

The Carlyle Chronicle

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Carlyle Place

A Life-Plan Community of Atrium Health Navicent

Christmas Family Adoption

Thank you to all who participated in purchasing items for the grandmother and her 6 grandchildren who we adopted this season. Through your generous giving, we were able to make Christmas one to remember for each member of the family. Below are just some of the items provided for this deserving family this Christmas. Enjoy a picture of the kids celebrating all of their gifts and necessities you provided.

- 6 Tablets
- Dolls
- A Tea Set
- Board Games
- A Play Kitchen Set
- Roller Skates
- Baby Toys
- Blankets
- 8 Pairs of Shoes
- Clothing for the Family
- Multiple Towel Sets
- Perfumes
- Lotions
- Toiletries
- Books
- Learning Games
- 2 athletic balls
- Action Figures
- 12 PI Settings of Dishes
- 12 Place Setting Utensils
- 3 sets of glass ware
- A Coffee Maker
- Coffee Supplies
- Diapers and Wipes



Recurring Activities

Happy Hour

Monday - Friday · 5:00 - 6:00 pm · The Pub
Saturdays · 5:00 - 7:00pm · The Pub

Have You Heard

Tuesdays · 11 am · The Grande
Attend this weekly town hall-style meeting to stay up-to-date on information about what is happening at Carlyle Place.

Line Dancing

Mondays · 3:00 pm · Group Fitness Rm

Carlyle Choristers Practice

Tues., January 7, 14, 21 & 28· 1:30 pm · Activity Rooms
All are welcome to join our resident choir. Ladies will practice on January 7 & 21. Men will practice on January 14 & 28.

Pub Trivia

2nd Tuesdays · 4:00 pm · The Pub
The Pub opens early for this rowdy, competitive game of trivia where teams of five or less compete for prizes. Sign up in the Uniguest App and note if you are in search of a team.

Coffee & Conversations

Wednesdays · 9:30 am · The Pub
Will not occur on 1/1

Tie Blankets for Children

Fridays · 10:30 am · Activity Room B
This weekly group service project assembles blankets for patients at the Atrium Health Levine Children's Beverly Knight Olsen Children's Hospital.

Communions

Episcopal - Mon., January 6 - Act. Rm A · 10:00 am
Episcopal - Thurs., January 16 - Act. Rm A · 10:00 am
Methodist - Thurs., January 16 - Act. Rm A · 1:00 pm
All are welcome to attend Methodist & Episcopal Communion.

BUMs Breakfast

Saturday, January 18 · 8:30 am · The Grande
Loaves & Fishes, a Macon charity will be speaking on their local outreach.

Out & About

Breakfast at Toasted

Friday, January 3 · Depart Lobby at 9:00 am
Enjoy a delicious brunch at this popular new Macon restaurant on Bowman Road.

Volunteer at Backpack Ministry

Friday, January 3 · Depart Lobby at 1:00 pm
Volunteer for the Backpack Ministry at Forest Hills Church to prepare snacks to send home with deserving children.

Dinner at Downtown Grill

Thursday, January 9 · Depart Lobby at 5:00 pm
The Downtown Grill is an English Steakhouse that specializes in prime cut Black Angus steaks, fresh pasta dishes, fish filets and decadent desserts. This fine dining restaurant also features a well stocked bar that includes a vast array of scotches and bourbons.

Ukraine Ballet: Swan Lake at Grand Opera House

Friday, January 10 · Depart Lobby at 6:45 pm
Experience the world's most in-demand ballet, "Swan Lake," presented by Classical Arts Entertainment and performed by the State Ballet Theatre of Ukraine. A full-scale production features Tchaikovsky's legendary score, along with the exquisite Artistic Direction by Andrei Litvinov, bringing the masterpiece choreography by Marius Petipa and Lev Ivanov to life. Be spellbound by the iconic variation of Little Swans, Odile's 32 fouettés, and the graceful movements of the talented Ukrainian dancers. Ticket is required.

Music & the Arts: Ryan Johnson Vineville United Methodist Church

Sunday, January 12 · Depart Lobby at 3:15 pm
Ryan Johnson will be performing on the saxophone for all to hear.

Breakfast at J. Christopher

Thursday, January 16 · Depart Lobby at 9:00 am
Enjoy a classic breakfast with many choices at this brunch restaurant.

Frankie Valli Concert at Macon City Auditorium

Friday, January 17 · Depart Lobby at 6:45 pm
Advanced tickets to this event have already been purchased.

Out & About

Central State Hospital Trolley Tour & Lunch at the Velvet Elvis

Thursday, January 23 · Depart Lobby at 9:45 am
Take a trolley tour of the Central State Mental Hospital in Milledgeville, GA after enjoying lunch at the Velvet Elvis downtown. Led by a former hospital employee, the campus tour provides a transparent overview of the institution's multifaceted heritage, the current treatment of clients, and the ongoing redevelopment of the property.

Lunch at Taki

Friday, January 24 · Depart lobby at 10:45 am
Grab a bite of Japanese food at this local hibachi and sushi restaurant.

Met Opera Live: Aida at Douglass Theatre

Saturday, January 25 · Depart Lobby at 12:00 pm
Soprano Angel Blue makes her long-awaited Met debut as the Ethiopian princess torn between love and country, one of Met Opera's defining roles. Music Director Yannick Nézet-Séguin takes the podium for the premiere of Michael Mayer's spectacular new staging, which brings audiences inside the towering pyramids and gilded tombs of ancient Egypt. Ticket is required.

