

The Carlyle Chronicle

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**Take a chance on picking the
winning basketball team!**

**This year we will pick for the
men and women's brackets!**

**\$2 a chance
(limit of 2 chances per resident per bracket)
Winner gets \$90 - Runner up gets \$38**

You do not need to know about basketball to play. For \$2, you will randomly draw a team out of the 64 participating teams in the NCAA March Madness Basketball tournament. If your team wins the tournament, you will win \$90!

**Stop by Resident Life beginning
Monday, March 16th
to pick your team!**

Recurring Activities

Happy Hour

Monday - Friday • 5:00 - 6:00 pm • The Pub

Saturdays • 5:00 - 7:00pm • The Pub

Tues., March 17 • 5:00 pm • Harmonica Happy Hour

Communion

Episcopal - Mon., March 2 - Act. Rm A • 10:00 am

Episcopal - Thurs., Mar. 19 - Act. Rm A • 10:30 am

Methodist - Thurs., March 19 - Act. Rm A • 1:00 pm

All are welcome to attend Methodist & Episcopal Communion.

Have You Heard

Tuesdays • 11 am • The Grande

Attend this weekly town hall-style meeting to stay up-to-date on what is happening at Carlyle Place.

Line Dancing

Mondays • 3:00 pm • Group Fitness Rm

Choristers Practice

Tuesdays • 1:30 pm • The Grande

Trivia

Tuesday, March 10 • 4:00 pm • The Grande

Trivia is a competitive game where teams of five or less compete for prizes. Sign up on the app.

Coffee & Conversation

Wednesdays • 9:30 am • The Library

Tie Blankets for Children

Fridays • 10:30 am • Activity Room B

This weekly group service project assembles blankets for patients at the Atrium Health Levine Children's Beverly Knight Olsen Children's Hospital.

Bark in the Park

Fridays • 1:00 pm • Dog Park

Bring Fido to the dog park for a canine meet & greet.

BUMs Breakfast

Saturday, March 21 • 8:30 am • The Grande

All men are welcome to attend this monthly breakfast. Dr. Penny Melkins, new President of Mercer University will speak at March's event.

Catholic Mass

Tuesday, March 24 • 2:00 pm • Activity Rm A

Out & About

Lunch at Compass Rose Cafe

Thursday, March 5 • Depart Lobby at 11:45 am

Macon's Compass Rose Cafe serves items like ostrich and truffles. Unlike your typical fine dining establishment, the Middle Georgia eatery is staffed by high students. Please sign up on the app.

Back Pack Ministry Project

Friday, March 6 • Depart Lobby at 1:00 pm

Give back to the community by preparing packed lunches for children in need. Sign up on the app.

Macon Pops: *Classically Jazzed* at MCA

Saturday, March 7 • Depart Lobby at 6:45 pm

Enjoy an evening that blends the elegance of classical music with the energy and spontaneity of jazz, creating a lively concert experience. Ticket is required. Please sign up on the Uniguest App.

Fabian Concert at Fickling Hall

Tuesday, March 10 • Depart Lobby at 6:45 pm

Join us for the 19th season of the Fabian Concert Series for a dazzling array of chamber music, all in an intimate setting curated by Amy Schwartz Moretti. Ticket is required. Sign up on the App.

Noises Off - Play by Michael Frayn at Theatre Macon

Thursday, March 12 • Depart Lobby at 6:45 pm

Noises Off is a classic farce by Michael Frayn that a dysfunctional theater troupe trying to stage. A production. The play is known for its comedy. Ticket is required. Please sign up on the Uniguest App.

Jubilee Concert Series at Fickling Hall

Friday, March 13 • Depart Lobby at 6:45 pm

Lauded as "exquisite" by The Philadelphia Inquirer and "a pianist of sterling artistry" by Gramophone, GRAMMY® Award-winning pianist Michelle Cann will be performing. Ticket is required. Please sign up on the app.

Out & About

Music & The Arts: The Puppet Guy At Vineville United Methodist Church

Sunday, March 15 • Depart Lobby at 3:15 pm

Lee Bryan, That Puppet Guy, is a professional Atlanta puppeteer touring the Southeast, presenting puppetry arts. He will be performing *The Princess and the Butterbean, Y'all*. Please sign up on the Uniguest App.

Temptations & the Four Tops at the Macon City Auditorium

Thursday, March 19 • Depart Lobby at 6:15 pm

The Temptations and The Four Tops are iconic groups known for their soulful music and timeless hits, continuing to perform and influence the music scene today. Ticket is required. Please sign up on in Resident Life.

Cherry Blossom Driving Tour

Friday, March 20 • Depart Lobby at 2:00 pm

Enjoy a tour of the Macon Cherry Blossoms right from your seat! Sign up on the app.

Mercer Jazz Combo at Fickling Hall

Friday, March 20 • Depart Lobby at 6:45 pm

The Mercer Jazz Combo digs into the repertoire of the Jazz Messengers. Please sign up on the app.

Joe Bonamassa

at Atrium Health Amphitheater

Friday, March 20 • Depart Lobby at 7:15 pm

Joseph Leonard Bonamassa - a American blues rock guitarist, singer, and songwriter - began performing at age 12, opening for B.B. King. Renowned for blending blues, rock, and jazz with soulful vocals. Tickets previously purchased. Sign up on the app for transportation.

Cherry Blossom Ball

Friday, March 20 • Depart Lobby at 6:30 pm

Purchase your own tickets for this event and sign up for transportation to the Macon City Auditorium.

