

# The Carlyle Chronicle

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## Run for the Roses Week

### Derby Chic: Find Your Signature Silks

Wednesday, April 29 · 3:30 pm · Activity Rm A

Have you ever wondered what colors suit you best? Come to this event where Resident Life will choose members from the audience and discover what colors enhance their natural beauty. Sign up on the app.

### Arts & Crafts: Fascinators

Thursday, April 30th · 3:00 pm · Activity Rm A

Join us for a stylish arts and crafts class where you'll design your own dazzling fascinator, perfect for the elegance and excitement of the Kentucky Derby. Sign up on the Uniguest app.

### Jockey Jamboree Happy Hour

Friday, May 1 · 5:00 pm · The Pub

Giddy up and grab the reins—it's time for our Jockey-Themed Happy Hour! Join us the Friday before the big race for a lively afternoon inspired by racing silks, speedy steeds, and all the flair of Churchill Downs. Guests are encouraged to wear their brightest Derby colors, sporting stripes, checks, and bold patterns worthy of a champion jockey as Resident Life provides the opportunity to win big in a special racing contest. Sip on a classic Derby-style cocktail, enjoy themed bites, and get into the competitive spirit. The Happy Hour begins at 4 pm.

### Kentucky Derby Party

Sat., May 2 · 5:30 pm · Lower Level Courtyard

Saddle up for a Derby good time as we celebrate the most exciting two minutes in sports – the Kentucky Derby! We'll be serving classic Derby favorites, offering friendly contests, and setting the mood with racing excitement. Show off your style in your Derby attire. This party will count as a meal credit. You may begin signing up for this event on Wednesday, April 15 at 10 am in Resident Life. The party begins with cocktails at 5:30pm, dinner at 6:00 pm and the race at 6:57 pm.

## Recurring Activities

### Happy Hour

Monday - Friday · 5:00 - 6:00 pm · The Pub  
 Saturdays · 5:00 - 7:00pm · The Pub  
 Wed., April 15 · 5:00 pm · Tax Day Happy Hour

### Communions

Episcopal - Mon., April 6 - Act. Rm A · 10:00 am  
 Episcopal - Thurs., April 16 - Act. Rm A · 10:30 am  
 Methodist - Thurs., April 16 - Act. Rm A · 1:00 pm  
 All are welcome to attend Methodist & Episcopal Communion.

### Have You Heard

Tuesdays · 11 am · The Grande  
 Attend this weekly town hall-style meeting to stay up-to-date on information about what is happening at Carlyle.

### Line Dancing

Mondays · 3:00 pm · Group Fitness Rm

### Choristers Practice

Tuesdays · 1:30 pm · The Grande

### Coffee & Conversation

Wednesdays · 9:30 am · The Library

### Tie Blankets for Children

Fridays · 10:30 am · Activity Room B  
 This weekly group service project assembles blankets for patients at the Atrium Health Levine Children's Beverly Knight Olsen Children's Hospital.

### Bark in the Park

Fridays · 1:00 pm · Dog Park  
 Bring Fido to the dog park for a canine meet and greet.

### BUMs Breakfast

Saturday, April 18 · 8:30 am · The Grande  
 All men are welcome to attend this monthly breakfast and enjoy **Tony's Magic Show, presented by Tony Zelonis**, Carlyle Place resident.

### Trivia

Monday, April 27 · 4:00 pm · The Grande  
 Trivia is a competitive game where teams of five or less compete for prizes. Sign up on the app.

### Catholic Mass

Tuesday, April 28 · 2:00 pm · Activity Rm A

## Out & About

### Walk at Amerson & Lunch at Grow

Thursday, April 2 · Depart Lobby at 9:30 am  
 Join Cele and Jai for a springtime walk at Amerson River Park. This walk is for all fitness levels and allows you to walk at your own pace. Be sure and check out the Butterfly and Native plant garden near the playground. After the walk, the group will go to Grow for a delicious lunch. This restaurant specializes in fresh food made with love and local ingredients. Sign up on the app.

### Back Pack Ministry Project

Friday, April 3 · Depart Lobby at 1:00 pm  
 Give back to the community by preparing packed lunches for children in need. Sign up on the app.

### Paul Pressly: Southern Underground Railroad at the Hay House

Thursday, April 9 · Depart Lobby at 6:00 pm  
 Paul Pressly's author talk at the Hay House, Macon, is a significant event for those interested in the Southern Underground Railroad. Pressly will discuss the stories behind Georgia's colonial and Revolutionary past. Ticket is required. Please sign up on the app.

### Mercer Jazz Ensemble at Fickling Hall

Friday, April 10 · Depart Lobby at 6:45 pm  
 "Mood Indigo," "Red Clay," "Blue in Green"... an evening of colorful masterworks from Duke Ellington, Freddie Hubbard, Miles Davis and more. Please sign up on the app.

### Mercer Women's Chamber Choir

Sunday, April 12 · Depart Lobby at 2:15 pm  
 Mercer Women's Chamber Choir presents their annual spring concert, The Voices of Spring. Please sign up on the app.

## Out & About

### **Macon-Mercer Symphony Orchestra At The Grand Opera House**

Monday, April 13 · Depart Lobby at 6:45 pm

The Symphony Orchestra is closing their season with the winner of the 2026 Mercer University Concerto Competition and Shostakovich's dark, powerfully moving Symphony. Ticket is required. Sign up on the app.

### **Cloud 9 Play**

#### **by Caryl Churchill at Theatre Macon**

Thursday, April 16 · Depart Lobby at 6:45 pm

Cloud 9 is a satirical commentary of the British Empire and its rigid perspectives on gender roles and sexuality. **With its inventive casting and Churchill's biting analysis** of social structures, Cloud 9 is an intelligent and comedic show that will challenge audiences and actors alike. Ticket is required. Please sign up on the app.

### **Music & The Arts: Atlanta Guitar Duo At Vineville United Methodist Church**

Sunday, April 19 · Depart Lobby at 3:15 pm

Ryan Cummings and Scott Plato unite their artistry to create a vibrant blend of precision, passion, and expressive power. From timeless classical works to bold contemporary pieces and original arrangements, the duo delivers performances that are both dynamic and deeply moving featuring theorbo, mandolin, and ukulele. Please sign up on the Uniguest App.

