

Carlyle Place Independent Living August 2026

The Carlyle Chronicle

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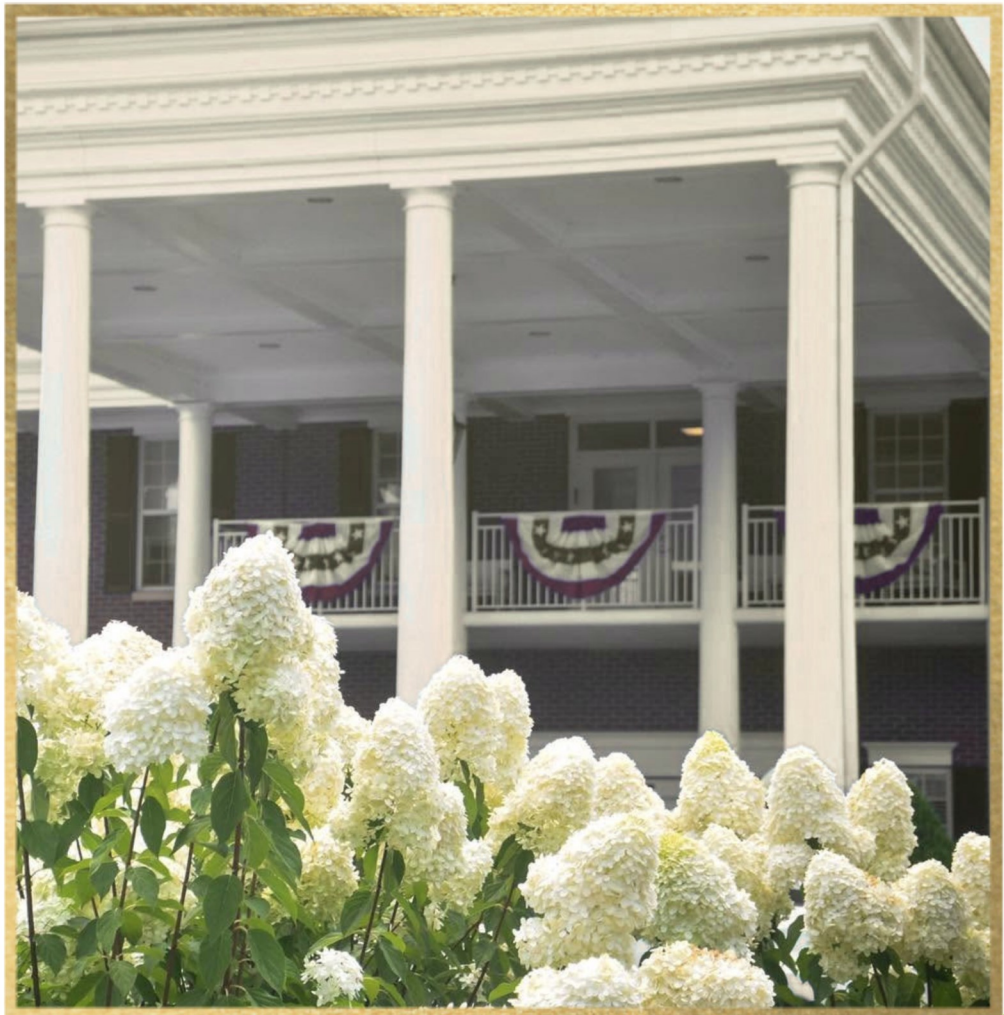


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Carlyle Place
A Life-Plan Community of Atrium Health Navicent



5300 Zebulon Road • Macon, GA 31210 • 478-405-4500 • www.carlyleplace.org

Recurring Activities

Happy Hour

Monday - Friday · 5:00 - 6:00 pm · The Pub
Saturdays · 5:00 - 7:00pm · The Pub

Communion

Episcopal - Mon., Aug. 3 - Act. Rm A · 10:00 am
Episcopal - Thurs., Aug. 20 - Act. Rm A · 10:30 am
All are welcome at Communion.

Have You Heard

Tuesdays · 11 am · The Grande

Attend this town hall-style meeting to stay up-to-date on information about what is happening at Carlyle.

Line Dancing

Mondays · 3:00 pm · Group Fitness Rm

Trivia

Tuesday, August 11 · 4:00 pm · The Grande

Trivia is a competitive game where teams of five or less compete for prizes. Sign up on the app.

Coffee & Conversation

Wednesdays · 9:30 am · The Library

Tie Blankets for Children

Fridays · 10:30 am · Activity Room B

This weekly group service project assembles blankets for patients at the Atrium Health Children's Hospital.

Bark in the Park

Fridays · 10:00 am · Dog Park

Bring Fido to the dog park for a canine meet & greet.

BUMs Breakfast: *Training Physicians for the Future of Medicine* by Dr. Jean R. Sumner

Saturday, August 15 · 8:30 am · The Grande

All CP men are welcome at this monthly breakfast with speaker Dr. Jean R. Sumner, Dean of Mercer University School of Medicine.

Loaves & Fishes

Monday, August 24 · 2:30 pm · Activity Rm A

Catholic Mass

Tuesday, August 25 · 2:00 pm · Activity Rm A

Out & About

Lunch at Salt Lick Sausage Co.

Thursday, August 6 · Depart Lobby at 11:00 am

Join us for a quick drive right up the road for lunch at Salt Lick with Alex Thigpen. Sign up on the App.

Produce Stand on Forsyth Road

Friday, August 14 · Depart Lobby at 2:00 pm

Pay a visit to the Produce Stand on Forsyth road for fruits and veggies and baked goods. Sign up on App.