MET Opera Live:

***Tristan & Isolde* at Douglass Theater**

Saturday, March 21 • Depart Lobby at 12:00 pm

The electrifying Lise Davidsen tackles one of the ultimate roles for dramatic soprano: the Irish princess Isolde in Wagner's transcendent meditation on love and death. Ticket is required. Sign up on the app.

Emmylou Harris Concert

Saturday, March 21 • Depart Lobby at 6:45 pm

Harris is known as much for her eloquently straightforward songwriting as for her incomparably expressive singing. Harris has garnered 14 Grammy Awards, three CMA Awards, and four Americana Awards. Ticket is required. Sign up on the app for transportation.

Dinner at Kudzu

Wednesday, March 25 • Depart Lobby at 5:00 pm

Enjoy the tastes of the Gulf Coast in Historic Downtown Macon. Please sign up on the Uniguest App.

Writer's Museum & Lunch

Thursday, March 26 • Depart Lobby at 9:00 am

Georgia Writers Museum is dedicated to inspiring today's writers and readers and celebrating Georgia's literary heritage. Tour the museum and enjoy lunch. Please sign up on the Uniguest App.

***Three Dog Night* at MCA**

Thursday, March 26 • Depart Lobby at 6:45 pm

Three Dog Night is an American rock band formed in Los Angeles in 1967, founded by vocalists Chuck Negron, Cory Wells, and Danny Hutton. Tickets previously purchased. Sign up on the app for transportation.

***The Unpredictable Times* at Macon Little Theatre**

Thursday, March 26 • Depart Lobby at 7:30 pm

"The Unpredictable Times" is a coming-of-age drama presented by Macon Little Theatre, featuring five lifelong friends who reunite for one last summer before facing the "real world." Please sign up on the app.

Mercer Harp Ensemble at Fickling Hall

Tuesday, March 31 • Depart Lobby at 6:45 pm

The Mercer Harp Ensemble presents a concert that showcases the techniques, genres, and styles that make the harp so unique. Sign up on the app.

***Kinky Boots* at the Grand Opera House**

Tuesday, March 31 • Depart Lobby at 6:45 pm

Kinky Boots follows the true story of Steve Pateman, who was struggling to save his family-run shoe factory from closure. Ticket is required. Sign up on the app.

In-House Events

Movie Showing

Saturdays • 7:00 pm • The Grande

March 7 - *Casablanca*

March 14 - *Steel Magnolias*

March 21 - *The Secret Garden*

March 28 - *Some Things Gotta Give*

Tech Tutoring with Caleb

Saturdays • 4:00 pm • The Parlor

Caleb Varnadore volunteers his time to help residents with technology issues or questions. Bring your own device.

Tech Tutoring with Marley

Fridays • 3:30 pm • The Parlor

Marley, a student at FPD, volunteers her time to help residents with technology issues or questions. Bring your own device.

Survivor: Season 50

Wednesdays • 8:00 pm • The Grande

Survivor 50, officially titled *In the Hands of the Fans*, is a reality competition television series that places contestants on the island of Fiji, and they must out-play, and outlast each other to win a cash prize of \$1 million.

Harold Chapman: Tales From a Southern Town and Reception

Monday, March 3 • 7:00 pm • The Grande

Harold Chapman spent several years writing funny stories about his imaginary Uncle Lester for a newspaper in Warner Robins. Come sit, listen, and enjoy a few of these stories in the Grande.

Washington County Golden Voices

Wednesday, March 4 • 11:30 am • The Grande

The Washington County Golden Voices is a choir at Washington County High School, known for their performances and community engagement.

Arts & Crafts: Spring Decor

Thursday, March 5 • 3:00 pm • Back Rm Studio

Sign up on the app to get creative - transform an old book into a beautiful piece of spring décor that you can use all year long. Sign up on the app for this limited participant event.

Middle GA Library Representative

Friday, March 6 • 3:00 pm • The Parlor

Yufiel Franklin will help residents download books, sign up for library cards, & assist with other needs.

AI with Joe Finklestein

Tuesday, March 10 • 2:30 pm • Activity Rm A

Join in as Joe Finklestein teaches you how to navigate Artificial Intelligence. Please sign up on the Uniguest App.

History of Cherry Blossom with Ed Grisamore

Wednesday, March 11 • 10:30 am • The Grande

Ed Grisamore, author of *The Pinkest Party on Earth*, will share the history of Macon's cherry blossom heritage. This event is sponsored by Potpourri Garden Club. Please sign up on the Uniguest App.

Bag Mats for the Homeless: Service Project

Thursday, March 12 • 2:00 pm • Activity Rm B

A service project where we prepare bags used to make mats for the homeless. Please sign up on the Uniguest App.

Chair Volleyball

Thursday, March 12 • 3:00 pm • The Grande

Bring your competitive spirit and be prepared to laugh until your side hurts! No skill necessary. Please sign up on the Uniguest app.

Writer's Club

Friday, March 13 • 2:00 pm • Activity Rm A

Carlyle Place Country Club Golf Course Grand Opening

Monday, March 16 • 10:00 am • Golf Course

Spring is here and our Resident Golf Team is ready to lead you in our first putting competition of the season. Please sign up on the app.

Birthday Bash with DJ Dusty

Monday, March 16 • 7:00 pm • The Grande

Celebrate March and April birthdays as you dance the night away with DJ Dusty. Cake and Ice cream will be served. All are welcome! Please sign up on the Uniguest App.

