

The Carlyle Chronicle

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2025 RESIDENT ADVISORY COUNCIL TIMELINE ELECTION SCHEDULE

Tuesday, May 13th

Candidates will be introduced at Have You Heard. Absentee Ballots will be available at the Concierge Desk for residents who will be out of town on Election Day (May 20).

Tuesday, May 20th

RAC Election of Candidates. Voting Hours: 9:00 a.m. – 5:00 p.m. in the Lobby
Voters will request a secret ballot, vote the ballot, then place the ballot in ballot box, all taking place within the designated voting area.

Wednesday, May 21st

The biographies of the three elected candidates will be displayed in the post office area for one week.

*Candidates, please note: Written forms of “campaigning” are not permitted. All candidates must have been a CP resident for one year prior to running for RAC.

Recurring Activities

Happy Hour

Monday - Friday · 5:00 - 6:00 pm · The Pub
Saturdays · 5:00 - 7:00pm · The Pub
 Will not occur on Monday, May 26 for Memorial Day.

Have You Heard

Tuesdays · 11 am · The Grande
 Attend this weekly town hall-style meeting to stay up-to-date on information about what is happening at Carlyle Place.

Line Dancing

Mondays · 3:00 pm · Group Fitness Rm
 Will not occur on Monday, May 26 for Memorial Day.

Carlyle Choristers Practice

May 5, 6 & 13 · 1:30 pm · The Grande
May 12 · 10:00 am · The Grande
 All are welcome to join our resident choir and make a joyful noise as they gear up for the Spring Concert on Tuesday, May 13 at 7pm.

Pub Trivia

2nd Tuesdays · 4:00 pm · The Pub
 The Pub opens early for this rowdy, competitive game of trivia where teams of five or less compete for prizes. Sign up in the Uniguest App and note if you are in search of a team.

Coffee & Conversations

Wednesdays · 9:30 am · The Library

Tie Blankets for Children

Fridays · 10:30 am · Activity Room B
 This weekly group service project assembles blankets for patients at the Atrium Health Levine Children's Beverly Knight Olsen Children's Hospital.

Communions

Episcopal - Mon., May 5 - Act. Rm A · 10:00 am
Episcopal - Thurs., May 15 - Act. Rm A · 10:00 am
Methodist - Thurs., May 15 - Act. Rm A · 1:00 pm
 All are welcome to attend Methodist & Episcopal Communion.

BUMs Breakfast

Saturday, May 17 · 8:30 am · The Grande
 Resident, Roger Andersen, will speak about the strange things that happen in Area 51.

Catholic Mass

Tuesday, May 27 · 2:00 pm · Activity Rm A

Out & About

Shopping at Dillards

Thursday, May 1 · Depart Lobby at 10:30 am
 Take a trip to shop at Dillard's in the River Crossing Mall.

Volunteer at BackPack Ministry

Friday, May 2 · Depart Lobby at 1:00 pm
 Volunteer for the Backpack Ministry at Forest Hills Church to prepare snacks to send home with deserving children.

Visit & Lunch at Camp Grace

Thursday, May 8 · Depart Lobby at 10:00 am
 Camp Grace, a place created to transform the lives of urban under-served youth with overnight camps by getting them out of the city for overnight stays and showing them unconditional love while speaking hope into their lives, transforms campers while starting to break the cycle of poverty, crime, teen pregnancy and the high school dropout rate. Tour this special place and enjoy lunch with its leader, Dave Pridemore.

Waitress the Musical at Theatre Macon

Thursday, May 8 · Depart Lobby at 6:45 pm
 Jenna, a waitress and expert pie maker, is stuck in a small town and a loveless marriage. Faced with an unexpected pregnancy, Jenna fears she may have to abandon the dream of opening her own pie shop until a nearby baking contest and the town's handsome new doctor offer her a tempting recipe for happiness. Supported by her quirky crew of fellow waitresses and loyal customers, Jenna summons the secret ingredient she's been missing all along — courage. Ticket is required.

Remembering the Battle of Koh Tang at Museum of Aviation

Friday, May 9 · Depart Lobby at 1:00 pm
 Take the bus to Warner Robins for a special event honoring the 50th anniversary of the Battle of Koh Tang, the final battle of the Vietnam War. Hear from distinguished speakers as they share insights on this historic mission.

3rd Thursday Interlude at Saint Joseph Catholic Church

Thursday, May 15 · Depart lobby at 11:15 am
 Dr. Hamilton as he performs majestic organ music at the Third Thursday Interlude.

Breakfast at Flying Biscuit

Friday, May 16 · Depart lobby at 9:30 am
 Enjoy a delicious breakfast/brunch at this new restaurant in downtown Macon, known for their biscuits!

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App

Out & About

Met Opera Live: *Salome* at Douglass Theatre

Saturday, May 17 · Depart lobby at 12:00 pm

Music Director Yannick Nézet-Séguin conducts his first Met performance of Strauss's white-hot one-act tragedy. A psychologically perceptive Victorian-era setting rich in symbolism and subtle shades of darkness and light. Ticket is required.

Music & Arts at

Vineville United Methodist Church

Sunday, May 18 · Depart lobby at 3:15 pm

This concert will feature the Southern Style Quartet, a Women's Vocal Quartet.

Shucked at the Fox

Wednesday, May 21 · Depart Lobby at TBA

There are only 2 tickets left for this off Broadway production.

Jazz on Walnut Street

Thursday, May 22 · Depart Lobby at 6:45 pm

Matt Miller, an Atlanta-based saxophonist, woodwind doubler, teacher, arranger, and composer will be performing at Christ Church. Ticket is required.

Rent at Macon Little Theater

Thursday, May 22 · Depart Lobby at 7:30 pm

Immerse yourself in the raw, passionate musical that captures the struggles, dreams, and resilience of a group of artists and friends in New York's East Village. With an iconic rock score, compelling characters, and themes of love, loss, and living for the moment. Ticket is required.

Trip to Dickey Farms

Friday, May 23 · Depart Lobby at 1:30 pm

Head to Dickey Farms to enjoy fresh produce & ice cream.

