

The Carlyle Chronicle

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Dabbling in the Arts Week

Monday, February 3—Friday, February 7

Enjoy a week full of artful activities as Resident Life experiments with a new engagement program.

Poetry Corner

Monday, February 3 · 1:30 pm · Activity Room A

Craft an inspirational poem that evokes passion, power and rhythm; all in homage to Maya Angelou's distinctive style. Sign up on the Uniguest App to participate in this event.

Winter Painting Class

Tuesday, February 4 · 2:30 pm · Back Room Studio

Join Resident Life as we follow an acrylic painting tutorial, "Winter Birches", and create a colorful work on canvas together. Sign up on the Uniguest App as there is limited participation at this event. There will be a no-show fee charged for those who sign up and do not attend.

Artist Self Portrait Educational Video

Wednesday, February 5 · 3:00 pm · Activity Room A

Embark on a guided virtual gallery tour spotlighting five mesmerising self-portraits of famous painters. Pause the video to allow time for introspection or group discussion sparked by the narrator's insightful queries.

Arts & Crafts: Painted Cacti Rock Garden

Friday, February 7 · 3:00 pm · Activity Room A

Embrace the beauty of the southwest with a Cacti Rock Garden craft. This painting craft has limited seating, so sign up on the Uniguest app to reserve your seat. There will be a no-show fee charged for those who sign up and do not attend.

Movie: Pollock

RESCHEDULED FOR A LATER DATE - TBD

Pollock is an American independent biographical drama film centered on the life of American painter Jackson Pollock, his struggles with alcoholism, as well as his troubled marriage to his wife, Lee Krasner. The film stars Ed Harris, Marcia Gay Harden, Jennifer Connelly, Robert Knott, Bud Cort, Molly Regan, and Sada Thompson, and was directed by Harris.

Recurring Activities

Happy Hour

Monday - Friday · 5:00 - 6:00 pm · The Pub
Saturdays · 5:00 - 7:00pm · The Pub

Have You Heard

Tuesdays · 11 am · The Grande
Attend this weekly town hall-style meeting to stay up-to-date on information about what is happening at Carlyle Place.

Line Dancing

Mondays · 3:00 pm · Group Fitness Rm

Carlyle Choristers Practice

Tues., February 4 · 1:30 pm · Activity Room B
Tues., February 11, 18, & 25 · 1:30 pm · The Grande
All are welcome to join our resident choir and make a joyful noise as they gear up for the Spring Concert.

Pub Trivia

2nd Tuesdays · 4:00 pm · The Pub
The Pub opens early for this rowdy, competitive game of trivia where teams of five or less compete for prizes. Sign up in the Uniguest App and note if you are in search of a team.

Coffee & Conversations

Wednesdays · 9:30 am · The Library

Tie Blankets for Children

Fridays · 10:30 am · Activity Room B
This weekly group service project assembles blankets for patients at the Atrium Health Levine Children's Beverly Knight Olsen Children's Hospital.

Communions

Episcopal - Mon., February 3 - Act. Rm A · 10:00 am
Episcopal - Thurs., February 20 - Act. Rm A · 10:00 am
Methodist - Thurs., February 20 - Act. Rm A · 1:00 pm
All are welcome to attend Methodist & Episcopal Communion.

BUMs Breakfast

Saturday, February 15 · 8:30 am · The Grande
Dr. Barbara Donovan, with Wesleyan College, will give an update on world affairs.

Out & About

Ain't Too Proud at Grand Opera House

Tues. & Wed., February 4 & 5 · Depart Lobby at 6:45 pm
Ain't Too Proud – The Life and Times of The Temptations is the electrifying, smash-hit Broadway musical that follows The Temptations' extraordinary journey from the streets of Detroit to the Rock & Roll Hall of Fame. Ticket is required.

Volunteer at the Backpack Ministry

Friday, February 7 · Depart Lobby at 1:00 pm
Volunteer for the Backpack Ministry at Forest Hills Church to prepare snacks to send home with deserving children.

Let's Groove with Macon Pops

Saturday, February 8 · Depart lobby at 6:00 pm
This annual fundraiser is at Emerson at Plum. Kick-off the night with the funky-fun music of Macon Pops, inspired by Earth, Wind & Fire and all the BEST sounds of the 80s! Enjoy a delicious buffet dinner from Kinjo and incredible 80s-themed drinks. After the annual Live Auction, keep right on grooving at our DJ'd after-party. Dress to impress with 80s flair. Reserve your seat or table at <https://give.maconpops.com/campaign/653108/donate>.

Music & Arts:

Colony IV, Brass Quintet at Vineville United Methodist Church

Sunday, February 9 · Depart Lobby at 3:15 pm
Enjoy beautiful music performed by Colony IV Brass Quintet as they play at Vineville United Methodist Church.

Fabian Concert Series at Fickling Hall

Tuesday, February 11 · Depart Lobby at 6:45 pm
Performing for this Fabian Concert Series is Robert McDuffie, David Kim, Amy Schwartz Moretti, and Annie Fullard on violin with Paul Watkins on cello and conductor. Ticket is required. Event sold out. Sign up for transportation on app.

Jubilee Artist Series: Voctave at the Grand Opera House

Thursday, February 13 · Depart Lobby at 6:45 pm
Voctave's 11-member vocal ensemble brings incredible harmonies to favorites from the Disney screen to the Broadway stage. This acapella sensation has had over 160 million social media views of their videos and has appeared on countless recordings. Ticket is required.

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App

Out & About

California Suite at Macon Little Theatre

Thursday, February 13 · Depart lobby at 7:30 pm
Embrace a comedic and heartfelt rollercoaster of emotions in Neil Simon's "California Suite," where four different stories intertwine within the walls of a luxury hotel suite in sunny California. From hilarious misunderstandings to touching revelations, this play delves into the lives of its characters with wit, charm, and a dash of Hollywood glamour. Ticket is required.