In-House Events

Calista Ann Koch on Harp

Tuesday, March 17 • 7:00 pm • Grande

Nationally recognized and CP's favorite harpist, Calista Anne Koch, will be here to perform Irish classics in recognition of St. Patrick's Day.

Broad River Rehab Presentation

Wednesday, March 18 • 11:00 am • The Grande

Sit in on this monthly presentation from our rehabilitation team and learn how to better your health.

BINGO

Wednesday, March 18 • 3:00 pm • The Grande

Bring your correct change to "rent" \$1 BINGO cards for cash winnings. Four games will be played.

History of the Master's with the Peavy's

Thursday, March 19 • 4:00 pm • The Grande

Join us for a presentation on Macon's connection to the Masters, a professional golf tournament. Enjoy memorabilia and refreshments.

Pop-Up Puppy Fun

Mon, March 23 • 2:00 pm • Lower Level Courtyard

Come meet Patti's puppies on National Puppy Day!

Dr. Blake from MGA Presentation

Tuesday, March 24 • 4:00 pm • The Grande

Christopher Blake, Ph.D., president of Middle Georgia State University (MGA), will be here to kick off our Middle Georgia Speakers Bureau.

Mobile Mammography Unit

Wednesday, March 25 • 7:30 am-3:30 pm •

The Atrium Health Navicent Mobile 3D Screening Mammography Unit will be here from 7:30 am - 3:00 pm. For appointments or questions, call: 478-633-2003 or email: Teresa.VanHorne@AtriumHealth.org

Cherry Blossom Social

Wednesday, March 25 • 2:00 pm • Activity Rooms

Spend time with your neighbors and enjoy Cherry Blossom themed snacks. Sign up on the app.

Cherry Blossom Tea

Thursday, March 26 • 2:00 pm • Season's Dining

Enjoy an afternoon British tradition with hot tea and finger foods. Sign up on the app for this limited seating event.

25th Carlyle Place Anniversary Kick Off

Music and Picnic with the *Fabulous Katz*

Sunday, March 29 • 4:00 pm • LLC

Kick off Carlye Place's 25th Anniversary year long celebration with a picnic in the Lower Level Courtyard. Dance along and enjoy music from the Fabulous Katz while enjoying a picnic dinner on the grounds. Please sign up on the app.

Beer BINGO

Monday, March 30 • 4:00 pm • Season's Dining

Bingo for beer lovers - a way to sample different beers and spend time with friends! Participants will be chosen by a lottery system. PLEASE DO NOT SIGN UP IF YOU DO NOT DRINK BEER.

Resident Led Activities

Pickleball Play & Instruction

Mon., Wed., Thurs. & Fri. at 9:15 am

Poker

Mondays • East Wing Game Room • 1:00 pm

Wednesdays • The Pub • 1:00 pm

Sundays • East Wing Game Room • 2:00 pm

Facilitated by Walter Barnett: 478-345-9781

BYOP (Bring Your Own Project)

1, 2, 3, & 5th Mon. • Activity Rm A • 1:30 pm

Bring an individual project (craft, painting, needlework, etc.) to work on with friends.

Beginners Clogging with Elaine Davies

Wednesdays • Group Fitness Rm • 3:00 pm

Joker

Mondays & Tuesdays • The Pub • 7:00 pm

Joker will not occur on the 16th

Wednesdays • WW Game Rm • 3:00 pm

Rummikub

Tuesdays • East Wing Game Rm • 6:30 pm

Party Bridge

Tuesdays • The Pub • 1 pm

The Harmonica Group

1, 2, & 3 Wednesdays • Back Rm Studio • 4:00 pm

Join this group of aspiring harmonica musicians.

Resident Led Activities

Sequence

Thursdays · East Wing Game Rm · 6:30 pm

Duplicate Bridge

1, 2, & 4 Thursdays · 1:15 pm · The Pub

Facilitated by Rae Scott: 478-474-3116

Canasta

Thursdays · East Wing Game Rm · 1:30 pm

Worship

Sundays · The Grande · 11:00 am

Cribbage

Wednesdays · The Pub · 1:00 pm

Billiards for Ladies

Sundays · Pool Table · 2:30 pm

Facilitated by Leonora Raggi: 478-993-6014

Mexican Train Dominoes

Sundays · The Bistro · 6:00 pm

Facilitated by Walter Barnett: 478-345-9781

Game Day

Saturday, March 7 & 21 · EW Game Rm · 2:00 pm

Contact Leonora Raggi for information.

STIX Game Night

Saturdays · The Bistro · 7:00 pm

Chicago Style Bridge

Wednesdays · East Wing Game Rm · 1:15 pm

Facilitated by Rae Scott: 478-474-3116

Fridays · East Wing Game Rm · 1:15 pm

Facilitated by Demme Pluta: 770-754-7930

Food Pantry Bag Project

Thursday, March 5 · Activity Room A · 2:00 pm

Help support the St. Peter Claver Food Pantry by volunteering for this worthy cause.

Paper Craft Workshops

March 9, 18, & 30th · Back Rm Studio · 2:00 pm

Learn new skills and/or complete projects. Contact Magda Morris or Marty Reese for information. Sign up on the app.

Coloring with Debra

Tuesday, March 3 · Activity Rm A · 3:00 pm

No experience is necessary and no supplies are needed. Relax and learn coloring techniques with Debra Collins. Sign up on the app.

Book Club

Thursday, March 12 · Activity Room A · 11:30 am

Once There Were Wolves by Charlotte McConaghy

Bingo with Bingo Bob

Saturday, March 14 & 28 · The Pub · 4:00 pm

Join Bob & Demme Pluta for Bingo! \$5 for 5 games, bring correct change. Tickets go on sale at 3:30.