Macon Pops: *The Fab 4: The Solo Years* at Hawkins Arena

Friday, August 14 · Depart Lobby at 6:45 pm

Celebrate the music and artistry of John, Paul, George, and Ringo in a one-of-a-kind concert featuring the songs that defined their individual musical journeys. A ticket is required for this event. Sign up on the Uniguest App.

The Sounds of Appalachia at Museum of Arts and Sciences

Wednesday, August 19 · Depart Lobby at 6:30 pm

Join the Museum of Arts and Sciences for "The Sounds of Appalachia," a lecture-performance event blending music, history, and science in the heart of Macon, GA. There is an admission fee at the door. Sign up on the Uniguest App.

Lunch at Road to Tara Museum & Doc Holliday Grave

Friday, August 21 · Depart Lobby at 9:00 am

Step into the world of *Gone With the Wind* at the Road to Tara Museum, where original props, authentic costume pieces, and detailed replicas of Scarlett O'Hara's iconic gowns bring the 1939 classic to life. We will enjoy lunch Dutch treat at TBD restaurant and then visit Doc Holliday's grave before returning home. Ticket price TBA. Sign up on the Uniguest App.

Out & About

Dinner at LongHorn Steak House

Wed., August 26 · Depart Lobby at 5:00 pm

Join friends for expertly grilled steaks and more at LongHorn Steak House. Sign up on the App.

Trip to Dickey Farms

Thursday, August 27 · Depart Lobby at 2:00 pm

Travel to Dickey Farms in Musella, GA to purchase fresh produce & ice cream. Sign up on the Uniguest App.

Alice by Heart at Macon Little Theatre

Thursday, August 27 · Depart Lobby at 6:45 pm

Alice by Heart invites audiences into a whimsical, wartime London where a young girl's vivid imagination becomes her refuge from fear and uncertainty, transforming her reality into a wonderland of hope, friendship, and resilience amid chaos. A ticket is required for this event. Sign up on the Uniguest App.

Shopping at Belk

Friday, August 28 · Depart Lobby at 1:00 pm

Belk is a department store chain located at the Shoppes of River Crossing. Sign up on the Uniguest App.

In-House Events

Movie Showing

Saturdays · 7:00 pm · The Grande

August 1 - *Gunfight at the O.K. Corral*

August 8 - *Doc*

August 15 - *Tombstone*

August 22 - *Hour of the Gun*

August 29 - Documentary: *In Search of Doc Holliday*

Snow Cone Social

Fridays · 2:00 pm · Bistro Courtyard

Enjoy a snow cone on the bistro patio every Friday in August!

Dementia Support Group

Tuesday, August 4 · 2:30 pm · Admin Conf. Rm

In-House Events

Electronic Password Security Training

Tuesday, August 4 · 4:00 pm · The Grande

Are you afraid your passwords aren't secure enough? Join Resident Life in the Grande for this Electronic Password Security Training.

Travel with Rick Steves; Poland

Wednesday, August 5 · 3:00 pm · Activity Rm A

Rick Steves explores Poland as a country of dynamic history, lively urban culture, and welcoming locals, challenging outdated stereotypes of gloom and industrial decay in this video special. Sign up on App.

Speaker: Commander Joseph Sammur

Friday, August 7 · 11:30 am · The Grande

Hear from Commanding Officer Joseph Sammur at this presentation, and enjoy lunch. This event is open to all Carlyle Residents. Lunch will be a meal credit. Sign up on the Uniguest App.

Speaker Victoria Wilcox, Author of *Southern Son: The Saga of Doc Holliday*

Friday, August 7 · 7:00 pm · The Grande

Victoria Wilcox, founding Director of Georgia's Holliday-Dorsey-Fife House Museum, and the author of the documentary film *In Search of Doc Holliday* and the historical novel trilogy *The Saga of Doc Holliday* will be here to speak on her books. Dessert reception to follow.

Tech Tutoring with Caleb

August 1, 8, 15, & 22 · 4:00 pm · The Parlor

Caleb Varnadore volunteers his time to help residents with technology issues or questions. Bring your own device.

Broad River Rehab Presentation:

Meet Our New Speech Therapist:

More Than Just Speech

Wednesday, August 12 · 11:00 am · The Grande

Join Broad River Rehab as they welcome their new Speech-Language Pathologist! We'll discuss how it can help with memory, thinking skills, communication, swallowing, voice changes, and maintaining independence. Whether you're experiencing changes yourself or simply want to learn more, this informative session will highlight the many ways speech therapy supports healthy aging.

In-House Events

Bag Mats for the Homeless: Service Project

Thursday, Aug. 13 · 2:00 pm · Activity Rm B
A service project where we prepare bags used to make mats for the homeless. Sign up on the app.

Middle GA Library Representative

Friday, August 14 · 3:00 pm · The Parlor
Yufiel Franklin will help residents download books, sign up for library cards, & assist with other needs.

Arts & Crafts: Mandalas

Tuesday, August 18 · 2:00 pm · Back Rm Studio
Unleash your inner artist and paint/ design your very own Mandala. Sign up on the Uniguest App.

Chair Volleyball

Thursday, August 20 · 3:00 pm · The Grande
Bring your competitive spirit and be prepared to laugh until your side hurts! No skill necessary. Sign up on the Uniguest App.

Middle Georgia State University Speaker:

Dr. Heather Ness-Maddox on *Superman's Enduring Appeal*

Tuesday, August 25 · 4:00 pm · The Grande
Dr. Heather Ness-Maddox is an Assistant Professor of Psychology at Middle Georgia State University. She earned her Ph.D from Georgia State University. She will be speaking on *Superman's Enduring Appeal*.