Walk/Boxed Lunch at Massey Lane Gardens

Friday, February 14 · Depart Lobby at 10:00 am
Enjoy a guided scenic walk at the Massey Lane Gardens to enjoy the beautiful camellias in bloom. A boxed lunch will be provided.

Antiquing & Lunch at Honeywood Farms

Thursday, February 20 · Depart Lobby at 10:00 am
Grab lunch at Honeywood Farms in Barnesville for classic sandwiches, wraps and salads. Then shop at Forsyth Antiques and More and Henry's of Bolingbroke.

Macon-Mercer Symphony Orchestra at Grand Opera House

Monday, February 24 · Depart Lobby at 6:45 pm
Paul Watkins, conductor and cellist of the renowned Emerson String Quartet, takes the podium for an elegant evening of Elgar, Beethoven and Bartók, the latter of which the orchestra will have just performed at Carnegie Hall. It's the next best thing to being in New York City! Ticket is required. Two buses are scheduled for transportation.

Dinner at Bonzu Japanese Steakhouse

Tuesday, February 25 · Depart Lobby at 5:00 pm
Enjoy a delicious dinner at the newest restaurant in Forsyth, GA. Bonzu offers bento boxes, classic Japanese appetizers, hibachi dinners and a variety of sushi in a dining room atmosphere.

Mamma Mia at The Fox

Wednesday, February 26 · Depart lobby at TBA
Tickets for this event were purchased in advance.

Walk at FPD

Friday, February 28 · Depart lobby at 1:00 pm
Time to train to walk a 5k. Heart Month is the perfect time to increase your cardiovascular fitness! Stop by Resident Life to pick up a five-week training schedule to walk a 5k. The training schedule will also be available on the Uniguest App, under the Wellness tab. Patti will walk a 5k on Saturday, March 8th at FPD at 8:00 a.m. In preparation for this 5k, join us to walk the course! Sign up on the Uniguest App.

Ukraine Ballet: Sleeping Beauty at Grand Opera House

Friday, February 28 · Depart lobby at 6:15 pm
With lavish sets, hand painted scenery, and exquisite costumes, this production promises an unforgettable experience. Experience the enchanting tale of Sleeping Beauty brought to life. Ticket is required.



Carlyle Place pups enjoy the updated dog park. Bring your dogs to Bark in the Park on Fridays, February 14 & 21 at 3:00 pm for a friendly meet up!



Support Group:

Dementia Support Group

Thurs., February 27 · Activity Rm A · 1:30 pm

Pub Trivia

Tuesday, February 11 · 4 pm · The Pub

Pub Trivia takes place every 2nd Tuesday for teams of five or less. To receive a bonus point for your team, attend the Duo Beaux Arts: Cellist & Pianist performance on Sunday, February 9, at 3 pm in the Grande and take a picture of the performers.

Send your picture to
Elizabeth.fletcher@atriumhealth.org or
Celeste.minschew@atriumhealth.org.

In-House Events

Tech Tutoring with Caleb

Sundays, February 2, 9, 16, & 23 · 4:00 pm · The Parlor
Caleb Varnadore volunteers his time to help residents with technology issues or questions. Bring your technology with you.

Poetry Corner

Monday, February 3 · 1:30 pm · Activity Room A
See front page for more information.

Winter Painting Class

Tuesday, February 4 · 2:30 pm · Back Room Studio
See front page for more information.

Famous Artist Self Portrait Discussion

Wednesday, February 5 · 3:00 pm · Activity Room A
See front page for more information.

Healthcare Tour

Thursday, February 6 · 10:00 am · Healthcare Hallway
Sign up on Healthcare Row to tour our Healthcare neighborhoods. Questions about this important part of our community will be answered by Morgan Cook. Space is limited.

Lunch & Learn: Dr. Maharsh Patel

Thursday, February 6 · 11:30 am · The Grande
Dr. Patel will review the most common diagnoses relating to hand surgery such as carpal tunnel, trigger finger, ganglion cysts, wrist fractures, wrist sprains, etc. Sign up on the Uniquist App.

Tech Tutoring with Marley

Friday, February 7, 14, 21, & 28 · 3:30 pm · The Parlor
Marley, a Freshman at First Presbyterian Day School will assist you with any questions you might have about your electronic devices. Bring your technology with you.

Arts & Crafts: Painted Cacti Rock Garden

Friday, February 7 · 3:00 pm · Activity Room A
See front page for more information.

Duo Beaux Arts: Cellist & Pianist

Sunday, February 9 · 3:00 pm · The Grande
German lyricism and Spanish passion meet in this dramatic cello and piano recital. Performed by globe trotting Brazilian cellist Claudio Jaffe and Steinway Artist Tao Lin, Duo Lancaster presents music by two of the greatest German romantic composers - Schumann and Brahms. A blend of poetry, nostalgia, vigor, and virtuosity will be contrasted by the music by Spanish composer Gaspar Cassadó in his flirtatious and fiery composition titled Los Requiebro.

SOUP-er Bowl Party

Sunday, February 9 · 5:00 pm · The Pub
Come and enjoy our SOUPer fun super bowl party! We will have a variety of soups to kick off the Super Bowl game. Stick around to watch the game with your friends!

Skin Care: Look Your Best at Any Age with Demme Pluta

Monday, February 10 · 3:30 pm · Activity Rooms A
Demme Pluta will teach you how to maintain healthy, beautiful skin no matter your age.

