

Carlyle Place Independent Living October 2026

The Carlyle Chronicle



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BBQ & Bourbon with The Ruby Reds

Sunday, Oct. 11 · 4:30 pm · Grande, Pub, BC

To kick off Harvest Week, a 3-piece jazz band, The Ruby Reds, will offer smooth tunes while you enjoy this annual party. BBQ with all the fixings will be served starting at 4:30 pm. Sign up on the Uniquist App.

Harvest & Brew: Coffee and Breakfast Bar

Monday, Oct. 12 · 9:00 am · The Pub

Enjoy juices, hot coffee, iced coffee, pastries and breakfast savories as a morning treat! Sign up on the Uniquist App.

Harvest Hoedown with Tim Cadiere & the Tailgate Band

Tues., Oct. 13 · 5:30 pm · Grande, Pub, BC

Don't miss this lively party featuring Tim Cadiere & the Tailgate Band! Dinner will be served at 5:30 pm. Sign up on the Uniquist App.

Harvest Happy Hour

Wed., Oct. 14 · 5:00 pm · The Pub

Enjoy this happy hour where treats will be served, as well as a specialty cocktail. Sign up on the Uniquist App.

Fall Follies

Thurs., Oct. 15 · 4:00 pm · The Grande & Pub

Enjoy this annual performance where Carlyle Place staff and friends perform skits for the residents. Drinks will be served before the show and appetizers will be served after the show. The bar will open at 3:30 pm. Sign up on the Uniquist App.

Harvest Humor with Doug Scharp

Friday, Oct. 16 · 4:15 pm · The Grande

Resident Doug Scharp will have you laughing till your side hurts at his Harvest Week comedy show! Sign up on the Uniquist App.

Magician Dennis Aloia

Saturday, Oct. 17 · 7:00 pm · The Grande

Dennis combines magic and comedy to deliver a truly unique and fun magical experience for audiences. Sign up on the Uniquist App.

Carlyle Place

A Life-Plan Community of Atrium Health Northeast

5300 Zebulon Road · Macon, GA 31210 · 478-405-4500 · www.carlyleplace.org

Recurring Events

Happy Hour

Monday - Friday · 5:00 - 6:00 pm · The Pub

Saturdays · 5:00 - 7:00pm · The Pub

Wed., Oct. 14 · 5:00 · The Pub: Harvest Happy Hour

Thurs., Oct. 15 · 3:30 · The Pub: Fall Follies

Communion

Episcopal - Monday, Oct., 5 · 10:00 am · Act. Rm A

Thurs., Oct. 15 · Act. Rm A · 10:30 am

Methodist - Thurs., Oct. 15 - Act. Rm A · 1:00 pm

All are welcome at Communion.

Have You Heard

Tuesdays · 11 am · The Grande

Attend this town hall style meeting to stay up-to-date on information about what is happening at Carlyle.

Line Dancing

Mondays · 3:00 pm · Grp Fitness Rm

Trivia

Tuesday, October 20 · 4:00 pm · The Grande

Trivia is a competitive game where teams of five or less compete for prizes. Sign up on the app.

Coffee & Conversation

Wednesdays · 9:30 am · The Library

Tie Blankets for Children

Fridays · 10:30 am · Activity Rm B

This weekly group service project assembles blankets for patients at the Atrium Health Children's Hospital.

Bark in the Park

Fridays · 10:00 am · Dog Park

Bring Fido to the dog park for a canine meet & greet.

BUMs Breakfast: *What's*

Happening in the World Today with

Dr. Barbara Donovan

Saturday, October 17 · 8:30 am · The Grande

All CP men are welcome at this monthly breakfast with speaker Dr. Barbara Donovan; professor of Political Science at Wesleyan College.

Loaves & Fishes

Monday, October 26 · 2:30 pm · Activity Rm A

Catholic Mass

Tuesday, October 27 · 2:00 pm · Activity Rm A

Out & About

Toast & Taste at the Hay House

Thursday, Oct. 1 · Depart Lobby at 6:00 pm

Raise a glass to Middle Georgia's vibrant culinary and craft beverage scene. Guests will enjoy tastings of small-batch cocktails created by top restaurants, distilleries, and breweries from across the region. Savor cuisine from some of Macon's culinary best, offering a delicious showcase of local talent. A ticket is required for this event and can be purchased online. Sign up on the Uniguest App.

Back Pack Ministry

Friday, October 2 · Depart Lobby at 1:00 pm

Pack snacks for underprivileged children in the public school system. Sign up on the Uniguest App.

1st Friday: Warren Griffin Art Exhibit

Music to My Ears

Friday, October 2 · Depart Lobby at 4:00 pm

Visit the Macon Art Alliance Gallery to see Warren Griffins work. A ticket is not required for this event. Sign up on the Uniguest App.

MET Opera Live: *Così fan tutte*

Saturday, October 3 · Depart Lobby at 12:00 pm

Douglass Theatre presents McDermott's "colorful, inventive" staging places Mozart's satirical comedy of fickle young love in a whimsical, roller-coaster-like amusement park. The story follows two pairs of lovers whose fidelity is tested in a series of emotional and literal thrills. A ticket is required for this event. Sign up on the Uniguest App.

