this group of aspiring harmonica musicians.

Paper Craft Workshop

Nov. 9 & 18 · Back Rm Studio · 2:00 pm

Are you interested in learning how to make paper products such as greeting cards for various occasions for fellow residents and friends? Contact Magda Morris if interested.

Sequence

Thursdays · East Wing Game Rm · 6:30 pm
Not occurring on November 26

Duplicate Bridge

1, 2, & 3 Thursdays · 1:15 pm · The Pub
Facilitated by Rae Scott: 478-474-3116

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Resident Led Activities

Intermediate Mahjong
Tuesdays · West Wing Card Rm · 1:00 pm

Canasta
Thursdays · East Wing Game Rm · 1:30 pm
No occurring on November 26th: Happy Thanksgiving

Worship
Sundays · The Grande · 11:00 am

Cribbage
Wednesdays · The Pub · 1:00 pm

Mexican Train Dominoes
Sundays · The Bistro · 6:00 pm
Facilitated by Walter Barnett:
bearbarnett77@gmail.com

Swoop Game Night
Saturdays · The Bistro · 7:00 pm

Chicago Style Bridge
Wednesdays · East Wing Game Rm · 1:15 pm
Facilitated by Rae Scott: 478-474-3116
Fridays · East Wing Game Rm · 1:15 pm
Facilitated by Demme Pluta: 770-754-7930

Bingo with Bingo Bob
Saturday, Nov. 14 & 28 · The Pub · 4:00 pm
Join Bob & Demme Pluta for Bingo! $5 for 5 games, bring correct change. Tickets go on sale at 3:30.

Bag Mats Project
Thursday, Nov. 12 · 2:00 pm · Activity Rm A
Help create the materials needed to make mats for the homeless

Catholic Conversations
Thursdays · 3:45 pm · Hallway Conf. Room
The Catholic Conversation on Scripture group meets weekly to study and discuss the gospel of the coming Sunday. No occurring on November 26th: Happy Thanksgiving!

Food Pantry Bag Project
Thursday, Nov. 5 · Activity Rm A · 2:00 pm
Help support the St. Peter Claver Food Pantry by volunteering to double bag the plastic bags donated by residents. Contact Marianna Gebara for further information.

Book Club
Thursday, Nov. 12 · Activity Rm A · 11:30 am
A Founding Mother: A Novel of Abigail Adams by Stephanie Dray & Laura Kamoie

Pondering the Story with Elaine Davies
Monday, Nov. 16 · Admin Conf Room · 2:30 pm

Democrats Luncheon
Tuesday, Nov. 17· 11:30 am · Season's Dining
You Must Sign Up with Linda Degelmann for this resident led gathering. For more information call: 222-942-2000. Lunch will count as a meal credit.

Writer's Club
Friday, Nov. 13 · 2:30 pm · Activity Rm A
Whether you are published or simply have an interest in writing, consider joining some Carlyle Residents who enjoy putting pen to paper, hitting the digital keyboard or voicing their thoughts as if rehearsing for Audible, we want to share our inspiration and look to learn more about yours and especially what it could become. Poetry, fiction, drama or short stories, all writing styles are welcome. Bring your creative and expressive imagination to sit around the table to define, configure and shape our artistic writing journey together.

Community Putt Off
Saturday, Nov. 28 · 10:00 am · Putting Greens
Our Resident Golf Team is ready to lead you in a putting competition. Please sign up on the Uniguest App, and bring $1 to contribute to the winners grand prize. Participate or spectate.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Carlyle Place Roundtable: Stephen Reichert

Written by Ann Tift



Take a field trip to the Grotte de Massabielle in Lourdes, France – make that a restoration of a 19th-century replica of that shrine: The Grotto in Macon, Georgia on Wednesday, November 18th at 3:30 PM. Created by Jesuit monks and their students from St. Stanislaus College (formerly Pio Nono College, founded 1874), work began in 1901 and continued through the first 20 years of the 20th century. Many of the original elements of the shrine – a villa, a pool, statues – are not extant, but trails, some statuary, and Stations of the Cross are visible. Your guide will be Stephen Reichert, Macon native and retired New York City expert in antiques and fine fabrics. The Grotto's terrain is not steep but unpaved and could be mildly challenging for some. If you're concerned about it, talk to Ann Tift for more information. Limited to 20 participants. Sign up on the Uniguest App.