Grande Re-Opening Happy Hour

Monday, February 10 · 5:00 pm · The Pub
Celebrate as Carlyle Place reopens the Grande and the dining rooms for use! A specialty drink will be served.

Chinese New Year

Lantern Festival Happy Hour

Wednesday, February 12 · 5:00 pm · The Pub
Celebrate the Chinese New Year of the Snake on the day of the Lantern Festival at this Happy Hour. A specialty drink will be served.

Muriel Jackson, MGRL Book Review

Thursday, February 13 · 7:00 pm · The Grande
Don't miss this special event with Muriel Jackson from Middle GA Regional Library. This local genealogical specialist will review the book *Master Slave Husband Wife* by Ilyon Woo.

Bark in the Park

Friday, February 14 & 21 · 3:00 pm · Dog Park
Bring Fido to the newly renovated dog park for a canine meet and greet, weather permitting.

Valentine's Happy Hour

Friday, February 14 · 5:00 pm · The Pub
Celebrate the love of family and friends at this Happy Hour! A specialty drink will be served.

Birthday Bash with DJ Dusty

Monday, February 17 · 7:00 pm · The Grande
Celebrate January and February birthdays with our favorite DJ! Cake and ice cream will be served.

Putt-ering with Resident Life

Tuesday, February 18 · 2:30 pm · Putting Green
Check out CP's putting course as Resident Life leads you in fun activities to show off this new feature.

Chair Volleyball

Thursday, February 20 · 3:00 pm · The Grande
Bring your competitive spirit and be prepared to laugh until your side hurts! No skill necessary.

Wine Wars

Monday, February 24 · 4:00 pm · The Pub
24 lucky people will be chosen lottery-style to participate in this wine tasting trivia event.

Unless otherwise noted, sign ups for indicated activities will be through your Uniquist App.

Resident Led Activities

Pickleball Play & Instruction

Monday, Wednesday, Thursday & Friday at 9:15 am

Poker

Mondays • East Wing Game Room • 1:00 pm

Sundays • East Wing Game Room • 2:00 pm

Facilitated by Walter Barnett: 478-238-5392

BYOP (Bring Your Own Project)

1st, 2nd, 3rd & 5th Mondays • Activity Rm A • 1:30 pm
Bring an individual project (craft, painting, needlework, etc.) to work on with friends. Or just come to fellowship with friends—new and old! (will meet in AR-B on 2/3)

Beginners Clogging with Elaine Davies

Wednesdays • Group Fitness Rm • 4 pm

Joker

Tuesdays • The Pub • 7:00 pm

Wednesdays • East Wing Game Rm • 2:00 pm

Rummikub

Tuesdays • East Wing Game Rm • 6:30 pm

Saturdays • The Pub • 7:00 pm

Party Bridge

Tuesdays • The Pub • 1 pm

Facilitated by Joe Scalzo: 706-766-7190

Sequence

Thursdays • East Wing Game Rm • 6:30 pm

The Harmonica Group

3rd Wednesday • Back Rm Studio • 4:00 pm

Join this starter group of aspiring harmonica musicians who are learning how to play. All newbies are welcome.

Duplicate Bridge

1st, 2nd, 4th & 5th Thursdays • 1:15 pm • The Pub

Facilitated by Rae Scott: 478-474-3116

Canasta

Thursdays • East Wing Game Rm • 1:30 pm

MahJongg

Fridays • West Wing Game Room • 1:00 pm

Worship

1st & 2nd Sunday • Activity Rooms • 11:00 am

3rd & 4th Sunday • The Grande • 11:00 am

Mexican Train Dominoes

Sundays • The Grande • 6:00 pm

Facilitated by Walter Barnett: 478-238-5392

Coloring Workshop

Tuesday, February 4 • Activity Rm A • 3:00 pm

No experience is necessary and no supplies are needed. Come chat and learn adult coloring techniques with special seasonal projects with Debra Collins. Sign up on the app.

Book Club

Thursday, February 13 • The Grande • 7:00 pm

All are welcome to attend a special event with Muriel Jackson from Middle GA Regional Library who will review *Master Slave Husband Wife* by Ilyon Woo.

Bingo with Bingo Bob

Sat., February 8 & 22 • The Pub • 4:00 pm

Join Bob & Demme Pluta as he leads his version of Bingo! \$5 for 5 games, please bring correct change. Sign up on the Unigest App.

Paper Craft Workshops

February 10, 19 & 28 • Back Room Studio • 2 - 4 pm

These workshops are for learning new Paper Craft skills and/or completing projects. Contact Magda Morris or Marty Reese for further information.

The Artful Touch with Debra: Watercolor Class

Sunday, February 16 • Back Rm Studio • 2:30 pm

Come participate in this step-by-step tutorial project to learn basic watercolor techniques and create a finished painting. No experience necessary. All skill levels welcome. No supplies needed. Class limited to 12 participants.

Pondering the Story with Elaine Davies

Mon., February 17 • Admin Conf Room • 2:30 pm

I Samuel 2: 1-10 **Hannah's Song**

The Artful Touch with Debra: Creative Ways to Fill a Sketchbook

Sunday, February 23 • Back Rm Studio • 2:30 pm

There's more to filling a sketchbook than drawing. Come learn some unique and creative ways to fill a sketchbook using a variety of mediums. No experience is needed and all skill levels are welcome. A mixed media sketchbook is required for this class. Please see Cele Minshew in Resident Life to place your order. Class is limited to 12 participants.

Prepare Lunches for Loaves & Fishes

Monday, February 24 • Activity Room A • 2:30 pm

Sign up on the Unigest App to help with this monthly service project.

Unless otherwise noted, sign ups for indicated activities will be through your Unigest App.