The United European Ballet Company:

Cinderella at the Grand Opera House

Saturday, October 3 · Depart Lobby at 6:15 pm

Step into the magical world of Cinderella, one of the most beloved fairytales of all time, brought to life in a dazzling Broadway-style ballet production filled with beauty, humor, romance, and theatrical magic. A ticket is required for this event. Sign up on the Uniguest App.

Fabian Concert at Fickling Hall

Tuesday, Oct. 6 · Depart Lobby at 6:45 pm

Join us for the Fabian Concert Series for a dazzling array of chamber music with some of the world's best guest artists. A ticket is required for this event. Sign up on the Uniguest App.

Out & About

GA National Fair & Lunch

Friday, Oct. 9 · Depart Lobby at 9:30 am

Come enjoy agriculture, livestock, fine art, exhibits, and more at the GA National Fair in Perry, GA. We will also grab lunch on the fairgrounds. Sign up on the Uniguest App.

Samuel Vargas Teixeira with Macon Concert Association at Wesleyan College

Thursday, Oct. 15 · Depart Lobby at 6:30 pm

Vargas has received wide recognition for his powerful artistry and awards including Outstanding Teacher Award at the Global Genius Music Competition (2024), Entrepreneurship Award 2022 by UCMP, and the José Antonio Abreu International Award for the Arts (2022). A ticket is required for this event and can be purchased online. Sign up on the Uniguest App.

Jubilee Art Series: Happy Dog Duo

Fri., Oct. 16 · Depart Lobby at 6:45 pm

Pianists, Eric Tran and Nathan Cheung, will be performing. A ticket is required. Sign up on the App.

Music & the Arts: Phantom of the Opera Silent Film with Organ Accompaniment Ron Carter

Sunday, Oct. 18 · Depart Lobby at 3:15 pm

Vineville United Methodist Church presents Ronald Carter, an ATOS member and on the Board of Directors of the Atlanta Chapter, has presented numerous theatre organ concerts and silent film accompaniments throughout the southeast. Sign up on the Uniguest App.

Choral Society at First Baptist Church

Sunday, Oct. 18 · Depart Lobby at 3:15 pm

Enjoy this fall concert at First Baptist. A ticket is required and can be purchased online. Sign up on the Uniguest App.

Dinner at Yollah

Wed., Oct. 21 · Depart Lobby at 5:00 pm

Enjoy dinner at Yollah; a Latin American inspired restaurant. Sign up on the Uniguest App.

Brunch at Cracker Barrel

Thurs., Oct. 22 · Depart Lobby at 11:00 am

Enjoy a family style meal at your local Cracker Barrel. Sign up on the Uniguest App.

Shopping at Dollar Tree & Fresh Market

Friday, Oct. 23 · Depart Lobby at 1:00 pm

Sign up on the Uniguest App.

Out & About

Macon Pops- Tony Bennett: 100 Years

Friday, Oct. 23 · Depart Lobby at 6:45 pm

The program at the historic Macon City Auditorium will feature jazz standards, Great American Songbook favorites, and the unforgettable melodies that made Bennett a household name. A ticket is required for this event and can be purchased online. Sign up on the Uniguest App.

Alzheimer's Walk at MGA

Saturday, Oct. 24 · Depart Lobby at 9:15 am

Join the community as we walk to raise awareness and honor those that have been affected by Alzheimer's. Sign up on the Uniguest App.

Jazz & Arts on Riverdale

Saturday, Oct. 24 · Depart Lobby at 12:00 pm

Along with outstanding live jazz, you'll enjoy local artists, artisan vendors, delicious food trucks, and a day full of community, creativity, and great music. Sign up on the Uniguest App.

Girls Night Out

at the Grand Opera House

Saturday, Oct. 24 · Depart Lobby at 6:45 pm

This touching and hilarious 'tell-it-like-it-is' musical takes audiences on a journey into the lives of a group of female friends. Audience members can't help but laugh, cry and even find themselves singing and dancing along. A ticket is required for this event. Sign up on the Uniguest App.

BeautyFull Collab at Fickling Hall

Tuesday, Oct. 27 · Depart Lobby at 6:45 pm

Join us for an exceptional evening of French chamber music, featuring the less-known string works and the exotic songs of Debussy performed by talented McDuffie Center Young Artists and mezzo-soprano Samantha Mishima Friedman. Sign up on the Uniguest App.

Evil Dead at Macon Little Theatre

Thursday, Oct. 29 · Depart Lobby at 7:30 pm

Evil Dead The Musical is an over-the-top, campy horror-comedy that combines blood, laughs, and catchy musical numbers, delivering a wildly energetic experience that celebrates friendship, fear, and the absurdity of horror tropes. A ticket is required for this event. Sign up on the Uniguest App.