Macon Concert Association: Joel Terning, Baritone at Pierce Chapel

Sunday, January 26 · Depart Lobby at 3:00 pm
Joel Terning is a vocal soloist, educator, conductor and bass guitarist active in the greater Atlanta area. He earned a vocal performance degree in 2019 from Mercer University, where he studied with Dr. Rich Kosowski. Ticket is required.

Guest Artist Recital: Tony Boutte & Tim McReynolds at Fickling Hall

Monday, January 27 · Depart Lobby at 6:45 pm
Please join us for an evening of soaring vocal excellence performed by guest artist Tony Boutté, recently described in "Opera News" as "possessed of a radiant, communicative tenor," accompanied by Timothy McReynolds, Townsend School of Music's Helen Walls Rich Associate Professor of Collaborative Piano. Ticket is required.

Mystery Walk

Thursday, January 31 · Depart lobby at 2:00 pm
Need a breath of fresh air? Join us on this local winter walk. Walk is contingent upon weather.

Guessing Game

Written by Mary Dempsey

I see a woman at Carlyle Place
A welcoming smile on her face.
She has a warm and friendly way
Always has something nice to say.

The man alone, looking blue
I hear her say "I'll sit with you.
Let me walk you to the chair
I'll spend a moment with you there"

It seems whenever she is near
It's something nice I overhear...

"You have an appointment south of town?
Hop in...I can drive you down.
I'll water your plants every day
And feed your cat while you're away.

Are you new at Carlyle Place?
I'll slide over and make some space.
Sit with us and chat a bit
I've made some room for you to sit."

She's not remembered by her friend Jane
But she visits her just the same
Says she, "Jane does not remember me
But I remember her, you see."

Do these words bring someone to mind?
Someone who's welcoming, warm, and kind?
Contact me through mailbox note.
Who at Carlyle gets your vote?

(Submit to Mailbox 2214)

Pub Trivia

Tuesday, January 14 · 4 pm · The Pub

Pub Trivia takes place every 2nd Tuesday for teams of five or less. Attend the Seasonal Ice Cream Tasting on Monday, January 13 at 2:30 pm in the Activity Rooms to receive a bonus point. You must check in with a Resident Life Team Member stating your Pub trivia team name.

In-House Events

Healthcare Tour

Thursday, January 2 · 10:00 am · Healthcare Hallway
Sign up on Healthcare Row for a tour of our Healthcare neighborhoods. Questions about this important part of our Life Plan community will be answered. Space is limited.

Tech Tutoring with Caleb

Sunday, January 5, 12, 19 & 26 · 4:00 pm · The Parlor
Caleb Varnadore volunteers his time to help residents with technology issues or questions. Bring your technology with you.

Axe-cellent Throwdown

Friday, January 10 · 2:00 pm · Group Fitness Room
Carlyle Place has a new sport! Come test your skill at axe throwing for winter time fun.

Seasonal Ice Cream

Monday, January 13 · 2:30 pm · Activity Rooms
This annual party allows residents to vote on their favorite seasonal ice cream flavor from Publix.

Bark in the Dog Park

Tuesday, January 14 · 2:00 pm · Dog Park
Bring Fido to the newly renovated dog park for a canine meet and greet. Special treats will be served. Friendly pups only.

Craft Class: Umbrellas

Wednesday, January 15 · 3:00 pm · Activity Room A
Create a fun and vibrant umbrella to be used as decoration.

Tasting at the Burrough Food Truck

Friday, January 17 · 11:00 am—2:00 pm · Front Entrance
This award winning food truck from Warner Robins, GA will have a specialty burger menu, just for Carlyle Place residents and staff for lunch. Menu is provided on the right.

WINEO

Monday, January 20 & 27 · 4:00 pm · Activity Rooms
WINE-O, Bingo for wine lovers, is a way for adults to enjoy wine, fellowship, and fun with friends! This activity has very limited seating and participants are chosen by a lottery system.

National Championship Game

Monday, January 20 · 7:30 pm · The Pub
Watch the National Football Championship Game with friends and see who will come out on top!

Jigsaw Puzzle Competition

Wednesday, January 29 · 2:00 pm · Activity Rooms
Sign up as an individual to compete against other jigsaw puzzle lovers to complete a 300 piece puzzle. This event is limited to 10 participants but anyone may watch the event. Must sign up by Friday, January 17.

Tasting at the Burrough Food Truck Menu

Friday, January 17 · 11 am—2 pm · Front Entrance
Bring your cash or credit card or use Apple Pay to enjoy this event. All menu items include fries.



Resident Led Activities

Pickleball Play & Instruction

Monday, Wednesday, Thursday & Friday at 9:15 am
Will not occur 1/1

Poker

Mondays • East Wing Game Room • 1:00 pm
Sundays • East Wing Game Room • 2:00 pm
Facilitated by Walter Barnett: 478-238-5392

BYOP (Bring Your Own Project)

1st, 2nd, 3rd & 5th Mondays • Activity Rm A • 1:30 pm
Bring an individual project (craft, painting, needlework, etc.) to work on with friends. Or just come to fellowship with friends—new and old!