CP Roundtable: Frank Gibbs

Wednesday, August 26 · 3:00 pm · The Grande
Working Dogs for Vets trainer Frank Gibbs and his dog, Brock, will be our presenters for the August 26 Roundtable. Limited seating. Sign up on the App.

Resident Led Activities

Pickleball Play & Instruction

Mon., Wed., Thurs. & Fri. at 8:00 am

Poker

Mondays · East Wing Game Room · 1:00 pm

Wednesdays · Bank Lobby · 1:00 pm

Sundays · East Wing Game Room · 2:00 pm

Facilitated by Walter Barnett:

bearbarnett77@gmail.com

Resident Led Activities

BYOP (Bring Your Own Project)

1, 2, & 3 Mon. · Activity Rm B · 1:30 pm

Bring an individual project (craft, painting, needle-work, etc.) to work on with friends.

Beginners Clogging with Elaine Davies

Wednesdays · Group Fitness Rm · 3:00 pm

Joker

Mondays & Tuesdays · The Pub · 7:00 pm

Wednesdays · WW Game Rm · 3:00 pm

Rummikub

Tuesdays · East Wing Game Rm · 6:30 pm

Party Bridge

Tuesdays · The Pub · 1 pm

The Harmonica Group

1 & 3 Wednesdays · Back Rm Studio · 4:00 pm

Join this group of aspiring harmonica musicians.

Paper Craft Workshop

Aug. 10, 15, 19, & 28 · Back Rm Studio · 2:00 pm

Learn new skills and/or complete projects. Contact Magda Morris or Marty Reese for information. Sign up on the app.

Chorister's Practice

Tuesday, August 25th · The Grande · 1:30 pm

Sequence

Thursdays · East Wing Game Rm · 6:30 pm

Duplicate Bridge

1, 2, & 4 Thursdays · 1:15 pm · The Pub

Facilitated by Rae Scott: 478-474-3116

Intermediate Mahjongg

Tuesdays · West Wing Card Rm · 1:00 pm

Canasta

Thursdays · East Wing Game Rm · 1:30 pm

Coloring with Debra

Tuesday, August 4 · Activity Rm A · 3:00 pm

No experience is necessary and no supplies are needed. Relax and learn coloring techniques with Debra Collins. Sign up on the app.

Worship

Sundays · The Grande · 11:00 am

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Resident Led Activities

Cribbage

Wednesdays · The Pub · 1:00 pm

Billiards for Ladies

Sundays · Pool Table · 2:30 pm

Facilitated by Leonora Raggi: 478-993-6014

Mexican Train Dominoes

Sundays · The Bistro · 6:00 pm

Facilitated by Walter Barnett:

bearbarnett77@gmail.com

Game Day

Saturday, Aug. 1, 15, & 29 · EW Game Rm · 2:00 pm

Contact Leonora Raggi for information.

Swoop Game Night

Saturdays · The Bistro · 7:00 pm

Chicago Style Bridge

Wednesdays · East Wing Game Rm · 1:15 pm

Facilitated by Rae Scott: 478-474-3116

Fridays · East Wing Game Rm · 1:15 pm

Facilitated by Demme Pluta: 770-754-7930

Food Pantry Bag Project

Thursday, August 6 · Activity Room A · 2:00 pm

Help support the St. Peter Claver Food Pantry by volunteering to double bag the plastic bags donated by residents. Contact Marianna Gebara for further information.

Book Club

Thursday, August 13 · Activity Room A · 11:30 am

Ahead of Her Time by Nancy Thode

Bingo with Bingo Bob

Saturday, August 8 & 22 · The Pub · 4:00 pm

Join Bob & Demme Pluta for Bingo! \$5 for 5 games, bring correct change. Tickets go on sale at 3:30.

Pondering the Story with Elaine Davies

Monday, August 17 · Admin Conf Room · 2:30 pm

Community Putt Off

Saturday, August 1 & 22 · 9:00 am · Putting Greens

Our Resident Golf Team is ready to lead you in a putting competition. Please sign up for this event, and bring \$1 to contribute to the winners grand prize. The end time is an estimate.

Back to School Donation Collection

We are collecting school supplies for students at Vineville Academy. Please drop off your donations in the collection bins located in the foyer August 6th at 8:00 am through August 8th at 4:00 pm. Donations can include paper, pencils, pens, rulers, binders, glue sticks, scissors, coloring pencils, notebooks, etc.



Barbara Hovagimian at the Patriot Games



Anne Sarber Dressed in Blue for America's 250th Anniversary

Carlyle Place Roundtable: Frank Gibbs

Written by Ann Tift



Working Dogs for Vets trainer Frank Gibbs and his dog Brock will be our presenters for the August 26 Roundtable.

A Vietnam vet who experienced firsthand the heroics of working dogs in combat situations, Frank, along with his fellow trainer Jeremiah Fraseur, provides service dog training free of charge for veterans.

At the August Roundtable we will hear about the training and exploits of working and service dogs. Frank has been a member of Carlyle Place at Home for ten years, and those of us who have sat near him at meals or parties have already met the beautifully behaved Brock, who accompanies him everywhere.