Pondering the Story with Elaine Davies

Monday, March 16 · Admin Conf Room · 2:30 pm

John 20: 1-18. Resurrection

Ladies Luncheon

Thursday, March 19 · Season's Dining · 11:30 am

Sit-down meal. Assigned seating. No exceptions made. This is an opportunity to meet new friends. Guest Speaker: our very own JoAnn Dankel-Dobbs, a former Instructor and Administrator at the Georgia Academy for the Blind, will enlighten us with her experience of learning Braille and the rewards of teaching blind students.

Prepare Lunches for Loaves & Fishes

Monday, March 23 · 2:30 pm · Activity Rm A

Sign up on the Uniguest App to help with this monthly service project.

Democrats Lunch

Tuesday, March 24 · Season's Dining · 11:30 am

Contact Linda Degelmann for more information:
222-942-2000

Round Table: Matt Chalfa

Wednesday, March 25 · 4:00 pm · Activity Rooms

Sign up on the app for this Round Table talk. Matt Chalfa will discuss his ongoing efforts with his regional plan along the river corridor. Read more on page 18. Sign up on the app.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Movies

Casablanca

PG • 1942 • Drama • 1h 42m

Saturday, March 7 • 7:00 pm

A cynical expatriate American cafe owner struggles to decide whether or not to help his former lover and her fugitive husband escape the Nazis.



Steel Magnolias

PG • 1989 • Drama/Comedy • 1h 57m

Saturday, March 14 • 7:00 pm

A young beautician, newly arrived in a small Louisiana town, finds work at the local salon, where a small group of women share a close bond of friendship, and welcome her into the fold.



The Secret Garden

G • 1993 • Drama • 1h 41m

Saturday, March 21 • 7:00 pm

A young, recently-orphaned girl is sent to England after living in India all of her life. Once there, she begins to explore her new, seemingly-isolated surroundings, and its secrets.



Somethings Gotta Give

PG-13 • 2003 • Comedy • 2h 8m

Saturday, March 28 • 7:00 pm

A swinger on the cusp of being a senior citizen with a taste for young women falls in love with an accomplished woman closer to his age.



Carl Howk enjoying Beignets in the Pub



Barbara Di Sauro & Wanda Atkinson at Beignets in the Pub



Rosalee & Jim Neill dancing in the Parlor



Residents enjoying the Fat Tuesday Party

Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

Uniquet "Bulletin Board"

The Uniquet Community App has an interactive module called the *Bulletin Board*. It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

New Resident(s)

Donald Rhame
Apartment 1119

Free Transportation to Stores:

Kroger

Every Wednesday • Depart Lobby at 9:30 am

Walmart & Publix

Alternating Wednesdays • Depart Lobby at 1 pm

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am

Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck

1st Thursday • 10:00 am • Admin. Conf. Rm

Development Chairperson: George Beck

4th Thursday • 10 am • Admin. Conf. Rm

Quarterly: January, April, July, October

Dining Chairperson: Ian Davies

1st Wednesday • 10:00 am • Admin. Conf. Rm

Library Chairperson: Pat McMahon

2nd Monday • 1:00pm • Executive Conference Rm

April - July - Oct.

Marketing Chairperson: Marianne Beck

3rd Wednesday • 10:30 am • Admin. Conf. Rm

Programming Chairperson: Kathleen Sheil

2nd Wednesday • 3:00 pm • Admin Conf Rm

RAC President: Marianna Gebara

3rd Thursday • 10:00 am • Admin Conf Rm

January 2026 Honorariums & Memorials

Donated in Memory of:

Betty Cox
Arja Forester
Arja Forester
Myrtle Page

Donated by:

Donald & Mary Dale Kea
Donald & Mary Dale Kea
Anonymous
Anonymous

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated annually on the Recognition Board. To make a gift, please make your check payable to the Navicent Health Foundation, and indicate if you would like your gift applied to the Carlyle Place Resident Assistance Fund, Watkins Employee Scholarship Fund, or to the Carlyle Place General Fund. Mail to 3330 Northside Drive STE 100, Macon, GA 31294-9646. You may contact Tarver Perry at 478.633.7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.



Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Laney Doster:
Laney.Doster@advocatehealth.org

Take 3 for Wellness: Loss of Smell and Taste

Written by Tonya Wilson

Did you know that your senses of smell and taste are closely connected? As we age, these senses can naturally change, and you may find that certain foods aren't as flavorful as they used to be. What we call "flavor" is based on five basic tastes: sweet, salty, bitter, sour, and savory. These flavors — plus the sensations of heat, coolness, and texture — combine inside the mouth to provide a sense of taste. Along with taste, the smell of food is part of what makes up flavor.

When food tastes bland, you might consider adding more flavor, such as herbs, spices, or citrus. Adding more salt or sugar may not be a healthy solution, especially if you have medical problems such as high blood pressure or diabetes.

Many factors can cause you to lose your sense of taste including temporary illnesses such as a cold or Covid, as well as alcohol consumption and smoking. Other factors include aging, salivary gland issues, medical diagnoses including Dementia and Parkinson's as well as certain medications. These medications may include cancer treatments, certain antibiotics, blood pressure drugs (ACE inhibitors, beta-blockers, diuretics), antidepressants, statins, antihistamines, and even over-the-counter pain relievers like ibuprofen or acetaminophen. The reasons behind this include: the Drugs can directly impact taste receptors or the nerves that send signals to the brain and they can also alter the chemical makeup of your saliva. Medications do not affect everyone the same way and although some may diminish you sense of taste others may alter it by making food taste bitter or metallic.

