

The Carlyle Chronicle

Inside:

Activities

Page 2 - 5

Movies

Page 7

Committees

Page 8

Honorariums

Page 9

New Residents

Page 10-11

In Bloom

Page 13

July Library

Displays

Page 14

Employee

Anniversaries

Page 15

July Birthdays

Page 16

Pet of the Month

Page 18

Scam Article

Page 19

Pictures

Page 20

An Independence Day Coincidence

John Adams and Thomas Jefferson had much in common. Both were instrumental in the authoring and adoption of the Declaration of Independence and were the country's second and third presidents, respectively. They also shared a death date—both died on July 4, 1826. That was also the date of the 50th anniversary of when the Declaration of Independence was approved by the Continental Congress. Five years later, our fifth president, James Monroe, died on July 4. Just a coincidence, or is there more to the story?

Fifty years to the day after the Declaration of Independence was adopted, two founding fathers, John Adams and Thomas Jefferson, lay on their deathbeds 500 miles apart. Adams was 90 when he suffered the heart attack that was his demise, and Jefferson had been in declining health for years before dying at age 83. On what was their final Independence Day, Adams was at his home in Quincy, Massachusetts, when he uttered his last words, "Thomas Jefferson still survives." But what he didn't know was that his old friend and political foe had died hours earlier at his Monticello estate in Virginia.

When James Monroe, our fifth president, died on Independence Day five years after the deaths of Adams and Jefferson, a profound, yet predictable question presented itself: was this a matter of chance or a matter of fate? Three of the first five presidents, all founding fathers, had died on the anniversary of their country's independence. The nation was buzzing, with newspapers everywhere reporting it as a remarkable—even extraordinary—coincidence. The New York Evening Post, a paper established by founding father Alexander Hamilton, referred to it as a "coincidence that has no parallel."

Enjoy your Independence Day this year while pondering this historical trivia.

Recurring Activities

Happy Hour

Monday - Friday • 5:00 - 6:00 pm • The Pub
Saturdays • 5:00 - 7:00pm • The Pub
Will not occur on Friday, July 4

Have You Heard

Tuesdays • 11 am • The Grande

Attend this weekly town hall-style meeting to stay up-to-date on information about what is happening at Carlyle Place.

Line Dancing

Mondays • 3:00 pm • Group Fitness Rm

Trivia

2nd Tuesdays • 4:00 pm • The Grande

Trivia popularity has forced a move to the Grande to accommodate more teams for this rowdy, competitive game where teams of five or less compete for prizes. Sign up in the Uniguest App and note if you are in search of a team.

Coffee & Conversation

Wednesdays • 9:30 am • The Library

Tie Blankets for Children

Fridays • 10:30 am • Activity Room B

This weekly group service project assembles blankets for patients at the Atrium Health Levine Children's Beverly Knight Olsen Children's Hospital. Will not occur on July 4.

Bark in the Park

Friday, July 11 & 25 • 10:00 am • Dog Park

Bring Fido to the dog park for a canine meet and greet.

Communions

Episcopal - Mon., July 7 - Act. Rm A • 10:00 am
Episcopal - Thurs., July 17 - Act. Rm A • 10:00 am
Methodist - Thurs., July 17 - Act. Rm A • 1:00 pm
All are welcome to attend Methodist & Episcopal Communion.

BUMs Breakfast

Saturday, July 19 • 8:30 am • The Grande

Warren Selby, who constructed the pickleball courts at the Macon Mall, will discuss how the project was developed.

Catholic Mass

Tuesday, July 22 • 2:00 pm • Activity Room A

Out & About

Half Pint Haven Farm & Lane Packing Lunch & Shopping

Friday, July 11 • Depart Lobby at 9:00 am

Visit Half Pint Haven miniature animal farm before stopping at Lane Packing to shop for fresh produce and lunch. \$5 charge will be billed to your account for entry cost.

Dinner at Iron Rail

Tuesday, July 15 • Depart Lobby at 5:00 pm

Enjoy dinner at this new local restaurant in Bolingbroke, GA.

The Prince of Egypt at Theatre Macon

Thursday, July 17 • Depart Lobby at 6:45 pm

Journey through the wonders of Ancient Egypt as Ramses and Moses, two young men raised together as brothers in a kingdom of privilege, find themselves suddenly divided by a secret past. One must rule as Pharaoh, the other must rise up and free his true people; both face a destiny that will change history forever. Ticket is required.

Shopping at Dillard's

Friday, July 18 • Depart Lobby at 1:30 pm

Enjoy a trip to River Crossing Mall to shop at Dillards.