### **Mercer Wind Ensemble at The Grand Opera House**

Monday, April 20 · Depart Lobby at 6:45 pm

**The Wind Ensemble will perform Jocelyn Hagen's Medusa** which is a theatrical work for soprano and wind ensemble based on the famous Greek myth. This concert will also feature the winner of the Townsend Concerto Competition for Winds, Percussion, Piano, and Voice. Ticket is required. Please sign up on the app.

### **Fabian Concert Series at Fickling Hall**

Tuesday, April 21 · Depart Lobby at 6:45 pm

Join us for the 19th season of the Fabian Concert Series for a dazzling array of chamber music with some of **the world's best guest artists, all in an intimate setting** curated by Amy Schwartz Moretti. Ticket is required. Please sign up on the app.

### **Dinner at The Iron Rail**

Wednesday, April 22 · Depart Lobby at 5:00 pm  
Enjoy dinner at The Iron Rail, where every meal is a celebration of Southern tradition, comfort, and community. Founded by local owners who grew up on Sunday suppers and family recipes, the restaurant was built on a simple idea: serve food that feels like home. From homemade meatloaf and country fried steak to creamy grits and house-made pies, the menu honors the rich culinary heritage of the South. Please sign up on the Uniguest App.

### **Friends of the Library Old Book Sale**

Friday, April 24 · Depart Lobby at 9:45 am

The Friends of the Library Macon announced their upcoming Book Sale at the Round Building in Carolyn Crayton Park on April 24th. The Friends of the Library, Inc., is an all-volunteer Section 501c3 charitable organization. Their members and volunteers believe excellent public libraries are a needed resource for our community. To make this happen, they are having a book sale, and the net proceeds will be donated to the Macon-Bibb County Library system. Give old books a new life and sign up on the app for this event.

### **Choral Society of Middle Georgia: Celebrating 50 Years at First Baptist Church of Christ**

Sunday, April 26 · Depart Lobby at 3:15 pm

Join the CSMG and the Mercer University Choir in celebration of the final concert of the 50th anniversary year. In addition to choral pieces that include both contemporary composers and those whose music is timeless, there will be a newly commissioned piece by Craig Courtney. Ticket is required. Sign up on the Uniguest App.

### **Mossy Corner Nursery**

Thursday, April 30 · Depart Lobby at 10:00 am

Sign up on the app to shop at this family owned full service retail plant Nursery in Middle Georgia. They provide unusual plants and knowledgeable customer service.

## In-House Events

### Movie Showing

Saturdays · 7:00 pm · The Grande  
 April 4 - *One Battle After Another*  
 April 11 - *Sentimental Value*  
 April 18 - *Frankenstein*  
 April 25 - *Hamnet*

### Tech Tutoring with Caleb

Saturdays · 4:00 pm · The Parlor

Caleb Varnadore volunteers his time to help residents with technology issues or questions. Bring your own device.

### Tech Tutoring with Marley

Friday, April 3, 17, & 24 · 3:30 pm · The Parlor

Marley, a student at FPD, volunteers her time to help residents with technology issues or questions. Bring your own device.

### Broad River Rehab Presentation

Wednesday, April 8 · 11:00 am · The Grande

For April's presentation, The therapy team will be sharing a dance theater piece titled "Zeh Haya B'Aden," meaning "It Happened Once in Aden," inspired by the work of internationally renowned dancer and choreographer Margalit Oved. Following the performance, residents will be invited to participate in a simple seated hand dance that everyone can enjoy. This interactive session blends culture, music, and therapeutic movement while encouraging safe participation for all residents. Sign up on the app.

### Bag Mats for the Homeless: Service Project

Thursday, April 9 · 2:00 pm · Activity Rm B

A service project where we prepare bags used to make mats for the homeless. Sign up on the app.

### Writer's Club

Friday, April 10 · 2:00 pm · Activity Rm A

Whether you are published or simply have an interest in writing, consider joining other Carlyle Residents who enjoy putting pen to paper, hitting the digital keyboard or voicing their thoughts as if rehearsing for Audible. Bring your creative and expressive imagination and sit around the table to define, configure and shape our artistic writing journey together.

### Middle Georgia Youth Ballet

Friday, April 10 · 4:30 pm · The Grande

Middle Georgia Youth Ballet presents selections from their recent performance "Let's Go To The Movies;" a night of dance and music. Middle Georgia Youth Ballet is a non-profit ballet company for 12-18 year old dancers that provides free classes, community performances, community service, professional workshops, and a positive learning environment for dancers.

### WINE-O

Monday, April 13 & 20 · 4:00 pm · Season's Dining

Bingo for wine lovers, is a way for adults to enjoy wine, fellowship, and fun with friends! Sign up on the app. This activity has limited seating and participants will be chosen by a lottery system. Please sign up on the Uniguest App.

### AI with Joe Finklestein

Friday, April 17 · 3:00 pm · Activity Rm A

Join in as Joe Finklestein teaches you how to navigate Artificial Intelligence. Please sign up on the Uniguest App.

### Middle GA Library Representative

Friday, April 17 · 2:00 pm · The Parlor

Yufiel Franklin will help residents download books, sign up for library cards, & assist with other needs.

### Not So Newlywed Game

Tuesday, April 21 · 4:00 pm · The Grande

Sign up on the app and enjoy this game show hosted by Resident Life. Married couples from the audience will be selected to answer questions to determine who knows the most about their spouse. Sign up on the Uniguest App.

