

The Carlyle Chronicle

Inside:

Activities

Page 2 - 5

Movies

Page 7

Committees

Page 8

Honorariums

Page 9

New Residents

Page 10

Scam Article

Page 11

RAC Corner

Page 14

Employee Anniversaries

Page 15

April Birthdays

Page 16

Library Displays

Page 18-19

Pictures

Page 20

Easter Canned Food Drive for St. Peter Claver Church

Wednesday, April 16 - Friday, April 18 in the Lobby

The St. Peter Claver Food Pantry opened in 2016 with food donated from the three Catholic Churches in Macon. Typically, 30 people would come from our Pleasant Hill neighborhood and shop every two weeks. In 2018, the pantry became USDA certified, and they were able to begin purchasing food from the Food Bank of Middle GA which provided a greater variety of foods to the shoppers. Gradually, their numbers increased. During Covid, the pantry began accepting drive through shoppers. Their numbers continued to climb. The St. Peter Claver Food Pantry now serves 420 families every two weeks. They give out a dry bag consisting of canned vegetables, peanut butter, pasta sauce, macaroni and cheese, canned fruit, soup, toilet paper and soap. They also give out a cold bag with frozen meat, cold cuts, cheese and eggs.

Here are items Carlyle Place is collecting for them:

- Canned vegetables
- Canned fruit
- Boxed mac & cheese
- Canned meats: ravioli, spaghetti, potted meat, spam, corned beef hash
- Spaghetti sauce
- Peanut butter
- Rice
- Noodles
- Soup

Recurring Activities

Happy Hour

Monday - Friday · 5:00 - 6:00 pm · The Pub
Saturdays · 5:00 - 7:00pm · The Pub

Have You Heard

Tuesdays · 11 am · The Grande

Attend this weekly town hall-style meeting to stay up-to-date on information about what is happening at Carlyle Place.

Line Dancing

Mondays · 3:00 pm · Group Fitness Rm

Carlyle Choristers Practice

Tues., April 1, 8, 15, 22 & 29 · 1:30 pm · The Grande
All are welcome to join our resident choir and make a joyful noise as they gear up for the Spring Concert.

Pub Trivia

2nd Tuesdays · 4:00 pm · The Pub

The Pub opens early for this rowdy, competitive game of trivia where teams of five or less compete for prizes. Sign up in the Uniguest App and note if you are in search of a team.

Coffee & Conversations

Wednesdays · 9:30 am · The Library

Tie Blankets for Children

Fridays · 10:30 am · Activity Room B

This weekly group service project assembles blankets for patients at the Atrium Health Levine Children's Beverly Knight Olsen Children's Hospital.

Communions

Episcopal - Mon., April 7 - Act. Rm A · 10:00 am
Methodist - Thurs., April 17 - Act. Rm A · 1:00 pm
All are welcome to attend Methodist & Episcopal Communion.

BUMs Breakfast

Saturday, April 19 · 8:30 am · The Grande
Delvecchio Finle, Atrium Health President, will update the men of our community and take questions. All male residents are welcome.

Catholic Mass

Tuesday, April 22 · 2:00 pm · Activity Rm A

Out & About

Trip to Strawberry Patch at Elliott Farms

Thursday, April 3 · Depart Lobby at 2:00 pm
Strawberry season is in full swing, and you can pick or purchase strawberries at Elliott Farms.

Macon Concert Association at Burden Parlor

Thursday, April 3 · Depart Lobby at 6:30 pm
In tribute to Giuliano Graniti and in honor of Paniz Shafaei, attend a memorial concert featuring a local legend--pianist Edward Eikner--and friends. Ticket is required.

Volunteer at Backpack Ministry

Friday, April 4 · Depart Lobby at 1:00 pm
Volunteer for the Backpack Ministry at Forest Hills Church to prepare snacks to send home with deserving children.

Music & the Arts

at Vineville United Methodist Church

Sunday, April 6 · Depart Lobby at 3:15 pm
Enjoy this performance by The Kinnigans, an Irish band with Celtic Dancers.

Strings & Pipes at Christ Church

Sunday, April 6 · Depart Lobby at 4:45 pm
Robert McDuffie, violin and Jack Mitchener, organ, will be performing at Christ Church. Admission is free.

Fabian Concert Series at Fickling Hall

Tuesday, April 8 · Depart lobby at 6:45 pm
This concert will feature Arnaud Sussman and Amy Schwartz, violin, Lawrence Moretti, viola and Raman Ramakrishnan on the cello. Ticket is required.

Chicago Concert at Macon City Auditorium

Wednesday, April 9 · Depart Lobby at 6:15 pm
Tickets are available. Sign up and pay in Resident Life.

Dinner at Yollah

Thursday, April 10 · Depart Lobby at 5:00 pm
Join your friends at Yollah where you can enjoy fresh and sustainable Latin cuisine.

Out & About

Day Trip to Trilith Studios

Friday, April 11 · Depart Lobby at 9:45 pm
experience Trilith Studios - the primary filming location of some of the highest grossing films of all time such as Spider Man: No Way Home and Avengers: Endgame. You'll be inspired on this one hour trolley tour as you peek behind the scenes to see creativity and collaboration at work and experience the new urban community at The Town @Trilith. Dine in the Hanna Brothers Studio Café for lunch before the tour.

I'm Still Here at Douglass Theatre

Sunday, April 13 · Depart Lobby at 1:15 pm
In Brazil, 1971, a country in the tightening grip of a military dictatorship, a mother is forced to reinvent herself when her family's life is shattered by an act of arbitrary violence. Based on Marcelo Rubens Paiva's best-selling memoir. Ticket is required.