Hopps & Honey Happy Hour Before the Movie *Honeyland* at Douglass Theatre

Tuesday, July 22 • Depart Lobby at 6:30 pm

Head on over to the Douglass Theatre for Hopps & Honey Happy Hour that is sponsored by Fall Line Brewery and will feature bee-keeper Joe Money of Money's Honey. Free samples will be available during happy hour. Afterwards, watch the Oscar-nominated film *Honeyland* that focuses on a woman using ancient beekeeping traditions to cultivate honey in the mountains of North Macedonia. When a neighboring family tries to do the same, it becomes a source of tension as they disregard her wisdom and advice. Cash or Credit Card is required upon arrival to purchase ticket to the movie.

Out & About

Brunch at Flying Biscuit Cafe

Thursday, July 24 • Depart Lobby at 9:00 am

Enjoy a delicious breakfast/brunch at this new restaurant in downtown Macon, known for their biscuits!

Jekyll & Hyde at Macon Little Theater

Thursday, July 24 • Depart lobby at 7:30 pm

You will be on the edge of your seat for this haunting dive into the duality of human nature with chilling intensity. Witness the transformation of Dr. Henry Jekyll into the monstrous Mr. Hyde as he grapples with his inner demons and the consequences of his scientific experiments. Ticket is required.

Jazz in the Courtyard at Douglass Theatre

Sunday, July 27 • Depart lobby at 6:00 pm

We have a dynamic Duo for the Jazz In The Courtyard finale! Join us one last time for Macon's coolest outdoor music series with the smooth sounds of Ken Trimmins & Alphonso Thomas! Please bring your lawn chairs and enjoy.

Visit Jimmy Carter Library & Lunch at the Swan Coach House

Thursday, July 31 • Depart lobby at 8:30 am

Tour the Jimmy Carter Presidential Library and Museum before dining for lunch at the Swan Coach House. Lunch, a transportation fee and a \$10 admission charge will be billed to your account for the trip.

Amerson Park Outing



Demme Pluta, Paula McGlamery, & Rob Gardiner
Pose as they walk by the Ocmulgee River



Nalini Isaac, Holly Ertel, Patti Kunselman & Elaine Davies
enjoy a stroll at Amerson park

Summer Traditions at Carlyle Place



Planting container gardens at Arts and Crafts



Residents enjoying a good ole Macon Bacon baseball Game

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App

In-House Events

Watermelon Social

Wednesday, July 2 • 3:00 pm • Activity Rooms

Enjoy a slice of watermelon with friends and cool off from this Georgia heat!

Healthcare Tour

Thursday, July 3 • 10:00 am • Healthcare Hallway

Sign up on Healthcare Row to tour our Healthcare neighborhoods. Questions about this important part of our community will be answered by Morgan Cook. Space is limited.

Harmonica Performance & Red, White, & Blue Happy Hour

Thursday, July 3 • 5:00 pm • The Pub

Listen as the Carlyle Place Harmonica group perform at this specialty happy hour. A specialty drink will be served.

Tech Tutoring with Caleb

Sundays, July 6, 13 & 27 • 4:00 pm • The Parlor

Caleb Varnadore volunteers his time to help residents with technology issues or questions. Bring your own device.

Raspberry Happy Hour

Tuesday, July 8 • 5:00 pm • The Pub

Sip on a raspberry specialty drink in celebration of National Raspberry Day.

Broad River Therapy:

Wednesday, July 9 • 11:00 am • The Grande

Join our in house therapists as they give a presentation on a topic related to your health and wellbeing.

Flannery O'Connor at 100 with Dr. Monica Miller

Wednesday, July 9 • 7:00 pm • The Grande

Dr. Monica Miller, ass. professor at Mid GA State University, will speak about southern gothic writer, Flannery O'Connor, who lived in Milledgeville at her farm named Andalusia. O'Connor would have turned 100 this year. This presentation will be an introduction to the author, her work, and why she's still relevant today. Dessert bar to follow.

Middle GA Library Representative

Friday, July 11 • 3:00 pm • The Parlor

Yufiel Franklin will help residents download books, sign up for library cards, & assist with other library needs.

Combat Experience in the Middle East with Rob Hunt

Tuesday, July 1 • 7:00 pm • The Grande

Major Rob Hunt, Army pilot of AH-1 Cobras, OH-58 Scouts, MD530 Little Birds, UH-60 Blackhawks in Special Operations, UH-1 Hueys, Bell-412s, SK/61s and fixed wing crafts, will be here to discuss his experiences in the Middle East. Dessert reception to follow.

Happy Meal Happy Hour

Tuesday, July 15 • 5:00 pm • The Pub

Drive-thru Resident Life's Happy Meal pick up line in the Grande for a burger/hotdog meal with a prize.

Chair Volleyball

Thursday, July 17 • 3:00 pm • The Grande

Bring your competitive spirit and be prepared to laugh until your side hurts! No skill necessary.

Painting Tutorial: Rower's Ripples

Thursday, July 18 • 2:00 pm • Back Room Studio

Follow along a painting tutorial as you paint a nautical scene.