Hay House with Jim Barfield

Friday, Oct. 30 · Depart Lobby at 10:00 am

Visit hay house with Jim and director, Aubrey Newbie, for a behind the scenes tour. Stairs, extensive walking are involved and uneven surfaces. Cost of tour is \$28 and will be charged to your account. Sign up on the Uniguest App.

In-House Events

Movie Showing

Saturdays · 7:00 pm · The Grande

October 3 - *The Lake House*

October 10 - *Speed*

October 24 - *Practical Magic*

October 31 - *Practical Magic 2*

Dementia Support Group

Tuesday, Oct. 6 · 2:30 pm · Admin Conf. Rm

Choristers Practice

Tuesdays · 1:30 pm · The Grande

Not occurring on October 13th

Bloom Crew: Flower Arranging

Wednesday · 2:00 pm · Season's Dining

Volunteer and arrange flowers for our Healthcare Residents every Wednesday.

Lunch & Learn

Thursday, October 1 · 11:30 am · The Grande

Dr. Yitzak Fox is an Orthopedic Surgeon who is fellowship-trained in Adult Reconstruction. He specializes and will be giving a presentation in total hip replacement. You must sign up on the Uniguest App.

Tech Tutoring with Caleb

October 3, 10, & 17 · 4:00 pm · The Parlor

October 31 · 3:00 pm · The Parlor

Caleb Varnadore volunteers his time to help residents with technology issues or questions. Bring your own device.

Middle GA Library Representative

Friday, Oct. 9 · 3:00 pm · The Parlor

Yufiel Franklin will help residents download books, sign up for library cards, and assist with other needs.

Broad River Rehab Presentation:

Trick or Treat Your Body Right

Wednesday, Oct. 21 · 11:00 am · The Grande

Trick-or-treat your way through fun, interactive therapy stations featuring strength, balance, back health, healthy aging, and more. Learn simple ways to keep your body moving safely—and enjoy a treat along the way!

Chair Volleyball

Thursday, Oct. 22 · 3:00 pm · The Grande

Bring your competitive spirit and be prepared to laugh until your side hurts! No skill necessary. Sign up on the Uniguest App.

Arts & Crafts: Fall Project

Thursday, Oct. 22 · 2:00 pm · Back Rm Studio

Sign up on the Uniguest App for this Fall themed project!

MGA Presents Macon's Beer History: Brewing, Commerce, & Culture

Tuesday, Oct. 27 · 4:00 pm · The Grande

Join MGA faculty for a lively exploration of Macon's beer and brewing history, from Georgia's earliest breweries to today's craft beer renaissance. See the Uniguest App for more information.

Christmas Card Signing Event

Tuesday, Oct. 6 · 9:00 am - 3:00 pm · The Parlor

Stop by to sign cards for service members to show our support and appreciation. The signed cards will go to the 21st Century Partnership, the community partner for Robins Air Force Base. From there, they are sent to service members in various locations.

UGA vs. Alabama Football Game

Saturday, Oct. 10 · The Pub

Watch the big game and enjoy snacks and drinks in the Pub. The time is to be announced.

BBQ & Bourbon with The Ruby Reds

Sunday, Oct. 11 · 4:30 pm · Grande, Pub, BC

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Coffee and Breakfast Bar

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Harvest Hoedown with Tim Cadiere & the Tailgate Band

Tues., Oct. 13 · 5:30 pm · Grande, Pub, BC

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Harvest Happy Hour

Wed., Oct. 14 · 5:00 pm · The Pub

Enjoy this Harvest themed happy hour where treats will be served, as well as a specialty cocktail. Sign up on the Uniguest App.

In-House Events

Fall Follies

Thurs., Oct. 15 · 4:00 pm · The Grande & Pub

Enjoy this annual performance where Carlyle Place staff and friends perform skits for the residents. Drinks will be served before the show and appetizers will be served after the show. The bar will open at 3:30 pm. Sign up on the Uniguest App.

Harvest Humor with Doug Scharp

Friday, Oct. 16 · 4:15 pm · The Grande

Resident Doug Scharp will have you laughing till your side hurts at his Harvest Week comedy show! Happy hour will begin before the event. Sign up is not required.

Magician Dennis Aloia

Saturday, Oct. 17 · 7:00 pm · The Grande

Dennis combines magic and comedy to deliver a truly unique and fun magical experience for audiences. Drinks will be offered before the performance and a dessert reception will follow the performance. Sign up is not required.

UGA vs. Auburn

Saturday, Oct. 17 · The Pub

Watch the big game and enjoy snacks and drinks in the Pub. The time is to be announced.

Jeff Bianci: Classical Guitarist

Tuesday, Oct. 20 · 7:00 pm · The Grande

Jeff Bianchi is known for his expressive classical guitar performances, which combine technical precision with emotional depth. Jeff brings color, ambiance, and sophistication to his audiences. A dessert reception will follow the performance.

Uniguest Q & A

Wed., Oct. 21 · 3:00 pm · The Grande

Join Resident Life in the Grande as we answer your questions about our community app: Uniguest.