Take 3 for Wellness: Covid

Submitted by Tonya Wilson

We have multiple cases of Covid in healthcare and Independent living. There have not been any severe cases reported. The residents who have it feel like they have the flu for 2-4 days and symptoms have included fever, nausea, and headaches along with congestion.

If you have any respiratory symptoms or test positive for Covid you should stay home until the following has been true for at least 24 hours:

Your symptoms have significantly improved, and you have been fever-free without the using of fever reducing medications (Advil, Tylenol)

After this time, it is advised by the CDC to continue to wear a mask for 5 days to help prevent the spread of the respiratory illness. Keep in mind that even though your symptoms have improved, you still can spread the virus that caused you to be ill. If you begin feeling bad again or start running fever, you should go home and start the process over.

The government is giving away free covid tests again at [COVIDtests.gov](https://www.covidtests.gov). CP does not have tests available for independent residents. If you know you will want to test if you get sick, get some tests and have them on hand. Most of the tests that the government gave out previously have expired and are not giving accurate results. It is also a good idea to have fever reducing meds available that have not expired. Carlyle does not have medications available for our independent residents.

Remember that proper health hygiene is imperative in slowing the spread of viruses. That includes covering your coughs and sneezes (if you do not have a tissue, use the inside of your elbow), washing and sanitizing your hands often and cleaning frequently touched surfaces frequently.

If you are sick and need food delivered, call the clinic, and let me know.

I have had reports of residents who are sick and/or positive for Covid continuing to be out and about in our community. It is unfortunate that everyone does not follow the recommended guidelines and for this reason, I will remind you that if you are prone to respiratory issues, you may want to consider masking during this peak time to protect yourself.

Magnolia Manor Invitational

Submitted by Sandy Knapp



Fred Reese, Bill Rusak, Richard Mixon and Sandy Knapp represented Carlyle Place at the Magnolia Manor Invitational Golf Tournament in November. They finished the tournament with a tie for Second Place.

February Series:

Man on the Inside

TV-14 · 2024 · Mystery/Comedy

Enjoy this new “who-done-it” comedy series from Netflix about the nuances of Senior Community life.



Episode 1:

Tinker Tailor Old Spy

Friday, February 14 · 7:00 pm · 27m

Encouraged by his daughter to try something new, widower Charles Nieuwendyk answers an ad from a private eye seeking a mole at a retirement community.

Episode 2:

The Man Who Knew

Too Much About Bridges

Saturday, February 15 · 7:00 pm · 28m

Charles charms his fellow residents at happy hour while finding his footing as a sleuth.

Episode 3:

The Emily Always Rings Twice

Sunday, February 16 · 7:00 pm · 27m

Charles has some explaining to do when Emily unexpectedly arrives in town.

Episode 4:

The Curious Incident of the Dog in the Painting Class

Friday, February 21 · 7:00 pm · 29m

Pacific View's group activities gave Charles the perfect opportunity to narrow down his list of suspects.

Episode 5:

Presents and Clear Danger

Saturday, February 22 · 7:00 pm · 28m

While Julie uses a lavish gift as bait, Charles tries to connect with Gladys.

Episode 6:

Our Man in Sacramento

Sunday, February 23 · 7:00 pm · 29m

As the Pacific View community reels from a sudden loss, Charles goes on an emotional journey with Emily.

Episode 7:

From Russian Hill with Love

Thursday, February 27 · 7:00 pm · 31m

On a tour of San Francisco's historic sites, Charles and Calbert bond while talking about the past, present and future.

Episode 8:

The Spy Who Came in from the Cold

Friday, February 28 · 7:00 pm · 34m

When the pieces click into place, Charles faces the difficult task of revealing his true purpose at Pacific View.

Reschedule Movie:

Pollock

R · 2000 · Biography/Drama · 2h 2m

Date TBD

A film about the life and career of the American painter, Jackson Pollock.



Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

Uniquet "Bulletin Board"

The Uniquet Community App has an interactive module called the *Bulletin Board*. It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

New Residents

John & Sandy Barrow
Apartment 2030

Robert Edenfield
Garden Home 26

Bonny McGarity
Apartment 1116

Free Transportation to Stores:

Kroger
Every Wednesday · Depart Lobby at 9:30 am

Walmart & Publix
Alternating Wednesdays · Depart Lobby at 1 pm

Channel 1960 Guide

Staying Strong
Mon, Wed, & Fri - 10:00 am
Tue, Thu, & Sat - 2:00 pm

Balance
Everyday - 11:30 am

Flex Class
Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck
1st Thursday · 10:00 am · Admin. Conf. Rm

Development Chairperson: George Beck
4th Thursday · 10 am · Admin. Conf. Rm
Quarterly: January, April, July, October

Dining Chairperson: John Amabile
1st Wednesday · 10:00 am · Admin. Conf. Rm

Library Chairperson: Pat McMahon
2nd Monday · 1:00pm · Executive Conference Rm
Jan. - March - May - July - Sept. - Nov.

Marketing Chairperson: Jim McInerney
3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Carolyn McInerney
2nd Wednesday · 3:00 pm · Admin Conf Rm

RAC President: Ty Ivey
2nd Thursday · 10:00 am · Admin Conf Rm

December 2024 Honorariums & Memorials

Donated in Memory of:

Barbara Domingos

Charlie Grisamore

Bob Hearn

Dick Smith

Carolyn Williams

Maydell Williams

Roy Wyche

Donated by:

Don & Mary Dale Kea

Don & Mary Dale Kea

**Dick & Penny Courreges
Hank & Mary Dempsey**

**Don & Mary Dale Kea
Sandy & Ronnie Knapp
Pougie Bowen
Edward & Madeline Brewton
Dick & Penny Courreges**

Dick & Penny Courreges

Don & Mary Dale Kea

**Don & Mary Dale Kea
Pougie Bowen**

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated every 6 months on the Recognition Board. To make a gift, please make your check payable to Carlyle Place Resident Assistance Fund or Carlyle Place General Fund and mail to 3330 Northside Drive, Macon, GA 31209. Contact Tarver Perry at 478-633-7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.