Birthday Bash with Ken Trimmins

Monday, July 21 • 7:00 pm • The Grande

Celebrate July & August birthdays! Cake and ice cream will be served. All are welcome! Ken Trimmins will perform.

Teresea Latham on Baseball in the Caribbean

Wednesday, July 23 • 7:00 pm • The Grande

Teresa Latham will take you on a journey to the Caribbean and discuss the sport of baseball in this region. Dessert bar to follow.

Arts & Crafts: Coasters

Thursday, July 24 • 3:00 pm • Activity Room A

Create a personalized coaster to take home and enjoy.

Tequila Happy Hour

Thursday, July 24 • 5:00 pm • The Pub

Celebrate National Tequila Day with a specialty tequila drink.

Beer BINGO

Monday, July 28 • 4:00 pm • Seasons Dining

This game of Bingo for beer lovers is a way for adults to enjoy beer and fun with friends! This activity is limited to 18 seats and participants are chosen by lottery.

BINGO

Tuesday, July 29 • 3:00 pm • The Grande

Bring your correct change to "rent" \$1 BINGO cards for cash winnings. Four games will be played.

Artificial Intelligence with Joe Finklestein

Tuesday, July 29 • 7:00 pm • The Grande

Joe Finklestein will speak on artificial intelligence (AI) and how it affects our world today. Is it a blessing or a curse. Dessert bar to follow.

Unless otherwise noted, sign ups for indicated activities will be through your Uniquet App.

Resident Led Activities

Pickleball Play & Instruction

Monday, Wednesday, Thursday & Friday at 8:00 am

Poker

Mondays · East Wing Game Room · 1:00 pm

Sundays · East Wing Game Room · 2:00 pm

Facilitated by Walter Barnett: 478-238-5392

BYOP (Bring Your Own Project)

1st, 2nd, 3rd & 5th Mondays · Activity Rm A · 1:30 pm

Bring an individual project (craft, painting, needlework, etc.) to work on with friends. Or just come to fellowship with friends—new and old!

Beginners Clogging with Elaine Davies

Wednesdays · Group Fitness Rm · 3 pm

Joker

Tuesdays · The Pub · 7:00 pm

Wednesdays · East Wing Game Rm · 2:00 pm

Rummikub

Tuesdays · East Wing Game Rm · 6:30 pm

Saturdays · The Pub · 7:00 pm

Party Bridge

Tuesdays · The Pub · 1 pm

The Harmonica Group

1st & 3rd Wednesdays · Back Rm Studio · 4:00 pm

Join this starter group of aspiring harmonica musicians who are learning how to play. All newbies are welcome.

Sequence

Thursdays · East Wing Game Rm · 6:30 pm

Duplicate Bridge

1st, 2nd, 4th & 5th Thursdays · 1:15 pm · The Pub

Facilitated by Rae Scott: 478-474-3116

Canasta

Thursdays · East Wing Game Rm · 1:30 pm

MahJongg

Fridays · West Wing Game Room · 1:00 pm

Will not occur on July 4.

Worship

Sundays · The Grande · 11:00 am

Billiards for Ladies

Sundays · Pool Table · 2:30 pm

Facilitated by Leonora Raggi: 478-993-6014

Mexican Train Dominoes

Sundays · The Bistro · 6:00 pm

Facilitated by Walter Barnett: 478-238-53

Coloring Workshop

Tuesday, July 1 · Activity Rm A · 3:00 pm

No experience is necessary and no supplies are needed. Relax and learn adult coloring techniques with special seasonal projects with Debra Collins. Sign up on the app.

Food Pantry Bag Project

Thursday, July 3 · Activity Room A · 2:00 pm

Help support the St. Peter Claver Food Pantry by volunteering for this worthy cause.

Paper Craft Workshops

July 7, 16 & 25 · Back Room Studio · 2 - 4 pm

Learn new Paper Craft skills and/or completing projects. Contact Magda Morris or Marty Reese for information. Sign up on the app.

Book Club

Thursday, July 10 · Activity Room A · 11:30 am

July's book selection is *Miss Austen* by Gill Hornby. Sign up on the app.

Bingo with Bingo Bob

Sat., July 12 & 26 · The Pub · 4:00 pm

Join Bob & Demme Pluta for Bingo! \$5 for 5 games, please bring correct change. Sign up on the app.

The Artful Touch with Debra:

Watercolor Class

Sunday, July 20 · Back Rm Studio · 2:30 pm

Participate in this step-by-step tutorial project to learn basic watercolor techniques and create a finished painting. No experience necessary. All skill levels welcome. No supplies needed. Class limited to 12 participants.

Pondering the Story with Elaine Davies

Mon., July 21 · Admin Conf Room · 2:30 pm

Luke 15:1-10 The Good Shepherd and the Good Woman

Prepare Lunches for Loaves & Fishes

Monday, July 21 · Activity Room A · 2:30 pm

Sign up on the Uniguest App to help with this monthly service project.