All Things Citrus: Word Search

The words listed below can be found vertically, horizontally, diagonally, forward, and backward (Solution on Page 10)

C	Q	N	S	C	X	A	C	B	I	O	G	G	P	E
V	L	O	I	A	Z	I	W	Z	M	W	E	T	O	M
F	U	E	S	R	D	H	X	X	K	M	T	W	M	I
R	E	U	M	I	A	B	W	F	Z	Y	A	E	E	L
X	Z	Z	C	E	Q	D	R	W	E	U	P	V	L	Z
T	S	A	N	P	N	E	N	B	G	H	V	T	O	T
D	I	B	I	Y	S	T	L	A	R	O	S	Z	T	A
Z	Z	U	V	H	G	B	I	Q	M	I	Q	O	A	U
S	R	G	R	L	Q	G	R	N	M	C	G	T	R	Q
J	L	D	D	F	E	Y	T	S	E	Z	A	H	T	M
R	T	A	N	G	E	R	I	N	E	N	H	Q	T	U
K	F	U	N	G	T	P	J	W	G	Y	E	G	P	K
W	T	A	L	E	E	P	A	Y	N	O	M	E	L	Y
X	R	N	Z	K	U	V	P	R	J	U	I	C	E	S
O	T	G	V	Z	S	W	U	G	G	P	P	Q	J	O

ACIDIC, BRIGHT, CLEMENTINE, FRESH, GRAPEFRUIT, JUICE, KUMQUAT, LEMON, LIME, MANDARIN, ORANGE, PEEL, POMELO, SOUR, TANGERINE, TANGY, TART, ZESTY

Movies

Gunfight at the O.K. Corral

Approved • 1957 • Drama • 2h 2m
Saturday, August 1 • 7:00 pm

Lawman Wyatt Earp and outlaw Doc Holliday form an unlikely alliance which culminates in their participation in the legendary Gunfight at the O.K. Corral



Doc

PG • 1971 • Drama/Western • 1h 36m
Saturday, August 8 • 7:00 pm

Doc Holliday, the cold-blooded sharpshooter, reunites with his old friend, Marshall Wyatt Earp, to take down the Clanton gang in the dusty town of Tombstone, in Arizona



Tombstone

R • 1993 • Drama • 2h 10m
Saturday, August 15 • 7:00 pm

A successful lawman's plans to retire anonymously in Tombstone, Arizona, are disrupted by the kind of outlaws he was famous for eliminating.



Hour of the Gun

Approved • 1967 • Drama/Western • 1h 40m
Saturday, August 22 • 7:00 pm

Marshal Wyatt Earp kills a couple of men of the Clanton gang in a fight. In revenge, Clanton's thugs kill the Marshal's brother. Thus, Wyatt starts to chase the killers together with his friend Doc Holliday.



In Search of Doc Holliday

2016 • Documentary • 1h 15m
Saturday, August 29 • 7:00 pm

It's the story of the effects of the Civil War on a southern family, a story of scandal, first love and lost dreams that turned a southern boy into a western legend. Join us as we go in search of the real "Doc" Holliday.



The Neill's, Walcott's, Knapp's, and Elizabeth Simpson arranging flowers from the funeral service of Richard Nable for Harrington House.

Submitted by Rosalee Niell



Marianne & George Beck at the Spirit of 76' Happy Hour



Frank Ellis & Sandy Knapp at the Golf Putting Competition - Submitted by Bob Pluta

Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

Uniquet "Bulletin Board"

The Uniquet Community App has an interactive module called the *Bulletin Board*. It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

New Resident(s)

Clark & Jeanette Goode
Apartment 1121

Free Transportation to Stores:

Kroger

Every Wednesday · Depart Lobby at 9:30 am

Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am

Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck

1st Thursday · 10:00 am · Admin. Conf. Rm

Development Chairperson: George Beck

4th Thursday · 10 am · Admin. Conf. Rm

Quarterly: January, April, July, October

Dining Chairperson: Patty Prince

1st Wednesday · 10:00 am · Admin. Conf. Rm

RAC President: Marianna Gebara

3rd Thursday · 10:00 am · Admin Conf Rm

Library Chairperson: Pat McMahon

2nd Monday · 1:00pm · Executive Conference Rm
April - July - Oct.

Marketing Chairperson: Marianne Beck

3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Kathleen Sheil

2nd Wednesday · 3:00 pm · Admin Conf Rm

Watkins Employee Scholarship Recipients

Written by John & Wanda Atkinson

Watkins Employee Scholarship Recipients announced on July 7, 2026 at Have You Heard



Pictured above are Annamarie Matthews, Heather Davis, Jessica Towles, Madison Leverett, Makaila Brabham, Nia Dugger, Zoe Harrison, and Macey Terrell, CEO of Navicent Health Foundation.

In fall 2024, Wanda and Dr. John Atkinson established an endowment fund to provide scholarships for Carlyle Place employees pursuing education at a technical school, two- or four-year college, or graduate program.

The fund honors Wanda's brother, Walter Watkins, who lived at Carlyle Place from 2017 until his death in 2023. He loved the community and especially valued the friendliness and helpfulness of its staff and employees.

The Watkins Employee Scholarship Fund is a permanent endowment that awards annual scholarships to Carlyle Place employees. Contributions are greatly appreciated, and as donations grow, so will the amount available for scholarships. Donation envelopes are available in the Carlyle Place main lobby on the table near the elevator. They are pre-addressed and postage paid for your convenience. Contributions are tax deductible, and all donations will be acknowledged upon receipt. Your gift will help our employees pursue their educational goals!