### Lunch & Learn: Bone Health

Thursday, April 23 · 11:30 am · The Grande

Did you know one out of two women over 50 years old and one out of four men over 50 years old will break a bone due to osteoporosis? Come hear from Shannon Adams, NP-C with OrthoGA's Bone Health Clinic, and learn more at the Lunch & Learn. Sign up on the app.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

## In-House Events

### The Body's Secret Web: Unraveling Fascia & Stiffness

Monday, April 27 · 1:30 pm · The Grande  
Your muscles feel stiff and sore. You have difficulty bending or reaching for items. Are your muscles to blame or is there something else involved? Or is it just because you are getting older? Join Patti for an **informative session on the Body's Secret Web**. Learn some simple changes you can integrate into your daily routine to improve your quality of life. Sign up on the Uniguest App.

### MGA Presentation: Understanding Doomscrolling and Digital Wellness with Psychology Professor Cory Smith

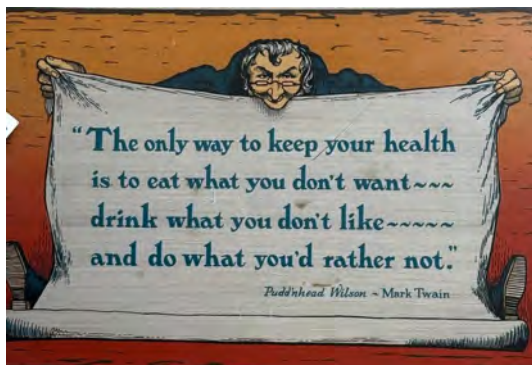
Tuesday, April 28 · 4:00 pm · The Grande  
Discover why your brain fixates on negative news and what that costs your mental health. Learn evidence-based strategies to break the scroll cycle, set healthy boundaries with news consumption, and practice gratitude techniques. You will leave this session with practical guidance for your digital wellness.

### Derby Chic: Find Your Signature Silks

Wednesday, April 29 · 3:30 pm · Activity Rm A  
Have you ever wondered what colors suit you best? Come to this event where Resident Life will choose members from the audience and discover what colors enhance their natural beauty. Sign up on the app.

### Arts & Crafts: Fascinators

Thursday, April 30th · 3:00 pm · Activity Rm A  
**Join us for a stylish arts and crafts class where you'll design your own dazzling fascinator, perfect for the elegance and excitement of the Kentucky Derby.** Sign up on the Uniguest app.



Submitted by Jane Winston

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

## Resident Led Activities

### Pickleball Play & Instruction

Mon., Wed., Thurs. & Fri. at 9:15 am

### Poker

Mondays · East Wing Game Room · 1:00 pm  
Wednesdays · Bank Lobby · 1:00 pm  
Sundays · East Wing Game Room · 2:00 pm  
Facilitated by Walter Barnett: 478-345-9781

### BYOP (Bring Your Own Project)

1, 2, & 3 Mon. · Activity Rm B · 1:30 pm  
Bring an individual project (craft, painting, needlework, etc.) to work on with friends.

### Beginners Clogging with Elaine Davies

Wednesdays · Group Fitness Rm · 3:00 pm

### Joker

Mondays & Tuesdays · The Pub · 7:00 pm  
Wednesdays · WW Game Rm · 3:00 pm

### Rummikub

Tuesdays · East Wing Game Rm · 6:30 pm

### Party Bridge

Tuesdays · The Pub · 1:00 pm

### The Harmonica Group

1 & 3 Wednesdays · Back Rm Studio · 4:00 pm  
Join this group of aspiring harmonica musicians.

### Sequence

Thursdays · East Wing Game Rm · 6:30 pm

### Duplicate Bridge

1, 2, 4, & 5 Thursday · 1:15 pm · The Pub  
Facilitated by Rae Scott: 478-474-3116

### Canasta

Thursdays · East Wing Game Rm · 1:30 pm

### Worship

Sundays · The Grande · 11:00 am  
Sunday, April 5 · The Grande · 10:30 am

## Resident Led Activities

### Cribbage

Wednesdays · The Pub · 1:30 pm

### Billiards for Ladies

Sundays · Pool Table · 2:30 pm

Facilitated by Leonora Raggi: 478-993-6014

### Mexican Train Dominoes

Sundays · The Bistro · 6:00 pm

Facilitated by Walter Barnett: 478-345-9781

### Game Day

Saturday, April 4 & 18 · EW Game Rm · 2:00 pm  
Contact Leonora Raggi for information.

### STIX Game Night

Saturdays · The Bistro · 7:00 pm

### Chicago Style Bridge

Wednesdays · East Wing Game Rm · 1:15 pm

Facilitated by Rae Scott: 478-474-3116

Fridays · East Wing Game Rm · 1:15 pm

Facilitated by Demme Pluta: 770-754-7930

### Food Pantry Bag Project

Thursday, April 2 · Activity Room A · 2:00 pm  
Help support the St. Peter Claver Food Pantry by volunteering for this worthy cause.

### Paper Craft Workshops

April 6, 15, & 24 · Back Rm Studio · 2 :00 pm

Learn new skills and/or complete projects. Contact Magda Morris or Marty Reese for information. Sign up on the app.

### Coloring with Debra

Tuesday, April 7 · Activity Rm A · 3:00 pm

No experience is necessary and no supplies are needed. Relax and learn coloring techniques with Debra Collins. Sign up on the app.

### Book Club

Thursday, April 9 · Activity Room A · 11:30 am

*The Black Church: This Is Our Story, This Is Our Song* by Henry Louis Gates, Jr.

### Bingo with Bingo Bob

Saturday, April 11 & 25 · The Pub · 4:00 pm

Join Bob & Demme Pluta for Bingo! \$5 for 5 games, bring correct change. Tickets go on sale at 3:30.

### Pondering the Story with Elaine Davies

Monday, April 20 · Admin Conf Room · 2:30 pm

John 11: 1-44. Raising of Lazarus

### Prepare Lunches for Loaves & Fishes

Monday, April 27 · 2:30 pm · Activity Rm A

Sign up on the Uniguest App to help with this monthly service project.

### Democrats Lunch

Tuesday, April 28 · Season's Dining · 11:30 am

Contact Linda Degelmann for more information:  
222-942-2000

### Round Table: Jodi S. Ford

Wednesday, April 22 · 4:00 pm · Activity Rooms

Sign up on the app for this Round Table talk. Jodi S. Ford, Ph.D, is Director of Career, Technical and Higher Education for the Georgia Department of Corrections, will focus on service dog training by incarcerated persons as she speaks to us about her work.