And The Nominations Are In!

Perhaps you remember the poem *Guessing Game* by Mary Dempsey that appeared in the January issue of the Carlyle Chronicle. It was the hope of the author that perhaps nominations would be made naming a resident who fit the description of the person in the poem... someone with a friendly way, who steps up to help, welcomes newcomers, remembers those in healthcare... basically, someone welcoming, warm and kind. Within days of publication, a flood of names appeared in box 2214 as requested. The *Guessing Game* is over. All of the following were nominated by members of the community (some more than once!). Meet your most warm, welcoming, kind neighbors.....

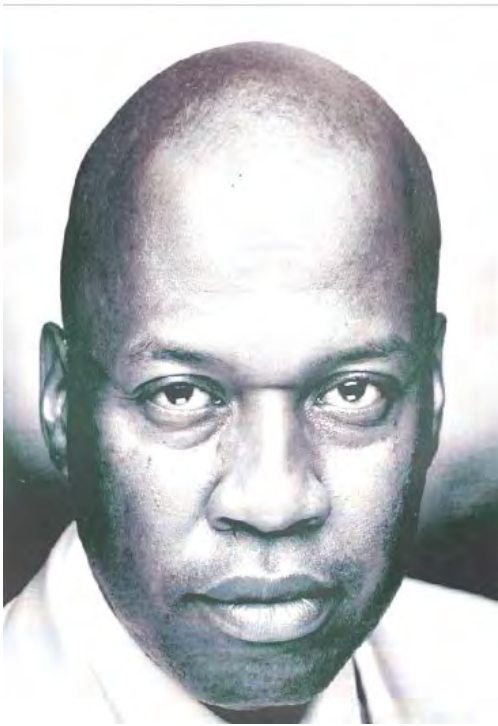
Mary Dale Kea
Fred Reese
Dennis Collins
Tommy Goings
Elaine Davies
Debra Collins

Don Kea
Leonora Raggi
Ronnie Knapp
Barbara Scully
Wanda Atkinson

YOU ARE ALL CARLYLE WINNERS!

Ronald Campbell Performs with Susan McDuffie

Friday, February 28 at 3 pm in the Grande



Carlyle Place is fortunate to have a special guest join us this month. A native to Macon, GA, Ronald Campbell, dramatic baritone, received a Bachelor of Music in vocal performance from Concordia College in Bronxville, NY and a Masters of Fine Arts from Howard University in Washington, DC. Mr. Campbell has worked with world-renowned coaches and accompanists including the late Betty Allen and Sylvia Olden Lee, Andrew Frierson, William Ray and Gracie Jones.

Mr. Campbell specializes in opera, musical theater, and African American spirituals and hymns. He has performed in Handel's *Messiah* at The Kennedy Center, Bethesda Symphony Orchestra, and is an Artist in Residence at the Marian Anderson Music Guild. Mr. Campbell's DC venues include the Charles Sumner Museum, Hines Lee Opera Gala at the Arc Theater, and Willard InterContinental Hotel for a 50th Anniversary Commemorative Concert for Rev. Dr. Martin Luther King, Jr. with Denyce Graves.

Mr. Campbell has performed with Northern Virginia Opera in *The Phantom Tollbooth* as the voice of the Tollbooth; Metropolitan Repertory Opera in Washington, DC in Verdi's *Il Trovatore* as Count Di Luna; and the Civic Light Opera of Seattle in the musicals *Ragtime* by Stephen Flaherty and *High Society* by Cole Porter. Listed below are some of Mr. Campbell's important roles.

Roles

Opera Roles

Escamillio	CARMEN	G. Bizet
The Commendatore	DON GIOVANNI	W.A. Mozart
Antonio	LE NOZZE DI FIGARO	W.A. Mozart
Jake/Robbins	PORGY AND BESS	G. Gershwin
Sparafucile	RIGOLETTO	G. Verdi
Parsons	TREEMONISHA	S. Joplin
Count Di Luna	IL TROVATORE	G. Verdi
Tomaso (Tom)	UN BALLO IN MASHERA	G. Verdi
Sarastro	DIE ZAUBERFLÖTE	W.A. Mozart

Musical Theater

Old Deuteronomy	CATS	A. L Weber
Booker T. Washington	RAGTIME	S. Flaherty
Joe	SHOW BOAT	J. Kern

Oratorio

Requiem	J. Brahms
7 Last Words	T. Dubois
Requiem	G. Faure
Messiah	G.F. Handel
Requiem	W.A. Mozart
Stabat Mater	G. Rossini
Messa da Requiem	G. Verdi

Susan McDuffie

Friday, February 28 at 3 pm in the Grande



Susan McDuffie is a graduate of Wesleyan College where she majored in piano performance and minored in organ. Further study was at the American Conservatory of Music in Chicago and in master classes with renowned pianists and organists throughout the country.

She performs as piano and organ soloist and collaborates with instrumentalists, vocalists, and other pianists including her son, world renowned violinist, Robert McDuffie, and daughter concert pianist Margery McDuffie Whatley.

Mrs. McDuffie is the former organist and director of music ministries at First Presbyterian Church and Vineville Presbyterian Church. She served an 11 month interim as organist/choir master at Christ Episcopal Church. She presently substitutes as guest organist at various churches in the area.

A former Wesleyan College faculty member, she has a private piano studio of flourishing talented piano students. Many of her students have been winners of major piano auditions, scholarships and competitions. Several have appeared as soloists with the Macon Symphony Orchestra and many have been accepted into leading music schools.