The Artful Touch with Debra:

Creative Ways to Fill a Sketchbook

Sunday, July 27 · Back Rm Studio · 2:30 pm

There's more to filling a sketchbook than drawing. Learn unique and creative ways to fill a sketchbook using a variety of mediums. No experience is needed and all skill levels are welcome. See Cele in Resident Life to purchase your necessary sketchbook. Class is limited to 12 participants.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Take 3 for Wellness: Cataracts

Submitted by Tonya Wilson

Cataracts occur when the lens in your eye that is normally clear, becomes cloudy from natural proteins that build up over time. The lens, where cataracts form, is positioned behind the iris, colored part of your eye. The lens focuses light that passes into your eye, producing clear, sharp images on the retina. As you age, the lenses in your eyes become less flexible, less transparent and thicker. Age-related and other medical conditions cause tissues within the lens to break down and clump together, clouding small areas within the lens. As the cataract continues to develop, the clouding becomes denser and involves a bigger part of the lens. A cataract scatters and blocks the light as it passes through the lens, preventing a sharply defined image from reaching your retina. As a result, your vision becomes blurred.

Cataracts generally develop in both eyes, but not evenly. The cataract in one eye may be more advanced than the other, causing a difference in vision between eyes.

Signs and symptoms of cataracts include:

- Clouded, blurred or dim vision
- Increasing difficulty with vision at night
- Sensitivity to light and glare
- Need for brighter light for reading and other activities
- Seeing "halos" around lights
- Frequent changes in eyeglass or contact lens prescription
- Fading or yellowing of colors
- Double vision in a single eye

Factors that increase your risk of cataracts include:

- Increasing age
- Diabetes
- Excessive exposure to sunlight
- Smoking
- Obesity
- High blood pressure
- Previous eye injury or inflammation
- Previous eye surgery
- Prolonged use of corticosteroid medications
- Drinking excessive amounts of alcohol

Once the cataract grows to the point that your vision has decreased enough to cause you problems, the treatment is surgery. Cataract surgery involves removing the clouded lens and replacing it with a clear artificial lens. The artificial lens, called an intraocular lens, is positioned in the same place as your natural lens. It remains a permanent part of your eye. This surgery is generally safe, but You may experience some discomfort for a few days after the surgery. If you have them in both eyes, they will do one eye at a time, allowing time for the first eye to heal before doing surgery on the other. It typically takes about 8 weeks to heal. Remember that annual eye exams should always be a priority. Decreased vision can cause falls and medication errors among other issues.

Movies

We Were Soldiers

R · 2002 · History/War · 2h 18m
Saturday, July 5 · 7:00 pm

The story of the first major battle of the American phase of the Vietnam War, and the soldiers on both sides that fought it, while their wives wait nervously and anxiously at home for the good news or the bad news.



Air Force One

R · 1997 · Drama/Disaster · 2h 4m
Saturday, July 12 · 7:00 pm

Communist radicals led by Ivan Korshunov hijack Air Force One with US President James Marshall and his family on board. Vice President Kathryn Bennett negotiates from Washington D.C., while Marshall fights to rescue the hostages on board.



Pearl Harbor

PG-13 · 2001 · Drama/Tragedy · 3h 3m
Saturday, July 19 · 7:00 pm

A tale of war and romance mixed in with history. The story follows two lifelong friends and a beautiful nurse who are caught up in the horror of an infamous Sunday morning in 1941.



Documentary:

Jimmy Carter Rock 'n' Roll President

NR · 2020 · Documentary/History · 1h 35m
Sunday, July 27 · 7:00 pm

Jimmy Carter's election to the presidency of the United States in 1977 was helped by the links that this fan of pop music had with stars.



Sky Views at Carlyle Place



Western Sunset submitted by Holly Ertel



Double rainbow submitted by Dick Courreges

Girl Scout Tea



Marilyn Ladner, Barbara Scully, Elizabeth Simpson and Nalini Isaac at the Girl Scout Tea

Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

Uniquet "Bulletin Board"

The Uniquet Community App has an interactive module called the *Bulletin Board*. It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

New Residents

Greg Beechler & Camille Vickers
Garden Home 44

Free Transportation to Stores:

Kroger

Every Wednesday · Depart Lobby at 9:30 am

Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am

Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck

1st Thursday · 10:00 am · Admin. Conf. Rm

Development Chairperson: George Beck

4th Thursday · 10 am · Admin. Conf. Rm

Quarterly: January, April, July, October

Dining Chairperson: Rose Butler

1st Wednesday · 10:00 am · Admin. Conf. Rm

Library Chairperson: Pat McMahon

2nd Monday · 1:00pm · Executive Conference Rm

Jan. - March - May - July - Sept. - Nov.