Submitted by Holly Ertel

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

## Movies

### One Battle After Another

R · 2025 · Action · 2h 41m  
 Saturday, April 4 · 7:00 pm

A film that delves into the complex relationship between a father and his daughter, Willa, as they navigate the aftermath of a revolution. The film is set against the backdrop of a post-revolutionary America, where the characters face the consequences of their past actions.



Mary Dempsey, Kathy Myers, and George Beck performing at the Harmonica Happy Hour  
 Submitted by Bob Pluta

### Sentimental Value

R · 2025 · Psychological Drama · 2h 13m  
 Saturday, April 11 · 7:00 pm

This film revolves around two estranged sisters, Nora and Agnes, as they reunite with their popular filmmaker father, Gustav, following their mother's sudden death. As he reenters his daughters' lives, Gustav makes a proposal to Nora about a role in his upcoming film project. When she refuses, the director offers the role to a renowned Hollywood star, Rachel Kemp. Things become more complicated when Gustav discloses that he will shoot the film at his family home, where Nora and Agnes grew up.



Carl Schuessler and Marianna Gebara "just pickling"  
 Submitted by Bob Pluta

### Frankenstein

R · 2025 · Horror · 2h 29m  
 Saturday, April 18 · 7:00 pm

Dr. Victor Frankenstein, a brilliant but egotistical scientist, brings a creature to life in a monstrous experiment that ultimately leads to the undoing of both the creator and his tragic creation.



Jane Winston and Carlee Davies at the Harmonica Happy Hour

### Hamnet

PG-13 · 2025 · Drama · 2h 5m  
 Saturday, April 25 · 7:00 pm

In late 16th-century England, Agnes, a healer sensitive to the world around her, builds a home with William, a local tutor and aspiring playwright. As their lives fracture, they are tested by distance, silence, and grief.



## Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

## New Resident(s)

**Carole Walker**  
Apartment 1122

## Uniquist "Bulletin Board"

The Uniquist Community App has an interactive module called the *Bulletin Board*. It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

## Free Transportation to Stores:

### Kroger

Every Wednesday · Depart Lobby at 9:30 am

### Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

## Channel 1960 Guide

### Staying Strong

Mon, Wed, & Fri - 10:00 am  
Tue, Thu, & Sat - 2:00 pm

### Balance

Everyday - 11:30 am

### Flex Class

Mon, Wed, & Fri - 2:00 pm

## Carlyle Place Committees

**Building & Grounds** Chairperson: George Beck  
1st Thursday · 10:00 am · Admin. Conf. Rm

**Development** Chairperson: George Beck  
4th Thursday · 10 am · Admin. Conf. Rm  
Quarterly: January, April, July, October

**Dining** Chairperson: Ian Davies  
1st Wednesday · 10:00 am · Admin. Conf. Rm

**Library** Chairperson: Pat McMahon

2nd Monday · 1:00pm · Executive Conference Rm  
April - July - Oct.

**Marketing** Chairperson: Marianne Beck  
3rd Wednesday · 10:30 am · Admin. Conf. Rm

**Programming** Chairperson: Kathleen Sheil  
2nd Wednesday · 3:00 pm · Admin Conf Rm

**RAC** President: Marianna Gebara  
3rd Thursday · 10:00 am · Admin Conf Rm

## February 2026 Honorariums & Memorials

### Donated in Memory of:

**Dr. & Mrs. Charles E. Cloaninger**

**Mr. Richard Davies**

**Mrs. and Mr. Jane Ebey**

**Myrtle Page**

**Mr. Joe Scalzo**

**Mr. Carroll A. Walker**

### Donated by:

**Anonymous**

**Donald & Mary Dale Kea**

**John and Wanda Atkinson**

**Mrs. Betty Smith**

**Anonymous**

**Donald & Mary Dale Kea**

**Mr. G. C. & Mrs. C. S. Thelen**

**Mr. and Mrs. Edward Brewton**

**Ms. Sharon Welch**

**Mr. and Mrs. Sandy Knapp**

**Anonymous**

**Mr. and Mrs. Hank Dempsey**

**Anonymous**

**Donald & Mary Dale Kea**

**Mr. and Mrs. Hank Dempsey**

**Mr. and Mrs. Sandy Knapp**

**Anonymous**

**Donald & Mary Dale Kea**

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated annually on the Recognition Board. To make a gift, please make your check payable to the Navicent Health Foundation, and indicate if you would like your gift applied to the Carlyle Place Resident Assistance Fund, Watkins Employee Scholarship Fund, or to the Carlyle Place General Fund. Mail to 3330 Northside Drive STE 100, Macon, GA 31294-9646. You may contact Tarver Perry at 478.633.7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.



Mary Dale Kea, Carlee Davies, Jim Kovarik, Nalini Isaac, Marilyn Kovarik, Sue Norris, Vimal Isaac, Linda Degelmann, Don Kea, Marianne Beck, and George Beck at the Abundant Life Wesley Glen Gala - Submitted by Nalini Isaac

## Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Laney Doster: [Laney.Doster@advocatehealth.org](mailto:Laney.Doster@advocatehealth.org)

## RAC Corner: You Can Make a Difference

Written by Marianna Gebara

Spring has finally arrived. It's time for flowers to bloom and trees to leaf out. But, more importantly, for us here at Carlyle Place, it is time to elect three new members for the Resident Advisory Council. As you are aware, Council members serve a three year term and it is time for Dennis Collins, Mary Dempsey and me to step down.

On May 19, the majority vote of all our residents will elect three new members to the RAC. RAC needs three capable people. People who are willing to devote the time, the effort and have the desire to fulfill RAC's mission. That mission is "to facilitate communication between the Leadership Team and residents. In promoting understanding, RAC works toward resolution of issues to create harmony in the community." RAC membership means commitment of your time and your efforts. It also requires patience, objectivity and a thick skin. But it is rewarding to know that your time and hard work contribute to bettering this wonderful community we call home, I will present the election process at HUH on April 14th.