A strong link exists between taste and smell; if your sense of smell is affected, taste suffers too. Your sense of smell may fade as you age as well. When you can't smell, it can also alter how food tastes making it seem more bland and also making it more difficult to tell if it has spoiled. The same factors that can affect your sense of taste can affect your sense of smell.

If you suspect medication may be affecting your taste and smell, discuss your concerns with your doctor. They may be able to offer an alternative medication. Do not stop taking any medication without consulting with your doctor first.

February's Employee of the Month: Eve Toles



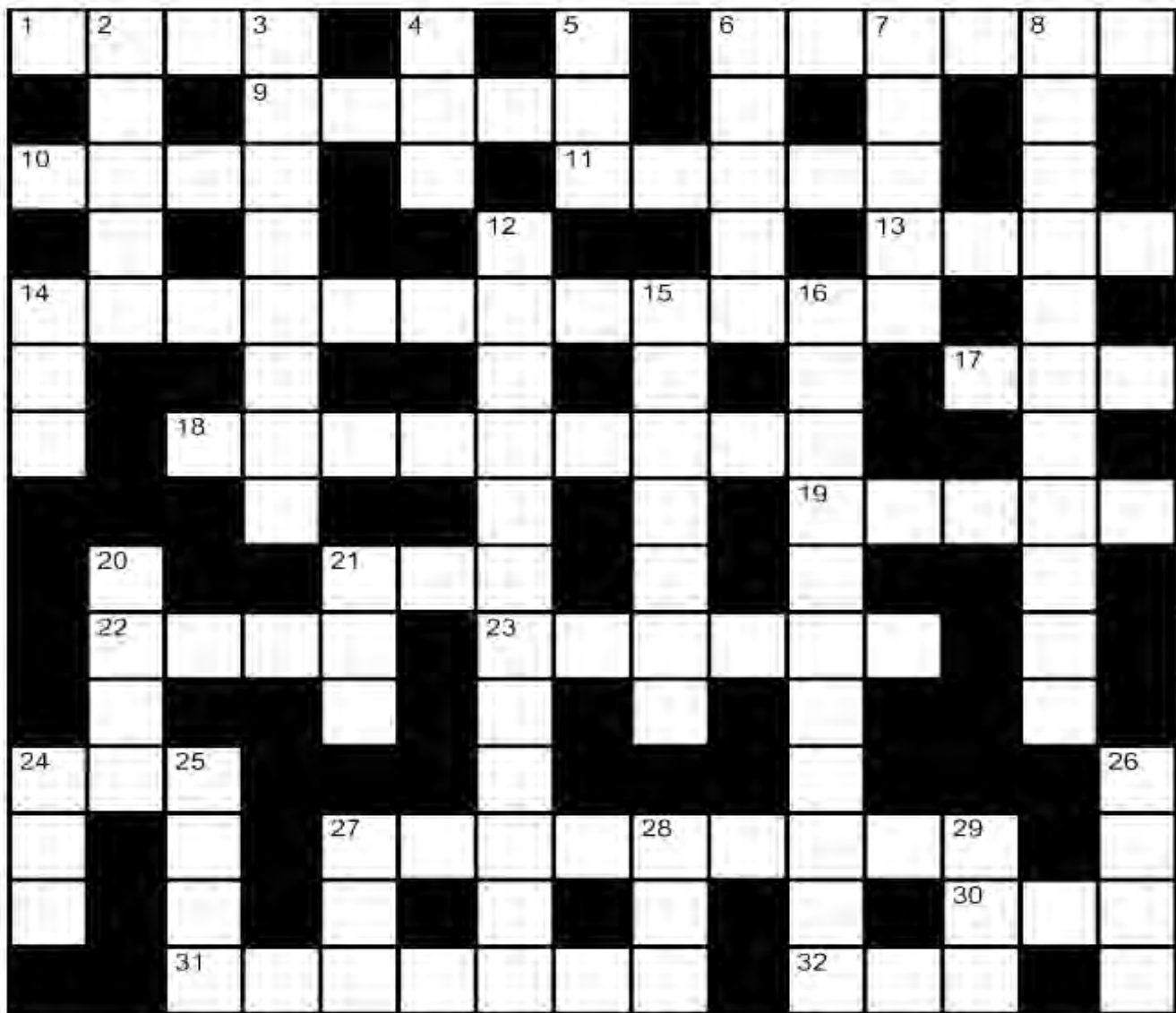
Carlyle Place is proud to recognize Eve Toles as our February Employee of the Month! For 24 years, Eve Toles has been a steady heartbeat of Carlyle Place. Serving as both Schedule Coordinator and CNA in our Health Services department, Eve brings organization, compassion, and an unwavering commitment to every role she touches. She has a gift for building genuine relationships, whether she's supporting her colleagues behind the scenes or spending meaningful time with residents.

Originally from Juliette, Georgia, Eve is a proud mother of two children: Kierra (26) and DeAndre (12). Outside of Carlyle Place, she enjoys traveling, listening to music, and making memories with family and friends. You'll often find her cheering the loudest at her sons' sporting events.

Eve's longevity, dedication, and heart for people make her an irreplaceable part of our community. We are grateful for her many years of service and proud to recognize her as Employee of the Month.