Beginners Clogging with Elaine Davies

Wednesdays • Group Fitness Rm • 4 pm
Will not occur 1/1

Joker

Tuesdays • The Pub • 7:00 pm
Wednesdays • East Wing Game Rm • 2:00 pm

Rummikub

Tuesdays • East Wing Game Rm • 6:30 pm
Saturdays • The Pub • 7:00 pm

Party Bridge

Tuesdays • The Pub • 1 pm
Facilitated by Joe Scalzo: 706-766-7190

Sequence

Thursdays • East Wing Game Rm • 6:30 pm

The Harmonica Group

3rd Wednesday • Back Rm Studio • 4:00 pm
Join this starter group of aspiring harmonica musicians who are learning how to play. All newbies are welcome.

Duplicate Bridge

1st, 2nd, 4th & 5th Thursdays • 1:15 pm • The Pub
Facilitated by Rae Scott: 478-474-3116

Canasta

Thursdays • East Wing Game Rm • 1:30 pm

MahJongg

Fridays • West Wing Game Room • 1:00 pm

Worship in the Activity Rooms

Sundays • Activity Rooms • 11:00 am

Mexican Train Dominoes

Sundays • The Grande • 6:00 pm
Facilitated by Walter Barnett: 478-238-5392

Coloring Workshop

Tuesday, January 7 • Activity Rm A • 3:00 pm
No experience is necessary and no supplies are needed. Come chat and learn adult coloring techniques with special seasonal projects with Debra Collins.

Book Club

Thursday, January 9 • Activity Rm A • 11:30 am
The First Ladies by Marie Benedict & Victoria Christopher Murray

Bingo with Bingo Bob

Sat., January 11 & 25 • The Pub • 4:00 pm
Join Bob & Demme Pluta as he leads his version of Bingo! \$5 for 5 games, please bring correct change. Sign up on the Unigest App.

Paper Craft Workshops

January 13, 22 & 31 • Back Room Studio • 2 - 4 pm
These workshops are for learning new Paper Craft skills and/or completing projects. Contact Magda Morris or Marty Reese for further information.

MOWW Luncheon

Friday, January 17 • Activity Room A • 12-2 pm
Contact Theron Simpson to RSVP: 803-833-6014

The Artful Touch with Debra: Watercolor Class

Sunday, January 19 • Back Rm Studio • 2:30 pm
Come participate in this step-by-step tutorial project to learn basic watercolor techniques and create a finished painting. No experience necessary. All skill levels welcome. No supplies needed. Class limited to 12 participants.

Pondering the Story with Elaine Davies

Mon., January 20 • Admin Conf Room • 2:30 pm
I Samuel 2: 1-10 Hannah's Song

The Artful Touch with Debra: Creative Ways to Fill a Sketchbook

Sunday, January 26 • Back Rm Studio • 2:30 pm
There's more to filling a sketchbook than drawing. Come learn some unique and creative ways to fill a sketchbook using a variety of mediums. No experience needed and all skill levels are welcome. A mixed media sketchbook is required for this class. Please see Cele Minshew in Resident Life to place your order. Class limited to 12 participants.

Prepare Lunches for Loaves & Fishes

Monday, January 27 • Activity Room A • 2:30 pm
Sign up on the Unigest App to help with this monthly service project.

Unless otherwise noted, sign ups for indicated activities will be through your Unigest App.

Take 3 for Wellness: Toenail Fungus

Submitted by Tonya Wilson

As we age, our nails change. Nails may become thicker, discolored, and brittle. They may have more ridges, split easier and even change shapes. Your toenails begin to grow slower and the blood supply to them decreases. This is all a normal part of the aging process. Today I'm going to talk about toenail fungus. Although the changes in your toenails may be normal, sometimes it is caused by a fungus. As your nails change, the cracks that develop in them can allow fungus and bacteria to enter. You have an increased risk of developing a nail fungus if you have a history of psoriasis, eczema, diabetes, or cardiovascular disease.

There are several things that you can do to help prevent nail fungus:

- 1) Wear properly fitted shoes that are not too short and have a wide toe box. When your shoes don't fit well the nails can hit against the shoe and damage the nail allowing the fungus to enter.
- 2) Alternate the shoes you wear. Your shoes get damp on the inside when your feet sweat. Fungus loves warm, damp, dark places. Allow your shoes to dry out for 24 hours after wearing.
- 3) If you feel like your feet have been sweating during the day, change your socks.
- 4) Keep the toenails trimmed short. If you can't trim them yourself, see a podiatrist or get a pedicure. It is recommended that a podiatrist trim the nails of those with diabetes, due to decreased sensation issues.
- 5) Make sure that you dry your feet thoroughly after you bathe, including between the toes. Moisturize your feet after you have dried them.
- 6) Ladies, if you suspect a nail fungus, avoid nail polish because this just seals the fungus in.

Fungi can be treated with oral medications and/or topical medication in the form of a nail polish or cream. In extreme cases, your doctor may recommend the nail be removed so the medicine can be directly applied to the nail bed. Fungal nail infections can be difficult to treat. It can take months to see results. And even if your nail condition improves, repeat infections are common.

If you think you may have a fungus, see your doctor or a podiatrist for a diagnosis and discuss treatment options. We do have podiatry services at Carlyle. Cynthia Hubbard, Healthcare Admin Assistant manages their schedule and has their consent forms so give her a call if you wish to be put on the list. Their next visit should be the end of January.