Active in community affairs she is the former President of the Macon Symphony Orchestra. She also has performed as soloist and keyboardist with the MSO. She is a member of the American Guild of Organists, National Music Educators and National Music Teachers Association. She is a former president of the Macon Music Teachers Association, the Morning Music Club and the Macon Pharmaceutical Auxiliary. Previous membership on other boards include, MidSummer Macon Music and Arts Camp, where she was a faculty member and Central Georgia Technical College and the Macon Concert Association. She also serves as a member of the music committee of Vineville United Methodist Church. She frequently adjudicates music auditions and competitions.

She is the former accompanist for the Macon Civic Chorale and the Middle Georgia Choral Society. A Pop and Jazz enthusiast, she has collaborated as pianist with noted jazz instrumentalists and vocalists throughout the Southeast.

Susan McDuffie is a recipient of a 1998 Cultural Award given by the Macon Arts Alliance for outstanding contributions to the arts scene in Middle Georgia. She was also awarded the Wesleyan Alumnae Award for Distinguished Service to the Community and the 2016 Robert McDuffie String Center Award. She was awarded the 2017 Georgia Music Teacher Association Teacher of the Year, the 2017 Fellow of the Music Teacher National Association and the 2017 Music Teacher National Association Teacher of the Year. She was 1 of 150 nominees worldwide for top woman classical musician sponsored by NPR's *Performance Today*.

She and her late-husband Bill, are parents of 4 children, 8 grandchildren and 7 great grandchildren.

Celebrating February

Canned Food Month

Time Management Month

Black History Month

Pancake Week
February 17–23

Groundhog Day
February 2

Thank a Mail Carrier Day
February 4

Bagel and Lox Day
February 9

Galentine's Day
February 13

Valentine's Day
February 14

International Sword Swallower's Day
February 22

Single-Tasking Day
February 22

World Spay Day
February 25

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
	Cell - 478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Famous February Birthdays

If you were born between February 1–18, you are Aquarius, the Water Bearer. Witty, clever, and honest, Water Bearers desire independence above all and are not afraid to deviate from the crowd to pursue their own interests. Those born between February 19–28 are Pisces, the Fish. Selfless, spiritual, and intuitive, Pisces swim on an inner journey. They are emotional, compassionate people who are always willing to help others.

Langston Hughes (poet) – February 1, 1902

Ina Garten (cook) – February 2, 1948

James Dean (actor) – February 8, 1931

Jimmy Durante (actor) – February 10, 1893

Toni Morrison (author) – February 18, 1931

Sidney Poitier (actor) – February 20, 1927

Steve Jobs (innovator) – February 24, 1955

Jackie Gleason (actor) – February 26, 1916

Elizabeth Taylor (actress) – February 27, 1932



Submitted by Jane Winston

New Employees: Simmi Wall



We are pleased to welcome Simmi to our dining team as our new Dining Room Manager. Born and raised in New York, Simmi discovered the comfort of southern hospitality after serving for four years in the Air Force at Robins Air Force Base. Upon transitioning to the civilian workforce, she embarked on a new career path at Houston Lake Country Club in Perry where she found a passion for mixology and fine dining.

Simmi currently resides in Bonaire with her husband, Kaleb, and their two children, Josephine (7) and Matthias (2). She loves to go on adventures with her family. Having recently traveled to Hawaii where they went sky diving and hiking, she is open to any recommendations on what she should try next!

Getting to know the residents and staff here at Carlyle Place has made her feel welcome and appreciated. Simmi hopes to learn more about the community's likes and dislikes so that she can enhance their dining experience as much as possible.

Gene Gantt

Welcome Gene to the Carlyle Place team! Gene works as an Accountant and will be assisting residents with their financial needs. Growing up, Gene attended Jones County High School, graduating in 2004 and later received his Bachelor's degree in Accounting in 2009.

Before coming to Carlyle, Gene worked at Birch Communications, which turned into Fusion/Lingo, for 13 years. During his time off he enjoys watching UGA athletics, Falcons Football, and Braves baseball. He spends most of his time out on his property hunting and fishing. But Gene also enjoys managing the property through timber thinnings and controlled burns along with keeping around thirty acres planted with a variety of things to provide food for the wildlife.



PS Salon Celebration Accounts

PS Salon & Spa makes it easy and convenient for residents to take advantage of an in-house account while earning an additional 4-5% in spending rewards! Benefits of a Celebration Account are gift, giving, earning rewards, manage salon services, and stay connected to loved ones. You or your family can create an account by going to the website through the QR code below or at www.salonps.com/celebration.

Once you are on the website follow these instructions:

1. Click "First Time Connecting– Sign Me Up!"
2. Select "I'm a family member or friend of a resident"
3. Fill out the information letting us know who you are and who your loved one is
4. Select BOTH option to authorize salon services AND fund their account.



New Residents: John & Myrtle Page

Written by Mary Dempsey



Meet John and Myrtle Page who are residing in apartment 3102. The couple came to us from Macon where they spent the past 56 years, the last 16 in the Glen Merry neighborhood.

John was born and raised in Milledgeville. After completing his undergraduate studies at Mercer, where he earned a Bachelor of Science degree, he went on to attend medical school at the Medical College of Georgia. Focusing on his interest in ophthalmology he completed his residency at the Medical College of Virginia. John's 54 year professional career was spent in Macon where he was a respected ophthalmologist and founding partner of Eye Center of Central Georgia.

John spent two years serving in the Air Force. While stationed at Brooks Air force Base in Texas, he received training in Aerospace Medicine. He served in Vietnam as a flight surgeon.