Clay Hand Building Class

Friday, Oct. 23 · 1:00 pm · Back Rm Studio

Enjoy this clay hand building and sculpting workshop led by Cornerstone Academy of Art and Design. You must sign up on the Uniguest App.

Cornhole Finale

Thurs., Oct. 29 · 4:00 pm · Bistro Courtyard

Who will win the tournament and take home the gold? Find out at this Cornhole Finale. The tournament start date is October 19th.

Monster Bash with the Vintage Vixens

Thurs., Oct. 29 · 7:00 pm · The Grande

Jam out at this Halloween party with the Vintage Vixens, an all girls 60's band. Appetizers, beer, wine and a cash bar will be offered. Wear your best costume to celebrate the season, and participate in our costume contest to win a prize. Sign up on the Uniguest App.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Resident Led Activities

Pickleball Play & Instruction

Mon., Wed., Thurs. & Fri. at 8:00 am

Poker

Mondays · East Wing Game Room · 1:00 pm

Wednesdays · Bank Lobby · 1:00 pm

Sundays · East Wing Game Room · 2:00 pm

Facilitated by Walter Barnett:

bearbarnett77@gmail.com

BYOP (Bring Your Own Project)

Monday, Oct. 5, 19, & 26 · Activity Rm B · 1:30 pm

Bring an individual project (craft, painting, needlework, etc.) to work on with friends.

Beginners Clogging with Elaine Davies

Wednesdays · Group Fitness Rm · 3:00 pm

Joker

Mondays & Tuesdays · The Pub · 7:00 pm

Not occurring on October 20th.

Wednesdays · WW Game Rm · 3:00 pm

Rummikub

Tuesdays · East Wing Game Rm · 6:30 pm

Party Bridge

Tuesdays · The Pub · 1 pm

The Harmonica Group

1 & 3 Wednesdays · Back Rm Studio · 4:00 pm

Join this group of aspiring harmonica musicians.

Paper Craft Workshop

Oct. 12, 21, & 30 · Back Rm Studio · 2:00 pm

Are you interested in learning how to make paper products such as greeting cards for various occasions for fellow residents and friends? Contact Magda Morris if interested.

Sequence

Thursdays · East Wing Game Rm · 6:30 pm

Duplicate Bridge

1, 2, 4, & 5 Thursdays · 1:15 pm · The Pub

Facilitated by Rae Scott: 478-474-3116

Resident Led Activities

Intermediate Mahjong

Tuesdays · West Wing Card Rm · 1:00 pm

Canasta

Thursdays · East Wing Game Rm · 1:30 pm

Worship

Sundays · The Grande · 11:00 am

Cribbage

Wednesdays · The Pub · 1:00 pm

Billiards for Ladies

Sundays · Pool Table · 2:30 pm

Facilitated by Leonora Raggi: 478-993-6014

Mexican Train Dominoes

Sundays · The Bistro · 6:00 pm

Facilitated by Walter Barnett:

bearbarnett77@gmail.com

Game Day

Saturday, Oct. 3 & 17 · EW Game Rm · 2:00 pm

Contact Leonora Raggi for information.

Swoop Game Night

Saturdays · The Bistro · 7:00 pm

Chicago Style Bridge

Wednesdays · East Wing Game Rm · 1:15 pm

Facilitated by Rae Scott: 478-474-3116

Fridays · East Wing Game Rm · 1:15 pm

Facilitated by Demme Pluta: 770-754-7930

Bingo with Bingo Bob

Saturday, Oct. 10 & 24 · The Pub · 4:00 pm

Join Bob & Demme Pluta for Bingo! \$5 for 5 games, bring correct change. Tickets go on sale at 3:30.

Coloring with Debra

Tuesday, Oct. 6 · Activity Rm A · 3:00 pm

No experience is necessary and no supplies are needed. Relax and learn coloring techniques with Debra Collins. Sign up on the app.

Catholic Conversations

Thursdays · 3:45 pm · Hallway Conf. Room

The Catholic Conversation on Scripture group meets weekly to study and discuss the gospel of the coming Sunday.

Food Pantry Bag Project

Thursday, Oct. 1 · Activity Rm A · 2:00 pm

Help support the St. Peter Claver Food Pantry by volunteering to double bag the plastic bags donated by residents. Contact Marianna Gebara for further information.

Book Club

Thursday, Oct. 8 · Admin Conf. Rm · 11:30 am

March by Geraldine Brooks

Pondering the Story with Elaine Davies

Monday, Oct. 19 · Admin Conf Room · 2:30 pm

Democrats Luncheon

Tuesday, Oct. 27 · 11:30 am · Season's Dining

You Must Sign Up with Linda Degelmann for this resident led gathering. For more information call: 222-942-2000. Lunch will count as a meal credit.

Writer's Club

Friday, Oct. 9 · 2:30 pm · Activity Rm A

Whether you are published or simply have an interest in writing, consider joining some Carlyle Residents who enjoy putting pen to paper, hitting the digital keyboard or voicing their thoughts as if rehearsing for Audible, we want to share our inspiration and look to learn more about yours and especially what it could become. Poetry, fiction, drama or short stories, all writing styles are welcome. Bring your creative and expressive imagination to sit around the table to define, configure and shape our artistic writing journey together.