Willie Nelson & Family at Atrium Amphitheatre

Sunday, April 13 · Depart Lobby at 7:15 pm
There is one ticket available to purchase in Resident Life.

Shopping at J.Jill

Thursday, April 17 · Depart lobby at 1:30 pm
Enjoy an afternoon shopping at J.Jill in the River Crossing Shopping Center for a fashion show of their new spring collection.

Maundy Thursday Non-Denominational Service at Christ Church

Thursday, April 17 · Depart lobby at 6:15 pm
The fourth day of Holy Week is marked by this meaningful service of Maundy Thursday. It commemorates the things that happened on that day and anticipates events overnight and the next day.

Brunch at Toasted

Friday, April 18 · Depart lobby at 9:30 am
Enjoy a delicious brunch at Toasted on Bowman Road.

Seven Last Words Good Friday Service at Vineville United Methodist Church

Friday, April 18 · Depart lobby at 6:15 pm
As we reflect on Christ's sacrifice this Good Friday, the Seven Last Words give us powerful insight into His thoughts as took all the sins of mankind upon Himself.

Easter at Ingleside Baptist Church

Saturday, April 19 · Depart lobby at 5:00 pm
Remember and celebrate the death and resurrection of Jesus Christ at this service.

Pretty Woman the Musical at Grand Opera House

Tues. & Wed., April 22 & 23 · Depart lobby at 6:45 pm
This romantic comedy classic, turned musical will be one to watch! Ticket is required.

Poet Laureate, Joy Harjo at Middle GA State & University

Thursday, April 24 · Depart lobby at 10:15 am
In a return visit to Macon, American poet, playwright, and musician Joy Harjo, a member of the Muscogee (Creek) Nation and the 23rd U.S. poet laureate, will read from her work.

Choral Society of Middle GA At Mulberry Street UMC

Sunday, April 27 · Depart lobby at 3:15 pm
Join the Choral Society of Middle Georgia and Mercer University Choir for their Spring Concert, *The Gift to Sing*. Ticket is required. Purchase tickets at <https://www.choralsocietymga.com>.



Peggy Cox & Virgil Cooper at the 3-D Collections room of the Tubman Museum in honor of Peggy by Virgil

In-House Events

Foolish Happy Hour

Tuesday, April 1 · 5:00 pm · The Pub

Don't be a fool – enjoy a specialty drink at this happy hour.

National Walking Day Walk

Wednesday, April 2 · 11:00 am · Front Entrance

In support of National Walking Day, get your steps in as we walk around the grounds of Carlyle Place.

Healthcare Tour

Thursday, April 3 · 10:00 am · Healthcare Hallway

Sign up on Healthcare Row to tour our Healthcare neighborhoods. Questions about this important part of our community will be answered by Morgan Cook. Space is limited.

Tech Tutoring with Marley

Friday, April 4, 11, 18, & 25 · 3:30 pm · The Parlor

Marley, a Freshman at First Presbyterian Day School will assist you with any questions you might have about your electronic devices. Bring your technology with you.

Broad River Therapy Presentation

Wednesday, April 9 · 11:00 am · The Grande

Therapy team will be providing training for "How To Fall" and "Fall Recovery" techniques.

Home Health & Hospice Presentation

Thursday, April 10 · 2:00 pm · The Grande

Grab friends and create teams to put your knowledge of home health & hospice to the test with a fun game of JEOPARDY! The winning team can walk away with a gift card.

BINGO

Thursday, April 10 · 3:30 pm · The Grande

Bring your correct change to "rent" \$1 BINGO cards for cash winnings. Four games will be played.

Middle GA Library Representative

Friday, April 11 · 2:00 pm · The Grande

Yufiel Franklin will help residents download books, sign up for library cards, & other library needs.

Bark in the Park

Friday, April 11 & 25 · 3:00 pm · Dog Park

Bring Fido to the newly renovated dog park for a canine meet and greet, weather permitting.

Middle GA Youth Ballet Performance

Friday, April 11 · 4:30 pm · The Grande

The Middle Georgia Youth Ballet will showcase pieces from their recent performance of *Now and Then*.

Tech Tutoring with Caleb

Sundays, April 13 & 27 · 4:00 pm · The Parlor

Caleb Varnadore volunteers his time to help residents with technology issues or questions. Bring your technology with you.

Birthday Bash

Monday, April 14 · 7:00 pm · The Grande

Celebrate March/April birthdays! Cake and ice cream will be served. All are welcome! DJ Dusty will be here to entertain.

Easter Ears Paint Class

Tuesday, April 15 · 3:00 pm · Back Room Studio

Follow a painting tutorial of a special Easter art project.

Tax Day Happy Hour

Monday, April 15 · 5:00 pm · The Pub

Celebrate the end of Tax season with a specialty drink!

Chair Volleyball

Thursday, April 17 · 3:00 pm · The Grande

Bring your competitive spirit and laugh til your sides hurt.

Puttering with Resident Life

Friday, April 18 · 3:00 pm · Putting Greens

Join fellow residents and practice your putting. Play on a team to find out who can putt the best!

WINEO

Monday, April 21 & 28 · 4:00 pm · Seasons Dining

WINE-O, Bingo for wine lovers, is a way for adults to enjoy wine, fellowship, and fun with friends! This activity has limited seating and participants are chosen by a lottery system.

Arts & Crafts: Flower Frog

Thursday, April 24 · 3:00 pm · Back Room Studio

Create your own clay flower frog to use for your floral stems.

Civil Rights Trial

Thursday, April 24 · 7:00 pm · The Grande

Watch an actual trial, filmed by Court TV, that took place in Supreme Court, New York County. Our own John Amabile was the Presiding Judge in this Attorney Disciplinary proceeding involving a well-known lawyer.