Macon Pops: Music with Friends at Museum of Arts & Science

Saturday, May 24 · Depart Lobby at 6:45 pm

Get ready to raise your voices and sing your heart out at "Songs with Friends," a Macon Pops Sing-Along Concert! Ticket is required and can be purchase at bit.ly/MPSongsWithFriends.

Jazz in the Courtyard at Douglass Theatre

Sunday, May 25 · Depart Lobby at 6:15 pm

Jazz In The Courtyard is Back! Join us as we kick off Macon's coolest outdoor music series with the sweet sounds of vocalist, Delphia Boynton! Bring your lawn chairs.

Dinner at La Casita

Thursday, May 29 · Depart Lobby at 5:00 pm

Enjoy Mexican fare for dinner at La Casita in Bolingbroke.

Macon's History with Jim Barfield & Lunch at Grow

Friday, May 30 · Depart Lobby at 9:30 am

Jim Barfield, Macon's favorite historian, will board our bus and direct us around the historic districts of Macon imparting facts and stories of events that have taken place in our wonderful city throughout it's the years. This activity is limited to residents who have not participated in one of Mr. Barfield's tours with CP before. Sign up for this limited seating tour in Resident Life.

Met Opera Live: *Barbiere Di Siviglia* at the Douglass Theatre

Thursday, May 31 · Depart Lobby at 11:45 am

Rossini's effervescent comedy retakes the stage in Bartlett Sher's madcap production. Two star mezzo-sopranos—Isabel Leonard and Aigul Akhmetshina—headline a winning ensemble as the feisty heroine, Rosina, alongside high-flying tenors Lawrence Brownlee and Jack Swanson, in his Met debut, as her secret beloved-Count Almaviva. Ticket is required.

Kentucky Derby Race Blind Drawing

Thursday, May 1– Friday, May 2 in Resident Life

Take a chance at winning a cash prize when you donate \$2 for an opportunity to pull the name of a horse racing in the Kentucky Derby. Visit Resident Life to make your donation to pull a horse.



Baby geese, Huey, Dewy, & Louie, named by Ann Rambusch & Vera Rusak, take their first field trip around the pond.

In-House Events

Healthcare Tour

Thursday, May 1 · 10:00 am · Healthcare Hallway

Sign up on Healthcare Row to tour our Healthcare neighborhoods. Questions about this important part of our community will be answered by Morgan Cook. Space is limited.

Food Pantry Bag Organization Project

Thursday, May 1 · 3:00 pm · Activity Room A

Help support the St. Peter Claver Food Pantry by organizing supplies for this worthy cause.

Middle GA Library Representative

Friday, May 2 · 1:00 pm · The Grande

Yufiel Franklin will help residents download books, sign up for library cards, & assist with other library needs.

Tech Tutoring with Marley

Friday, May 2, 9, 16, 23 & 30 · 3:30 pm · The Parlor

Marley, a Freshman at First Presbyterian Day School, will assist you with questions you might have about your electronic devices. Bring your technology with you.

Kentucky Derby Happy Hour

Saturday, May 3 · 5:00 pm · The Pub

Put on your favorite hat and enjoy the annual Kentucky Derby with friends in the Pub with a mint julep!

Tech Tutoring with Caleb

Sundays, May 4 & 25 · 4:00 pm · The Parlor

Caleb Varnadore volunteers his time to help residents with technology issues or questions. Bring your own device.

Siete de Mayo Taco Bar & Happy Hour

Wednesday, May 7 · 5:00 pm · The Grande & Pub

Why celebrate Cinco de Mayo when we can celebrate Siete de Mayo! Enjoy tacos and a margaritas served by RL.

A Toast to Women Brunch

Friday, May 9 · 11:00 am · The Grande

During this season when we honor mothers, Carlyle Place will take a moment to celebrate the women of our community with a brunch. To sign up a guest contact Resident Life.

Bark in the Park

Friday, May 9 & 23 · 3:00 pm · Dog Park

Bring Fido to the dog park for a canine meet and greet.

Clue: a Competition with Resident Life

Monday, May 12 · 2:30 pm · The Grande

Resident Life will lead you in a game where you will have a chance to win prizes.

Choristers Spring Concert

Tuesday, May 13 · 7:00 pm · The Grande

Our in-house choir will perform their annual Spring Concert. Enjoy a special reception after the performance in the Pub.

Painting Tutorial: Bubbles

Monday, May 19 · 2:00 pm · Back Room Studio

Follow a tutorial as we create a painting of bubbles.

Murder Mystery Dinner

Thursday, May 15 · 4:30 pm · The Grande

Check your mailbox for an invitation to this special event in the Pub and Grande. Limited seating. Dining room and Bistro will be closed for this event. Take-out will be open.

Birthday Bash

Monday, May 19 · 7:00 pm · The Grande

Celebrate May/June birthdays! Cake and ice cream will be served. All are welcome! Harpist, Calista Koch will perform.

Girl Scout Alumni Tea: 100 Year Celebration

Tuesday, May 20 · 2:00 pm · Seasons Dining

This tea is an opportunity for all Girl Scout Alumni (including Brownies) to enjoy Girl Scout cookies and share stories of their experiences. Learn a few things about what is happening now and the future of this organization from a Girl Scouts of Historic GA representative. Bring your pictures, pins and other memorabilia to this event to show off.

Arts & Crafts: Spring Pots

Thursday, May 22 · 3:00 pm · Activity Room A

At this craft class, plant your own spring pot. Limited seats.

Memorial Day Program

Monday, May 26 · 11:00 am · The Grande

This annual program will honor all former Carlyle Place residents who served our country.

Beer BINGO

Tuesday, May 27 · 4:00 pm · Seasons Dining

This game of Bingo for beer lovers is a way for adults to enjoy beer and fun with friends! This activity is limited to 18 seats and participants are chosen by lottery.

Health Luncheon:

Stroke Awareness & Prevention

Wednesday, May 28 · 11:30 am · The Grande

In honor of Stroke Awareness month, join us to discuss the 3-R's of Stroke: Reduce, Recognize, and Respond. Learn how to reduce your risk of Stroke, recognize if you or someone around you is having Stroke and, how to we respond with stroke treatment strategies.