CPRoundtable: Julia Morrison

Wednesday, Oct. 28 · 3:30 pm · The Grande

We are excited to welcome Julia Morrison, Executive Director of Macon's Grand Opera House, as our Roundtable speaker. For more information on this event, see page 7.

Community Putt Off

Saturday, Oct. 31 · 9:00 am · Putting Greens

Our Resident Golf Team is ready to lead you in a putting competition. Please sign up on the Uniguest App, and bring \$1 to contribute to the winners grand prize. Participate or spectate.

Carlyle Place Roundtable: Julia Morrison

Written by Ann Tift



We are excited to welcome Julia Morrison, Executive Director of Macon's Grand Opera House, as our Roundtable speaker on Wednesday, October 28 at 3:30 PM in The Grande.

The Grand has served for years as Middle Georgia's most expansive elegant hall for classical, rock, pop, and country music, touring musical theatre and shows, and much more. Julia will share with us some of the fascinating history of the Grand, in which Carlyle Place's Dr. Kirby Godsey played a significant role, and bring us up to date on the Grand in its current and future iterations. Everyone is welcome!

RAC Corner- Carlyle Place Employee Gift Fund: Celebrating the Heart of Our Community

What is one of the highest-rated aspects of Carlyle Place? If you guessed our staff—you're exactly right!

We are fortunate here at Carlyle to have the best in staff friendliness, quality of maintenance, and overall competence. Our employees are known for their dedication, professionalism, and the genuine care they provide every day. Now it's our turn to show them how much they mean to us.

Each year, residents, Healthcare families, and Carlyle at Home members come together to support the Employee Gift Fund—a special tradition that ensures every eligible staff member (excluding administrators) receives a gift of appreciation. The amount each employee receives is based on their total number of hours worked throughout the year, making it a true reflection of their contribution.

Think about it this way: just \$1.15 per day adds up to the suggested donation of \$420 per resident. With that small daily gesture, we can reach—and hopefully surpass—our 2026 goal of \$140,000. Last year, even with fewer residents, we raised an impressive \$160,000!

The Resident Advisory Council (RAC) oversees this effort from start to finish—beginning with introductory letters, continuing through weekly progress posters and “Have You Heard” updates, and culminating in the preparation of hundreds of checks and a joyous celebration event. At the helm is Carlyle Place Board member, Marianna Gebara, guiding this important tradition with care and dedication.

Our employees are respected, loved, and admired—for good reason. They are the heart of Carlyle Place, and they deserve the very best. The Employee Gift Fund is more than a financial contribution—it is a meaningful expression of gratitude from the residents to the staff who support our daily lives.

Together, let's make this year's Employee Gift Fund another outstanding success!

Movies

The Lake House

PG-13 · 2006 · Drama/Fantasy · 1h 39m

Saturday, October 3 · 7:00 pm

A lonely doctor who once occupied an unusual lakeside house begins to exchange love letters with its former resident, a frustrated architect. They must try to unravel the mystery behind their extraordinary romance before it's too late.



Barbara Scully, Carlee Davies, and Mary Louise Williams making floral arrangements for Stafford Suites
Submitted by Barbara Scully

Speed

R · 1994 · Action/ Adventure · 1h 56m

Saturday, October 10 · 7:00 pm

An extortionist bomber rigs a Los Angeles city bus to explode if its speed drops below 50 mph, forcing a young cop and a female passenger to keep it moving and save everyone on board.



Mary & Gary Isbell at the Silver Journey event

Practical Magic

PG-13 · 1998 · Romantic Comedy · 1h 44m

Saturday, October 17 · 7:00 pm

Two witch sisters, raised by their eccentric aunts in a small town, face closed-minded prejudice and a curse which threatens to prevent them ever finding lasting love.



2026 John R. Batts Magnolia Manor Golf Tournament Winners: Bill Rusak, Bob Pluta, Sandy Knapp, & Richard Mixon

Practical Magic 2

PG-13 · 2026 · Romantic Comedy · 2h 10m

Saturday, October 31 · 7:00 pm

A multi generational family of witches, cursed to be loveless for centuries, attempts to break the spell by confronting dark secrets and sacrificing for each other.



Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

Uniquet "Bulletin Board"

The Uniquet Community App has an interactive module called the *Bulletin Board*. It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Laney Queen: Laney.Doster@advocatehealth.org

Free Transportation to Stores

Kroger

Every Wednesday · Depart Lobby at 9:30 am

Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am

Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck

1st Thursday 10:00 am · Admin. Conf. Rm

Development Chairperson: George Beck

4th Thursday · 10 am · Admin. Conf. Rm

Quarterly: January, April, July, October

Dining Chairperson: Patty Prince

1st Wednesday · 10:00 am · Admin. Conf. Rm

Library Chairperson: Pat McMahon

2nd Monday · 1:00pm · Executive Conference Rm April - July - Oct.