Dinner on the Grounds

Sunday, April 27 · 4:30 pm · Grounds

Enjoy an old fashion Sunday afternoon picnic with Resident Life and the Common Garments Gospel Quartet. Meal credit will apply. Fried chicken and all the fixins will be served. Must sign up on the Uniguest App. No show fee applies.

Reflective Writing

Tuesday, April 29 · 2:00 pm · Activity Room A

Dr. Monica Miller, from Middle Georgia State & University will lead a creative writing session.

Artful Talk: Through Her Eyes

Wednesday, April 30 · 3:00 pm · Activity Room A

Ponder and discuss about art work through the artist eyes.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Resident Led Activities

Pickleball Play & Instruction

Monday, Wednesday, Thursday & Friday at 9:15 am

Poker

Mondays • East Wing Game Room • 1:00 pm
Sundays • East Wing Game Room • 2:00 pm
Facilitated by Walter Barnett: 478-238-5392

BYOP (Bring Your Own Project)

1st, 2nd, 3rd & 5th Mondays • Activity Rm A • 1:30 pm
Bring an individual project (craft, painting, needlework, etc.) to work on with friends. Or just come to fellowship with friends—new and old!

Beginners Clogging with Elaine Davies

Wednesdays • Group Fitness Rm • 4 pm

Joker

Tuesdays • The Pub • 7:00 pm
Wednesdays • East Wing Game Rm • 2:00 pm

Rummikub

Tuesdays • East Wing Game Rm • 6:30 pm
Saturdays • The Pub • 7:00 pm

Party Bridge

Tuesdays • The Pub • 1 pm

Sequence

Thursdays • East Wing Game Rm • 6:30 pm

The Harmonica Group

1st & 3rd Wednesdays • Back Rm Studio • 4:00 pm
Join this starter group of aspiring harmonica musicians who are learning how to play. All newbies are welcome.

Duplicate Bridge

1st, 2nd, 4th & 5th Thursdays • 1:15 pm • The Pub
Facilitated by Rae Scott: 478-474-3116

Canasta

Thursdays • East Wing Game Rm • 1:30 pm

MahJongg

Fridays • West Wing Game Room • 1:00 pm

Worship

Sundays • The Grande • 11:00 am

Mexican Train Dominoes

Sundays • The Bistro • 6:00 pm
Facilitated by Walter Barnett: 478-238-5392

Coloring Workshop

Tuesday, April 1 • Activity Rm A • 3:00 pm
No experience is necessary and no supplies are needed. Relax and learn adult coloring techniques with special seasonal projects with Debra Collins. Sign up on the app.

Rejuvenation Class— A Day Rest Activity

Wed., April 2, 9, 16, 23 & 30 • Chaise Lounge Chairs • 3:00 pm
Have you ever thought about rest and day dreaming as being a productive part of your day/life? According to Tricia Hersey, author of *Rest is Resistance*, one of her main tenets is **“Naps provide a portal to imagine, invent, and heal.”** Day or night dreaming creates energy, offers space opportunities for joy, freedom and rest. To dream and rest are acts of love for ourselves. This class is lead by Linda Degelmann and is limited to 7 people. Sign up on the Uniguest App.

Paper Craft Workshops

April 7, 16 & 25 • Back Room Studio • 2 - 4 pm
Learn new Paper Craft skills and/or completing projects. Contact Magda Morris or Marty Reese for information.

Book Club

Thursday, April 10 • Activity Room A • 11:30 am
April's book discussion will be *Horse* by Geraldine Brooks.

Bingo with Bingo Bob

Sat., April 12 & 26 • The Pub • 4:00 pm
Join Bob & Demme Pluta for Bingo! \$5 for 5 games, please bring correct change. Sign up on the Uniguest App.

The Artful Touch with Debra: Watercolor Class

Sunday, April 20 • Back Rm Studio • 2:30 pm
Participate in this step-by-step tutorial project to learn basic watercolor techniques and create a finished painting. No experience necessary. All skill levels welcome. No supplies needed. Class limited to 12 participants.

Pondering the Story with Elaine Davies

Mon., April 21 • Admin Conf Room • 2:30 pm
Luke 16: 19-31. Topic will be the rich man and Lazarus

Democrats Luncheon

Tuesday, April 22 • Seasons Dining • 11:30 am
Contact Linda Degelmann to RSVP: 229-942-2000

The Artful Touch with Debra: Creative Ways to Fill a Sketchbook

Sunday, April 27 • Back Rm Studio • 2:30 pm
There's more to filling a sketchbook than drawing. Learn unique and creative ways to fill a sketchbook using a variety of mediums. No experience is needed and all skill levels are welcome. See Cele in Resident Life to purchase your necessary sketchbook. Class is limited to 12 participants.

Prepare Lunches for Loaves & Fishes

Monday, April 28 • Activity Room A • 2:30 pm
Sign up on the Uniguest App to help with this monthly service project.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Take 3 for Wellness: National Colorectal Cancer Awareness Month

Submitted by Tonya Wilson

Colorectal cancer is any cancer of the colon or rectum. It almost always develops from precancerous polyps which are abnormal growths in the colon or rectum. Screening tests can find precancerous polyps early and when treatment is most effective. Polyps can be removed before they turn into cancer.