John has been an active participant in many sports. "Windsurfing was my passion. I windsurfed in many parts of the world from Hawaii and

Aruba to Baja Mexico along with many other exciting places." He was a snow skier enjoying deep powder skiing out west. He enjoyed long distance cycling, water skiing, golf and tennis! Croquet is a sport John has enjoyed for many years. Someday he would like to see the game become part of Carlyle's amenities. Since coming to Carlyle, John has jumped into many of our activities. He uses the pool, participates in line dancing, clogging, is a member of the Harmonica band and chorus.

Most of us have heard the adage, behind every successful man is a strong woman... Meet Myrtle Page.

Myrtle grew up and was educated in Newnan, GA. Following graduation she attended Georgia State College for Women. It was here that John met Myrtle when he joined her school choir, lending his baritone voice to the singers of the all-girl's school. Myrtle majored in music with emphasis on piano. At one time she served as organist for Highland Hills Baptist Church in Macon and it was here that for several years she taught Sunday school. She played piano for a children's choir and gave many youngsters their first exposure to music through private piano lessons John said, "As I worked my way through medical school Myrtle was there carrying the full load of raising four children and maintaining the household while I was working 10 hours a day." Myrtle deserves the PHT (Push Him Through) degree. She still found time to share a game of tennis with John or an evening of clogging fun.

Myrtle suffered through four back surgeries last year and rehabilitated from a broke hip. Since moving to Carlyle just three months ago she has been participating in physical therapy and has gained strength along with some needed pounds thanks to our great dining menus. Myrtle and John parented 4 children, three boys and one girl. They are grandparents to 8 and great-grandparents to 9. How lucky they are to have them ALL living in Georgia ...and how lucky are WE are to have the Pages at Carlyle.

Welcome, John and Myrtle.

P.S. Here's a fact you probably don't know...

Dr. Page was the youngest physician in Macon when he started his professional career and he was the oldest still working physician in Macon when he retired.



Marilyn & Jim Kovarik ring in the 2025 New Year



January's craft class: creating decorative umbrellas



Barbara Scully, Bob Pluta, Eleanor McGarity, Sharon Welch, and Sandy Manwaring sampling the seasonal ice cream

Broad River Rehab

Wed., February 12 · 11 am · The Grande

The Rehab Department will be offering free balance assessments in the Grande for those interested in improving and maintaining their balance. This is a great opportunity to learn about fall prevention and get personalized recommendations to enhance your stability and safety. Don't miss out on this chance to take a proactive step toward better health!

January Employee Anniversaries

1 Years

Erica Watford
Binoy Uthaman

2 Years

Lydia Grace Miller
Wendel Nelson

3 Years

Cynthia Hubbard

4 Years

Robin Dance
Melvin Odom

5 Years

Latisha Brooks

23 Years

Eve Toles

I SPY - February 2025

"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.

I spy... A resident who is incredibly talented at hand-crafting items from all kinds of wood. Not only was Doug Scharp instrumental in redesigning the space and structure of the Carlyle Place Wood Shop, but he has also assisted in creating numerous pieces for various uses throughout the community. One of his most recent, and much appreciated, works are the Mah-jongg table toppers for the West Wing Game Room. Generous with his time and talents, we're thankful for all Mr. Scharp does for our CP family and the community at large.

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I'd Like to Hear, Leadership Reports, and any New Resident introductions). The formats are as follows:

Week 1

Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2

Rehab Updates/Reminders
Committee Report

Week 3

RAC Report
Take 3 for Wellness
Snapshot (Quarterly: Jan, Apr, July, Oct)

Week 4

Committee Report
New Employee Introductions/Employee of the Month
Marketing Minute

Week 5 (January, May, August, October)

Healthcare Updates/Reminders
CP at Home Updates/Reminders

2025 Committee Report Schedule:

Building & Grounds:	4/8	7/8	10/14
Library:	4/22	7/22	10/28
Development:	2/11	5/13	8/12
Marketing:	2/25	5/27	8/26
Dining:	3/11	6/10	9/9
Programming:	3/25	6/24	9/23

February Birthdays

Ronnie Knapp	2/2
Chris Schneider	2/2
Ellen Schneider	2/2
Dorothy Reed	2/3
Ron Kirk	2/3
Chris Amabile	2/3
Rob Gardiner	2/8
Jan Peak	2/9
Vimal Isaac	2/16
Susan Hojak	2/16
Linda Degelmann	2/17
Wanda Atkinson	2/17
Andy Bunch	2/19
Wendy Johnson	2/21
Gary Miller	2/22
Laurie Shaw	2/23
Jo Banks	2/27
Sue Tengg	2/27
Barbara Hovagimian	2/28

Carlyle-at-Home

Pam Young	2/7
Tom Wight	2/13
Bill Acton	2/14
Tom Glasgow	2/17
Beth Smith	2/22

The RAC Corner

Ty Ivey, RAC President

From the Holleran survey we learned that RAC is lacking in its service to you, the residents of Carlyle Place. The issue mainly revolves around communication or the lack thereof. With this in mind, RAC has been meeting and discussing ways to improve our availability to residents.

We met with **focus groups** to help us in this journey to improvement. We have discussed different opportunities to pursue. We have **requested reopening the RAC office** with scheduled hours for residents to visit RAC representatives, a place for committee chairs to use and store information and a secure location for our Employee Gift Fund operation. The use of the RAC office has been redirected and we are still searching for office space.

We are planning **open houses** so residents can visit with RAC members. We also will be having a RAC member/members **meet one-on-one with new residents** to welcome them to Carlyle Place and explain about RAC and its duties.