Macon Outreach Canned Food Drive Wish List

Canned Food:
Green Beans, Potatoes, Peas, Corn, Turnip Greens, Pork & Beans, Soups, Fruit, Spaghetti Sauce

Extra:
Jelly, Mayo, Mustard, Ketchup, Coffee, Tea

Dry Goods:
Powdered Milk, Spaghetti Pasta, Cereal, Pop Tarts, Cereal Bars, Cake Mix & frosting, Brownie Mix, Instant Potatoes, Rice, Ramen Noodles, Cornbread Mix, Hamburger Helper, Rice

Canned Meats:
Spam, Salmon,Tuna, Chicken, Beef Stew, Chili, Vienna Sausages, Chef Boyardee Pasta

Assistive Device Safety in Our Common Areas

Rollators and other assistive devices play an important role in helping people maintain their independence, mobility, balance, and ability to participate fully in community life. Having the right support to move safely and comfortably allows everyone to enjoy activities, programs, and time with friends and neighbors.

For everyone's safety, rollators, walkers, scooters and other assistive devices should not be left in aisles, walkways, or other areas where people are moving through the space. In our dining areas and during entertainment, presentations, and other programs in our public common areas, staff may relocate your assistive device to a nearby, designated safe area.

This is not about limiting access to your assistive device. It is simply a way to keep pathways clear and reduce the risk of someone tripping or falling. Your device will remain close by and can be returned or brought to you when you are ready to leave.

Thank you for working with our staff to keep common areas safe, accessible, and comfortable for everyone, while continuing to support the independence and mobility that assistive devices provide.

Movies

9 to 5

PG · 1980 · Comedy · 1h 49m
Saturday, November 7 · 7:00 pm



Housewife Judy Bernly starts work as a secretary at Consolidated Companies after her divorce and is placed under the supervision of sharp-tongued widow Violet Newstead. Both work under president Mr. Hinkle and egotistical, sexist vice president Franklin Hart.



RAC Members Serving Employees at the Employee Appreciation Lunch

Steel Magnolias

PG · 1989 · Romantic Comedy · 1h 57m
Saturday, November 14 · 7:00 pm



A young beautician, newly arrived in a small Louisiana town, finds work at the local salon, where a small group of women share a close bond of friendship, and welcome her into the fold.



1st Place Winners, Dr. Richard Mixon & Sandy Knapp, at the Brickyard Member Guest Golf Tournament at the Brickyard Country Club
Submitted by Richard Mixon

Rhinestone

PG · 1984 · Comedy · 1h 51m
Saturday, November 21 · 7:00 pm



A country music star must turn an obnoxious New York cabbie into a singer in order to win a bet.

Dolly Parton Documentary: Here I Am

TV-14 · 2019 · Documentary · 1h 30m
Saturday, November 28 · 7:00 pm



In this documentary, the life, career and music of Dolly Parton are reflected in interviews with friends and companions and the artist herself, interlaced with clips of Parton's performances.



"Dirty Old Man"
Submitted by Mary Dempsey

Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

Uniguest "Bulletin Board"

The Uniguest Community App has an interactive module called the *Bulletin Board.* It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Laney Queen: Laney.Doster@advocatehealth.org

Free Transportation to Stores

Kroger

Every Wednesday · Depart Lobby at 9:30 am

Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am
Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck
1st Thursday 10:00 am · Admin. Conf. Rm

Development Chairperson: George Beck
4th Thursday · 10 am · Admin. Conf. Rm
Quarterly: January, April, July, October

Dining Chairperson: Patty Prince
1st Wednesday ·10:00 am · Admin. Conf. Rm

Library Chairperson: Pat McMahon
2nd Monday · 1:00pm · Executive Conference Rm April - July - Oct.

Marketing Chairperson: Marianne Beck
3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Kathleen Sheil
2nd Wednesday · 3:00 pm · Admin Conf Rm

RAC President: Fred Reese
3rd Thursday · 10:00 am · Admin Conf Rm

Take 3 For Wellness: Bell's Palsy

Written by Tonya Wilson

Bell's palsy, also known as facial palsy, causes sudden, temporary weakness in your facial muscles. This makes half of your face appear to droop. The exact cause is unknown. The nerve that controls your facial muscles passes through a narrow corridor of bone on its way to your face. In Bell's palsy, that nerve becomes inflamed and swollen. It could also be a reaction that occurs after a viral infection. Besides facial muscles, the nerve affects tears, saliva, taste and a small bone in the middle of your ear.