2024 Employee of the Year: Cele Minshew



Our Employee of the Year for 2024 was Cele Minshew. Cele has worked at Carlyle Place for a little over 8 years in the Resident Life department as the Events Planning Manager for Independent Living. She prides herself in outlasting any other Independent Living Activity Coordinator at Carlyle Place by 6 years! The fact that she loves her job clearly helps with this accomplishment. Cele's goal is to keep all residents active and engaged in a variety of activities that will improve their mental, emotional, social, physical and spiritual lives to help them live longer, more active lives.

Cele grew up in the middle Georgia area, and she is married to her high school sweetheart, Chuck. Together, they have 3 daughters and a healthy array of pets. Cele loves all animals, traveling, reading, cooking, decorating, movies, bargain shopping and TikTok. She enjoys scaring her co-workers by hiding and popping out at them when they walk by and throwing an occasional fake insect in their path.

Cele enjoys bonding with the residents she serves, and she wishes she would have started working in this position years ago! Her favorite part of her job is watching friendships and relationships grow between residents when they travel together. She sees bonds form between those who might never have had the opportunity to get know each other otherwise. She is also always touched by how our residents step up and help each other in someone's time of need.

The next time you see Cele, be sure to tell her how much she is appreciated.

Christmas Card Donations

Do you have used or extra unused Christmas cards that you have laying around? If so, you can donate these extras to Kaye Foltz as she repurposes cards to create new ones. Drop off the cards in mailbox



Young Americas School of Music students
at their Christmas performance

Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

Uniquet "Bulletin Board"

On the Uniquet Community App there is an interactive module called the *Bulletin Board*. It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

New Residents

Linda Cloaninger

Apartment 3103

Mike & Marty Dodd

Apartment 1216

Carol & Penny Howk

Apartment 2110

Free Transportation to Stores:

Kroger

Every Wednesday · Depart Lobby at 9:30 am

Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am

Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck

1st Thursday · 10:00 am · Admin. Conf. Rm

Development Chairperson: Don Kea

4th Thursday · 10 am · Admin. Conf. Rm

Quarterly: January, April, July, October

Dining Chairperson: Ann Meia

1st Wednesday · 10:00 am · Admin. Conf. Rm

Library Chairperson: Pat McMahon

2nd Monday · 1:00pm · Executive Conference Rm

Jan. - March - May - July - Sept. - Nov.

Marketing Chairperson: Kathleen Sheil

3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Joan Anderson

2nd Wednesday · 3:00 pm · Admin Conf Rm

RAC President: Ty Ivey

2nd Thursday · 10:00 am · Admin Conf Rm

November 2024 Honorariums & Memorials

Donated in Memory of:

Jerry Cogswell

Mae Hawkins

Don Miller

Leslie Morris

Carolyn Williams

Donated by:

George & Marianne Beck

Richard & Betty Smith

Ron & Mary Freeman
Jean Bragg

Gil & Struby Thelen
John & Chris Amabile

Gil & Struby Thelen
Don & Mary Dale Kea
Sandy & Ronnie Knapp
Marjorie O'Shaughnessey

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated every 6 months on the Recognition Board. To make a gift, please make your check payable to Carlyle Place Resident Assistance Fund or Carlyle Place General Fund and mail to 3330 Northside Drive, Macon, GA 31209. Contact Tarver Perry at 478-633-7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.

Resident Led Acknowledgement

In December, a luncheon was held to recognize the leaders of Resident Led Events that are listed monthly on the Calendar. In total, our resident leaders have volunteered over 2,000 hours this year providing fun activities that keep our residents happy and healthy. These resident led activities include:

BYOP (Bring Your Own Project)

Methodist Communion

Poker

Mexican Train Dominoes

Worship Piano

The Artful Touch

Coloring Workshop

Beginner Line Dancing

Pondering the Story

Clogging

BUMs Breakfast

Worship in the Grande

Democrats Luncheon

Harmonica

Cornhole

Pickleball & Pickleball Instruction

Dog Lovers Club

Book Club

Episcopal Communion

Paper Craft Workshop

Bingo with Bingo Bob

Rummikub

Party Bridge

Duplicate Bridge

Mahjongg

Wii Bowling

Ladies Luncheon

MOWW

Catholic Mass

Loaves & Fishes

Theatre Group

If you have a special talent and would like to lead an activity contact the Resident Life team.

New Residents: Carol & Terrel Stanley

Written by Mary Dempsey



You are about to be introduced to a couple who may be among the happiest people at Carlyle although they have good reason **not** to be! I can't think of too many people who had a more rocky start at Carlyle than the Stanleys!

Carol and Terrell Stanley were on Carlyle's waitlist and were expecting a 2 1/2 year wait for an apartment. Very unexpectedly they received a phone call informing them that an apartment had become available. Within 60 days they were out of the home they had occupied for 38 years! The couple was just starting to settle in at Carlyle when their new apartment was hit by the deluge of the West Wing! They were sent off to a temporary apartment where they hunkered down for two months. The Stanleys still had their home in Bonaire and had lots of remaining downsizing to do. While clearing out, Terrell had a fall and broke his kneecap. "The fall slowed everything down, but I was so grateful to be here on campus at Harrington House where everything is under one roof." Terrell's knee has healed and they are ready to move on!