Chair Volleyball

Wednesday, May 28 · 3:00 pm · The Grande

Bring your competitive spirit and be prepared to laugh until your side hurts! No skill necessary.

Jack Carter Piano & Vocal Performance

Wednesday, May 28 · 7:00 pm · The Grande

See page 15 for more information.

Laughter Yoga with Sandra Stone

Thursday, May 29 · 10:00 am · The Grande

Enjoy a laugh with Sandra as she leads you through a morning of yoga.

Memorial Putting Tournament

Wednesday, May 28 · 3:00 pm · Putting Greens

Join fellow residents for a little friendly putting competition. Play on a team to find out who can putt best!

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Resident Led Activities

Pickleball Play & Instruction

Monday, Wednesday, Thursday & Friday at 8:00 am

Poker

Mondays · East Wing Game Room · 1:00 pm

Sundays · East Wing Game Room · 2:00 pm

Facilitated by Walter Barnett: 478-238-5392

BYOP (Bring Your Own Project)

1st, 2nd, 3rd & 5th Mondays · Activity Rm A · 1:30 pm

Bring an individual project (craft, painting, needlework, etc.) to work on with friends. Or just come to fellowship with friends—new and old!

Beginners Clogging with Elaine Davies

Wednesdays · Group Fitness Rm · 3 pm

Joker

Tuesdays · The Pub · 7:00 pm

Wednesdays · East Wing Game Rm · 2:00 pm

Rummikub

Tuesdays · East Wing Game Rm · 6:30 pm

Saturdays · The Pub · 7:00 pm

Party Bridge

Tuesdays · The Pub · 1 pm

Sequence

Thursdays · East Wing Game Rm · 6:30 pm

The Harmonica Group

1st & 3rd Wednesdays · Back Rm Studio · 4:00 pm

Join this starter group of aspiring harmonica musicians who are learning how to play. All newbies are welcome.

Duplicate Bridge

1st, 2nd, 4th & 5th Thursdays · 1:15 pm · The Pub

Facilitated by Rae Scott: 478-474-3116

Canasta

Thursdays · East Wing Game Rm · 1:30 pm

MahJongg

Fridays · West Wing Game Room · 1:00 pm

Worship

Sundays · The Grande · 11:00 am

Mexican Train Dominoes

Sundays · The Bistro · 6:00 pm

Facilitated by Walter Barnett: 478-238-5392

Coloring Workshop

Tuesday, May 6 · Activity Rm A · 3:00 pm

No experience is necessary and no supplies are needed. Relax and learn adult coloring techniques with special seasonal projects with Debra Collins. Sign up on the app.

Book Club

Thursday, May 8 · Activity Room A · 11:30 am

This will be an organizational meeting. Sign up on the Uniguest App.

Bingo with Bingo Bob

Sat., May 10 & 24 · The Pub · 4:00 pm

Join Bob & Demme Pluta for Bingo! \$5 for 5 games, please bring correct change. Sign up on the Uniguest App.

Paper Craft Workshops

May 12, 21 & 30 · Back Room Studio · 2 - 4 pm

Learn new Paper Craft skills and/or completing projects. Contact Magda Morris or Marty Reese for information. Sign up on the Uniguest App.

The Artful Touch with Debra:

Watercolor Class

Sunday, May 18 · Back Rm Studio · 2:30 pm

Participate in this step-by-step tutorial project to learn basic watercolor techniques and create a finished painting. No experience necessary. All skill levels welcome. No supplies needed. Class limited to 12 participants.

Pondering the Story with Elaine Davies

Mon., May 19 · Admin Conf Room · 2:30 pm

Compare Matthew 15:21-28 with Mark 7:24-30
Encounter with assertive Canaanite woman.

The Artful Touch with Debra:

Creative Ways to Fill a Sketchbook

Sunday, May 25 · Back Rm Studio · 2:30 pm

There's more to filling a sketchbook than drawing. Learn unique and creative ways to fill a sketchbook using a variety of mediums. No experience is needed and all skill levels are welcome. See Cele in Resident Life to purchase your necessary sketchbook. Class is limited to 12 participants.

Democrats Luncheon

Tuesday, May 27 · Seasons Dining · 11:30 am

Contact Linda Degelmann to RSVP: 229-942-2000



Support Group:

Dementia Support Group

Thurs., May 22 · 1:30 pm · Activity Room A

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Take 3 for Wellness: Gum Disease

Submitted by Tonya Wilson

Overall, we are living longer and keeping our natural teeth longer than ever before. Oral Health is an important and often overlooked component of your general health and wellbeing. For instance, through research they have shown that people with gum disease are twice as likely to die from a heart attack and three times more likely to have a stroke and a recent study links gum disease with Dementia.

Gum Diseases are also called periodontal diseases and the two most common ones are gingivitis and periodontitis. Gingivitis is when bacteria in plaque buildup, causes the gums to become red, inflamed, and to easily bleed during tooth brushing. It is easily treated but if left Untreated gingivitis can advance to periodontitis.

Periodontitis is a serious gum infection that damages the soft tissue and destroys the bone that supports your teeth. It is characterized by the formation of pockets or spaces between the tooth and gums. Periodontitis can cause teeth to loosen or lead to tooth loss.

While plaque and bacteria are considered the main causes of gum disease, other risk factors can include chewing tobacco, poor nutrition, alcohol consumption, smoking, higher levels of stress and certain medications.

Healthy gums are firm and pale pink and fit snugly around teeth. Signs and symptoms of periodontal disease can include:

- Swollen or puffy gums
- Bright red, dusky red or purplish gums
- Gums that feel tender when touched
- Gums that bleed easily
- Gums that pull away from your teeth (recede)
- New spaces developing between your teeth
- Pus between your teeth and gums
- Bad breath
- Loose teeth
- Painful chewing
- A change in the way your teeth fit together when you bite

Periodontitis is more common as people age. About 60% of adults 65 years or older have periodontitis. It is an irreversible condition but can be slowed down and managed with professional treatment. If you are experiencing any of these, contact your dentist. Regularly scheduled dental appointments, brushing twice a day and flossing daily are the best ways to maintain healthy gums.