June 2026 Honorariums & Memorials

Donated in Memory of:

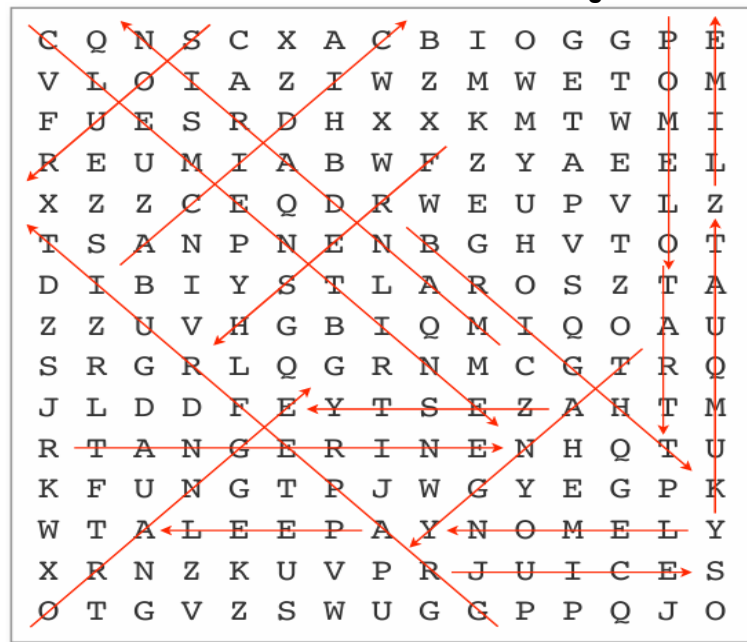
Jane Winston

Donated by:

Mr. & Mrs. Hank Dempsey

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated annually on the Recognition Board. To make a gift, please make your check payable to the Navicent Health Foundation, and indicate if you would like your gift applied to the Carlyle Place Resident Assistance Fund, Watkins Employee Scholarship Fund, or to the Carlyle Place General Fund. Mail to 3330 Northside Drive STE 100, Macon, GA 31294-9646. You may contact Tarver Perry at 478.633.7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.

Solution to Word Search Puzzle on Page 6



July's Employee of the Month: Vicky Watson



Congratulations to our Employee of the Month, Vicky Watson! As a valued cook in our Dining Department, Vicky brings more than delicious meals to Carlyle Place. She brings joy, kindness, and a servant's heart to every resident she serves.

Originally from Stonington, Connecticut, Vicky loves "preparing beautifully bright things for residents," and it shows in every dish she creates. Vicky is the proud mother of four children: Brittany Nicole (38), Trevor Scott (34), Ryan Seth (33), and Nicholas Taylor (32). In her spare time, she loves binging Netflix shows!

When asked what she enjoys most about her job, Vicky shared, "I am so blessed to have this job, and I love being a servant in food service to all these beautiful people." Her gratitude, dedication, and warm heart make a lasting impact on both

residents and fellow team members. Thank you, Vicky, for the care, positivity, and excellence you bring to Carlyle Place every day. We are grateful to have you on our team and are proud to recognize you as our Employee of the Month!

Scam Article: Think That Party Invite Is Real? Fake E-Vite Scams Are the New Phishing Trap

Originally Written by Brooke Seipel, Published on June 3rd, 2026 on www.mcafee.com

It looks harmless enough. A digital party invitation lands in your inbox or phone. You click to see the details. Then it asks you to log in or create an account before revealing the event. That's where the scam begins. When you click the "open invitation" link, it immediately asks you to sign in or create an account with your personal information. That's the step where scammers steal your private data.

"Once they get access to your account, now they can spam your contacts," Karnik says. "So it starts off as a very rudimentary way of collecting information. But then that can be utilized by other scammers. They might even sell your information online."

How These Fake Invitation Scams Usually Work

Here's the most common flow:

1. You receive a digital invitation that looks normal
2. The message prompts you to "view the invitation"
3. You're redirected to a login or signup page
4. You enter your email, password, or personal info
5. The invitation never appears
6. Your credentials have now been stolen

Because this starts with something familiar and social, many people don't realize it's phishing until accounts are already compromised. Plus, scammers then use your email and name to trick friends and family into trusting more fake e-vites from your account.

How to Tell If an Email Invite (Evite) Is Real

Legitimate Evite Emails Will Never: Include .EXE attachments, Include .PDF attachments, Include any attachments other than image files. If you see any of the following, do not click:

- You're forced to log in to "see" who invited you
- The sender email doesn't match the official domains above
- The invitation creates urgency
- You're asked for payment to view the event
- The message feels generic instead of personal
- The site address looks slightly off

What To Do If You Clicked a Fake E-Vite

If you entered any information into a suspicious invitation page:

1. Immediately change your email password
2. Change any other account that reused that password
3. Enable two-factor authentication
4. Check for unknown login activity
5. Warn contacts if your email may have been compromised
6. Run a security scan on your device

The faster you act, the more damage you can prevent.

July Employee Anniversaries

1 Year

Ashley Clark

2 Years

Charbria Gibson
Eddie Johnson

3 Years

Mary DeLoach
Latonya Williams

4 Years

John Pritchett

5 Years

Tammy Hortman

7 Years

Sandra Brown
Fran Ryan

8 Years

Andrew Cratian

9 Years

Sim Ncube

13 Years

Barbara Fields

Trivia

To receive a bonus point for the month of August, you must attend the speaker session on August 7 at 7:00 PM in The Grande. For more information on the speaker, please see the event description in the Uniguest App. Laney Queen from Resident Life will be taking attendance of those at the event. There is a limit of one bonus point per team.