Marketing Chairperson: Jim McInerney

3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Carolyn McInerney

2nd Wednesday · 3:00 pm · Admin Conf Rm

RAC President: Ty Ivey

2nd Thursday · 10:00 am · Admin Conf Rm

May 2025 Honorariums & Memorials

Donated in Memory of:

Jack DeMave

Cathy Ivey

Walter Watkins

Donated by:

Jo Banks

Dick & Penny Courreges

Pat McMahon

Jan Peak

Richard & Leonora Raggi

Sandy & Ronnie Knapp

Susan Hojak

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated annually on the Recognition Board. To make a gift, please make your check payable to the Navicent Health Foundation, and indicate if you would like your gift applied to the Carlyle Place Resident Assistance Fund, Watkins Employee Scholarship Fund, or to the Carlyle Place General Fund. Mail to 3330 Northside Drive STE 100, Macon, GA 31294-9646. You may contact Tarver Perry at 478.633.7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.

Thank You

Saint Peter Claver Catholic Church sends a big thank you for the donations made during our April Canned Food Drive. Carlyle Place donated 814 canned goods and \$125 in monetary donations that went towards the 900 families that Saint Peter Claver serves.



June's Employee of the Month: Stephanie Branch



June's Employee of the Month was Stephanie Branch. Stephanie works in the Stafford Suites neighborhood as a nurse. She has worked at Carlyle Place in this position for 20 years and spent time in all Healthcare neighborhoods, but mostly in Stafford Suites.

Stephanie grew up in Albany, GA and is married to her husband of 19 years. She has two daughters Sara (26) and Haley (25). Some of her favorite hobbies includes reading, walking and going to the beach. She also has a deep love for animals.

When asked what she enjoys most about her job, Stephanie stated "I love getting to know the residents. They make everyday enjoyable." Be sure to congratulate Stephanie on this accomplishment!

New Residents: Edith Schwartz

Written by Kathleen Sheil



We would like to welcome Edith Schwartz who moved from Macon into East Wing Apartment 2012 in April 2025. Edith's home is filled with beautiful antiques, each with a story to tell.

Edith was born in Macon and has one sister, Deena Bailey, who lives in Tennessee. Her father served in World War II. He was a surgeon who worked in the field hospitals and followed Patton. He was a witness to Patton's famous "slap on the cheek" of a sick soldier. Edith enjoyed her years living in Macon, but she also has fond memories of all the summers she spent at her grandparents' home in St. Simons, where she enjoyed swimming, crabbing and playing on the beach.

She had a very good experience during her high school years. She was a class president, a cheerleader, and a sponsor for the boys' fraternity. She was also a Superlative. She did the Grand Tour of Europe the summer of

her Sophomore year.

She married Bert Schwartz on Election Day in New York City at the Marble Collegiate Church. (Norman Vincent Peale's Church). Edith and Bert lived in Macon and had four sons. The family has been expanded to 10 grandchildren, one great-grandson, and two great-granddaughters on the way. Edith and Bert traveled extensively throughout Europe. They traveled the Mississippi on a paddle boat and cruised the Hudson River. They had a fun-filled and exciting life. They were married for 62 years when Bert passed away in 2023.

Edith has been to Israel four times. One time she went with her Bible group. They stayed for three weeks with the Israel Defense Forces where they assisted with administrative projects. They wore uniforms, attended the Flag Raising Ceremony in the morning, slept on uncomfortable cots in the barracks, and ate in the mess hall. If they did not get to the showers by 3:00 pm, there would be no hot water. She also went on a tour of Greece with Beth Moore.

Edith is a true entrepreneur. She and her husband Bert opened a ladies' and children's dress shop called *Jories*. Edith started a wallpaper hanging business called Dove Wallpapering, and a jewelry business called New Creations. In addition, she has published two inspirational books, "These Things I Have Spoken Unto You" and "Under A Juniper Tree." Her real passion is teaching Bible studies, and she has been doing this for over 40 years. She has taught in several churches in Macon, in homes, and out of town. She is planning on starting a Bible study at Carlyle Place in September.

The next time you see Edith stop and say hello. She is a very interesting and personable individual.

New Residents: Carmen Wondergem

Written by Mary Dempsey



Carmen Wondergem came to Carlyle Place in April and stepped right up to the plate ready to be introduced to the community.

Carmen arrived from Pinehurst, North Carolina, and is settling into East Wing apartment 2205. She was introduced to Carlyle by her daughter, Keri and son-in-law, Andy Jones, who reside in Macon. If you have been a Carlyle resident for many years, perhaps you remember Andy's grandmother, Laura Nelle O'Callaghan, one of the first Carlyle residents. Andy remembers as a teenager having lunch with his grandmother at Carlyle many years ago.