If you are interested in serving, please come to the presentation and feel free to talk with me or any of the other members of RAC. Please give thoughtful consideration to serving your community as a member of the Advisory Council. Thank you.

### March's Employee of the Month: Gene Gantt



Carlyle Place is proud to recognize **Gene Gantt** as our March Employee of the Month! Gene has been a valued member of the Carlyle Place family for the past 14 months, serving as an accountant in our Finance Department. He is from the small town of Gray, where he still resides today. Gene brings both dedication and a warm hometown spirit to his work each day.

What Gene enjoys most about his role is the opportunity to interact with residents and fellow staff members, always greeting others with kindness and a willingness to help. His positive attitude and dependable work ethic make him an important part of keeping

things running smoothly behind the scenes.

When he's not at Carlyle Place, Gene enjoys spending time outdoors farming, hunting, and fishing. We are grateful for the care and commitment he brings to our community, and we are proud to celebrate him this month. Congratulations, Gene!

## Al Joe's Safety Corner: Three Scams to Watch Out For

Written by Joe "Al Joe" Finkelstein

During our recent AI workshop at Carlisle Place, one topic generated a lot of discussion: scams. Unfortunately, scammers are getting more sophisticated every year, and many of their tricks now use modern technology to sound convincing. The good news is that simply knowing how these scams work can make them much easier to spot. Here are three that experts say are spreading quickly right now:

### 1. The "Grandchild Emergency" Phone Call

This scam has been around for years, but new technology has made it more convincing. A resident receives a phone call from someone who sounds like a grandchild or family member. The caller says they have been in an accident or are in trouble and urgently need money. Often another person gets on the phone pretending to be a lawyer, police officer or hospital worker. The scammers create pressure and ask for money to be sent quickly, usually through gift cards, wire transfers or payment apps. Today, scammers sometimes use AI voice technology to imitate a person's voice using short recordings found online. Tip: If you receive a call like this, hang up and call the family member directly using the phone number you already have saved.

### 2. The "Medicare Update" Scam

Another common scam targets seniors by pretending to be from Medicare or a medical benefits office. The caller may say things like: "Your Medicare card needs to be replaced," "We need to confirm your Medicare number," or "You qualify for new medical equipment." They then ask for personal information such as your Medicare number, Social Security number or bank details. The problem is simple: Medicare will not call you unexpectedly asking for personal information. Once scammers obtain those numbers, they can commit medical identity theft and bill Medicare for services you never received. Tip: If someone calls claiming to be from Medicare, hang up and contact 1-800-MEDICARE directly.

### 3. The "Package Delivery Problem" Text

You may have seen texts like this: "USPS: We tried to deliver your package but the address was incomplete. Click here to update delivery." These messages often look very real and may include official logos or tracking numbers. The link usually leads to a fake website designed to steal credit card numbers, passwords or other personal information. Many people click the link because they really are expecting a package. Tip: Delivery companies typically do not ask for personal information through random text messages.

### The Best Protection Is Simple

Even with all the new technology involved, one rule still works better than anything else: slow down. Scammers depend on urgency. They want you to react quickly before you have time to think. Taking a moment to double-check can prevent a costly mistake. And remember, if you ever receive a message or phone call that seems suspicious, it's perfectly okay to ask someone you trust for a second opinion. Technology may change, but common sense is still one of the best defenses we have. Stay safe online.

## March Employee Anniversaries

### 1 Year

Brenda Davis  
Taquana Tower

### 2 Years

Brittinae Howard  
Derek Johnson  
Justin Wyche  
Tori McGee

### 3 Years

Austin Cannaday

### 4 Years

Troy Cannaday  
Jessica Towles  
Wanda Miller  
Aisha Waters

### 8 Years

Vicky Watson

### 10 Years

Elvira R. Brown

### 12 Years

Cathy Jones

### 18 Years

Latonia McDonald

### 22 Years

Melinda Newland

## Famous April Birthdays

Buddy Ebsen – April 2, 1908  
Eddie Murphy – April 3, 1961  
Gregory Peck – April 5, 1916  
Joseph Pulitzer – April 10, 1847  
Elizabeth II – April 21, 1926  
Shirley Temple – April 23, 1928  
Carol Burnett – April 26, 1933  
Willie Nelson – April 30, 1933

## Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
	Cell - 478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

## Trivia

To receive a bonus point for Trivia for the month of April, you must attend Patti's presentation on April 27th at 1:30 p.m. in the Grande. Please take a picture at the presentation and email it to Cele Minshew-  
Celeste.Minshew@advocatehealth.org.  
The submission deadline is April 27th at 3:00 pm.

## Important Reminder

Please update your Vial of Life information and return the forms to the Wellness Nurse, Tonya Wilson, if you haven't already done so.

## Angioscreens

Thanks to Angioscreens, vascular disease can be detected, prevented and treated early. Our goal is to identify individuals with significant cardiovascular disease through our screening process, before serious life-threatening problems can occur. Come get screened in The Grande April 15th, 2026 from 8:00 am to 4:00 pm. Sign up at the Post office. An Angioscreen is only \$50.00 and free for veterans. A painless Angioscreen only takes six minutes.

## Macon - Mercer Symphony Orchestra Savings

The Macon - Mercer Symphony Orchestra is unique; it pairs musicians from the Atlanta Symphony Orchestra with string students from the Macon center.

MMSO is happy to offer a savings of 30% off per ticket by using code "OVATION" at checkout.