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
	Cell - 478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Announcement:

In honor of Carlyle Place's 25th Anniversary, Resident Life is collecting stories from residents about fond memories of things that bring a smile to your face about your community. These will be showcased in the September edition of the Chronicle. Your stories can include a favorite memory, a funny moment, or something you love about our community. We ask that all stories be sent via email by August 15 at noon and be typed how you would like them to read. Stories should be no longer than 350 words. Please email them to Laney Queen in Resident Life: Laney.Doster@advocatehealth.org.

Famous August Birthdays

Maria Mitchell (astronomer) – August 1, 1818

James Baldwin (author) – August 2, 1924

Andy Warhol (painter) – August 6, 1928

Esther Williams (swimmer) – August 8, 1921

Whitney Houston (singer) – August 9, 1963

Antonio Banderas (actor) – August 10, 1960

Don Ho (entertainer) – August 13, 1930

Halle Berry (actress) – August 14, 1966

Orville Wright (aviator) – August 19, 1871

Kenny Rogers (singer) – August 21, 1938

Barbara Eden (actress) – August 23, 1931

Katherine Johnson (physicist) – Aug. 26, 1918

Man Ray (artist) – August 27, 1890

Mary Shelley (writer) – August 30, 1797

Celebrating August

Sisters Day

August 1

Purple Heart Day

August 7

Book Lovers Day

August 9

Lazy Day

August 10

Senior Citizen Day

August 21

Women's Equality Day

August 26

Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

BLP - Backlot Players

(478) 994-0443

Website: thebacklotplayers.org

CP - Centreplex

(478) 803-1593

www.maconcentreplex.org/coliseum/ticket-office/

DT- Douglass Theatre

(478) 742-2000

Website: douglass theatre.myboxoffice.us

FH - Fickling Hall at Mercer University

(478) 301-5470

Website: www.mcduffie.mercer.edu

GOH - Grand Opera House

(478) 301-5470

Website: www.thegrandmacon.com

MCA - Macon City Auditorium

(478) 803-1593

<https://www.maconcentreplex.org/auditorium/>

MLT – Macon Little Theatre

(478) 471-7529

Website: www.maconlittletheatre.org

TM -Theatre Macon

(478) 746-9485

Website: www.theatremacon.com/tickets

New Residents: Jim & Carolyn Bruner

Written by Kathleen Sheil



Recently I sat down with the delightful and charming couple, Carolyn and Jim Bruner, who moved to Carlyle Place last September. They are long-time Macon residents. There is a lovely twist of fate to their new home. Carolyn frequently visited her good friend, Jane Brooks, who resided in Garden Home 65. She always admired the beauty and spaciousness of the home. When Jane moved to Florida, the Bruners were fortunate enough to make that very house their home.

Carolyn was born in Parsons, Tennessee, a small town tucked between Nashville and Memphis. After attending Union University in Jackson, Tennessee, Carolyn earned a Master of Music Degree with specializations in piano and organ from Peabody College, which is part of Vanderbilt University in Nashville, Tennessee. Carolyn also has an Honorary Degree from Union University and Mercer University. Music is a passion for Carolyn, and over the years, she generously shared her gift. She taught music in public

schools in Manchester, Tennessee, and was a church organist when living in North Carolina and Tennessee. She gave private lessons in both piano and organ. When you walk into the Bruners' home, the first thing to catch your eye is a beautiful grand piano. Carolyn has retired from performing and teaching and plays for her own enjoyment.

Before marrying Jim Bruner, Carolyn was married to Jim McAfee for 42 years until he passed away in 2004. They had one son, Tom. They were great supporters of Mercer University. Thanks to their generosity, the Townsend School of Music and the Townsend McAfee Institute of Sacred Music were established through an endowment by Carolyn and Jim McAfee and named in honor of Carolyn's parents, Sophia and Raymond Townsend. Also, the McAfee School of Theology at Mercer in Atlanta was established through their generous support. Carolyn is a life member of the Mercer University Board of Trustees. She also served 20 years on the Board of Trustees of Belmont University.

Jim was born in Miami, Florida, lived in Cleveland, Ohio, and returned to the south, where he completed his high school years in Dothan, Alabama. He received a B.A. from Samford University in Birmingham, Alabama, and a Master of Divinity from Southern Baptist Theological Seminary in Louisville, Kentucky. He was a long-time member and spent 8 years on the National Baptist Convention Board.

Jim held various pastoral and administrative roles across Alabama, Indiana, Georgia, and Washington, D.C. but he is best known in the Macon area for serving as Pastor for 17 years at Highland Hills Baptist Church. Alongside his commitment to ministry, Jim spent 20 years serving in dual executive roles as Vice President and Senior Assistant during Mercer President R. Kirby Godsey's tenure. He received an Honorary Doctor of Divinity degree from Mercer University. He served on Mercer's Board of Trustees and is a life member of Mercer's President Club.

New Residents Continued

Written by Kathleen Sheil

Jim had previously been married to Ann Turner Bruner for 59 years before her passing in 2014. They raised three children: Steve, Phil, and Sheryl Ann. Always interested in supporting aspiring ministers, Jim and Ann established a scholarship fund at the McAfee School of Theology at Mercer in Atlanta.

Before they married, Carolyn's and Jim's lives had interweaved on many levels, and they shared many mutual friends and interests. Given so many connections, it was not unusual for both Jim and Carolyn to attend a concert at Highland Hills Baptist Church honoring Gerald Carper, an organist, for 30 years of service. Jim and Carolyn struck up a conversation that evening. As they were parting, according to Jim, Carolyn said, "Why don't you call me sometime?" That single question was the spark that started it all. Jim pondered for a few days and boldly called Carolyn and asked her to meet for lunch. That lunch lasted for three hours and it was the beginning of a beautiful friendship and romance that ended in marriage in 2018. On a humorous note, Jim had officiated at hundreds of wedding ceremonies, but on his wedding day, like many nervous grooms, he momentarily forgot his vows.