Carmen has three daughters – Keri is a stay at home mom raising two children and is an active volunteer serving on several Macon committees. Daughter Kendall lives in Gastonia, North Carolina, where she works in the field of information technology. Catherine, an artist, lives in Georgetown, South Carolina.

Carmen is a graduate of East Carolina University where she majored in education. She completed her education with graduate work at William and Mary, Old Dominion University, and UVA. She taught all elementary grades from kindergarten through junior high. She also taught in both the Gifted Program and the English as a Second Language program.

Along with a successful career and raising three girls, Carmen spent much of her time as caretaker for her husband, Kenneth Wondergem who had cystic fibrosis. He was the oldest cystic fibrosis patient at Johns Hopkins living into his 70s, well beyond the average lifespan for a patient with this disease. The couple was married for 48 years.

Carmen is an avid reader and is happy to have time now to catch up on the books she has been setting aside. She has joined a canasta group and looks forward to the possibility of learning Mahjong. Carmen comes from a musical family and enjoys music but claims to have no talent! She says she has the "audience gene."

You very likely have seen Carmen walking her thirteen year old dog, Snoochie, who was adopted from the Houston County Humane Society. Snoochie had been abused and neglected for eight years and weighed 7 lbs when Carmen adopted her. She now weighs in at a happy, healthy, hefty 20 pounds! Snoochie is blind due to inoperable cataracts but has no problem getting around the apartment and campus.

When you see Carmen and Snoochie out walking, please welcome them to the community.

Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Elizabeth Fletcher at Elizabeth.Fletcher@atriumhealth.org.

Celebrating July

Grilling Month

Family Reunion Month

**Share a Sunset with Someone
You Love Month**

Canada Day

July 1

Tom Sawyer Days

July 1–5

Independence Day

July 4

Collector Car

**Appreciation Day and
Cheer Up the Lonely Day**

July 11

Everybody Deserves a

Massage Week

July 13–19

Moon Day

July 20

Hammock Day

July 22

Paperback Book Day

July 30



Life is too short!

Grudges are a waste of happiness. Laugh when you can, apologize when you should, and let go of what you can't change. Love deeply and forgive quickly. Life is too short to be unhappy!!!

Submitted by Jane Winston

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
	Cell - 478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Famous July Birthdays

In astrology, those born July 1–22 are the Crabs of Cancer. Crabs are emotional nurturers, dedicated to their home and family. Gentle and kind, they love storytelling around the dinner table and enjoy upholding traditions. Those born July 23–31 are the Lion star sign, Leo. Leos are dignified, strong, and powerful, making good leaders and honorable friends. They are also ambitious, reaching for the stars, working hard, and accomplishing their goals.

- P. T. Barnum (circus showman) – July 5, 1810
- Nancy Reagan (first lady) – July 6, 1921
- Michelle Kwan (figure skater) – July 7, 1980
- Milton Berle (comedian) – July 12, 1908
- Harrison Ford (actor) – July 13, 1942
- Phyllis Diller (comedienne) – July 17, 1917
- Don Knotts (actor) – July 21, 1924
- Gracie Allen (comedienne) – July 26, 1895
- Paul Anka (singer) – July 30, 1941

What's Growing at Carlyle Place?



Beautiful Panicle Hydrangeas at the front entrance



Newly planted flower bed in the Lower Level Courtyard



Pan Patty squash grown in Tommy Goings raised garden bed



Fragrant Oriental Lillies in Nalini Isaac's mixed garden bed

Historical Fiction

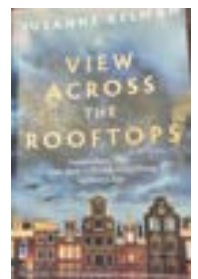
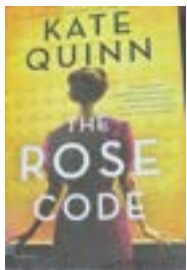
Written by Library Committee

Historical Fiction is a story that takes readers to a time and place in the past. How far back does an author have to go to be considered Historical Fiction? A good rule of thumb is a minimum of 50 years. The idea is to take readers out of the events of their lifetime. Most book lovers agree that Historical Fiction can be the coolest we'll get to actual time travel.

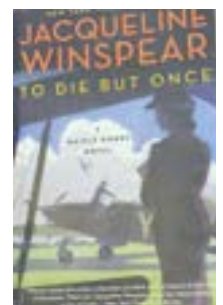
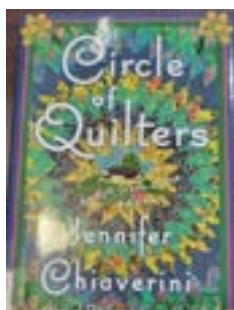
What makes a historical novel believable is its setting. Historical Fiction is set in a real place, during a culturally recognizable time. The details and the action in the story can be a mix of actual events and ones from the author's imagination as they fill in the gaps. Characters can be pure fiction or based on real people (often, its both). But everything about them—their attitudes and look, the way they speak, and problems they face—should match the era. Of course the key to an author getting all of this right is research. Authors are always allowed artistic license, but the most satisfying works of Historical Fiction have been researched down to every scent, button, turn of phrase, and cloud in the sky.