There are three things that RAC has already implemented. An article by the RAC President will appear in the Chronicle from time to time under the heading, **RAC Corner**. We will use this printed avenue to inform you of the things RAC is doing on your behalf and at your request. We have a **suggestion box** in the mail room where residents may submit their comments.

We have created **an email system** that will allow residents to contact RAC and for RAC to contact residents. The Vice President of RAC is in charge of the email system. All emails sent to RAC will be viewed only by the RAC Vice President and will remain confidential. Should your question be brought to a RAC meeting, your name will not be mentioned.

The email address is RAC.CarlylePlace@gmail.com.

Every resident received a flyer and an email explaining the email system. If you have not received this information, please notify Andy Bunch, Vice President of RAC.

As your representatives, RAC looks forward to improving our effectiveness in meeting the needs of Carlyle Place residents.

Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

BLP - Backlot Players

(478) 994-0443

Website: thebacklotplayers.org

GOH - Grand Opera House

(478) 301-5470

Website: www.thegrandmacon.com

CP - Centreplex

www.maconcentreplex.org/coliseum/ticket-office/

MLT - Macon Little Theatre

(478) 471-7529

Website: www.maconlittletheatre.org

DT- Douglass Theatre

(478) 742-2000

Website: douglasstheatre.myboxoffice.us

TM - Theatre Macon

(478) 746-9485

Website: www.theatremacon.com/tickets

FH - Fickling Hall at Mercer University

(478) 301-5470

Website: www.mcduffie.mercer.edu

Black History Month

Written by: Shirley Laffrey

For February, the Library Committee is celebrating Black History Month with a collection of Fiction and Non-Fiction books by Black Authors in Veranda Library and Parlor libraries. These include history, biography, novels, mysteries, and poetry.

Veranda Library

Michelle Alexander, *The New Jim Crow*. A New York Times Bestseller that documents mass incarcerations in the age of colorblindness.

Carol Anderson, *White Rage*. This acclaimed historian reframes the conversation about the racial divide.

Leila Mottley, *Nightcrawling*. This novel about a young black woman who finds a job she never imagined wanting and her friend who dreams of rap stardom.

Sheneska Jackson, *Blessings*. We learn what thrills, angers, and motivates four unforgettable women. Paints a deeply moving picture of female struggle and triumph!

Marie Benedict & Victoria Christopher Murray, *The Personal Librarian*. Named as Best Book of the year by NPR. The novel depicts Belle's struggle to protect her true identity as she pleases her mother and moves through the world as white and shows her father she is proud of her race.

Elise Bryant, *It's Elementary*. A mystery about what happens when a parent gets too involved in what happens in their kids school. This novel will keep you guessing to the last page!

Jeanne Herring, *Macon Georgia*. A visual history showcasing Macon's African Americans' contributions and achievements over 150 years.

Bryan Stevenson, *Just Mercy: A Story of Justice and Redemption*. A New York Times bestseller that describes the Equal Justice initiative, a legal practice dedicated to defending those most desperate and in need.

Angie Thomas, *The Hate U Give*. A 16-year old girl moves between her poor black neighborhood where she lives and the fancy suburban prep school she attends when she witnesses the fatal shooting of her best friend.

Isabel Wilkerson, *The Origins of our Discontent*. Featured in Oprah's Bookclub in 2020, this historical novel examines the unspoken caste system that has shaped America.

Michele Miller, Co-host of CBS Saturday Morning, *Belonging*. A daughter's search for identity through loss and love.

Snow Days at Carlyle Place



Calm and cold night outside the East Wing
Submitted by Fred Reese



Sandy Knapp getting snow off his driveway with a leaf blower
Submitted by Ronnie Knapp

Parlor Library

Marie Benedict & Victoria Christopher Murray, *First Ladies*. The friendship between Mary McLeod Bethune and Eleanor Roosevelt, two different, yet equally formidable, passionate and committed women and their contribution to the foundation for the civil rights movement.

Amanda Gorman, #1 New York Times bestselling author, *Call Us What We Are*. A book of poetry that is haunted, heartened, difficult and astonishing.

Thomas Mullen, *Darktown*. The novel is set in pre-civil rights Atlanta where the police department is forced to hire two black officers. The officers risk their new jobs and their lives while navigating a dangerous world. The story is described as a brilliant blending of crime, mystery, and American history.

Imbolo Mbue, *How Beautiful we Were*. Set in an African village, the people live in fear amid environmental degradation wrought by an American oil company. The government, led by a dictator, exists to serve its own interests so the people decide to fight back.

W.E.B. DuBois, *The Souls of Black Folk*. In this collection of essays, Du Bois shows the development and strategy of black protest in America.

Walter Mosley, *Down the River Unto the Sea*. A former NYPD cop must solve two cases: That of a man condemned to die and his own.

Patrick Phillips, *Blood at the Root: A Racial Cleansing in America*. Delves into the past of Forsyth County from the Cherokee removals to the forcible expulsion of the black population, a history that continues to shape America in the 21st century

Cole Arthur Riley, *This Here Flesh*. A book of meditations and reflections on discovering an embodied, dignity-affirming spirituality.

Michelle Obama, *The Light we Carry*. Obama shares practical wisdom and powerful strategies for staying hopeful and balanced in today's highly uncertain world.

Axe Throwing



Dan Sheil, ultimate winner of the Axe Throwing competition and Rich McKee & Wim Tekelenburg aiming for the bullseye

Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Elizabeth Fletcher at Elizabeth.Fletcher@atriumhealth.org.

Can You Spot the 8 Differences?

The top image is Domenico di Berardino Capriolo's painting, *A Pair of Lovers and a Pilgrim in a Landscape*. Circle the differences on the bottom image.



Around Carlyle



Residents in line - Tasting at the Burrough Food Truck



Residents and their pups enjoying the new and improved dog park