Living in Carlyle Place has freed them from the burden of tending a large home, garden, and lawn. They have always loved to travel and have visited over 50 countries. They enjoy many fun-filled family reunions in Jim's home in Honeybear Mountain in NC and Carolyn's beach house in Seabrook, SC. In the winter, they spend several weeks at their condo in Maui. When they are in Macon, music plays a central role in their lives. Fabian Concerts, student recitals, and symphony performances are regular features on their calendars. Jim follows college football sports, enjoys reading and loves history. Carolyn enjoys reading, but her main focus is keeping up with all the friends she's made through the years. Jim says she keeps the Post Office operating with all the birthday and seasonal cards she sends.

Carolyn and Jim are simply a delight to be around. They are always off on their next adventure and not home too often. However, if you ever have the chance to meet them, please introduce yourself to quickly discover how interesting and fun-loving a couple they are.



Best of Breed Winner Cardigan Corgi Moochie. The mother of Moochie is Sassy – Virginia Stephens dog
Submitted by Virginia Stephens

I SPY - August 2026

"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.

I spy... a resident whose kindness, enthusiasm, and generosity make a lasting impact on everyone around her. With a warm and genuine smile, Rhonda Koplin continually seeks opportunities to enrich the lives of her friends and neighbors. Whether she is tackling puzzles, staying active in the gym, creating beautiful works of art, or helping revitalize the CP Mentor Program, her positive spirit and dedication shine through. Her compassion, creativity, and willingness to help others make her a valued member of our community and someone who never fails to brighten the day of those around her.

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I'd Like to Hear, Leadership Reports, and any New Resident introductions). The formats are:

Week 1

Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2

Rehab Updates/Reminders
Committee Report

Week 3

Take 3 for Wellness
Marketing Minute
Snapshot (Quarterly: Jan, Apr, July, Oct)

Week 4

Committee Report
New Employee Introductions/Employee of the Month
RAC Report

Week 5 (March, June, September, December)

Healthcare Updates/Reminders
CP at Home Updates/Reminders

2026 Committee Report Schedule:

Building & Grounds:	1/13;	4/14;	7/14;	10/13
Library:	1/27;	4/28;	7/28;	10/27
Development:	2/10;	5/12;	8/11;	11/10
Marketing:	2/24;	5/26;	8/25;	11/24
Dining:	3/10;	6/09;	9/08;	12/08
Programming:	3/24;	6/23;	9/22;	12/22

**The Tuesday following the quarterly CP Board meetings, Resident Board Member will report.

August Birthdays

Marolyn Parson	8/01
Carol Hopp	8/02
Carl Schuessler	8/05
Rae Scott	8/05
Jane Perry	8/06
Jim McInerney	8/08
George Beck	8/10
Ian Davies	8/13
Sandy Manwaring	8/13
Richard Mixon	8/13
Marilyn Ladner	8/14
Aubrey Cochran	8/15
Roberta Hauwes	8/17
Sharon Welch	8/18
Jean Moore Bragg	8/20
J.W. Spivey	8/20
Marty Dodd	8/21
Gail Spivey	8/21
Shirley Laffrey	8/22
John Atkinson	8/22
Rush Abbot Peace	8/22
Margaret Means	8/25
Kathy Myers	8/25
Vince Coughlin	8/26
Amy Oldfield-Powell	8/28
Ann Simmons	8/29
Peggy Miller	8/30
Nancy Bailey	8/30
Virgil Cooper	8/30
Marty Frame	8/31
Sandra Freyer	8/31

Carlyle-at-Home

Katherine Kalish	8/06
Georgia Hatcher	8/12
Wendy Hamm	8/24
Trudie Fickling	8/25
Lynn Collier	8/27

Take 3 for Wellness: Tinnitus

Written by Tonya Wilson

Tinnitus is the perception of noise or ringing in the ears. It is a common problem that affects about 15 to 30 percent of people. Tinnitus isn't necessarily a condition itself — it's generally a symptom of an underlying condition, such as age-related hearing loss, an ear injury, exposure to loud noises, ear wax blockages, a circulatory system disorder such as high blood pressure, head or neck trauma or certain medications such as some types of antibiotics, diuretics and cancer medications. Often the unwanted noise disappears when you stop using these drugs. Some other causes of tinnitus that are less common include: Meniere's disease, TMJ disorders, Acoustic neuroma, Eustachian tube dysfunction, Muscle spasms in the inner ear. Another common cause of tinnitus is inner ear hair cell damage. Tiny, delicate hairs in your inner ear move in relation to the pressure of sound waves. This triggers cells to release an electrical signal through a nerve from your ear (auditory nerve) to your brain. Your brain interprets these signals as sound. If the hairs inside your inner ear are bent or broken, they can "leak" random electrical impulses to your brain, causing tinnitus. Unfortunately, in many cases, an exact cause is never found.

Symptoms of Tinnitus involve the sensation of hearing sound when no external sound is present. Tinnitus symptoms may include these types of phantom noises in your ears: Ringing, Buzzing, Roaring, Clicking, Hissing, or Humming. The phantom noise may vary in pitch from a low roar to a high squeal, and you may hear it in one or both ears. In some cases, the sound can be so loud it can interfere with your ability to concentrate or hear external sound. Tinnitus may be present all the time, or it may come and go.