For most people, Bell's palsy is temporary. Symptoms usually start to improve within a few weeks, with complete recovery in about six months. A small number of people continue to have some Bell's palsy symptoms for life. Rarely, Bell's palsy can recur.

Signs and symptoms of Bell's palsy come on suddenly and may include:

- Rapid onset of mild weakness to total paralysis on one side of your face
- Facial droop and difficulty making facial expressions, such as closing your eye or smiling
- Drooling
- Pain around the jaw or in or behind your ear on the affected side
- Increased sensitivity to sound on the affected side
- Headache
- A decrease in your ability to taste
- Changes in the amount of tears and saliva you produce

Viruses that have been linked to Bell's palsy include the virus that causes:

- Cold sores and genital herpes (herpes simplex)
- Chickenpox and shingles (herpes zoster)
- Infectious mononucleosis (Epstein-Barr)
- Cytomegalovirus infections
- Respiratory illnesses (adenovirus)
- German measles (rubella)
- Mumps (mumps virus)
- Flu (influenza B)
- Hand-foot-and-mouth disease (coxsackievirus)

There's no specific test for Bell's palsy. Your doctor will look at your face and ask you to move your facial muscles by closing your eyes, lifting your brow, showing your teeth and frowning, among other movements.

Most people with Bell's palsy recover fully — with or without treatment. Your doctor may suggest medications, such as antivirals or corticosteroids, or physical therapy to help speed your recovery.

September 2026 Honorariums & Memorials

Donated in Memory of:	Donated by:
Christina Amabile	Ms. Jane Perry
Emily Bredeson	Mrs. Beverly Meadors
Jim Bruner	Mr. & Mrs. Gil Thelen
	Mr. & Mrs. Don Kea
Edyth Snow	Mrs. Beverly Meadors

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated annually on the Recognition Board. To make a gift, please make your check payable to the Navicent Health Foundation, and indicate if you would like your gift applied to the Carlyle Place Resident Assistance Fund, Watkins Employee Scholarship Fund, or to the Carlyle Place General Fund. Mail to 3330 Northside Drive STE 100, Macon, GA 31294-9646. You may contact Tarver Perry at 478.633.7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.

September Employee of the Month: Jill Skinner



Please join us in celebrating Jill Skinner, our Employee of the Month!

Although Jill has been with Carlyle Place for one year as a Care Coordinator in the Carlyle at Home Department, she brought with her a wealth of experience and expertise, having served nearly 15 years as an RN at Atrium Home Health prior to joining our team.

Originally from Albany, Georgia, Jill has found a true home here. Her favorite part of the job is spending quality time with her Carlyle at Home members, whom she considers to be like family.

Jill has thoroughly enjoyed her first year at Carlyle Place, citing the helpful and welcoming staff—along with all the fun community activities—as key reasons why it has been such a wonderful transition.

Outside of work, Jill is happily married to her husband, Eric. She is a proud mom to her daughter, Sophie (17), and her son, Evan (15). You can often find her cheering on her children in all of their various sports and activities, enjoying a trip to the beach, or indulging in a little retail therapy!

Thank you, Jill, for your dedicated service, heart for caregiving, and fantastic contributions to Carlyle Place! We are so grateful to have you on our team!

Scam Alert: Common Amazon Scams To Avoid

Originally Written by Shelly Lott, Published on October 7th, 2026 on www.clark.com

Many types of scams target Amazon shoppers. They can come in the form of a phone call, text message, email, social media post or a browser pop-up. These messages can look like they are coming directly from Amazon.