Mixed up husbands for Lynn Schuessler, Mary Dempsey, Cathy Dunne & Marty Reese at Easter Lunch



George & Marianne Beck waiting for their turn to putt

Movies:

The Gods Must Be Crazy

PG · 1980 · Adventure/Comedy · 1h 49m
Saturday, May 3 · 7:00 pm

A comic allegory about a traveling Bushman who encounters modern civilization and its stranger aspects, including a clumsy scientist and a band of revolutionaries.



Armour of God

R · 1986 · Action/Adventure · 1h 28m
Saturday, May 31 · 7:00 pm

Asian Hawk (Jackie Chan) and his bumbling sidekick are sent on a quest through Europe to find a mysterious treasure held by a shadowy organization of monks.



Conclave

PG · 2024 · Thriller/Mystery · 2h
Sunday, May 4 · 7:00 pm

Cardinal Lawrence has one of the world's most secretive and ancient events, participating in the selection of a new pope. Surrounded by powerful religious leaders in the halls of the Vatican, he soon uncovers a trail of deep secrets that could shake the very foundation of the Roman Catholic Church.



Oh, God!

PG · 1977 · Comedy/Fantasy · 1h 38m
Saturday, May 10 · 7:00 pm

When God appears to an assistant grocery manager as a good-natured old man, the Almighty selects him as His messenger to the modern world.



Terrell Stanley juggling at the Carnival event in Cambridge Court

Clue

PG-13 · 2011 · Playful/Comedy · 1h 36m
Monday, May 12 · 7:00 pm

The murderously funny movie based on the world-famous Clue board game: Six guests are anonymously invited to a strange mansion for dinner and must solve the murder of their host.



Children of a Lesser God

R · 1986 · Romance/Drama · 1h 59m
Saturday, May 17 · 7:00 pm

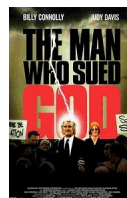
A new speech teacher at a school for the deaf falls in love with the janitor, a deaf woman speechless by choice.



The Man Who Sued God

PG · 2001 · Drama/Comedy · 1h 37m
Saturday, May 24 · 7:00 pm

An ex lawyer now fisherman sees his fishing boat sunk by a lightning. His insurance company claims "Act of God". Sue the insurance company or God/churches?



A bit of Easter at Joan & Frank Anderson's

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

Uniquist "Bulletin Board"

The Uniquist Community App has an interactive module called the *Bulletin Board*. It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

New Residents

Lorraine Connell
Apartment 3008

Rhonda Koplin
Apartment 2209

Peggy Miller
Apartment 2013

Samuel & Allen Murray
Apartment 3202

Edith Schwartz
Apartment 2012

Free Transportation to Stores:

Kroger

Every Wednesday · Depart Lobby at 9:30 am

Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am
Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck
1st Thursday · 10:00 am · Admin. Conf. Rm

Development Chairperson: George Beck
4th Thursday · 10 am · Admin. Conf. Rm
Quarterly: January, April, July, October

Dining

1st Wednesday · 10:00 am · Admin. Conf. Rm

RAC President: Ty Ivey

2nd Thursday · 10:00 am · Admin Conf Rm

Library Chairperson: Pat McMahon

2nd Monday · 1:00pm · Executive Conference Rm
Jan. - March - May - July - Sept. - Nov.

Marketing Chairperson: Jim McInerney

3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Carolyn McInerney

2nd Wednesday · 3:00 pm · Admin Conf Rm

March 2025 Honorariums & Memorials

Donated in Memory of:

Walter Watkins

Donated by:

Betty Smith

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated every 6 months on the Recognition Board. To make a gift, please make your check payable to Carlyle Place Resident Assistance Fund or Carlyle Place General Fund and mail to 3330 Northside Drive, Macon, GA 31209. Contact Tarver Perry at 478-633-7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.

April's Employee of the Month: Robin Dance



April's Employee of the Month was Robin Dance. Robin works in the Marketing Department as a Life Plan Advisor and has been in this position for 4 and a half years.

Robin grew up in Athens, Georgia before attending college at Clemson University. She graduated from Clemson with a business degree. After college Robin lived in South Carolina for 15 years before moving to Tennessee, where she lived for another 10 years. Before moving to Macon, Georgia she lived in Southern Bavaria for a year. Some of her hobbies are traveling, cooking, baking, board and card games, and herb gardening. She is eager to learn how to play Mahjong, which is inspired by residents. Prior to working at Carlyle Place, Robin worked as a writer where she contributed to over 20

books, devotionals, and Bible studies. She says she would like to carve out more time to dabble with watercolor and learn how to crochet baby blankets.

She has been married to her college sweetheart, Tad, for 37 years. Together they have one daughter Rachel and two sons Stephen, and his wife Nicole, and Thomas. Thomas and his wife, Gina are currently expecting their first child in October!

When asked what she enjoys most about her job, Robin says that she is lucky to have a boss that she loves and respects along with her Marketing team that she enjoys working with. Plus, throughout the sales process, the people she gets to work with become special friends. She says it is a joy, privilege, and just plain fun to help prospective residents understand their options when it comes to senior living. "I love that lightbulb moment when they finally understand the incredible benefit of a Life Care contract!"

When you see Robin around, be sure to congratulate her on this accomplishment!

New Residents: Kirby & Joan Godsey

Written by Jane Winston



You who live at Carlyle Place have hopefully had the opportunity to meet Kirby and Joan Godsey who moved into the West Wing last fall. You probably realize they were President and First Lady of Mercer University here in Macon for 27 years, July 1979 to June 2006. He did wonderful things for the University during his tenure; the one that surfaces for most from the Macon area is that he began the School of Medicine, which is expanding and moving to a new building/location, on Spring Street. What many at Carlyle don't know is that he also began seven other Mercer schools during his tenure. And during this time Joan, his first lady, "the best woman I've ever known," was always by his side.