Anyone can experience tinnitus, but these factors may increase your risk: Age, Sex (men have it more), Smoking, Alcohol Consumption, Cardiovascular problems (like HTN and Narrow arteries) and loud noise exposure.

Although bothersome, tinnitus usually isn't a sign of something serious. It can worsen with age, for many people, but it can improve with treatment. Treatments can include: treating an identified underlying cause, finding ways to reduce or mask the noise making tinnitus less noticeable or cognitive behavioral therapy to help manage the emotional impact that the condition may cause. Hearing aids are also used, even in those with normal hearing. There are special hearing aids with sound therapy programs built in.

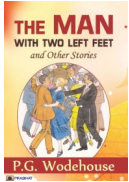
If you are experiencing Tinnitus, you should speak with your healthcare provider. If they cannot find the cause, they may refer you to an ENT or Audiologist.

Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Laney Doster:
Laney.Doster@advocatehealth.org

August Library Display: Books the Library Committee Thought Were Special

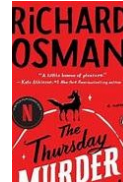
“Have you read?” “I loved...” “Really, it was not my favorite.” “It’s by the same author as...” “I hated...” Opinions about books and authors are varied, hence this month’s theme. Check out the Veranda and Parlor libraries for these books and authors that might delight.



Man with Two Left Feet
Wodehouse



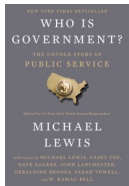
Theo of Golden
Levi



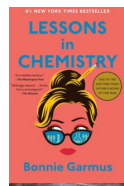
The Thursday Murder Club
Osman



Jackie's Mistress
Bohjalian



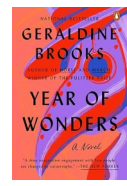
Who Is Government
Lewis



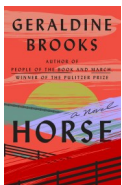
Lessons in Chemistry
Garmus



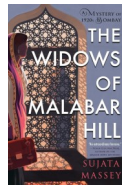
Where the Crawdads Sing
Owens



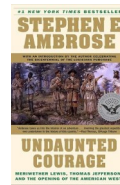
A Year of Wonders
Brooks



Horse
Brooks



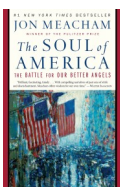
The Widows of Malabar Hill
Sujata Massey



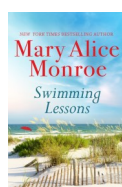
Undaunted Courage
Ambrose



Demon Copperhead
Kingsolver



Soul of America
Meacham



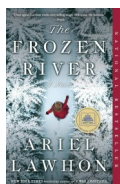
Swimming Lessons
Monroe



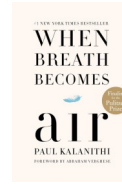
The Nightingale
Hannah



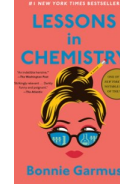
The Women
Hannah



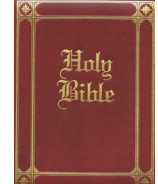
The Frozen River
Lawhon



When Breath Becomes Air
Paul Kalanithi



The Correspondent
Evans



The Bible
Inspired by God

A Message From Dining: August Highlights

August is packed with exciting dining experiences, seasonal specials, and opportunities to connect with friends and neighbors.

August Highlights and Events:

- Aug 3: National Watermelon Day – Bistro special
- Aug 4: National Chocolate Chip Cookie Day – dessert in Dining Room
- Aug 5: Tinis & Tapas - Bistro Courtyard, 5:30 PM.
- Aug 7: National Root Beer Float Day – available in Dining Room
- Aug 10: National S'mores Day – S'mores Action Station at dinner
- Aug 12: Tinis & Tapas - Bistro Courtyard, 5:30 PM
- Aug 18: National Fajita Day – Bistro special
- Aug 25: National Whiskey Sour Day – Pub Happy Hour

Weekly Program: Coffee & Conversations in the Library, every Wednesday at 9:30 AM, sponsored by Dining.

Monthly Feature: Celebrate National Goat Cheese Month with a specialty goat cheese salad in the Bistro.

'Tinis & Tapas – Bistro Courtyard : August 5 and August 12 at 5:30 PM- Enjoy an evening of small bites, specialty cocktails, and great conversation in the Bistro Courtyard. App sign-up is required.

New Feature- The Friendship Table: Meet Someone New at Dinner! We're excited to introduce the Friendship Table, a new opportunity to bring people together and foster new connections within our community.

The Friendship Table is an open seating table available during dinner service in the Dining Rooms. Whether you're new to the community, dining solo, looking to expand your social circle, or simply interested in meeting new people, you're invited to take a seat.

There are no reservations, invitations, or commitments required—just pull up a chair and enjoy great food and conversation with fellow residents.

The Friendship Table is perfect for:

- Meeting new friends
- Connecting with neighbors you may not know yet
- Enjoying dinner with others when your regular tablemates are away
- Welcoming new residents into the community
- Creating a more inclusive and social dining experience
- Look for the Friendship Table sign during dinner service and join the conversation. You never know—you might leave with a new friendship!
- Available every evening during dinner in the Dining Rooms.



Tony Zelonis with His Daughter and Granddaughter, Kim & Lola Dale-Submitted by Tony Zelonis



Ellen Murphey's view from her balcony
Submitted by Ellen Murphey



Winners of the June Golf Putting Competition
Submitted by Bob Pluta



Picklers during the Pickleball Open House



The Pluta's at the Spirit of 76' Happy Hour



Barbara Hovagimian, Pat McMahon, and John Amabile at the Spirit of 76' Happy Hour