Warning: Avoid Scams on Amazon

- Suspicious Amazon Account Activity: Ironically, another common scam is based on the premise of suspicious activity in your account. You receive an email, text message or phone call notifying you that your account has been locked due to unusual activity, or it may say that a suspicious purchase has been made from your account, often citing a large dollar amount. You'll be asked to click a link to unlock your account or verify the charge. The link directs you to a fraudulent website designed to steal your login credentials and other personal information.
- Fake Invoice: The invoice can look very similar to an actual Amazon invoice, and often, the order is for a very expensive item. This is meant to instill a sense of urgency so that you'll act quickly to cancel the order. If you click the link or call the phone number, you will be asked to provide personal and credit card information to cancel the order and get a refund. Instead, your information will be stolen and used for fraudulent purposes.
- Overpayment Scam: You might get a message saying that you're entitled to a refund for an overpayment or erroneous charge. You'll be prompted to click a link to update your payment or contact information. Or the message may list a phone number to call. Don't click the link or call the number. If you do, you'll be asked for personal information, or you might be asked for remote access to your computer.
- Amazon Review Scam: You might receive a message offering payment for writing an Amazon review. You are instead directed to a fraudulent website where you are prompted to enter your Amazon username, password, or payment information.

How To Protect Yourself From Amazon Scams

- Be alert. Before you click any links, investigate and be suspicious of any message requesting information.
- Go directly to your Amazon account. Confirm any purchases or messages by visiting your Amazon order history.
- Change your Amazon password regularly and use a strong, unique password for each site you visit. Never use the same password twice.
- Inspect URLs before clicking on them. Hover over the link and look for anything unusual in the address.
- Add the websites you visit often to your "Favorites" list in your browser so that you don't have to type the address each time.
- Be cautious opening attachments. They are often infected with malware.
- Use a credit card when placing an online order. Consider getting a credit card to use strictly for online purchases.
- Never search for support phone numbers or email addresses using a search engine. Scammers post fake numbers and email addresses that often show up at the top of the search results listing. If you contact them, it can lead to identity and financial theft. Instead, go directly to the Amazon website for support.
- Block any phone numbers that are not from a legitimate source.
- Enable multi-factor authentication for your Amazon account.

Famous November Birthdays

Stephen Crane (novelist) – November 1, 1871

Burt Lancaster (actor) – November 2, 1913

Alfred Heineken (brewer) – November 4, 1923

Art Garfunkel (singer) – November 5, 1941

Joni Mitchell (singer) – November 7, 1943

Richard Burton (actor) – November 10, 1925

Claude Monet (artist) – November 14, 1840

Margaret Atwood (writer) – November 18, 1939

Gail Devers (track star) – November 19, 1966

René Magritte (painter) – November 21, 1898

Amy Grant (singer) – November 25, 1960

Jimi Hendrix (musician) – November 27, 1942

Louisa May Alcott (author) – November 29, 1832

Dick Clark (entertainer) – November 30, 1929

Celebrating November

Election Day (U.S.)
November 3

Diwali
November 8

Forget-Me-Not Day
November 10

Veterans Day
November 11

Thanksgiving (U.S.)
November 26

Black Friday
November 27

Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

BLP - Backlot Players
(478) 994-0443
Website: thebacklotplayers.org

CP - Centreplex
(478) 803-1593
www.maconcentreplex.org/coliseum/ticket-office/

DT- Douglass Theatre
(478) 742-2000
Website: douglasstheatre.myboxoffice.us

FH - Fickling Hall at Mercer University
(478) 301-5470
Website: www.mcduffie.mercer.edu

GOH - Grand Opera House
(478) 301-5470
Website: www.thegrandmacon.com

MCA - Macon City Auditorium
(478) 803-1593
https://www.maconcentreplex.org/auditorium/

MLT – Macon Little Theatre
(478) 471-7529
Website: www.maconlittletheatre.org

TM -Theatre Macon
(478) 746-9485
Website: www.theatremacon.com/tickets

October Employee Anniversaries

1 Year
Debeshia Hunt

4 Years
Laney Elliott
Natalie Wimberly

5 Years
Kathy Davis

7 Years
Becca Devens

11 Years
Paulette Spence

12 Years
Marie O'Neal

17 Years
Patricia Singleton

24 Years
Shamika Whisby
Dalisha Tarver



Marianna Gebara and Jeanne Cochran Competing in the Cornhole Tournament

Carlyle Place
Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
	Cell: 478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Trivia

To receive a bonus point for trivia for the month of November, someone from your team must attend the Silent Film with Chenny Gan in The Grande on Tuesday, November 3rd at 7:00 pm. In order to receive credit, you must check in with a member of Resident Life before the start of the program, and you must stay for the entirety of the film. These instructions must be followed in order to receive your point.

I SPY - November 2026

"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.