Carol lived in New York and Philadelphia before moving to Georgia. In New York, she worked for the Commissioner of Jurors in the administrative department where she was involved in the jury selection process. After moving to Georgia, she worked at Robins Air Force Base where she started her 30 year career as a secretary and retired as a financial analyst.

The library at Carlyle is a dream come true for someone like Carol who has a passion for reading. The second runner up in her passion department is dancing. She says she inherited her love of dancing from her mother. You name the dance... square dance, line dance, two step, cha cha... she's all in! She is a longtime Beatles fan and attended several of their concerts in Canada, New Jersey, New York, and Philly.

Terrell spent his early years in Oregon, Washington, and Indiana. It was in Oregon where he had his first job at age 2. His grandfather's farm produced fruits and nuts. Starting at that early age, he earned his first nickel picking up walnuts. Terrell served 8 years in the Air Force as a communications officer. He was stationed in Texas, Mississippi, California, Alaska, and Georgia. Following his military commitment he had a 30 year career at Warner Robbins Air Force Base working in quality assurance and computers.

Terrell's passion is photography. He has won many awards in his field including several first place ribbons in Georgia state competitions and two best-of-shows at Georgia's National Fair. One of the award winning photos was that of Keiko, the orca whale, best known for his role in the 1993 movie, Free Willy. Terrell was a member of the Macon camera club where he took many photos for the Macon Cherry Blossom Festival. He was also the official photographer for the Macon Georgia Clown Alley.

The Stanley's were avid RV enthusiasts. They were members of an RV club for 14 years and attended state rallies in the south eastern United States. Their most noteworthy adventure was a two month RV trip to the west coast. Another favorite trip was a 2000 mile drive along the Skyline Drive and Blue Ridge Parkway riding together on a Yamaha Seca 650.

So happy this interesting, enthusiastic, adventurous couple has joined us here at Carlyle, welcome.

PS...Here's a fact that I bet few of you know. Terrell is a juggler of balls, rings, and clubs. Although Carol's most creative Christmas gift was a set of juggling KNIVES, they just sit unused on a shelf somewhere....thank goodness!!

New Residents: Tommy Halliburton

Written by Mary Dempsey



So... you think you know Tommy Halliburton because he has been living among us at Carlyle since November 2023? Well, I assure you that you will learn at least one new fact about Tommy. How this interesting guy slipped between the cracks of the new resident interviews I do not know! My bad!

Tommy is a native Maconite. His family has roots in Macon going back several generations. He was born in Macon Hospital (now Atrium), lived and was educated through high school right here in Macon. He left for Alabama where he spent his college years and then returned to Macon, never to be uprooted again.

Tommy was a 1965 graduate of Auburn University where he received a Bachelor of Business Administration degree. That business degree opened the door to a seven year banking career where he worked as an officer of a local Macon bank.

Tommy left banking to start his own business, Halliburton Construction Company. He spent 45 years in residential housing construction in the north Macon area.

It was during his high school years that Tommy met Margaret Callaway. She was his high school sweetheart and became his wife in 1965. Tommy and Margaret have two sons. Older son, Tom, is in the sales department of Thomas Concrete Group, a large company in Atlanta. The couple's second son, Cal, also lives in Atlanta. He works for a wealth management firm. Their two sons have given them five grandchildren.

Tommy shared his two passions in life. For many years he was an avid snowmobiler. He was inspired by an article in the snowmobiling magazine. He wrote to the publisher who suggested he visit Wyoming, the "snowmobiling capital of the world." That was the start of a 20 year interest in the sport and many adventures in the state of Wyoming.

His second passion was mission work. For more than 40 years Tommy was involved with Habitat for Humanity. He worked in home construction and renovation in Tennessee, Georgia, Hawaii, Vermont, Costa Rica, and Nicaragua.

Tommy and Margaret watched Carlyle being built and no other CCRC was even considered. Margaret moved into Stafford Suites and Tommy settled into apartment 1218. Tommy is a regular attendee of happy hour and finds the people there to be welcoming. In his opinion, "Carlyle people are just great!"

Although a tad late, we still welcome you Tommy and are so glad you are here!

Celebrating January

Adopt a Rescued Bird Month

Mentoring Month

International Creativity Month

Universal Letter-Writing Week
January 12–18

Buffet Day
January 2

Twelfth Night
January 5

National Word Nerd Day
January 9

Cut Your Energy Costs Day
January 10

National Hat Day
January 15

Belly Laugh Day
January 24

Bubble Wrap Appreciation Day
January 27

Chinese New Year
January 29



Beautiful Christmas Cactus outside Joanne Avant's door

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
	Cell - 478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Famous January Birthdays

Those born between January 1–19 are Capricorns, the Sea Goat. Capricorn is the most stable and serious sign of the zodiac. Reliable, resourceful, and determined, Capricorns make excellent leaders and managers. Those born between January 20–31 are Aquarius, the Water Bearer. Witty, clever, and honest, Water Bearers desire independence above all and are not afraid to deviate from the crowd to pursue their own interests.