I was intrigued how this man who was brought up on a farm in rural Birmingham, AL with two older brothers, who lost their dad to death when their mom was three months pregnant with Kirby... she having only an 8th grade education... made his way to Macon, GA to become President of Mercer at only 43 years old. And to add to this incredible journey, Dr. Godsey did not come to Mercer to be their President. He came as the Dean of the College of Liberal Arts, shortly thereafter became the Executive Vice President and eventually stepped into the President role.

Education and inspiration appear to be the key ingredients ingrained in him by two important women in his life: his mother, a hard-working single mom with three active sons, and his grandmother, Janie, a "woman of grace."

He earned, in three years, his bachelor's degree in history and religion from Samford University, in Honeywood, AL. He earned his master of divinity and doctorate of theology from New Orleans Baptist Theological Seminary, his master of arts in philosophy from the University of Alabama and his doctorate of philosophy from Tulane. During all this schooling, he realized he wanted to teach, and he began his teaching career at a women's college in Tulane.

It is during his years at Tulane that he met and married the third very important woman in his life, Joan Stockstill, who Kirby describes as "the best woman I have ever known." She is a Hattiesburg, MS girl with degrees from Mississippi College in piano and a minor in organ. She, also devoted to and seeing the value of education, earned two masters, one in religious education and one in music.

During our interview, Joan mentioned her grand piano several times. I thought she was teasing me as none was visible. Prior to leaving their lovely appointed apartment, I was given a tour and sure enough... there it was! They have remodeled their apartment to give the baby grand its own separate nook designed just for it! Additionally, the apartment is graced with original art work. They know each artist, and the story that goes with each piece! Having meaning/memories makes them even more special in their beautifully appointed apartment!

Before leaving them, I asked one of my usual questions, "What would you like the readers to know about you that they may not know?" Kirby didn't have to think a minute, and no surprise at his answer, "My life at Mercer, and my ability to broaden the base of the University to make it a comprehensive school." And he did, and we have no idea just how far his work has helped young students from all around the world. Thanks, Dr. Kirby!

But, Joan's reveal, if you will, left me with tears in my eyes and nearly speechless. Marion, Alabama, 20 miles from the hot-bed of the Civil Rights Movement; Joan a white teacher asked to assist in starting a Head Start Program; AND the community just happened to need to two whites to make it all happen! They located a second "one", and Joan forged ahead, not without lots of unpleasant situations she was reticent to share; got the program started, and, as far as we can determine, it still exists! Another interesting fact about Joan, when they first moved to Macon she was the Organist Choir Master at Northminister Presbyterian Church.

Continued from pg 10

She takes great pride in being an integral part of the Civil Rights Movement on the behalf of children! Head Start Programs have been around a long time and the program's impact on children through the years is unfathomable.

I can't conclude with mentioning that in addition to their grand life story, they managed to have four very successful children (two boys and two girls) scattered around the south, five grands and one great grand. Additionally, Kirby exercises daily to include a nice, early morning walk. Talk to anyone who uses the pool here at Carlyle Place, and you'll discover Joan swims laps around all others at every opportunity!

How fortunate I was to have been chosen to interview this delightful, very approachable couple who both reflect that good ole' rural Alabama, Mississippi upbringing with plethora of education and experience mixed in there! Take time and get to know them.

New Residents: Carl and Penny Howk

Written by Mary Dempsey



Meet the Howks who came to us in January from Beaufort, SC. Penny and Carl learned about Carlyle Place from their friends, the Cogswells. They started their CCRC search with a visit to Carlyle and were impressed with the warm welcome they received.

Carl grew up in a Rochester, NY suburb where his family had roots going back five or more generations. He is the fifth of six children. Carl attended Hillsdale College in Michigan where he majored in Business Administration. Navy OCS followed and over three years and 100,000 miles his ship transported Marines from California to Vietnam. After completing his military service, he continued his education for an MBA at the University of Virginia's Darden Business School. This led to a lengthy career in the fields of engineering software and services with Computer Sciences Corporation and other major companies.

Penny was born in New York, the first of seven children. She calls herself an Army Brat and attended many schools as her father was transferred from post to post. In 1967, while living in Virginia, her family celebrated four milestones in one day: Penny's father received a PhD from Georgetown University, Penny received her BA from Indiana University, a younger brother graduated from high school and a younger sister graduated from kindergarten!

Penny was employed as an office manager at EDP Technology and later worked for Heidrick & Struggles and Spencer Stuart, both highly regarded executive search firms.

After retirement the couple lived in Beaufort, SC for 11 years where Penny served as secretary on the board of Friends of Hunting Island. Carl was active as a docent at Saint Helena's Church (founded 1712) and its historic churchyard.

The Howks met through a friend while living in DC and married in 1971. They lived in Maryland, Illinois, New Jersey and Atlanta, GA (30 years). Penny and Carl have two children who live in the Atlanta area. Kevin has been with an industry leader in mechanical engineering and software services. Tracy is a senior director of family services at Children's Healthcare of Atlanta.

Carl and Penny travelled during their marriage exploring Europe and Canada. Last year's expedition cruise to Alaska captured his 50th state.

Carl has already joined the Choristers, started a garden and has volunteered for the recycling committee. For a start, Penny would like to learn line dancing and participate in the Back Pack Ministry.

Please reach out and welcome the Howks to Carlyle. You'll be glad you did!

Celebrating May

Clean Air Month

Military Appreciation Month

May Day/Lei Day
May 1

Kentucky Derby
May 3

International Firefighters Day
May 4

Wildflower Week
May 4–10

Windmill Day
May 10

Mother's Day
May 11

Biographer's Day
May 16

International Coaching Week
May 12–18

World No-Tobacco Day
May 31

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
Cell -	478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Famous May Birthdays

In astrology, those born from May 1–20 have the star sign of the Bull of Taurus. Bulls show steady, dogged persistence. Once goals are reached, they enjoy being rewarded, especially with beauty and peace at home. Those born between May 21–31 are Gemini's Twins. Geminis love conversation, and they are good at it, too! Witty, intellectual, curious, charming, and imaginative, they're often the life of the party.