## Celebrating April

### April Fools' Day

*April 1*

### Passover

*Begins Sundown April 1*

### Easter

*April 5*

### World Health Day

*April 7*

### Siblings Day

*April 10*

### Dolphin Day

*April 14*

### Earth Day

*April 22*

## Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

### BLP - Backlot Players

(478) 994-0443

Website: [thebacklotplayers.org](http://thebacklotplayers.org)

### CP - Centreplex

(478) 803-1593

[www.maconcentreplex.org/coliseum/ticket-office/](http://www.maconcentreplex.org/coliseum/ticket-office/)

### DT- Douglass Theatre

(478) 742-2000

Website: [douglasstheatre.myboxoffice.us](http://douglasstheatre.myboxoffice.us)

### FH - Fickling Hall at Mercer University

(478) 301-5470

Website: [www.mcduffie.mercer.edu](http://www.mcduffie.mercer.edu)

### GOH - Grand Opera House

(478) 301-5470

Website: [www.thegrandmacon.com](http://www.thegrandmacon.com)

### MCA - Macon City Auditorium

(478) 803-1593

<https://www.maconcentreplex.org/auditorium/>

### MLT - Macon Little Theatre

(478) 471-7529

Website: [www.maconlittletheatre.org](http://www.maconlittletheatre.org)

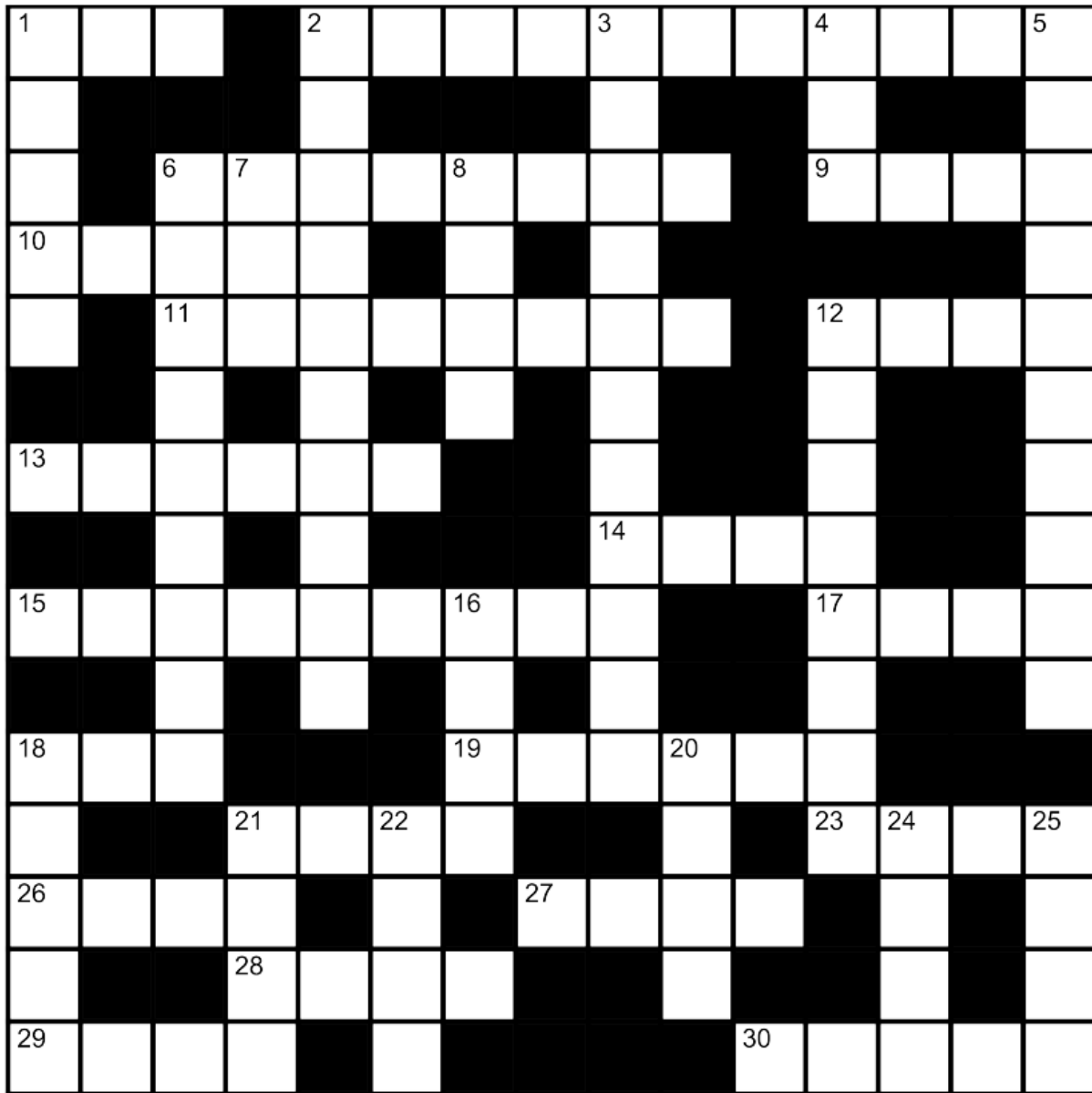
### TM - Theatre Macon

(478) 746-9485

Website: [www.theatremacon.com/tickets](http://www.theatremacon.com/tickets)

# Crossword Puzzle

Answers on Page 19



**Across:**

1.Coal container 2.Joyous occasion 6.Most uncomplicated 9.Longtime boyfriend 10.Little Bo Peep lost this. 11.Expressing approval or admiration 12.Not low 13.Error allowance 14.Mix up 15.Thick crude oil 17.Eye part 18.Soldiers in the U.S. Army, abbrev. 19.Beach shoe 21.“Where the heart is” 23.Distant admirer, ogler, or viewer 26.Rod for a hot rod 27.Show off biceps 28.*The Sun* \_\_\_ *Rises*, Hemingway 29.Bought the farm 30.Things you can hang your hat on

**Down:**

1.Advice from a dentist 2.Examining two things side by side 3.A chap engaged in commerce 4.Is often rhymed with rub and dub 5.Most disobedient 6.Splits up 7.Institute for Energy Research, abbrev. 8.Where nice guys finish 12.Like Hägar of the comics 16.“\_\_\_ on Down the Road” 18.Watch over 20.Female deer (plural) 21.\_\_\_ of lettuce, for example 22.Buses and subway systems; \_\_\_ transit 24.It goes up and down 25.Marble, pumpernickel, and Russian are some

## New Resident: Marilee & Mickey Rivers

Written by Bob Dunne



I'm so happy to introduce you to Marilee and Mickey Rivers who moved into our wonderful community in February, 2026. They moved here from Macon and Marilee has made great progress settling in to her apartment on the East Wing while Mickey is being cared for at Cambridge Court. The services and opportunities here at Carlyle Place were the deciding factors in their decision to move here and they had to wait a year before getting an apartment that met their needs. Both have April birthdays, Marilee is the 10th and Mickey is the 2nd.