It wasn't until the early 1800s that Historical Fiction emerged as a contemporary genre. Sir Walter Scott was one of the first authors with his novel *Ivanhoe*. By the early 1900s, Historical Fiction was established as a favorite among readers. These days, the events from the 1900s officially qualify as Historical Fiction.

Veranda Library



Parlor Library



Breath of Fresh Air

Please skip the scent, just for today,
Let nature's breeze lead the way.
That spritz you love-though sweet and bold-
Can harm more folks than you've been told.

In crowded rooms or waiting chairs,
The scent you wear floats everywhere.
To you, a bloom-to others, pain-
Tightened chests and dizzy brain.

But let us meet in middle ground,
Where empathy and care are found.
A mask, a filter, or retreat,
May help some find the air more sweet.

Still, kindness asks we both take part-
With open mind and thoughtful heart.
Kindness sometimes wears no smell-
And that, dear friend, can serve us well.



Support Group:

Dementia Support Group

Thurs., July 24 · 1:30 pm · Activity Room A

Trivia

Trivia takes place every 2nd Tuesday for teams of five or less. To receive a bonus point for Pub Trivia in August, one team member from each team must get a signature from Teresa Latham who will be speaking on Baseball in the Caribbean on Wednesday, July 23 at 7 pm in the Grande. You must turn your signature into Cele Minshew by Friday, August 8.

Contact Cele at
Celeste.Minshew@advocatehealth.org.

CP's Fundraising Total For the Alzheimer's Association

The total funds raised during the month of June for the Alzheimer's Association is \$11,686. See the back of the Wellness Calendar for the breakdown of events. Thank you to all who participated in this important annual event.

June Employee Anniversaries

2 Years

Madison Leverett
Abigail Brown

3 Years

Abigail Neesmith
Elnora Robinson
Brayden Stokes

4 Years

Jamesia Waker
Latoye Battle

6 Years

Kathy Richardson

7 Years

Remona Mays

9 Years

Elizabeth Wallace

11 Years

Audrey Anderson

14 Years

Tonya Wilson

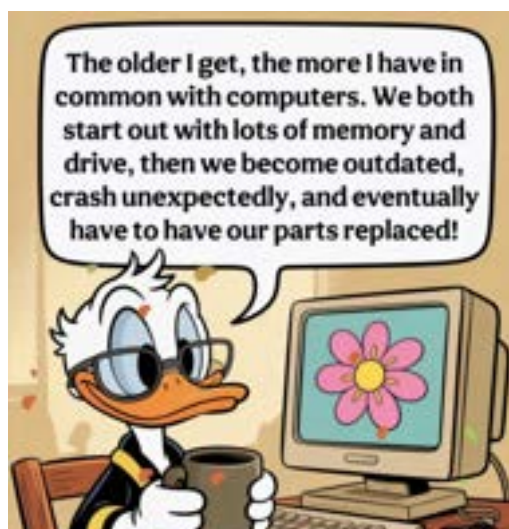
16 Years

Patti Kunselman

I SPY - July 2025

"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.

I spy...a resident who cares deeply for the Carlyle Place community and has spent the last two years serving its residents as the RAC President. Ty Ivey has willingly given his time, attention, and energy to many issues on our campus in an effort to improve various aspects of our community. As his time on RAC comes to an end, please join us in thanking Dr. Ivey for all he has done for RAC and Carlyle Place!



Submitted by Holly Ertel

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I'd Like to Hear, Leadership Reports, and any New Resident introductions). The formats are:

Week 1

Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2

Rehab Updates/Reminders
Committee Report

Week 3

RAC Report
Take 3 for Wellness
Snapshot (Quarterly: Jan, Apr, July, Oct)

Week 4

Committee Report
New Employee Introductions/Employee of the Month
Marketing Minute

Week 5 (January, May, August, October)

Healthcare Updates/Reminders
CP at Home Updates/Reminders

2025 Committee Report Schedule:

Building & Grounds:	7/8	10/14
Library:	7/22	10/28
Development:	8/12	11/11
Marketing:	8/26	11/25
Dining:	9/9	12/9
Programming:	9/23	12/23

July Birthdays

Mary Dale Kea	7/4
Bonnie Hearn	7/19
Carol Goings	7/19
Dorcas Mixon	7/20
Connie Coughlin	7/25
Mike Qualls	7/25
Maxie Walker	7/28
Rock King	7/29
Marianna Gebara	7/30
Bob Walcott	7/31