Isaac Asimov (author) – January 2, 1920
Diane Keaton (actor) – January 5, 1946
Zora Neale Hurston (author) – January 7, 1891
Elvis Presley (musician) – January 8, 1935
Vidal Sassoon (designer) – January 17, 1928
Edgar Allan Poe (author) – January 19, 1809
Ernest Borgnine (actor) – January 24, 1917
Wayne Gretzky (athlete) – January 26, 1961
Oprah Winfrey (TV host) – January 29, 1954
Gene Hackman (actor) – January 30, 1930

It Happened in Macon

Written by The Library Committee

The Carlyle Place Library Committee's Parlor Library Display for January includes true and fictional stories occurring in Macon.

Non- Fiction

A Peculiar Tribe of People by Richard Hutto

A detailed account of a true murder mystery in Macon in the 1960's. Scandals and secrets in a household where everything looked perfect.

From Cotton to Quilts by Alan Keith-Lucas and Patches of the Quilt by Edwin Chase

True stories from the Methodist Home for Children and Youth written by former residents recounting the lives they lived at "The Home".

Vanishing Woman by Doug Peterson and Master Slave Husband Wife by Ilyon Woo

Both books tell the story of Ellen Craft who in 1848 escaped from slavery in Macon, GA, by posing as a white man, while her husband, William, pretended to be her slave. They escaped in plain view using trains and steamboats as they appeared to other passengers only as an ailing planter from Georgia and his man servant. With their journey of over 1,000 miles, the Fugitive Slave Law had its first major test and riveted a nation to their story.

Whisper to the Dark Candle by Jackie Weldon White

Known as both "cold blooded" and "the sweetest woman I ever knew", Anjette Lyles made national news in the 1950s. She was charged with the food poisoning murders of two husbands, her mother-in-law, and her nine-year-old daughter, all committed over the course of seven years. The case was the most sensational Macon has ever seen.

Pure Evil: The Marchetti Murders of Macon, Georgia by Jackie Weldon White

Rebecca Marchetti's cold and heartless plan was to have her husband and his friend drive from Miami, Florida to Macon, Georgia to kill her ex-husband, Ronald Akins. Living in a fantasy world of organized crime, Becky's plan ended in two deaths and a decade of legal proceedings.

Fiction

Sunrise by Jacquelyn Cook

The Johnstons were the builders of what is now known as the Hay House in Macon. Sunrise is the story of how, in 1851, the Johnstons took a 3-year honeymoon "Grand Tour" trip to Europe's cities, museums, and mansions. They bought porcelains, sculptures and paintings and were inspired by the Italian architecture they saw in Florence and Rome. For four years following their return, they built their seven-level, 18,000 square foot Italian Renaissance Revival mansion. William Johnston was the keeper of the Confederate Depository (treasury) for Macon during the Civil War.

Whisper the River by Ferrol Sams

This is a fictional account of student life at Willingham University (Mercer University) for an 18-year-old who leaves his rural home for college. Appearing to be based on Sams himself, it is part of a trilogy that is set during the Depression and features several eccentric characters.

Coleman Hill and Porter Plantation by June Thomas Cook

The saga of the Longhorn family and its struggles. Anna Coleman Longhorn and her sisters inherit a declining textile mill and eventually turn it into a successful carpet distributor. The second generation of Longhorns must struggle with their own personal dilemmas.

Exit South by Rick Maier

Exit South is the story of a business man on vacation with his family who is left for dead along the Interstate in Macon. His goal is to save his daughter.

Unseen by Karin Slaughter

Georgia Bureau of Investigation Special Agent Will Trent is in Macon posing as Bill Black, a scary ex-con who rides a motorcycle. The thriller pits detectives, lovers and enemies against one another in a standoff between courage and evil.

Carlyle Place Drama Society

Written by Jane Winston

An excerpt from *Arsenic and Old Lace* is coming to you, as a radio play, as soon as we can get use of The Grande. This means after kitchen renovation is complete. *Arsenic and Old Lace* was written in 1939 and was an immediate hit. It was and still is a popular stage play of three hours...too long for Carlyle Place residents to sit in The Grande; hence, our excerpt from it.

The story revolves around the Brewster sisters and their unusual hobby. They live in an antiquated, large, dimly lit, dusty, oddly furnished, musty home in Brooklyn, New York. Teddy, their brother lives with them, and thinks he is Teddy Roosevelt. You will eventually discover the sisters, Teddy and other brothers are just not right in their heads.

Allow me to introduce to you the Carlyle Place Theatre Society cast of *Arsenic and Old Lace*:

Letty Kaplan, fulfills all of the narrating and keeping the cast in order, spot.

Connie Coughlin, sound effects helper and a great “gofer.”

Jane Winston, wondering how she got herself in to this, director and producer.

Michael Qualls, the brother who believes he is Teddy Roosevelt. Charge!!!

Laurie Shaw, one of the crazy sisters.

Holly Ertel, the other crazy sister.

Peggy Cox, a young neighbor girl.

Charles Lewis, the “always ready” cop.

Bill Scott, the doctor trying to help Teddy.

Ian Davies, another crazy brother who sneaks “home” where he was reared.

Tony Zelonis, cheap but awful “face jobs.” No real doctor credentials.

Jo Ann Dankel-Dobbs, a confused movie critic and Elaine’s boyfriend.

Your enjoyment will be intensified if you take time to familiarize yourself with *Arsenic and Old Lace* and understand what a radio play is. You, the audience, will be watching the making of a radio show, of an *Arsenic and Old Lace* excerpt.