Marketing Chairperson: Marianne Beck

3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Kathleen Sheil

2nd Wednesday · 3:00 pm · Admin Conf Rm

RAC President: Fred Reese

3rd Thursday · 10:00 am · Admin Conf Rm

Caleb's Seventeenth Birthday Surprise

Written by Jane Perry



Caleb Varnador arrived at Carlyle anticipating another Saturday afternoon (where he has been volunteering since age 14) helping technologically challenged residents. After the surprise wore off, he circled the room greeting his "students." Jean Bragg handed him a personal poem signed by some 40 of his guests - in addition, a stack of individual cards were waiting to be opened.

While cake was being served, Caleb called his mother and invited her to join the celebration. She arrived from Peachtree City with his two brothers to be warmly greeted and praised for raising such a kind, caring, and tech savvy son. It was suggested that this tribute become part of his college application!



Diane Walcott, Bob Walcott, Vera Rusak, Bob Pluta, Rich McKee, Mary Dempsey, Ronnie Knapp, Cathy Dunne, & Bob Dunne Volunteer with Back Pack Ministry

August 2026 Honorariums & Memorials

Donated in Memory of:

Christina Amibile

Betty Brown

Donated by:

**Mr. & Mrs. Sandy Knapp
Mr. & Mrs. Hank Dempsey
Mr. & Mrs. Don Kea**

Mr. & Mrs. Don Kea

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated annually on the Recognition Board. To make a gift, please make your check payable to the Navicent Health Foundation, and indicate if you would like your gift applied to the Carlyle Place Resident Assistance Fund, Watkins Employee Scholarship Fund, or to the Carlyle Place General Fund. Mail to 3330 Northside Drive STE 100, Macon, GA 31294-9646. You may contact Tarver Perry at 478.633.7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.

September Employee of the Month: Charlie Perkins



Carlyle Place is proud to recognize Charlie Perkins as Employee of the Month, a truly special honor for someone who has been part of the Carlyle Place family since the very beginning. For 25 years, Charlie has been a familiar and welcoming presence on campus, helping make Carlyle Place feel like home.

Charlie works in Dining Services as a cook for our healthcare residents, where he has the opportunity to do something he genuinely loves: cook. His passion for cooking shines through in the care and dedication he brings to his work each day. For Charlie, his job is more than simply preparing meals. It is an opportunity to do what he loves while serving the residents he has come to know and care about over the years.

Originally from Monroe County, Charlie enjoys spending his free time doing some of his favorite things, including watching football and basketball, fishing, and, of course, cooking. Throughout his 25 years at Carlyle Place, Charlie has become known as someone who is always willing to lend a helping hand. Whether he is helping a coworker, preparing a meal, or simply sharing a friendly smile with a resident, Charlie brings a spirit of kindness and dependability to everything he does.

His longevity is remarkable, but it is the relationships he has built along the way that make his 25 years so meaningful. Charlie is loved and appreciated by both residents and coworkers, and his presence has become an important part of the Carlyle Place story.

As Carlyle Place celebrates its 25th anniversary, it is especially fitting to celebrate someone who has been here for every chapter. Thank you, Charlie, for 25 years of hard work, dedication, kindness, and heart. We are grateful to have you as part of the Carlyle Place family.

Scam Article: Alert: Fake AI Scam Targets

Originally Written by Clark Howard, Published on September 17th, 2026 on www.clark.com

Imagine seeing a video of me excitedly telling you about the “greatest insurance product that’s ever existed.” Sounds ridiculous, right? I have always been “unbought and unbossed.” But lately, people have been seeing exactly that online — and many are understandably going berserk, thinking I’ve completely sold out. Here’s the reality: It isn’t me.

Scammers are using increasingly sophisticated Artificial Intelligence (AI) tools to steal my image, clone my voice, and mimic my exact speaking patterns. They are creating fake videos of me pitching scam insurance policies, counterfeit goods, and get-rich-quick schemes. This isn’t just happening to me, and it isn’t going away. Here is what you need to know about the rising threat of AI deepfakes, how social media platforms are failing us, and how you can protect your wallet.

The Dark Side of Influencer Culture and AI

We live in a world where social media influencers hold massive power. Research shows that people are far more likely to buy a product based on a trusted personality’s recommendation than from traditional television or print advertising.

Usually, that’s just standard pay-for-play marketing. An influencer gets paid to say, “This is the best sunscreen ever, I use it at the beach all the time!” It’s advertising, but at least it’s a real person making a conscious deal. What we are seeing now is far more sinister.

Crooks are using AI to bypass the influencer entirely. They pull existing video and audio from the internet, run it through software, and generate brand-new video clips that look and sound like a trusted public figure endorsing their product. Beyond insurance scams, these AI deepfakes are frequently used to sell:

- Counterfeit luxury goods (like fake high-end jewelry or designer purses).
- Fake investment platforms promising guaranteed returns.
- Unlicensed financial products designed to steal your sensitive personal information.

Rules To Stay Safe from AI Scams

Verify through official channels: If you see me (or any other public figure) endorsing a financial product, insurance, or service, check our official website directly.