Joseph Heller (writer) – May 1, 1923

Gary Cooper (actor) – May 7, 1901

Martha Graham (dancer) – May 11, 1894

Perry Como (singer) – May 18, 1912

Joan Collins (actress) – May 23, 1933

Bob Dylan (singer) – May 24, 1941

Sam Snead (golfer) – May 27, 1912

Henry Kissinger (politician) – May 27, 1923

Joe Namath (quarterback) – May 31, 1943



Submitted by Mary Dempsey

Veranda Library: WHODUNIT, Women Mystery Writers

Written by Chris Amabile

Once upon a time, women mystery writers were overlooked for not writing literary fiction. Agatha Christie changed that, writing 66 novels and 14 short story collections. Her most noted characters are Hercule Poirot and Miss Marple. Today women mystery writers are celebrated. These authors among others can be found in the Carlyle Place libraries.

MC Beaton – Pseudonym of Scottish writer Marion Chesney, creator of two series, one featuring Hamish Macbeth, the other Agatha Raisin

Rhys Bowen – She was born in England and is the author of two historical mystery series, those of Royal Spyness and Molly Murphy

Louise Penny – Canadian writer of series starring Armand Gamache and cases involving Surete de Quebec

Elizabeth George – American author known for series set in Great Britain and featuring Inspector Lynley

Sue Grafton – American author known for the “Alphabet series” (ex. A is for Alibi) featuring PI Kinsey Milhorne

Jessica Fletcher – Co-author of the Murder She Wrote series. Jessica Fletcher is also the name of the detective in the series

Nancy Cohen – Writes cozy mysteries with a Florida flair. See “Murder by Manicure” or “Perish by Pedicure”

Patricia Cornwell – Author of a series of mysteries featuring medical examiner Kay Scarpetta with an emphasis on forensic science

Karin Slaughter – Georgia born crime writer with the stories taking place in Georgia. Grand County series is set in the fictional town of Heartsdale and the Will Trent series in Atlanta

Mary Higgins Clark and Carol Higgins Clark – Mother and daughter American authors of many suspense novels

Rita Mae Brown – American author of a series featuring Mrs. Murphy and her cat Sneaky Pie (ex: The Purrfect Murder)

Ann Cleeves – Celebrated British mystery crime writer who has written the Vera Stanhope, Jimmy Perez and Matthew Venn series, all of which have become TV shows

April Canned Food Drive

In April, Carlyle Place residents donated 814 canned goods and \$125 in monetary donations for the Canned Food Drive for St. Peter Claver Food Pantry. Pictured right are the carts full of donations being loaded into St. Peter Claver delivery vehicles.



Parlor Library: WHODUNIT, Gentleman Mystery Writers

Written by Chris Amabile

One of the pioneers of the mystery genre is Sir Artur Conan Doyle with his beloved character of Sherlock Holmes. Many gentlemen have contributed to this genre, these below a sampling of what can be found in the Carlyle Place libraries

David Baldacci – New York Times best selling author and creator of several series, one of which involves King and Maxwell, former Secret Service agents

CJ Box – a naive of Wyoming with a cowboy image. He is best known for his series starring Joe Pickett

Tom Clancy – a bestselling American author known for military and espionage detail and for his series of books featuring Jack Ryan

Harlan Coben – American author of suspense novels, including a series featuring Myron Bolitar. Netflix will adapt 14 of his books into TV series or movies

Michael Connelly – an American author of detective novels and crime fiction. His most famous characters are Harry Bosch and defense attorney Mickey Haller

Nelson DeMille – a native of Long Island NY, the setting of many of his suspense novels. John Corey is a character in seven of his later novels

John Grisham – an American novelist and lawyer, known for his bestselling legal thrillers. Many of his novels have been made into films

Jonathan Kellerman – American novelist and psychologist known for his mystery novels featuring Alex Delaware, a child psychologist who consults for Los Angeles police dept.

John Sanford – a prolific American author and Pulitzer prize winner. He is best known for the Prey series featuring Lucas Davenport and the Virgil Flowers series

Daniel Silva – American author and journalist, known especially for his character Gabriel Allon who is an Israeli spy on missions for his country

Clive Cussler – American writer of thriller novels. His character Dirk Pitt thwarts dangerous villains in a series of missions to defend the world from evil.

Stuart Woods – a Georgia native with a series of novels featuring Stone Barrington, a detective-lawyer handling cases rejected by his law firm

Lee Child – the pseudonym of James Dover Grant, a British author best known for his Jack Reacher series



Resident Relief at it's finest in Patti's Relaxation Class

Pub Trivia

Pub Trivia takes place every 2nd Tuesday for teams of five or less. To receive a bonus point for Pub Trivia in June, two members of each team must come to Resident Life National Senior Health & Fitness Day, Wednesday, May 28, and exercise in support of National Senior Health & Fitness Day. You must check in with a Resident Life member.



Bingo Bob in Lake Oconee

Published in *The Herald Journal* on April 3, 2025

In March, the Lake Oconee Elks Lodge 2849 hosted a St. Patrick’s Day themed bingo event at the Georgia War Veteran Home. “Bingo” Bob Pluta entertained troops dressed as a Leprechaun.



Carolyn McInerney, Linda Degelmann, Wendy Johnson, Shirley Laffrey, Elaine Davies & Nalini Isaac cleaning up the Butterfly Garden in time for Spring

Jack Carter Piano & Vocal Performance

Wednesday, May 28
7:00 pm · The Grande



Join us for a student performance by Jack Carter, a piano student of Susan McDuffie. Jack is a senior at the Academy for Classical Education (ACE) in Macon, GA, where he is an active member of the ACE singers, mixed chorus, men’s chorus, varsity soccer team, and Latin club. He began studying piano in first grade and continues under the instruction of Susan McDuffie.

A dedicated and accomplished musician, Jack is a multi-year GMEA All-State Chorus participant, the 2025 GHSA Class A Region Champion in Boy’s Solo, and a 2024 GHSA Class AA State Champion in Men’s Quartet. Jack is known for his musicality, discipline, and generous spirit in sharing his talents with others.