The cast and crew look forward to bringing Sunday afternoon entertainment come February or early March.

Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Elizabeth Fletcher at Elizabeth.Fletcher@atriumhealth.org.

December's Employee of the Month: Elaine McElroy



December's Employee of the Month is Elaine McElroy. Elaine works in the Environmental Services Department as a Housekeeper in Cambridge Court. She has worked at Carlyle Place for about a year and a half. When asked what she most enjoys about her job, Elaine said "Helping others live in a clean environment and working with the residents."

Elaine grew up here in Macon, Georgia and is married with three children, Anthony (42), Gregory (40), and Alexis (38). She has an abundance of hobbies outside of work, including attending church, baking, decorating, reading, gardening, dancing, playing games, and hair dressing.

Elaine added that she enjoys working with her team and on occasion working with Independent Living residents. She said, "The work I do is fulfilling to me." If you see Elaine around, be sure to congratulate her on her hard work!



Residents attending the Washington County Song & Dance performance

January Grocery Trips

Grocery store trips that would normally occur on Wednesday, January 1, New Years Day, will occur on Thursday, January 2. The bus will depart the lobby for Kroger at 9:30 am and for Publix at 1:00 pm.

December Employee Anniversaries

3 Years

Mark Muir
Amiah Hogges

10 Years

Cheryl Gibbs

12 Years

Anna Hancox



Support Group:

Dementia Support Group

Thurs., January 23 · Activity Rm A · 1:30 pm

I SPY - January 2025

"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.

I spy...a very talented woman who is always willing to lend a hand (or two!) at parties, events, or informal gatherings, graciously sharing her musical gifts at the piano. How lucky are we at Carlyle Place to have Susan McDuffie, such an accomplished pianist, living in our community! Musical talents aside, Susan is a wonderful friend and neighbor, and we are so very thankful she chose to make Carlyle Place her home.

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I'd Like to Hear, Leadership Reports, and any New Resident introductions). The formats are as follows:

Week 1

Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2

Rehab Updates/Reminders
Committee Report

Week 3

RAC Report
Take 3 for Wellness
Snapshot (Quarterly: Jan, Apr, July, Oct)

Week 4

Committee Report
New Employee Introductions/Employee of the Month
Marketing Minute

Week 5 (January, May, August, October)

Healthcare Updates/Reminders
CP at Home Updates/Reminders

2025 Committee Report Schedule:

Building & Grounds:	1/14	4/8	7/8	10/14
Library:	1/28	4/22	7/22	10/28
Development:	2/11	5/13	8/12	11/11
Marketing:	2/25	5/27	8/26	11/25
Dining:	3/11	6/10	9/9	12/9
Programming:	3/25	6/24	9/23	12/23

January Birthdays

Elyene Thompson	1/2
Pat Casey	1/4
Bob Pluta	1/6
Paul Evans	1/11
Sue Tharpe	1/12
Valerie Carter	1/15
Diane Walcott	1/15
Dan Braun	1/19
John Page	1/26
Ruth Boyer	1/26
Jack Sanderson	1/29

Carlyle-at-Home

Carole Walker	1/4
Stephen Reichert	1/11
Bill Dunn	1/13
Ken Hall	1/19
Barry Sellers	1/22
David Kalish	1/26



Nativity Scene at the Macon Lights Downtown
Submitted by Kathleen Sheil

Recycling News

We've had some minor recycling problems so here is a reminder about what can and cannot be placed in recycling.

1. Please break down cardboard boxes. The bin where they are placed has a very narrow slot to insert the cardboard. Our volunteers are unable to break down boxes when they pick them up on Monday morning. If you have boxes that you cannot break down, please call the concierge desk, and they will arrange for someone to help you.
2. When you put out the cardboard, do not put it in the green bags. Leave it separately, and we will pick it up. The process for recycling material in the green bags does not work with cardboard. That is processed separately.
3. When you recycle plastic bottles, please do not put the lids in the green bag. The recycling process cannot handle those small items. Anything that can fit in the palm of your hand should go into the trash. And do not leave the lids on the bottles. That also creates a problem.
4. Remember that Styrofoam cannot be recycled in Macon. This includes Styrofoam egg cartons. Some communities can handle this, but the Macon company cannot.
5. Glass is not recycled in Macon. We believe there is an operation in Warner Robins that can handle glass if you would like to drive there.
6. The plastic bags you get from the grocery store cannot be recycled through our program. We believe that Wal-Mart and Publix have a recycling program for these bags.

Thanks to all who are participating in the recycling program. It helps the environment, and helps Carlyle Place because we are not charged for recycling as we are for the regular trash. In fact, we receive a small amount of income for recycling.

If you need green bags, just sign the clipboard in the post office area and bags will be placed in your in-house box. And if you would like to volunteer to help pick up recycling, just let us know.

If you have further questions, please call Charles Lewis at 478-405-5279.

Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

BLP - Backlot Players

(478) 994-0443

Website: thebacklotplayers.org**GOH - Grand Opera House**

(478) 301-5470

Website: www.thegrandmacon.com**CP - Centreplex**www.maconcentreplex.org/coliseum/ticket-office/**MLT - Macon Little Theatre**

(478) 471-7529

Website: www.maconlittletheatre.org**DT- Douglass Theatre**

(478) 742-2000

Website: douglasstheatre.myboxoffice.us**TM -Theatre Macon**

(478) 746-9485

Website: www.theatremacon.com/tickets**FH - Fickling Hall at Mercer University**

(478) 301-5470

Website: www.mcduffie.mercer.edu

Macon & Middle Georgia Architecture

Written by: The Library Committee

When one thinks of architecture, especially Macon architecture, Jim Barfield's name is always mentioned. Jim is the fifth generation of his family to live in Bibb County. A retired history teacher, he has a particular love for and interest in local history and has written numerous articles on local preservation efforts and on local architectural history. An ardent preservationist, he twice served as president of Middle Georgia Historical Society and the Macon Heritage Foundation and as founding president of the Historic Rose Hill Cemetery Foundation. He has been active in historic preservation for over 30 years. Jim has authored/co-authored five books.

Historic Macon An Illustrated History

An illustrated history of the city of Macon, paired with the histories of companies, families and organizations that make the city great.

Architectural Works of W. Elliott Dunwoody, Jr.

Over his career W. Elliott Dunwoody Jr. created hundreds of buildings in a variety of styles. His architectural achievements continue to enhance Macon.

Macon Sketchbook is a tour of Macon with local artists and writers as they capture the history, the buildings and the culture of Macon.

Living Macon Style shows the good life in Macon through 25 examples of domestic architecture and style. Enjoy the beauty of Macon's homes, their grand interiors and their colorful gardens.

Mid-Century Macon is a book about Macon's "contemporary" buildings of the 1940s, '50s and '60s.

Other books about architecture in Macon and Georgia include:

Lane, Mills **Architecture of the Old South**

Lewis, David F. **A Tour Through Time**

Linley, John **Architecture of Middle Georgia**

Nichols, Frederick D. **Architecture of Georgia**

Perkerson, Medora F. **White Columns in Georgia**

All bold print titles are available for the month of January in the Veranda display case.

January's Pet of the Month: Timmy McInerney

Written by: Carolyn McInerney



Timmy is the newest member of our family. He is our ninth four legged dependent. He was adopted at the Pet Smart rescue event which takes place almost every weekend at Pet Smart in Warner Robins. We selected him from a cast of about 35 dogs of all shapes and sizes. Our aim was to adopt a medium sized 1–4-year-old female dog. We left with a male mid-sized 6-8-month-old yellow lab mix. He lay in his crate surrounded by barking and extremely active dogs. His serene outlook on the havoc surrounding him drew our attention...So, meet our medium sized female rescue named Timmy!

The information we were given is that he was picked up with two other dogs roaming through a heavily forested area. No

telling how long they had been abandoned, probably by hunters. This assumption of being mistreated by hunters gained some credibility just a few days ago when our son and grandson arrived from Maine for a few days...Timmy reacted with growling and even nipped at Brody, our 6'3" tall 'mountain man' grandson. Our other clues are Timmy is frightened by loud noises, went through my garden area eating anything from plant leave to entire plants. He still does this occasionally, so I had no need to trim back my garden this year.

Despite a rocky beginning, he is settling in nicely. He and I get in our 10,000 steps a day and go to the dog park almost every day just to RUN! His trainer calls it the zoomies when he decides to go for a run, he can almost fly! He has participated in the dog park play time with a few of the smaller dogs and has even met his match in Max! Timmy is very friendly – unless you look like a hunter – loves women and most other dogs. We are enrolled in training school so his manners should improve over the next few months. A friend just gave me a pair of Christmas socks adorned with a question: “who rescued who?” Indeed.

Employee Gift Fund Party

Many, many thanks to the 40 servers who worked so diligently at our employee gift fund party. You donned aprons, Santa hats, and smiles! You arrived on time, exhibited patience and joy! You all did a spectacular job and are so appreciated! Thank you, thank you.



Ann Meia, Hank Dempsey, Mavis Trice & Jane Cogswell



Barbara Hovagimian & Bob Walcott on refreshments

Christmas at Carlyle Place



Mike Qualls and Laurie Shaw at the Ugly Christmas Sweater Happy Hour



Sharon Welch & Carol Hopp creating paper nutcrackers at Craft Class



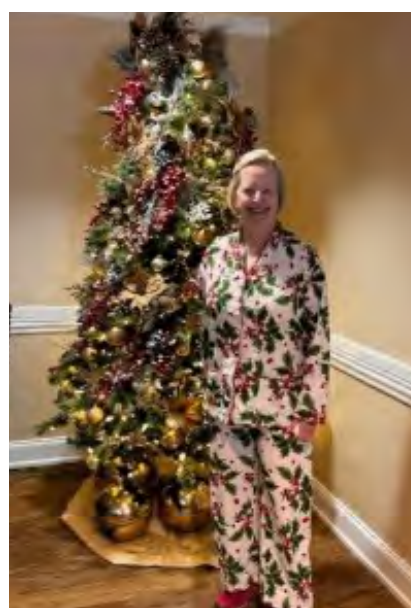
Residents participating in the Christmas Games



Theron Simpson, John Page, George Beck, Mary Dempsey, Holly Ertel, Kathy Myers, Jane Winston, Ian Davies and Jan Peak after their Harmonica performance in the Healthcare Neighborhoods



Wendy Johnson & Walter Barnett as Santa



Holly Ertel on Pajama Day during 12 Days of Christmas