Carlyle-at-Home

Frank Gibbs	7/8
Ann Tift	7/8
Thomas Talbot	7/11
Beverly Hall	7/12
Terry Price	7/14
David Kalish	7/26
Nan Solomon	7/28
Glennnda Elliott	7/29

June Farm Trips



Sue Stone shows off her freshly picked blueberries



Barbara Hovagimian is ready to dig into peach ice cream at Pearson Farms



Demme & Bob Pluta and Vimal Isaac enjoying peach ice cream at Pearson Farms



Doug Scharp & Ronnie Knapp pick blueberries at Sunshine Farms

Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

BLP - Backlot Players

(478) 994-0443

Website: thebacklotplayers.org

CP - Centreplex

(478) 803-1593

www.maconcentreplex.org/coliseum/ticket-office/

DT- Douglass Theatre

(478) 742-2000

Website: douglasstheatre.myboxoffice.us

FH - Fickling Hall at Mercer University

(478) 301-5470

Website: www.mcduffie.mercer.edu

GOH - Grand Opera House

(478) 301-5470

Website: www.thegrandmacon.com

MCA - Macon City Auditorium

(478) 803-1593

<https://www.maconcentreplex.org/auditorium/>

MLT – Macon Little Theatre

(478) 471-7529

Website: www.maconlittletheatre.org

TM -Theatre Macon

(478) 746-9485

Website: www.theatremacon.com/tickets

July's Pet of the Month: Crystal Alexander



Meet Crystal Alexander, July's pet of the month. Crystal is a bit different than most pets at Carlyle Place - she's a robotic companion pet. Crystal can purr, roll over for tummy scratches and meow as well as other realistic movements. The best thing about Crystal is that she is hypoallergenic and never needs a cat box!

Crystal is named after the Alexander's Persian who belonged to Moses and Priscilla's daughter, Claire. The original Crystal lived a long life as an indoor pet, much like her namesake. The new Crystal spends most of her time with Priscilla in Harrington House. She was given to Priscilla to keep her company. But you will see Moses taking Crystal for walks around the community from time to time. If you see Crystal strolling around Carlyle Place with Moses,

take a moment to stop and pet her so that you can experience her meows and movements as she blinks her eyes and purrs for you like a real cat.

Is battery powered. Attached pictures are the brand and box that it came in. Comes in a couple different colors.

Bake Sale Fundraiser



Thank you to all who baked goods for the Alzheimer's Bake Sale Fundraiser

The Longest Day Walk



Residents & Staff gathered to walk in support of those who battle Alzheimer's disease

How to Recognize Spam Text Messages

<https://consumer.ftc.gov/articles/how-recognize-and-report-spam-text-messages>

Published on July 2022

If you have a cell phone, you probably use it dozens of times a day to text people you know. But have you ever gotten a text message from an unknown sender? It could be a scammer trying to steal your personal and financial information. Here's how to handle and report unwanted text messages.

Spam Text Messages and Phishing

Scammers send fake text messages to trick you into giving them your personal information — things like your password, account number, or Social Security number. If they get that information, they could gain access to your email, bank, or other accounts. Or they could sell your information to other scammers.

Scammers often try to get you to click on links in text messages by promising you something.

Scammers might

- promise free prizes, gift cards, or coupons — but they're not real
- offer you a low or no interest credit card — but there's no deal and probably no card

Scammers also send fake messages that say they have information about your account or a transaction.

Scammers might

- say they've noticed some suspicious activity on your account—but they haven't
- claim there's a problem with your payment information—but there isn't
- send you a fake invoice and tell you to contact them if you didn't authorize the purchase—but it's a scam
- send you a package delivery notification—but it's fake

The messages might ask you to give some personal information—like how much money you make, how much you owe, or your bank account, credit card, or Social Security number—to claim your gift or pursue the offer. Or they might tell you to click on a link to learn more about the issue. Some links might take you to a spoofed website that looks real but isn't. If you log in, the scammers then might steal your username and password.

Other messages might install harmful malware on your phone that steals your personal or financial information without you realizing it.

What to do about spam text messages?

If you get a text message you weren't expecting and it asks you to give some personal or financial information, don't click on any links. Legitimate companies won't ask for information about your account by text.

If you think the message might be real, contact the company using a phone number or website you know is real. Not the information in the text message.



Doug & Dianne Scharp and Hank & Mary Dempsey focusing on their cards at WINEO



Rich McKee speaking at the June Book Club meeting



Virgil Cooper, Barbara DiSauro, Paula McGlamery, Carol Goings, Barbara Scully, Dorothy Reed, & Kate Williams painting in Debra Collins' Watercolor class



Kathleen Sheil, Bob & Carol Hopp, Dennis Collins, Leonora Raggi, Magda Morris, Rose Butler, Barbara Disauro & Rob Gardiner winning chair volleyball on Senior Health & Fitness day



The Chattanooga Boys Choir performing for Carlyle Place



Residents working hard in Tab-Aqua class