Regular screening, beginning at age 45, is the key to preventing colorectal cancer. It is recommended that adults aged 45 to 75 be screened regularly. Screening after age 75 was linked with a 39% reduction in the incidence of colorectal cancer and a 40% decrease in the risk of death from the disease. The decision to screen people aged 76 to 85 should be made on a case-by-case basis through a discussion with your doctor considering the potential benefits and risks for each person. How regularly you need screening often depends on the results of your initial test results. Your risk of getting colorectal cancer increases as you get older. More than 90% of new cases occur in people who are 50 years old or older.

Other risk factors include having—

- *An Inflammatory bowel disease such as Crohn's disease or ulcerative colitis.
- *A personal or family history of colorectal cancer or colorectal polyps.
- *A genetic syndrome, such as Lynch Syndrome

Screenings may include: Several types of Stool Tests, including Cologuard

Flexible Sigmoidoscopy, where the doctor puts a short, thin, flexible, lighted tube into your rectum and checks for polyps or cancer inside the rectum and lower third of the colon.

A Colonoscopy is similar to flexible sigmoidoscopy, except the doctor uses a longer, thin, flexible, and checks the entire colon. During the test, the doctor can find and remove most polyps and some cancers. Colonoscopies are also used as a follow-up test if anything unusual is found during one of the other screening tests.

Virtual Colonoscopy uses X-rays and computers to produce images of the entire colon, which are displayed on a computer screen for the doctor to analyze.

Colorectal polyps and colorectal cancer don't always cause symptoms, especially at first. Someone could have polyps or colorectal cancer and not know it. That is why getting screened regularly is so important. If you do have symptoms, they may include—

- Blood in or on your stool.
- Stomach pain, aches, or cramps that don't go away.
- Losing weight and you don't know why.
- Change in bowel habits

Not counting some kinds of skin cancer, colorectal cancer is the fourth leading cause of cancer-related deaths in the United States. It is the third most common cancer in both men and women. So make sure you discuss your risk factors at your annual physical appointment.

Oscar Nominated Movies:

Wicked

PG · 2024 · Musical/Fairy Tale · 2h 40m
Saturday, April 5 · 7:00 pm

Elphaba, a young woman ridiculed for her green skin, and Galinda, a popular girl, become friends at Shiz University in the Land of Oz. After an encounter with the Wonderful Wizard of Oz, their friendship reaches a crossroads.



A Complete Unknown

R · 2024 · Docudrama/Music · 2h 21m
Saturday, April 12 · 7:00 pm

In 1961, an unknown 19-year-old Bob Dylan arrives in New York City with his guitar and forges relationships with musical icons on his meteoric rise, culminating in a groundbreaking performance that reverberates around the world.



Conclave

PG · 2024 · Thriller/Drama · 2h
Saturday, April 19 · 7:00 pm

When Cardinal Lawrence is tasked with leading one of the world's most secretive and ancient events, selecting a new Pope, he finds himself at the center of a web of conspiracies and intrigue that could shake the very foundation of the Catholic Church.



The Brutalist

R · 2024 · Drama/Epic · 3h 36m
Saturday, April 26 · 7:00 pm

When a visionary architect and his wife flee post-war Europe in 1947 to rebuild their legacy and witness the birth of modern United States, their lives are changed forever by a mysterious, wealthy client.



A Gift of Pages

AI Generated

In dusty corners, books may stay,
Unread, forgotten, tucked away.
But stories long to spread their light,
To spark a dream, to give insight.

So gather books you've loved before,
The ones that sit upon your floor.
Give them wings, let them be free,
To find new minds—what joy to see!

With every book you choose to share,
You spread the magic held in there.
So donate now, don't let them fade—
A gift of pages, wisely made!

Your Carlyle Library is always on the lookout for donated books.

Feel free to leave books on the library cart. If you have more than 10 books to donate please call someone on the Library committee to discuss your donation.

If you are in the donating mood, you may also consider making a monetary donation to the library fund held by the Navicent Health Foundation.

Easter Bunny

All I need to know about life I learned from the Easter Bunny...

Don't put all your eggs in one basket.
Everyone needs a friend who is all ears.
There's no such thing as too much candy.
Let happy thoughts multiply like rabbits.
Keep your paws off other people's jellybeans.
A cute little tail attracts a lot of attention!



Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

Free Transportation to Stores:

Kroger

Every Wednesday · Depart Lobby at 9:30 am

Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

Uniquet "Bulletin Board"

The Uniquet Community App has an interactive module called the *Bulletin Board*. It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am
Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Lunch & Learn: Dr. Dan Chan

Friday, April 25 · 11:30 am · The Grande
Dr. Dan Chan, an orthopedic and joint replacement surgeon will speak about joint replacements.

Carlyle Place Committees

Building & Grounds Chairperson: George Beck

1st Thursday · 10:00 am · Admin. Conf. Rm

Development Chairperson: George Beck

4th Thursday · 10 am · Admin. Conf. Rm

Quarterly: January, April, July, October

Dining Chairperson: John Amabile

1st Wednesday · 10:00 am · Admin. Conf. Rm

Library Chairperson: Pat McMahon

2nd Monday · 1:00pm · Executive Conference Rm
Jan. - March - May - July - Sept. - Nov.

Marketing Chairperson: Jim McInerney

3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Carolyn McInerney

2nd Wednesday · 3:00 pm · Admin Conf Rm

RAC President: Ty Ivey

2nd Thursday · 10:00 am · Admin Conf Rm

February 2025 Honorariums & Memorials

Donated in Memory of:

John Black

Jack DeMave

Bob Hearn

Dick Smith

Roy Wyche

Donated by:

Herb Greenwald

Gil & Struby Thelen
Edward & Madeline Brewton
Don & Mary Dale Kea
Sandy & Ronnie Knapp
Ted & Barbara Durvin
Roger & Linda Andersen
Herb Greenwald

Herb Greenwald

Herb Greenwald

Herb Greenwald

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated every 6 months on the Recognition Board. To make a gift, please make your check payable to Carlyle Place Resident Assistance Fund or Carlyle Place General Fund and mail to 3330 Northside Drive, Macon, GA 31209. Contact Tarver Perry at 478-633-7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.