Crossword Puzzle

Use clues to fill in the Crossword • Answers on Pg. 17



Across:

1. ____ back: reimbursed 6. Salt mineral 9. Weather bureau tool 10. Walk in a line: single ____
 11. Fine dinnerware 13. TV Guide span 14. Company's central office 17. Suffix with ideal
 18. Puts into print 19. English exam finale, often 21. Best friend forever, abb. 22. Skunk's
 defense 23. On the move 24. 1950s music genre from Jamaica 27. Bringing into being
 30. Days of ____ Lives 31. Study in depth 32. Affirmative action?

Down:

2. She falls down a rabbit hole 3. Awful; ghastly 4. Driver's license and others 5. Mythical
 monster 6. Another name for backbone 7. Makes a sketch 8. Comprehends; grasps
 12. Adequate 14. "Living high on the ____" 15. Casual, short-sleeved tops 16. Dinner ar-
 rangement 20. Chopsticks alternative 21. Sis's male sibling 24. Wild blue yonder
 25. Operatic solo 26. Card between "flop" and "river" in hold 'em 27. Cause of sleep disturb-
 ance for a princess 28. Operate 29. Zeus, for one

February Employee Anniversaries

1 Year

Jocelyn Franklin

Antonio Harris

Devon Astin

Cleopatra Melvin

2 Years

Kalai English

3 Years

Tiffany McCarty

Estephanie Rodriguez

4 Years

Laura McMaster

5 Years

Meredith Ransom

6 Years

Martha Jackson

9 Years

Bridget Martin

10 Years

Shane Jones

11 Years

Trena Raines

12 Years

Miriam Polhill

15 Years

Rosalyn Evans

18 Years

Catherine Holliman

Public Computer Announcement

When using the computers on the second floor, please be sure to close out all of your windows when you are finished. Leaving windows or tabs open puts you at risk of personal information being leaked or stolen.

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
	Cell - 478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Famous March Birthdays

Jean Harlow (actress) – March 3, 1911

Eva Mendes (actress) – March 5, 1974

Michelangelo (artist) – March 6, 1475

Diane Arbus (photographer) – March 14, 1923

Ruth Bader Ginsburg (jurist) – March 15, 1933

Nat King Cole (jazz musician) – March 17, 1919

Queen Latifah (entertainer) – March 18, 1970

Reese Witherspoon (actress) – March 22, 1976

Quentin Tarantino (director) – March 27, 1963

Bobby Fischer (chess prodigy) – March 9, 1943

Trivia

To receive a bonus point for Trivia for the month of March, you must solve this riddle. Email your answer to Laney.Doster@advocatehealth.org by March 10th! Riddle: I follow the rain but never get wet. I'm sworn to an end no one's met yet. I glitter with promise, not value or worth. I vanish when found, yet circle the Earth. What am I?

You only receive credit if your answer is correct.

Macon - Mercer Symphony Orchestra Savings

The Macon - Mercer Symphony Orchestra is unique; it pairs musicians from the Atlanta Symphony Orchestra with string students from the Macon center.

MMSO is happy to offer a savings of 30% off per ticket by using code "OVATION" at check-

Celebrating March

World Wildlife Day
March 3

International Women's Day
March 8

St. Patrick's Day
March 17

**Spring Equinox
(Beginning of Spring)**
March 20

National Puppy Day
March 23

Palm Sunday
March 29

Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

BLP - Backlot Players

(478) 994-0443

Website: thebacklotplayers.org

CP - Centreplex

(478) 803-1593

www.maconcentreplex.org/coliseum/ticket-office/

DT- Douglass Theatre

(478) 742-2000

Website: douglasstheatre.myboxoffice.us

FH - Fickling Hall at Mercer University

(478) 301-5470

Website: www.mcduffie.mercer.edu

GOH - Grand Opera House

(478) 301-5470

Website: www.thegrandmacon.com

MCA - Macon City Auditorium

(478) 803-1593

<https://www.maconcentreplex.org/auditorium/>

MLT - Macon Little Theatre

(478) 471-7529

Website: www.maconlittletheatre.org

TM - Theatre Macon

(478) 746-9485

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A Message From Dining: March Delights

As we welcome the gentle breeze and budding blooms of March, our dining team is stirring up just as much excitement indoors as nature is outdoors. This month is sprinkled with sweet treats, savory specials, and fun national food holidays that give us the perfect excuse to celebrate together. Whether you love a good slice of pie, a comforting dish, or a festive themed menu, March has something delicious in store for everyone!

Delicious Dates to Celebrate This Month:

March 2 - National Banana Cream Pie Day - Enjoy a creamy slice of banana bliss in the Dining Room.

March 3 - National Cold Cuts Day - Stop by the Bistro for delicious cold-cut subs.

March 6 - National White Chocolate Cheesecake Day & National Oreo Day - Treat yourself to a specialty cheesecake dessert in the Dining Room.

March 9 - National Meatball Day & National Crab Day - Grab a hearty Meatball Sub in the Bistro and pick up refreshing crab salad at the salad bar in the Dining Room.

March 17 - Irish-Inspired Menu Day - Celebrate St. Patrick's spirit with an all-day Irish-themed menu in the Dining Room.

March 20 - National Ravioli Day - Kick off Happy Hour in the Pub with fried ravioli.

March 23 - National Chip & Dip Day - Snack on classic chips and dip in the Pub during Happy Hour.

March 25 - National Pecan Day - Don't miss a slice of pecan pie in the Dining Room.

March 28 - National Black Forest Cake Day - Enjoy a Black Forest cake parfait for dessert in the Dining Room.