I spy a resident whose positive attitude and contagious smile make a lasting impression. His dedication to helping others, commitment to improving our community, and enthusiastic participation in activities and events are truly commendable. Dennis Collins has never (in his life!) met a stranger. He brings warmth, connection, and an inspiring zest for life to all who know him. When you see Dennis around campus, be sure to let him know how much he is appreciated!

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I'd Like to Hear, Leadership Reports, and any New Resident introductions). The formats are:

Week 1
Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2
Rehab Updates/Reminders
Committee Report

Week 3
Take 3 for Wellness
Marketing Minute
Snapshot (Quarterly: Jan, Apr, July, Oct)

Week 4
Committee Report
New Employee Introductions/Employee of the Month
RAC Report

Week 5 (March, June, September, December)
Healthcare Updates/Reminders
CP at Home Updates/Reminders

2026 Committee Report Schedule:

Building & Grounds:	10/13
Library:	10/27
Development:	11/10
Marketing:	11/24
Dining:	12/08
Programming:	12/22

**The Tuesday following the quarterly CP Board meetings, Resident Board Member will report.

November Birthdays

Struby Thelen	11/05
Sandy Barnett	11/07
Ann Weber	11/09
Terry Harris	11/09
Jim Kovarik	11/10
Charlotte Gebara	11/10
Debra Collins	11/11
Rich McKee	11/14
Tim Adams	11/14
Joan Anderson	11/14
Elaine Davies	11/14
Virginia Stephens	11/14
Louan Jarrard	11/15
Dorothy Black	11/18
Bonny McGarity	11/21
Don Rhame	11/22
Jane Cogswell	11/22
Alan Baca	11/24
Mary Demspey	11/27
Walter Barnett	11/30
Harold Reed	11/30

Carlyle-at-Home

Billy Dasher	11/01
Asbury Stembridge	11/01
Angela Adams	11/01
Bob Hatcher	11/15
Betty Talbot	11/16
John Collier	11/20
Joseph Van De Water	11/26
Lamar Sizemore	11/30








TELL YOUR DOG SAID HI
YER TRAILER OR MINE?











Journey to Remember - Without a Worry in the World!

Written by Bob Dunne





Have you ever wondered what it would be like to take a vacation where almost everything was taken care of for you? No worrying about transportation, hotel reservations, restaurant selections, or planning activities. Now imagine sharing that experience with a wonderful group of friends and neighbors. Wouldn't you consider yourself fortunate? Well, Cathy and I recently had just such an experience, and fortunate is exactly how we felt!

Our greatest responsibility was simply making sure that we—and our suitcases—showed up at the designated departure times, both coming and going. We didn't even have to worry about handling our luggage, provided our suitcases had wheels! Now that's my idea of traveling!

Have you ever checked into a hotel only to discover that your accommodations weren't quite what you expected? Wouldn't it be nice to have someone available to resolve any problems? We had that luxury. In fact, we had not one, but two advocates looking out for us! And what about planning activities? Deciding what to see, where to go, and how to make the most of your time can sometimes be more work than pleasure. Fortunately, all of that had been thoughtfully arranged for us.

Our journey took us to Georgia's beautiful coast, where we enjoyed a wonderful combination of history, nature, delicious food, shopping, and, perhaps most importantly, the company of good friends. One of our stops was the Fort King George State Historic Site, home to the oldest English fort on Georgia's coast. The reconstructed 18th-century fort, museum, and historical exhibits provided a fascinating glimpse into the lives of the area's early inhabitants. Our knowledgeable tour guide helped bring that history to life, giving us a better understanding of the challenges faced by those who lived there centuries ago.

Another memorable experience was our Sunset Coastal Tide Excursion aboard a retired shrimp boat. This was certainly not your ordinary sightseeing cruise! During our excursion through the estuary, the crew cast their nets three times. Each time, the catch was emptied onto a table, where onboard naturalists identified and explained the fascinating variety of marine life collected. Among the specimens were shrimp, squid, a bonnethead shark, butterfly stingrays, catfish, and sea trout, just to name a few. It was both entertaining and educational, and we came away with a greater appreciation for the remarkable marine life inhabiting Georgia's coastal waters.

We also visited the World War II Home Front Museum, where exhibits and interactive displays illustrated the tremendous contributions Americans made to the war effort, both overseas and here at home. It was a meaningful reminder of the sacrifices, determination, and ingenuity of a generation that helped shape our country.