Around Carlyle



Dianne & Doug Scharp winners of the March Cornhole Tournament



Laurie Shaw, winner of the puzzle contest in January

New Residents: Sandy & John Barrow

Written by Bonnie Hearn



Sandy and John Barrow love the mountains. They have a home near Highlands, North Carolina and spend most of the warmer months there. Johnny says he has spent fifty years in Macon, Georgia and thirty in the mountains. Johnny is retired, but Sandy continues selling real estate in the Highlands/Cashers area where she and her son, John, are partners in this business. Their other son, Mark, is a radiologist and lives in Macon with his wife, Lee and son, Samuel, a Mercer graduate with medical school on the horizon. Another grandson, Mark Jr., live in Nashville, Tennessee where he practices in the area of law. A third grandson, John Jr., is employed with Accenture.

Both Sandy and Johnny grew up in West Point, Georgia, but did not begin dating until they were both in Atlanta. Johnny was at Georgia Tech and Sandy at Agnes Scott. Johnny lettered in tennis at Tech and worked with IBM after graduation. Sandy received a Master's degree from Mercer and during her career, she taught school and

later served as Director of Development at The Children's Hospital in Macon.

When in Macon, both the Barrows enjoy the accommodating atmosphere of Carlyle and making new friends as well as reacquainting with old ones. Sandy enjoys the Carlyle Dog Park with their ten-year-old pup and Johnny, having given up playing so much tennis, likes time for a good book before the weather warms up and the mountains start calling. Welcome the Barrows and their seasonal time with us!

Courses

Thursday, April 24 • 5:00 pm • Seasons Dining

- Smoked Bone Marrow with cornbread and jam
- Braised beef rib with wild mushroom risotto, split pea and sweet carrot coulis and braised broccolini
- Lemon crème brulee

This event is \$24 per person. Limited to 32 persons, sign up on the Uniguest App.



Mary Dempsey, Bob & Cathy Dunne, & Hank Dempsey in all pink at the Cherry Blossom Happy Hour



Jane Dickey, Edyth Snow, & Beverly Finley at the Cherry Blossom Happy Hour

Scam Alert: “Card Declined” Error

<https://bbb.org/article/news-releases/30839-bbb-scam-alert-card-declined-error-may-lead-to-multiple-fraudulent-charges>

It can happen when you least expect it – your credit card is declined! In some cases, you might not have enough money in your account, or you forgot to tell your bank you’re traveling abroad. But if you’re shopping online, an error or “card declined” message may be a sign of a new twist on online shopping scams.

How the scam works

You’re shopping online and decide to purchase from a retail website. Or, you receive an email from what you think is a reputable business for a discounted or free offer and decide to take advantage. You enter your personal information, including your email address, phone number, and shipping address.

When you enter your debit or credit card number for payment, the website tells you that your card was declined or you receive an error message, “Your card did not go through for some reason.” This is unexpected since you have enough funds in your account. You decide to try another card for payment, but you receive the same error message!

You’re concerned, so you call your bank or credit card company to ask about the declines. To your surprise, the representative tells you that your cards have not been declined; instead, you’ve been charged more than you anticipated for the purchase. You realize that either the website you were shopping on was a scam or the email you were sent from the business was fraudulent, and you gave your personal and financial information to a scammer.

In another example, a consumer reported, “I proceeded to make a purchase on the website and after I entered my credit card information, the website reloaded and said to use a different card because “the card did not go through for some reason.” I retried with the same card and obtained the same error message. However, I got an alert from my card company almost instantly that the charge for \$2,500 was declined...I did not attempt any such charge of \$2,500...Now my personal email, address, and phone number, and credit card account number have been exposed.”

BBB has tips for how to avoid similar online purchase scams:

Verify you’re shopping on a legitimate website. Scammers build fake, lookalike websites to trick shoppers into thinking they are buying from the actual business. Look closely at the URL (it may be off by a letter or two) and check that the website is secure by verifying you see the “https://” in front of the URL.

Watch out for fake emails, texts, and ads. Scammers love impersonating businesses in fake emails, text messages, and social media advertisements. Don’t trust unsolicited messages, and always verify links before clicking on them. When in doubt, delete the message or ignore the ad, and visit the business’s website on your own instead of clicking the links.

Don’t be fooled by great offers. Prices that seem too good to be true often are. If you’re unsure about purchasing from a business, shop around with other retailers to compare the pricing of the product you want. Get an idea of the actual price of the product. You may be able to find the product at a trustworthy retailer (such as a BBB Accredited retailer) and feel more comfortable making your purchase.

Research the business. Before purchasing, look up customer reviews online and search the business on BBB.org. Look for the BBB Seal to verify if the business is BBB Accredited. If you think it may be a scam, search on BBB Scam Tracker.

Use a credit card for extra protection. If you plan to make a purchase, use a credit card. Credit card companies offer additional protection against fraud, and you should be able to dispute any unanticipated charges on your account.

Check up on your credit and debit card protections. There’s never a wrong time to talk with your bank and credit card company to confirm what protections you have on your cards. You can set purchase limits and travel restrictions and sign up to get notified when purchases are made at any dollar amount.