March 4 - National Pound Cake Day - Treat yourself to a generous slice of pound cake in the Dining Room.

March 10 - National Ranch Dressing Day - Dip into Ranch-themed Happy Hour snacks in the Pub.

March 11 - National Chicken Parm Day - Head to the Bistro for a warm, crunchy Chicken Parm Sandwich.

March 18 - National Oatmeal Cookie Day - Sweet, chewy oatmeal cookies await in the Dining Room.

March 24 - National Cheesesteak Day - Celebrate with Pretzel Cheesesteak Bites during Happy Hour in the Pub.

March 27 - World Whiskey Day - Raise a glass with a whiskey cocktail available in the Pub.

March 29 - National Clam Day - The Bistro will be serving a tasty fried seafood basket with clam strips, oysters, and shrimp.

Weekly Event: Coffee & Conversations - Every Wednesday at 9:30 AM in the Library. Sponsored by Dining.

New Resident: Diane Brewer

Written by Mary Dempsey



Diane Brewer was born and spent her early years in Kansas. She attended the University of Kansas, where she majored in medieval history and minored in art history. Here is where she met her husband, Curtis. Together, Curtis and Diane raised two children- a son who now lives in Macon and a daughter in Denver. Today they enjoy five grandchildren.

Curtis' 30 year career in commercial real estate kept the family on the move. Their marriage has been marked by many relocations, including time spent in Germany, Virginia, Missouri, Illinois, New York, and Michigan, before settling for four decades in New Mexico. In 2013, the Brewers made Macon

their home. The couple moved to Carlyle Place in December 2025. Diane resides in apartment 2207 and Curtis in Cambridge Court.

Diane describes herself as a professional volunteer, a title well earned through decades of skilled and purposeful service. She volunteered for several organizations including United Way, Girl Scouts, Junior League and served on the board of a public library in New Mexico. While serving on that library board, she led a team of volunteers curating a remarkable private collection of rare and valuable books that had been bequeathed to the Albuquerque Museum Foundation. This was a two-year project that insured the collections preservation and accessibility. As a lifelong lover of books she was deeply involved in library work wherever she lived. Diane developed and wrote an educational program for elementary school students tracing the history of books from their earliest forms to the present day. This program was presented in schools throughout the community.

During her 40 years in New Mexico, her leadership and passion for the arts flourished. She was treasurer, chairman of the board of the New Mexico Symphony Orchestra, and chaired the search for the music director.

Diane has a long-standing love of needle point; an interest that blossomed into a small design business. For nearly 10 years, she painted needlepoint canvases, selling her designs through in-home shows and special commissions.

While her artistic talents are many, her true passion is duplicate bridge. As a dedicated and highly skilled player, she has served as both president and secretary of Macon's duplicate bridge club and continues to play regularly, including online games twice a week with her longtime friend from New Mexico. As a Ruby Life Master with more than 2000 points, bridge remains a vibrant and rewarding part of her life.

Diane is an avid reader so you may run into her in our Carlyle library. If you frequent the second floor hallway of the East Wing, you most likely have seen her working on the community jigsaw puzzles. Stop by and introduce yourself to this interesting new resident. You'll be glad you did!

I SPY - March 2026

"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.

I Spy... a resident who joined the Carlyle Place family just a couple of years ago and has already made an extraordinary impact. Through conversations with fellow residents, he quickly discovered a shared enthusiasm for a subject he knows—and loves—exceptionally well: the weather! Soon after moving in, Mr. Jim Kovarik approached us with a thoughtful and forward-thinking idea: installing a weather station right here on campus. Thanks to his initiative, leadership was delighted to make it happen, and now we are entering our second spring season benefiting from this remarkable technology at your fingertips.

If you haven't explored it yet, you can access the Carlyle Place Weather Station & Pollen Report directly through the Uniguest app. We are truly grateful to Mr. Kovarik for bringing this invaluable resource to our community. His curiosity, passion, and commitment have enriched campus life in a meaningful, lasting way.

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (Leadership Reports and new Resident introductions). The formats are:

Week 1: Connect to Purpose—Employee Anniversaries and Resident Life Monthly Activities

Week 2: [Rehab](#) Updates/Reminders and Committee Report

Week 3: Take 3 for Wellness, Marketing Minute and Snapshot (Quarterly: Jan, Apr, July, Oct)

Week 4: Committee Report, New Employee Introductions/Employee of the Month and RAC Report

Week 5 (March, June, September, December): Healthcare Updates/Reminders and CP at Home Updates/Reminders

2026 Committee Report Schedule:

Building & Grounds:	1/13;	4/14;	7/14;	10/13
Library:	1/27;	4/28;	7/28;	10/27
Development:	2/10;	5/12;	8/11;	11/10
Marketing:	2/24;	5/26;	8/25;	11/24
Dining:	3/10;	6/09;	9/08;	12/08
Programming:	3/24;	6/23;	9/22;	12/22

**Tuesday following quarterly CP Board meetings, Resident Board Member will report.

March Birthdays

Moses Alexander	3/01
Anne Cole	3/02
Edna Reed	3/04
Edith Schwartz	3/05
Marianne Beck	3/06
Emily Bredeson	3/12
Lenore Sell	3/12
Christine Stephens	3/14
Ethel Cullinan	3/14
Nancy Schiltz	3/24
Carolyn Bruner	3/28
Richard Raggi	3/30

Carlyle-at-Home

John Cassidy	3/01
Kitty Van De Water	3/04
Betty Luce	3/06
Nita Tidwell	3/09
Tom Jones	3/21

Carlyle Place Roundtable: Matt Chalfa on the Ocmulgee National Park & Preserve Initiative

Written by Ann Tift



Matt Chalfa, Director of Strategic Planning for the Ocmulgee National Park and Preserve Initiative, joins the Roundtable on March 25 at 4:00 pm in the Activity Rooms. His regional plan along the river corridor supports the creation of Georgia's first National Park and Preserve. At the Roundtable he will discuss ongoing efforts as well as the issues and opportunities that have arisen from the strategic planning process.