Marilee has spent all of her life in Macon while Mickey lived in Gray until 4th grade before moving to Macon. Both Marilee and

Mickey worked for Burgess Flooring and Design in Macon, and Mickey was the Operations Manager and managed all of the installation crews. Mickey is also an Army veteran and served in the National Guard.

Marilee attended Wesleyan College and attended Macon schools her entire life. Mickey entered directly into the workforce after high school and was successful in his chosen career. Marilee has 3 children: a daughter who is local, one child who lives in North Alabama, and one child that lives in Sweden. Mickey has a daughter who is local and a son who lives in Clayton, GA. Marilee was an avid container gardener and belongs to the Potpourri Garden Club. You can see a sample of her handywork outside of her apartment. There is a two handled ceramic vessel that houses a lovely and healthy plant.

Cooking is also something she enjoys although she has not had the time just yet to put her cooking skills to work here at Carlyle. She is enjoying the meals that are available and is able to save her soup and salad for lunch the next day as many of us do. Once Marilee is more settled in, she hopes to enjoy reading again. Needless to say, Marilee has her hands full and has not had time to consider any committees or activities but she has an engaging personality, a warm and friendly smile, and will be a welcomed addition anywhere she elects to get involved.

Mickey and Marilee have enjoyed traveling but admit it isn't as much fun as it use to be. Traveling to Sweden was almost 12 hours, taking into account every aspect of the journey. One very interesting fact is pertinent to Carlyle Place. Burgess Flooring and Design installed all of the carpeting when Carlyle Place opened. Much of it has been replaced but the carpeting near the main entrance is sill going strong.

When you see Marilee around our campus please welcome her and get to know or reacquaint yourself. I enjoyed the brief time I spent with her and I look forward to getting to know her better. I think you will too.

## I SPY - April 2026

*“I Spy” showcases a resident who makes a difference in our community, someone who brightens other’s days or someone who has done something extra special to benefit others.*

I spy a vibrant, spirited lady who brings energy and laughter wherever she goes. Mary Louise Williams is always game for a good time; she’s the kind of person who turns any gathering into something memorable. A devoted Mahjong enthusiast, she not only plays with passion but generously shares her love of the game by teaching newcomers the ropes with patience and charm.

And then there’s Violet—her adorable little 4-legged sidekick—who delights everyone she meets by “singing” to them! Together, they spread joy like confetti, brightening days and lifting spirits wherever they wander.

## Have You Heard Format

**Tuesdays at 11:00 am in the Grande**

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I’d Like to Hear, Leadership Reports, and any New Resident introductions). The formats are:

### Week 1

Connect to Purpose—Employee Anniversaries  
Resident Life Monthly Activities

### Week 2

Rehab Updates/Reminders  
Committee Report

### Week 3

Take 3 for Wellness  
Marketing Minute  
Snapshot (Quarterly: Jan, Apr, July, Oct)

### Week 4

Committee Report  
New Employee Introductions/Employee of the Month  
RAC Report

### Week 5 (March, June, September, December)

Healthcare Updates/Reminders  
CP at Home Updates/Reminders

### 2026 Committee Report Schedule:

Building & Grounds:	1/13;	4/14;	7/14;	10/13
Library:	1/27;	4/28;	7/28;	10/27
Development:	2/10;	5/12;	8/11;	11/10
Marketing:	2/24;	5/26;	8/25;	11/24
Dining:	3/10;	6/09;	9/08;	12/08
Programming:	3/24;	6/23;	9/22;	12/22

\*\*The Tuesday following the quarterly CP Board meetings, Resident Board Member will report.

## April Birthdays

Rosalee Neill	4/04
Jo Ann Dankel-Dobbs	4/05
Edyth Snow	4/09
Marilee Rivers	4/10
Bill Simmons	4/10
Anne Sarber	4/10
Barbara Wommack	4/10
Virginia Holloway	4/14
Beverly Meadors	4/16
Barbara Scully	4/18
Carlee Davies	4/19
Linda B. Faulk	4/21
Bonita Braun	4/24
Bob Dunne	4/25
Sandy Knapp	4/26
Gail Young	4/28
Terrell Stanley	4/29
Carolyn McInerney	4/29
Don Kea	4/30

## Carlyle-at-Home

Rebecca Markwalter	4/02
Rita Myhand	4/05
Elna Harrison	4/05
Nancy Duggan	4/24

## The Great Escape

Written by Teddy the Poodle, A published Poet

If you saw a white poodle roaming happily and free,  
That little white poodle was most likely me.

My good friend Angie Laffrey, who is quite clever and mellow,  
Showed a really cute trick to this cautious old fellow.  
Angie taught me to use my nose to push up the latch on the  
gate.

I tried it and discovered I could make my great escape.

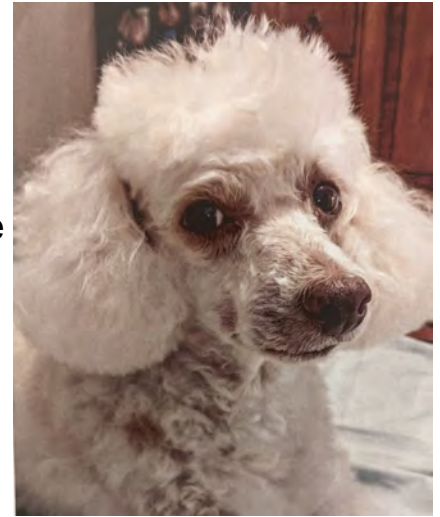
It was a bitterly cold morning, but that deterred me not.  
I had a destination in mind, and I took off like a shot.  
I hesitated once and thought of visiting Pocket, my friend,  
Pocket's mommy gives me great treats to no end.