Never buy directly through a social media ad link: If an ad catches your eye for a high-end item or a deal that seems too good to be true, navigate to the brand’s official store independently. Never click through the ad itself.

We are entering a future where seeing is no longer believing. Use extra caution, double-check every offer, and don’t let the AI crooks take your hard-earned cash.

September Employee Anniversaries

1 Year

Caleb Primus-Vincent
Taiesha Davis
T'Adre Glover
Antwan Edmonds

2 Years

Annamarie Matthews
Katelynn Smith
Zle Petty
Ambria King
Jessica Roberts
Shannon McGehee

3 Years

Sierra Watkins
Zoe Harrison
Ally Leverett

4 Years

Juanita Brown
Jaqueline Valentine
Chinyere Duru
Kimberly Noltion
Carmen Poole

5 Years

Katrina Burrell

7 Years

Veronica Deshazier

10 Years

Alicia Alexander

11 Years

Lashonda Walker

16 Years

Veronica Williams

19 Years

Sherry Raines

22 Years

Susan Bankston

25 Years

Charlie Perkins

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
	Cell: 478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Trivia

To receive a bonus point for trivia for the month of October, your team must take a photo with the Harvest Week decorations in the Main Lobby Foyer. Everyone who will be present on your trivia team on October 20th must be in the photo. Please email your photo to Laney Queen by October 19th at 4:00 pm: Laney.Doster@advocatehealth.org

These instructions must be followed in order to receive your point.

Famous October Birthdays

Jimmy Carter (president) – October 1, 1924
Susan Sarandon (actress) – October 4, 1946
Elizabeth Shue (actress) – October 6, 1963
Simon Cowell (TV producer) – October 7, 1959
John Lennon (singer) – October 9, 1940
Marie Osmond (entertainer) – October 13, 1959
Richard Carpenter (musician) – October 15, 1946
Angela Lansbury (actress) – October 16, 1925
Evel Knievel (daredevil) – October 17, 1938
Olive Thomas (silent film star) – October 20, 1894
Deepak Chopra (author) – October 22, 1946
Michael Crichton (author) – October 23, 1942
Sylvia Plath (writer) – October 27, 1932
Jane Pauley (journalist) – October 31, 1950

Celebrating October

International Music Day

October 1

Apple Betty Day

October 5

Hero Day

October 8

Columbus Day / Indigenous Peoples' Day

October 12

Sweetest Day

October 17

Halloween

October 31

Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

BLP - Backlot Players

(478) 994-0443

Website: thebacklotplayers.org

CP - Centreplex

(478) 803-1593

www.maconcentreplex.org/coliseum/ticket-office/

DT- Douglass Theatre

(478) 742-2000

Website: douglasstheatre.myboxoffice.us

FH - Fickling Hall at Mercer University

(478) 301-5470

Website: www.mcduffie.mercer.edu

GOH - Grand Opera House

(478) 301-5470

Website: www.thegrandmacon.com

MCA - Macon City Auditorium

(478) 803-1593

<https://www.maconcentreplex.org/auditorium/>

MLT - Macon Little Theatre

(478) 471-7529

Website: www.maconlittletheatre.org

TM - Theatre Macon

(478) 746-9485

Website: www.theatremacon.com/tickets

I SPY - October 2026

"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.

I spy... a resident whose kindness, enthusiasm, and servant heart enrich the lives of everyone around her. From delivering packages to fellow residents on behalf of the Concierge to assisting behind the scenes with event preparations, Ann Meia consistently goes above and beyond to support our community. Her willingness to help wherever needed, without seeking recognition, is truly inspiring and deeply appreciated.

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I'd Like to Hear, Leadership Reports, and any New Resident introductions). The formats are:

Week 1

Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2

Rehab Updates/Reminders
Committee Report

Week 3

Take 3 for Wellness
Marketing Minute
Snapshot (Quarterly: Jan, Apr, July, Oct)

Week 4

Committee Report
New Employee Introductions/Employee of the Month
RAC Report

Week 5 (March, June, September, December)

Healthcare Updates/Reminders
CP at Home Updates/Reminders

2026 Committee Report Schedule:

Building & Grounds: 10/13
Library: 10/27
Development: 11/10
Marketing: 11/24
Dining: 12/08
Programming: 12/22

****The Tuesday following the quarterly CP Board meetings, Resident Board Member will report.**

October Birthdays

Tony Zelonis	10/01
Peggy Cox	10/02
Jeanne Cochran	10/05
Boonie Nable	10/07
Jim Neill	10/12
John Amabile	10/13
Ann Meia	10/14
Lorraine Connell	10/17
Sarah Cooper	10/17
Thomas Tengg	10/18
Nell Flatau	10/20
Dan Sheil	10/21
Carl Howk	10/21
Cathy Smith	10/21
Patty Prince	10/23
Ed Brewton	10/25
Frank Ellis	10/26
Theron Simpson	10/28
Sue Stone	10/29