Celebrating April

Stress Awareness Month

Jazz Appreciation Month

Adopt a Greyhound Month

Golden Rule Week

April 1–7

Passover

April 12–20

Tartan Day

April 6

Metric System Day

April 7

**International Moment
of Laughter Day**

April 14

Easter

April 20

Earth Day

April 22

DNA Day

April 25

Hug an Australian Day

April 26

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
Cell	478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Famous April Birthdays

In astrology, those born between April 1–20 are Aries, the Ram. Rams are adventurous go-getters and full of enthusiasm, charm, and energy. They make dynamic pioneers and adventurers—undeterred when the going gets rough. Those born from April 20–30 have the star sign of the Bull of Taurus. Bulls show steady, dogged persistence in achieving their goals. Once goals are reached, they enjoy being rewarded, especially with beauty and peace at home.

Marlon Brando (actor) – April 3, 1924

Spencer Tracy (actor) – April 5, 1900

Walter Winchell (columnist) – April 7, 1897

Jackie Chan (actor, stuntman) – April 7, 1954

Charles Wilson Peale (artist) – April 15, 1741

Paloma Picasso (designer) – April 19, 1949

Shirley Temple (actress) – April 23, 1928

Carol Burnett (comedian) – April 26, 1933

Jerry Seinfeld (comedian) – April 29, 1954



Turtles basking in the sun in the Carlyle Place pond

Saint Patrick's Day



Kate Williams, Bonnie Hearn, Ian Davies, Sarah Cooper & Dorothy Black at the Saint Patrick's Day Happy Hour



Bob Dunne & Jo Anne Dankel-Dobbs at Saint Patrick's Day Happy Hour



A lucky and intense game of Saint Patrick's Day BINGO

March's Employee of the Month: Steven Towns



March's Employee of the Month was Steven Towns. Steven has worked at Carlyle Place for close to four years as a cook in the Dining Department. You can find him in the Bistro or at special events as he assists with many events that occur at Carlyle Place.

Steven grew up here in Macon, GA. He has a daughter, Mae'Delyn (1), who he loves spending time with when he is not working. When asked what he most enjoys about his job, Steven stated "I love being around all my co-workers and the fun we have while working together."

If you happen to see Steven, be sure to congratulate him!

The RAC Corner

Ty Ivey, RAC President

The following piece is a copy of the RAC blast recently sent to all of our residents. This was written by Fred Reese, Mary Dempsey and Marianna Gebara. I thought that just to make sure that everyone saw it, we would include it in the Chronicle. This is not supposed to represent everything that has happened around Carlyle, but to note some of the actions of RAC. We hope that each of **you might consider it's content when pondering a possible election run this year. RAC is a working group and it is increasing it's activities.** Vice President, Andy Bunch, is in charge of the election and the campaign activities. You will be hearing from him **soon...** —Ty Ivey, President

The RAC election is just around the corner and you, the residents, will be electing three new RAC members and if you are willing to dedicate a lot of time and effort to help RAC and leadership serve the residents, please consider placing your name on the ballot.

Sherry Sims, Lynn Schuessler, and Ty Ivey will be rotating off the council. On behalf of RAC and the residents of Carlyle Place, we thank each for their service and Ty for his leadership for the past two years as RAC President.

RAC works in cooperation with leadership to meet the needs of Carlyle Place and those who live here. We often focus on today and forget the past. The three retiring members, along with the other members of RAC working with leadership, have seen and been part of the many advances that Carlyle Place has made during their tenure.

Let's review what has been accomplished during their three years of service. When they came to RAC, the occupancy rate was around 70%. With the support of Atrium and under the direction of our leadership team, that has grown to 90% occupied and 98% sold with a long waiting list. Carlyle At Home has increased from 50 to 90 with a waiting list created. This has put us in a very favorable financial position with a positive outlook for the future as stability has come to Carlyle Place. Along with the other members of RAC, they have seen and been part of the many new improvements and additions that have come about.

What else has taken place during their time serving the residents? The ground's presentation has been enhanced by removing many declining and ill placed trees. New trees have been planted, new landscape shrubbery added, the entrance received a facelift, broken sidewalks repaired, and parking areas repainted. The Garden Center now has raised beds and fencing, some Garden Home lawns have been enhanced and three new Garden Homes have been built and are occupied. And all Garden Homes have new roofs. A new pavilion was built and the Bistro courtyard upgraded. We have a new dog park and putting green to serve residents. The employee service hall and break room have been remodeled and dining services are now enjoying a refurbished kitchen and will soon have a modern point of sale system to better serve us. A new bus and van have been purchased and **maintenance received a badly needed new forklift. And let's not forget the enhanced swimming pool with its new roof and handrails,** or the knuckle pavers and new automatic doors for the South Wing. A new more efficient cooling tower is now in place.

In an effort to stay abreast of modern trends, 78 apartments and 16 Garden Homes have been totally remodeled in the last three **years, with more under construction at this time. And what have our healthcare areas received? Cambridge Court's courtyard** has been upgraded along with the Harrington House patio. A total of 30 healthcare apartments have been updated. And lest we forget, our building is in the process of being painted and receiving new shutters.

In the service to residents we have a new therapy company, a new salon company and new Medical Director. Also, many other procedural changes have and are taking place in order to meet the needs of residents.

RAC was instrumental in aiding leadership to formulate our non-smoking policy. RAC has also created an email system and a **suggestion box to aid residents in ways to communicate with RAC and RAC to communicate with residents. And, at RAC's request the** resident bereavement donation has returned.

As can be seen, there is no question that a lot has been accomplished and it is a foregone conclusion that much remains to be done. Atrium, leadership, and RAC have been working on future plans to keep us in the top echelon of Life Care Communities. In **fact, while we don't hear much about it, the master plan is still moving forward. It is only natural for us to question decisions** from time to time, but when we look back at where we came from and look forward to where we are going, we can take pride in this grand old lady that we all call home. RAC members have had the opportunity to play a role in many of these accomplishments. If you have the interest and are willing to put in the time, please consider throwing your hat in the ring.