April Employee Anniversaries

1 Year

- Desiree Jones
- Annette Clark
- Nina Bruce
- Emma Watson

3 Years

- Jai Thomas

4 Years

- Kennith Branch
- Robbie Bloodworth

9 Years

- Calvin Stephens

12 Years

- Robert Cannon
- Clifford Powers

13 Years

- Travis House

17 Years

- Berchell Brown
- Leslie Carter

39 Years

- Denise Cauley

I SPY - May 2025

“I Spy” showcases a resident who makes a difference in our community, someone who brightens other’s days or someone who has done something extra special to benefit others.

I spy...a resident who is an avid golfer and enjoys sharing his passion for the game! Whether here on our new CP Putting Greens, or out in the local community, Sandy Knapp keeps busy. He has been instrumental in coordinating putting events at CP and often helps to organize and participate in various charity golf events around town. When you see Sandy Knapp, please tell him how much he is appreciated – you’ll likely not find him at CP because he will be on the golf course!

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I’d Like to Hear, Leadership Reports, and any New Resident introductions). The formats are:

Week 1

Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2

Rehab Updates/Reminders
Committee Report

Week 3

RAC Report
Take 3 for Wellness
Snapshot (Quarterly: Jan, Apr, July, Oct)

Week 4

Committee Report
New Employee Introductions/Employee of the Month
Marketing Minute

Week 5 (January, May, August, October)

Healthcare Updates/Reminders
CP at Home Updates/Reminders

2025 Committee Report Schedule:

Building & Grounds:	7/8	10/14	
Library:	7/22	10/28	
Development:	5/13	8/12	11/11
Marketing:	5/27	8/26	11/25
Dining:	6/10	9/9	12/9
Programming:	6/24	9/23	12/23

May Birthdays

Judy Peace	5/2
Kathleen Sheil	5/6
Rhonda Koplín	5/6
Marty Reese	5/8
Dan Powell	5/10
Mike Hale	5/11
Pat McMahan	5/15
Madeline Brewton	5/17
Dick Courreges	5/19
Tommy Goings	5/19
Frank Wrigley	5/19
Myrtle Page	5/20
Demme Pluta	5/21
MA Riley	5/21
Leonora Raggi	5/25
Doug Scharp	5/25
Bob Hopp	5/26
Susan McDuffie	5/26
Dennis Collins	5/26
Alan Morris	5/26
Ron Freeman	5/28
Marilyn Kovarik	5/30
Elizabeth Simpson	5/31

Carlyle-at-Home

Mary Moody	5/2
Neil Cullinan	5/14
Guy Eberhardt	5/18
Linda O’Neal	5/24
Rick Johnson	5/25
Eloise Dasher	5/30

April's Pet of the Month: Bella McGarity



Everyone meet Bella, one of the newest pets here at Carlyle Place. She lives in the West Wing with her mom, Bonny McGarity. Bella is a Podengo Pequeno, the national dog of Portugal and is approximately 11 years old.

Bella is a very sweet girl and loves to go up to every person and dog she meets. She very much enjoys spending time at the Carlyle Place Dog Park where she loves to run around and play with other dogs. When Bonny and Bella lived in Highlands, North Carolina, they would get together with friends for "Yappy Hour" on the porch.

Before she was joined with Bonny, she wandered to a horse farm where she stayed for years before her owner went off to college. Bella came to Bonny in March of 2020 where they bonded during Covid. Since then Bella follows her mom's every step and awaits her arrival each time she leaves the house. Bonny says she is the best companion.

Carlyle Place Drama Society

Written by Jane Winston



Carlyle Place
Drama Society

Heads up y'all! The theatre group is coming at you again on **one of the five Monday afternoons in June**. Rather than visit with the weird Brewster family and friends, we are going to hang out with some "cool" senior citizens from the *Sea Breeze Senior Citizens Residential Center*. This could be billed as a "sort of" glimpse into what our (CP residents') lives will be like when they grow old.

You will recognize cast and crew from *Arsenic and Old Lace*: Ian Davies, Connie Coughlin, Holly Ertel, Michael Qualls, Laurie Shaw, Rich McKee, Tony Zelonis, Letty Kaplan, JoAnn Dankel-Dobbs, Linda Degelmann, Peggy Cox, Charles Lewis, and Bill Scott. Now, mix in the new theatre members: Agnes Scott, Ann Rambusch, Bob Pluta, Demme Pluta and Rae Scott, and therein lies the key to a wonderful short but fun Carlyle Place Monday afternoon in June.

And, if I can twist her arm hard enough, you will get to hear a talented resident, Virginia Stephens, play her flute!

I am certain you will recognize yourself and others at the Sea Breeze Center; only the names have been changed to protect the innocent.

Ticketed Event Information

BLP - Backlot Players

(478) 994-0443

Website: thebacklotplayers.org

CP - Centreplex

(478) 803-1593

www.maconcentreplex.org/coliseum/ticket-office/

DT- Douglass Theatre

(478) 742-2000

Website: douglasstheatre.myboxoffice.us

FH - Fickling Hall at Mercer University

(478) 301-5470

Website: www.mcduffie.mercer.edu

GOH - Grand Opera House

(478) 301-5470

Website: www.thegrandmacon.com

MCA - Macon City Auditorium

(478) 803-1593

<https://www.maconcentreplex.org/auditorium/>

MLT - Macon Little Theatre

(478) 471-7529

Website: www.maconlittletheatre.org

TM - Theatre Macon

(478) 746-9485

Website: www.theatremacon.com/tickets

Honorarium and Memorial Donations to the Library

Written by: Mary Dempsey

Our Library is more than just books - it's a hub for learning, inspiration, and connection. The Navicent Health Foundation helps ensure that we continue to provide resources and a welcoming space for all. Your gifts to the Navicent Health General Fund made in honor of or in memory of someone special can be directed to the Carlyle Place Library just by noting your intention on your check or the donation form. Every contribution, big or small, makes a difference! Help us preserve and grow our invaluable resource.