Carlyle-at-Home

Carol Garland	10/02
Elizabeth Jones	10/07
Don Faulk	10/09
Betty Talbot	10/09
Albert Reichert	10/11
Carol Kimsey	10/14
Stephen Mallary	10/18
Helen Stembridge	10/22
Melanie Eberhardt	10/28

Announcement: Art Display

Are you interested in being a part of a multi-resident art display of needle work-Embroidery, Cross-Stitch, Needlepoint, Quilting, Applique', Smocking, Sashiko, Crewel? If so, please email or visit Cele Minshew in Resident Life for more information. Cele.minshew@advocatehealth.org





October Library Display: Banned Books

Written by Sue Teng

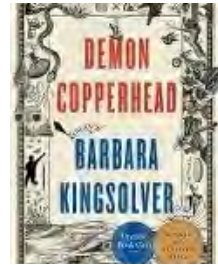
Many books are banned only in small areas. Only a few are banned nationwide, and I have read most of the following without being offended.



The Lorax By Louise Penny
Banned briefly in Northern California for being seen as harmful to the timber industry



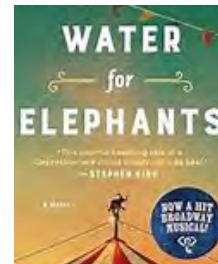
Charlotte's Web by E. B. White
Banned for themes of death and giving animals human characteristics



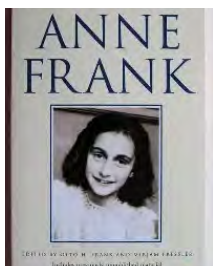
Demon Copperhead by Marjorie Morningstar
Banned for sexual content and profanity



The Handmaid's Tale by Margaret Atwood - Banned for profanity, sexual content and anti-Christian themes



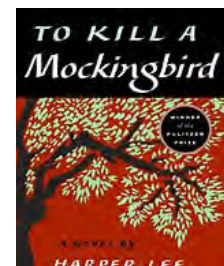
Water for Elephants by Sara Gruen - Banned in Utah for explicit sex



Diary off Anne Frank
Banned for discussing puberty and sexual development



Are You There, God? It's Me, Margaret by Judy Blume
Banned for open discussion about puberty, female bodily changes and questioning organized religion



To Kill a Mockingbird by Harper Lee - Banned for racial slurs, profanity, racism and description of rape

A Message From Dining: October Highlights

October is packed with terrific opportunities to connect, celebrate, and enjoy seasonal fun throughout the community. From weekly gatherings and special food-themed celebrations to exciting entertainment and fall festivities, there is something for everyone to enjoy.

Recurring Events:

- Coffee & Conversations every Wednesday at 9:00 AM in the Library
- Sunday Brunch every Sunday 11:00 AM to 3:00 PM in the Dining Rooms

October Events:

- October 8: National Fluffer Nutter Day featuring Fluffer Nutters in the Bistro
- October 9: National Beer & Pizza Day Celebration in the Pub during Happy Hour
- October 11: Bourbon & BBQ, 4:30 PM in the Grande, Pub, & Bistro Courtyard
- October 12: Coffee Bar in the Pub, 9:00 AM to 10:30 AM
- October 14: Harvest Hoe Down at 5:30 PM in the Grande, Pub, & Bistro Courtyard
- October 15: Fall Follies in the Grande and the Pub at 4:00 PM
- October 16: Harvest Humor with Doug Scharp at 4:15 PM in the Grande
- October 17: Magic Show in the Grande at 7:00 PM
- October 20: National Mozzarella Stick Day during Happy Hour in the Pub
- October 22: Harvest Happy Hour in the Pub, 5:00 PM to 6:30 PM
- October 23: National Boston Cream Pie Day in the dining rooms

Fall Into Fun This October!

October brings a wonderful mix of food celebrations, social gatherings, seasonal festivities, and live entertainment. Residents can start each week by joining friends for Sunday Brunch and gather every Wednesday morning for Coffee & Conversations in the Library.

The month kicks off with a flavorful Bourbon & BBQ event in the Bistro Courtyard on October 11. Food lovers will also enjoy National Beer & Pizza Day, National Boston Cream Pie Day, National Mozzarella Stick Day, and National Fluffer Nutter Day.

As autumn settles in, the excitement continues with a Harvest Happy Hour in the Pub followed by the lively Harvest Hoe Down. Residents can embrace the spirit of the season while enjoying good company, refreshments, and festive entertainment.

The month concludes with Fall Follies, a relaxing Coffee Bar, and a spectacular Magic Show in the Grande. These gatherings provide memorable experiences and a fun way to celebrate the season before welcoming November.



Dorothy Black, Bonnie Hearn, & Holly Ertel at the White Out Happy Hour



Moses Alexander & Letty Kaplan at the Chef's Table Dinner



Frank Wrigley, Barbara Di Sauro, and Beverly Meadors at the Chef's Table Dinner



Gloria & Buddy Marshall at the Silver Journey



Barbara Hovagimian at the 25th Anniversary Finale



Dan & Kathleen Sheil at the Cockaill Soiree