Relaxation with Patti

Tues., April 8, 15, 22 & 29 · 7 pm · Chaise Lounge Chairs

Patti will be leading progressive muscle and guided imagery relaxation sessions. Each thirty-minute session will reduce stress and muscle tension and leave you feeling refreshed. This class is limited to 8. Sign up on the Uniguest App.

Pub Trivia

Tuesday, April 8 · 4 pm · The Pub

Pub Trivia takes place every 2nd Tuesday for teams of five or less. To receive a bonus point for your team, attend the National Walking Day Walk on Wednesday, April 2 and let a Resident Life member know to mark you down as an attendee for your team. For the May Pub Trivia bonus point, one person from each team can donate to the canned food drive on Wednesday, April 16-Friday, April 18. Take a picture of what you donate and send the picture to Cele or Elizabeth.

Send your picture to
 Elizabeth.fletcher@atriumhealth.org or
 Celeste.minschew@atriumhealth.org

A Poem for Pet Owners



To keep your pet safe and sound,
 We need their info written down.
 In case you're away and cannot be near,
 We'll know what to do, so have no fear.

Your pet's routine, their favorite treat,
 The food they love, the vets they meet,
 A contact name, a place to stay—
 It helps keep worries far away!

Emergencies can come so fast,
 But with this form, the plan is cast.
 So fill it out, don't delay,
 And bring it to the desk today!



Support Group:

Dementia Support Group

Thurs., April 24 · Activity Rm A · 1:30 pm

March Employee Anniversaries

1 Year

Brittnae Howard
 Antonia Riley
 Justin Wyche
 Notorius McGee
 William Johnston

2 Years

Austin Cannaday
 Jessica Paul

3 Years

Troy Cannaday
 Wanda Miller
 Jessica Towles
 Aisha Waters

7 Years

Vicky Watson

9 Years

Elvira Brown

11 Years

Cathy Jones

17 Years

Latonia McDonald

21 Years

Melinda Newland

I SPY - April 2025

“I Spy” showcases a resident who makes a difference in our community, someone who brightens other’s days or someone who has done something extra special to benefit others.

I spy... a resident who is as selfless as they come! This lady doesn’t meet a stranger. She is always looking for ways to improve the lives of fellow residents, neighbors, and friends. She serves on multiple IL committees, regularly participates in exercise classes, heads up the Healthcare Volunteer program, and spent a great deal of time helping to get the dog park built! Please join me in thanking Mrs. Carolyn McInerney for the many contributions she makes to our community!



Residents painting cherry blossom trees

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I’d Like to Hear, Leadership Reports, and any New Resident introductions). The formats are:

Week 1

Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2

Rehab Updates/Reminders
Committee Report

Week 3

RAC Report
Take 3 for Wellness
Snapshot (Quarterly: Jan, Apr, July, Oct)

Week 4

Committee Report
New Employee Introductions/Employee of the Month
Marketing Minute

Week 5 (January, May, August, October)

Healthcare Updates/Reminders
CP at Home Updates/Reminders

2025 Committee Report Schedule:

Building & Grounds:	4/8	7/8	10/14
Library:	4/22	7/22	10/28
Development:	5/13	8/12	11/11
Marketing:	5/27	8/26	11/25
Dining:	6/10	9/9	12/9
Programming:	6/24	9/23	12/23

April Birthdays

Jo Ann Dankel-Dobbs	4/5
Edyth Snow	4/9
Bill Simmons	4/10
Anne Sarber	4/10
Barbara Wommack	4/10
Virginia Holloway	4/14
Beverly Meadors	4/16
Barbara Scully	4/18
Carlee Davies	4/19
Linda Faulk	4/21
Bonita Braun	4/24
Bob Dunne	4/25
Sandy Knapp	4/26
Gail Young	4/28
Terrell Stanley	4/29
Carolyn McInerney	4/29
Don Kea	4/30

Carlyle-at-Home

Rebecca Markwalter	4/2
Nancy Duggan	4/24

Easter Brunch at Carlyle

Sunday, April 20 · 11:30 & 1:30 Seatings · Dining Room

Brunch menu will consist of:

- Golden Orange Glazed Ham
- French Toast Casserole
- Sausage Links and Bacon
- Grilled Chicken Limone
- Baked Cod with Shrimp
- Cheesy Hashbrown Casserole
- Glazed Baby Carrots
- Asparagus
- Assorted Dessert Bar

All seating reservations must be made in advance. Maximum table size is 8, in order to accommodate as many residents as possible. Guest price is \$24.99 and children \$12.50. Failure to cancel a reservation at least 24 hours in advanced will result in a no show fee of \$20 per person. Call for reservations at 478-405-4526.



Deporting Seniors

Submitted by Harold Reed

Government deporting seniors

To help save the economy, the Government will announce next month that the Immigration Department will start deporting seniors (instead of illegals) in order to lower Social Security and Medicare costs. Older people are easier to catch and will not remember how to get back home. I started to cry when I thought of you. Then it dawned on me...oh, damn...I'll see you on the bus.



Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

BLP - Backlot Players

(478) 994-0443

Website: thebacklotplayers.org

CP - Centreplex

(478) 803-1593

www.maconcentreplex.org/coliseum/ticket-office/

DT- Douglass Theatre

(478) 742-2000

Website: douglasstheatre.myboxoffice.us

FH - Fickling Hall at Mercer University

(478) 301-5470

Website: www.mcduffie.mercer.edu

GOH - Grand Opera House

(478) 301-5470

Website: www.thegrandmacon.com

MCA - Macon City Auditorium

(478) 803-1593

<https://www.maconcentreplex.org/auditorium/>

MLT - Macon Little Theatre

(478) 471-7529

Website: www.maconlittletheatre.org

TM - Theatre Macon

(478) 746-9485

Website: www.theatremacon.com/tickets

Parlor Library: Food For Thought

Written by: Jane Perry

FOOD, once the provenance of cook books, has migrated to the realm of fiction and nonfiction. Where initially a list of ingredients, mixing instructions and temperature sufficed now food is sprinkled through out family stories, romances and mysteries. These stories are as colorful of informative as the author's background. Some authors, who previously wrote in a particular genre, have switched gears and embraced food with gusto. Hope you find these selections tasty... pun intended!

Nathan Englander, *Dinner at the Center of the Earth*—The Israeli-Palestinian conflict from diverse viewpoints.

Baily White, *Quite a Year For the Plums*— The Atlanta Journal-Constitution's sentiment on the book's cover "as tasty as a 12 egg poundcake.

Ruth Reichl, *Comfort Me with Apples*— This is her journey to becoming a food writer complete with stories and recipes.

Jodi Picoult and Jennifer F. Boylan, *Mad Honey*— The complex life of bees, honey and life in this love story surrounding a mystery— or a mystery surrounding a love story.

Kathryn Stockett, *The Help*— Lines are crossed time and time again in Mississippi as the outside world intrudes. The "help" and those being "helped" try to live side by side.

Charmaine Wilkerson, *Black Cake*— A recipe and a recording share the family's life story changed by the matriarch's choices.

Nina George, *The Little French Bistro*— Which life is true— the day to day life or the illusion?

Karen Hawkins, *A Cup of Silver Linings*— Ava Dove living in Dove Pond, NC opens a new tea-room and stirs up family secrets.

Bonnie Garmus, *Lessons in Chemistry*— Chemist Elizabeth Zott turned cooking show hostess changes how women tackle cooking. With seriousness and humor she changes how her audience views life.

Barbara Kingsolver, *Animal, Vegetable, Miracle*— After moving from Arizona to Virginia, Barbara and her family attempt for a year, to grow their own food or buy locally sourced food.

Sharon Kahn, *Never Nosh a Matzo Ball; Don't Cry for me, Hot Pastrami*— The Rabbi's widow searches near and far to find the murderer!

Cathy Pickens, *Hog Wild; Southern Fried; Done Gone Wrong*— A southern gal returns home to become involved in solving local crimes.

Peter King, *The Gourmet Detective; Eat, Drink and be Buried; Spiced to Death*

James McBride, *The Heaven and Earth Grocery Store*— The grocery store is surrounded by complicated lives and mysteries spanning decades.

Nancy Pickard, *The Blue Corn Murders*— The southwest is the setting for mysteries and recipes — a strange but intriguing combination.

Veranda Library: Food For Thought

Written by: Jane Perry

Benji Griffith, *Whiskey Before Breakfast*— Set during the Great Depression in Middle GA. Whiskey propels the actions of a father, son and his friend.

Suzanne Lawler, *Cotton, Cornbread and Conversations*— 50 adventures in Central Georgia. A collection of diverse stories, some quickly and some heartfelt.

Ed Grisamore, *Wiener*— *The Story of Nu-Way*— Serving weiners, intentionally misspelled, for over 106 years and counting.

Ed Grisamore, *We're Still Cooking*— *Rebuilding Macon*— Stories about Macon restaurants and the owners and recipes that made them famous.

Elizabeth Strout, *Tell Me Everything*— By the author of Olive Kitteridge, a love story with groceries and familiar characters.

Shelley Costa, *Basil Instinct*— An invitation for Eve to join the Belfiore, a secret all-female Italian culinary society, creates suspicion and warnings.

Anna Quindlen, *Still Life With Bread Crumbs*— A mystery, a love story and life.

Diane Mott Davidson, *Dark Tort*— When Goldy's friend is murdered she sets out to find the killer. More suspects than you can imagine.

Alexander McCall Smith, *Friends, Lovers, Chocolate*— Isabel steps in to run Cat's delicatessen as she troops off to Italy— and returns with an Italian lover.

Ellery Adams, *The Secret Book and Scone Society*— The bookstore owner, Nora Pennington, her customers, and readers reach out to solve a murder.

Ina Garten, *Be Ready When Luck Happens*— A memoir—life and times of Ina Garten. Her advice "be ready when luck happens".

JoAnna Carl, *The Chocolate Mouse Trap; The Chocolate Moose Motive; The Chocolate Frog Frame-Up; The Chocolate Bear Burglary; The Chocolate Puppy Puzzle; The Chocolate Bridal Bash; The Chocolate Jewel Case*— A box filled with sweet, sticky mysteries.

Ruth Reichl, *The Paris Novel*— An Adventure in Paris of the 80's spiced with food, art and fashion.

Ruth Reichl, *Delicious*— The magazine Delicious propels the new journalist into the food world and people who love food.

Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Elizabeth Fletcher at Elizabeth.Fletcher@atriumhealth.org.

Carlyle Place Drama Society



The Carlyle Place Drama Society performing Arsenic & Old Lace



Jo Ann Dankel-Dobbs on sound effects & Letty Kaplan, narrator

Mardi Gras



Nancy Schiltz found a baby in the King cake



Linda & Roger Andersen at the Fat Tuesday Party



When The Saints Go Marching In parade at the Fat Tuesday Party



Sharon Welch found a baby in the King cake