Journey to Remember - Without a Worry in the World! Continued...

Of course, no vacation would be complete without some good food, and we certainly weren't disappointed! Throughout our trip, we enjoyed dining at Skipper's Fish Camp, Barbara Jean's, Fiddlers, The Crab Shack, Crab Daddy's, and Barrier Island Brewery. There was no shortage of delicious meals, good conversation, and opportunities to enjoy one another's company. And yes, we managed to squeeze in some shopping along the way. We felt it was only appropriate to do our part to help keep the local economy afloat!

But as enjoyable as the attractions, restaurants, and shopping were, what truly made this trip special was the opportunity to share these experiences with our Carlyle Place friends and neighbors—without having to worry about all the details that usually accompany traveling. That brings me to the people who made it all possible. Hats off to our wonderful Carlyle Place staff: Cele, Laney, Meredith, and Travis! Meredith and Travis safely transported us to the coast and back, while Cele and Laney handled the many arrangements that made the trip run so smoothly. Throughout our journey, they made certain that everyone was comfortable, well looked after, and able to enjoy the experience.

Planning and coordinating a trip for a group is no small undertaking. Doing it in a way that allows everyone else to relax and enjoy themselves is something truly special. Their thoughtfulness, dedication, and attention to detail did not go unnoticed or unappreciated.

Cathy and I returned home with wonderful memories, a greater appreciation for Georgia's coastal treasures, and the satisfaction of having shared another special experience with our friends and neighbors. Experiences like this remind us why choosing Carlyle Place was such a good decision. It's not simply about having a comfortable place to live. It's about friendships, shared adventures, caring people, and opportunities to continue enjoying life to the fullest. And isn't that what Crafting Community is all about?



November Library Display: Lawyers Who Became Writers

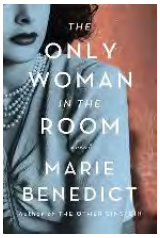
By Sandy Barrow



The Wedding Date
By Jasmine Guillory



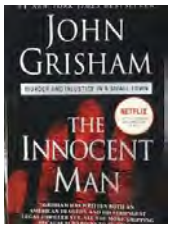
Think Twice
By Lisa Scottoline



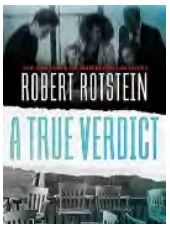
The Only Woman in The Room
By Marie Benedict



Courting Trouble
By Lisa Scottoline



The Innocent Man
By John Grisham



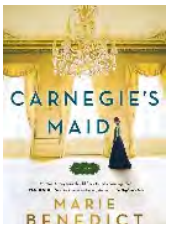
A True Verdict
By Robert Rotstein



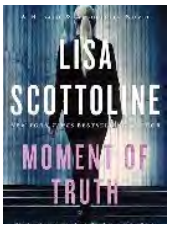
Between Sisters
By Kristin Hannah



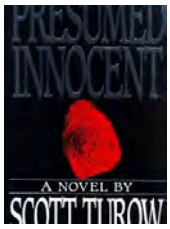
All We Ever Wanted
By Emily Griffin



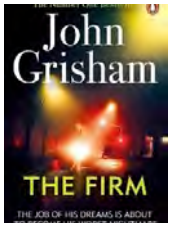
Carnegie's Maid
By Marie Benedict



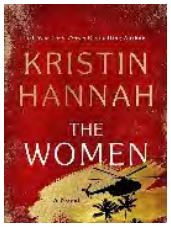
Moment of Truth
By Lisa Scottoline



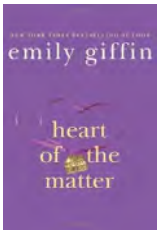
Presumed Innocent
By Scott Turow



The Firm
By John Grisham



The Women
By Kristin Hannah



Heart of Matter
By Emily Griffin



Tommy & Carol Goings with Family at the Harvest Hoedown



Kathy Myers & Rhonda Koplin at the Harvest Hoedown



Anne Sarber at the Fall Follies Performance



Elaine Davies and the Cloggers Performing at Fall Follies



Richard Mixon Celebrating a Hole-In-One at Brickyard Golf Course on Hole Number 5



Residents Releasing Monarch Butterflies