But my destination was clear, and up the sidewalk I did stroll  
The main entrance of Carlye was my intended goal.  
When I reached the entrance, I met with a problem I did not foresee.  
The double doors were closed, and I had no fob or key.

Patti Kunselman was alerted to a shivering dog outside the door.  
She took one look and knew I was the Sheil's dog, whom they adore.  
She took me down to Resident Life and gave me a treat (YUM),  
And delivered me home to a surprised Mom after my amazing feat.

I am home, warm and snug now, but watched with an eagle eye.  
I think an opportunity to escape will not come for quite a while.

The moral of the story: You CAN teach an old dog a new trick!



## Carlyle Place Roundtable: Jodi S. Ford, Ph.D

Written by Ann Tift



Jodi S. Ford, Ph.D, is Director of Career, Technical and Higher Education for the Georgia Department of Corrections. On April 22 she will focus on service dog training by incarcerated persons as she speaks to us about her work. Dr. Ford began as a Cobb County Probation Officer in 2003, transitioned to Facility Operations in 2012, and in 2023 assumed her current position, driving programs that empower incarcerated individuals through higher education. She holds degrees from Kennesaw State University, Shorter University, and Liberty University.

# April Library Display: Which is the Best; Book or Movie?

Written by The Library Committee

I've always heard it said "the book is way better than the movie." My first introduction to this was the book *The Wonderful Wizard of Oz* by Frank Baum. A few years after reading it, the classic movie by the same name came out. It was superb, but to me the book was the best.

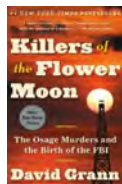
This month, our library exhibits books that have been brought to the screen. You make up your mind which is best; book or movie?

Here are a few examples:

## Large Print



**The Scarlet Letter**  
Nathaniel Hawthorne



**Killer of the Flower Moon**  
David Gramm



**My Antonia**  
Willa Cather



**All Creatures Great and Small**  
James Herriot

## Regular Print



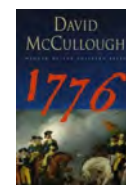
**The Good Earth**  
Pearl S. Buck



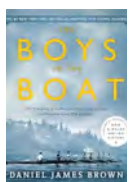
**Just Mercy**  
Bryan Stevenson



**Unbroken**  
Laura Hillenbrand



**1776**  
David McCullough



**The Boys in the Boat**  
Daniel James Brown



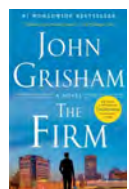
**The Killer Angels**  
Michael Shaara



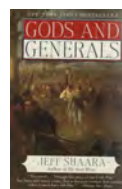
**Sense and Sensibility**  
Jane Austen



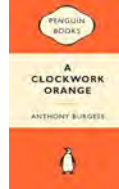
**The Help**  
Kathryn Stockett



**The Firm**  
John Grisham



**Gods and Generals**  
Jeff Shaara



**The Clockwork Orange**  
Anthony Burgess



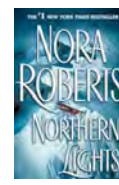
**The Monuments Men**  
Robert M. Edsel



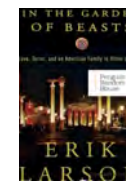
**Wolf Hall**  
Hilary Mantel



**The Thursday Murder Club**  
Richard Osman



**Northern Lights**  
Nora Roberts



**In the Garden of Beasts**  
Eric Larson

# Book Review: *Kohelette*, A Novel Author Callie J. Smith

Written by Bonita Braun



This is not the first novel I have reviewed for Callie J. Smith. It is the first I have read and reviewed pre-publication. The publishing date of the book is April 1st, 2026.

My first reaction when I saw the deep violet color of the cover and the female figure's face in deep shadow, was to wonder a little more than usual if I was up to such a task of reviewing this book!

Lettie, as she is called, moved home with her daughter, Jenn, after the breakup of her marriage. They live in Lettie's childhood home, while Jenn continues to grow, and Lettie must figure out how to support them both, keep their home with taxes piling up and always coming due, and find new dreams for herself while allowing her daughter to have her own. Her ex is absent from the picture until he isn't. She is pushed out

of her job at a 501C organization and then needs to find new ways to support herself and Jenn. She considers selling the house, but is discouraged by the family ghosts who still live in the family home.

The ghosts, her friends and Jenn give her advice. The story is one woman's and her family's, and is a mixture of sometimes serious, sometimes funny about people, neighborhoods, workplace interactions and Lettie's growth. I don't often read a book twice because there are just too many books out there to read. I did this one, however, and stayed up both times until early morning hours to finish. Why? Because it is just that good of a read.

Answers to Crossword Puzzle on pg. 14



Mercer Students volunteering in the gardens  
Submitted by Heather Davis

1	B	I	N		2	C	E	L	E	3	B	R	A	T	I	O	N			
	R					O					U			U			A			
	U		6	S	7	I	M	P	8	L	E	S	T		9	B	E	A	U	
10	S	H	E	E	P		A				I								G	
	H		11	P	R	A	I	S	I	N	G			12	H	I	G	H		
				A		R		T		E				O					T	
13	M	A	R	G	I	N													R	I
				A		S					14	S	T	I	R					E
15	P	E	T	R	O	L	E	U	M					17	I	R	I	S		
				E		N		A	A						B					T
18	G	I	S							19	S	A	N	20	D	A	L			
	U			21	H	O	22	M	E					O	23	E	24	Y	25	R
26	A	X	L	E		A				27	F	L	E	X				O		Y
	R			28	A	L	S	O						S					Y	E
29	D	I	E	D																
															30	H	O	O	K	S



Mercer Students volunteering in the gardens  
Submitted by Heather Davis



Residents at the Harmonica Happy Hour



Residents creating home décor at the monthly  
Arts & Crafts Class



Residents enjoying the "History of the Masters" event



Rosalee Neill, winner of the April gift basket,  
at the Birthday Bash



Nancy Schiltz, winner of the March gift basket,  
at the Birthday Bash