Available to Residents: Low Vision Magnifier

Written by: Mary Dempsey

"HONESTLY! These companies will go to any extreme to save a penny. I think they are trying to save ink by using smaller and smaller print on the medicine bottles. It's really dangerous because I don't remember how I am supposed to take this." Sound familiar?

My friend sent a newspaper article to me and I am really struggling to read it." Sound familiar?

"A neighbor left cookies at my door with a little note. I can't read it and don't know who to thank." Sound familiar?

"I just received a pack of pictures from my granddaughter's wedding and they are not clear. I can't really enjoy them."

"I want to get a better look at my Carlyle statement. Did I really visit the pub THAT often?"

"I'm having trouble signing my checks. It's hard to find that line!"

"I'm missing out on things because I can't read the Carlyle Chronicle."

"I sure wish I could send a note to my sister but I can't clearly see what I am writing."

If any of these scenarios sound familiar, help is available at Carlyle Place.

The library committee purchased a low vision magnifier in 2022 to help you solve these problems. It is located in the East Wing very near the library in a cubby next to the computer. Mary Dempsey (843-338-5275) and Ann Meia (478-474-5505) are on call to sit with you, demonstrate, and show you how it works. It won't take more than 5 minutes to turn you in to an expert.

The library committee members hope many of you will give the magnifier a try even if you don't need it now. Visual problems can creep up on you... Be prepared!



Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Elizabeth Fletcher at Elizabeth.Fletcher@atriumhealth.org.

“I Didn’t Know That Was Happening”

Written by Cele Minsheu

I hear this statement ALOT. When I remind a resident of the many places they can find out what is going on around Carlyle Place, I hear, “Oh, I never read that stuff.” The “stuff” we create for you is meant to keep you informed. I hope the information below will serve as a reminder of how you can access this information.

Resident Life spends a lot of time and energy creating multiple ways to keep our residents informed of all the happenings around here. The best way to avoid missing out on all of our great events is by taking a proactive approach. Here is a list of the many places you can find the daily activities:

- The **MONTHLY ACTIVITY CALENDAR** becomes available on the 26th of the previous month (i.e. the May 2025 calendar, will be available on April 26th).
- The **CARLYLE CHRONICLE MONTHLY NEWSLETTER** comes out at the end of the month.
- The weekly **CRIER AND MESSAGE** comes out every Friday.
- The **DAILY SCHEDULE ELEVATOR SLIDES** are in each of the six CP elevators, and they are updated every Friday afternoon. They offer an hour-by-hour list of things that happen each day.
- The **CONCIERGE ANNOUNCEMENT BOARD** at the front desk lists an hourly schedule for the day.
- Each of the sources listed above, plus an electronic sign-up feature, is available on the **UNIGUEST APP**. (See below regarding ways to successfully register for activities at CP.)

Sign up deadlines: When signing up for certain activities/events and all trips, there is a registration deadline. Please be mindful of this date because you will not be able to register after the registration period closes. Unless otherwise specified, the deadline will be 12 noon the day before the activity/event or trip; if the event falls on a Sunday or Monday, the registration period will close at noon on Friday.

Cancelation Deadlines: When signing up for certain activities/events and all trips, there is a cancelation deadline. Please pay attention to the description listed for each activity on your app because you may be subject to a fee for signing up and not canceling before the Cancelation Deadline. Unless otherwise specified, the deadline will be 12 noon the day before the activity/event or trip; if the event falls on a Sunday or Monday, the registration period will close at noon on Friday.

No-Show Fees: If you fail to show up for an activity/event/trip that you registered to attend, or if you do not cancel your reservation before the Registration Period closes, you may incur a No Show/Transportation charge on your monthly statement. These charges vary according to the activity/event/trip.

Signing RESIDENT guests up for an event: When signing yourself up for an event on the Uniguest App, you are usually allowed to register another resident (guest) to attend. Please note: If you register another resident as a guest, it is your responsibility to tell that person you have added them to the registration. If needed, you may cancel your reservation, but you will NOT be able to cancel a guest’s reservation. The guest you registered must cancel their own registration through their app, if they will not be able to attend. If they do not cancel themselves, they are subject to a no-show fee. So be sure to communicate with anyone you register as a guest so that they are aware of their responsibility to cancel themselves if they do not plan on attending.

Signing OUTSIDE guests up for an event: If an activity/event/trip is not full, you are welcome to invite an outside guest to attend. Residents always have priority at activities/trips. To register a guest (who is not a Carlyle Place resident) you will need to contact Resident Life, who will manually add your guest. If you register an outside guest for an activity that has a monetary charge associated with it, your monthly statement will automatically be billed for their cost in addition to your own.

Canceling guests for an event: When you register for an event on the app but decide you will not be able to attend, it is important that you cancel the event through the app in order to allow an opportunity for another resident to attend in your spot. If you have registered a spouse or close friend at an event that you decide not to attend, you can only remove yourself from the guest list. Your spouse or friend must go onto the app and remove his or her own name from the registration list or that person will potentially be charged a no-show fee.

Being placed on a waitlist: If an activity/event/trip is full, you may still register, but you will be placed on the Wait List. The Wait List is frequently utilized, and typically, there is a good chance your name will move off the waitlist and onto the registered list for a given event. Please note: it is your responsibility to periodically check the Wait List to see if your name gets moved to the Registered list. The Resident Life team will not notify you of these changes. If you are moved onto the Registered list, we’ll be looking for you to attend the activity/event/trip.

Around Carlyle



Sue Stone & Clara Dossett teaching new residents, Bob & Cathy Dunne, how to play Joker



Residents painting bunny ears just in time for Easter



Barbara Hovagimian, Bob & Carol Hopp, Kathleen Sheil & Marcia with their strawberries picked from Elliott Farms



Tommy Halliburton, Floyd Williams, MA Riley, Frank Ellis, Paula McGlamery, & Bob Pluta watching March Madness in the Bistro Courtyard



Residents in a Studio Room at Trilith Studios



Middle Georgia Youth Ballet showcased pieces of their Spring performance at Carlyle Place