Matt grew up in Macon, attended Central and Westside High Schools, then St. Andrew's College in North Carolina. He earned a Master's degree in Preservation Studies from Boston University. As Director of Preservation Field Services at the Historic Macon Foundation, Matt worked on a variety of community and neighborhood development projects and ran the Foundation's historic rehabilitation tax credit program.

Answers to Crossword Puzzle

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March Library Display: Books by Local Authors

Written by Library Committee

The March Book Display celebrates Georgia Authors. These books include biographies, autobiographies, novels and mysteries. Several are by current and previous Carlyle Place residents (Richard Davies, Mary Dempsey, Kirby Godsey, Joan Huffman, Kay Rickenbaugh and Edith Schwartz. March books include:



Kay Rickenbaugh, *Dear Tallulah*. In Kay's debut novel, Emily, a retiree, moves to a group retirement home, expecting a quiet and orderly life. However, life isn't as quiet as she thought it would be.



Jaclyn Weldon White, *Mockingbird in the Moonlight*. A multi-layered, riveting plot involves potential suspects in this fast-paced murder mystery located in Macon.



Edith Schwartz, *These Things I have Spoken unto You*, and *Under a Juniper Tree*. Two compelling books that relate events, thoughts and experiences from her spiritual journey.



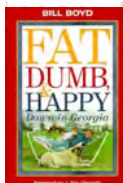
Otis L. Scarbary, *Ollie's Dilemma*, resolves a mystery surrounding his best friend's alleged crimes and his learning that he has a daughter from a past affair.



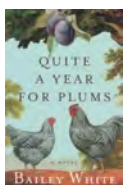
Mary Dempsey, *Little Bit of Fiction Little Bit of Fact*. A collection of short stories based loosely on her life experiences.



Nancy Anderson, *More than Mere Money: The Life of Dorothy Lewis* is a compelling biography of a prominent Macon citizen who, through careful investing and saving, left a Foundation that benefits generations.



Bill Boyd, *Fat, Dumb & Happy Down in Georgia* A book of humor, wit and wisdom by a former Marine veteran and journalist for the Macon Telegraph.

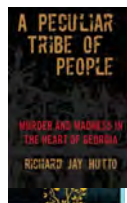


Bailey White, *Quite a Year for Plums* is a National Bestseller novel about chickens, peanuts and pine straw, while at another level is about art, impermanence and freedom.

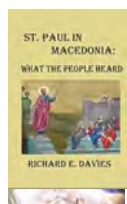
March Library Display Continued...



Ad Hudler, *Southern Living: A Novel*. On the eve of the all-important Dogwood Festival, the lives of three disparate women converge in a brilliant comedy of Southern manners.



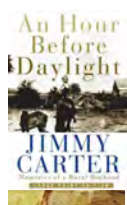
Richard Jay Hutto, *A Peculiar Tribe of People: Murder and Madness in the Heart of Georgia*. A true-crime page-turner described as a fascinating tale of murder and decep-



Richard Davies, *St. Paul in Macedonia: What the People Heard* is a study of the people of Macedonia and how St. Paul spoke to their complex and diverse needs.



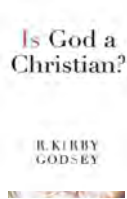
Ed Oliver, *Sam in Full: The Story of a Harris County Legend* captures the real essence of story-telling in a southern deer camp



Jimmy Carter, *An Hour before Daylight*. An autobiography describing President Carter's memories of a rural boyhood.



Robin Dance, *Journey Guide for all who Wander*, supports readers as they navigate their spiritual journey and reflect on their faith.



R. Kirby Godsey, *The God Particle, & Is God a Christian?* The first of these books explores relationships between science and faith. The second book describes major religions' competition for the world stage, Christians' belief that God is on their side and that God is a Christian. Godsey asks if that assumption is true and the need to foster an open conversation among world religions.



Millard Fuller, *A Simple, Decent Place to Live & Bokotola* describe how Millard and Linda Fuller turned their life in a new direction to building houses for poor people in Africa and South Georgia and founding Habitat for Humanity and The Fuller Center for Housing.



David Snell, *The Vision at Work*, describes the dreams of Clarence Jordan to build a ministry based on grass-roots Biblical principles that, with Millard Fuller and his wife, Linda, grew into a worldwide movement to build homes for the poor.



Bob Pluta & Boonie Nable at the Girl Scout Cookie Event
Submitted by Bob Pluta



Ann and Harold Rambusch at Cocktails with Alex & Simmi
Submitted by Bob Pluta



Diane Walcott, Virginia Stephens, Carol Hopp, and
Marianne Beck at the Ladies Luncheon



Betty Butler, Peggy Miller, and Rhonda Koplin
at the Fat Tuesday Party



Barbara Di Sauro at Cocktails with Alex & Simmi
Submitted by Bob Pluta



Jo Banks and Maribeth Lowe at the Fat Tuesday Party