

Carlyle Place Independent Living December 2024

The Carlyle Chronicle

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Recurring Activities

Happy Hour

Monday - Friday · 5:00 - 6:00 pm · The Pub
Saturdays · 5:00 - 7:00pm · The Pub
(Will not occur on 12/24, 12/25, & 12/31)

Have You Heard

Tuesdays · 11 am · The Grande

Attend this weekly town hall-style meeting to stay up-to-date on information about what is happening at Carlyle Place. HUH will not occur on Tuesday, December 24.

Line Dancing

Mondays · 3:00 pm · Group Fitness Rm

Carlyle Choristers Practice

Tuesdays, December 3, 10, & 17 · 1:30 pm · The Grande
All are welcome to join our resident choir and make a joyful noise as they gear up for the Christmas Concert. Will also occur on Monday, December 16 from 10-12.

Pub Trivia

2nd Tuesdays · 4:00 pm · The Pub

The Pub opens early for this rowdy, competitive game of trivia where teams of five or less compete for prizes. Sign up in the Uniguest App and note if you are in search of a team.

Coffee & Conversations

Wednesdays · 9:30 am · The Library
Will not occur on 12/25

Tie Blankets for Children

Fridays · 10:30 am · Activity Room B

This weekly group service project assembles blankets for patients at the Atrium Health Levine Children's Beverly Knight Olsen Children's Hospital.

Communions

Episcopal - Mon., December 2 - Act. Rm A · 10:00 am
Episcopal - Thurs., December 19 - Act. Rm A · 10:00 am
Methodist - Thurs., December 19 - Act. Rm A · 1:00 pm
All are welcome to attend Methodist & Episcopal Communion.

BUMs Breakfast

Saturday, December 21 · 8:30 am · The Grande
Loaves & Fishes, a Macon charity will be speaking on their local outreach.

Out & About

Motown Christmas at Macon City Auditorium

Sunday, December 1 · Depart Lobby at 6:15 pm
Enjoy a night of impeccable harmonies, dazzling choreography, and all your favorite Motown hits, mixed with classic Christmas songs! Ticket is required.

Choral Society presents Messiah at St. Joseph Catholic Church

Tues., December 3 & Friday, December 6 ·

Depart Lobby at 6:45 pm

The annual winter holiday concert is a performance of **Handel's Messiah**, featuring the Christmas portion of the work, concluding with the popular "Hallelujah Chorus." Ticket is required.

Dinner at Jeneane's

Thursday, December 5 · Depart Lobby at 5:00 pm
Enjoy delicious southern cooking up the road at Jeneane's.

Celtic Angels Christmas at Monroe Co. Fine Arts Center

Saturday, December 7 · Depart Lobby at 6:15 pm
Musical arranger Peter Sheridan ingeniously marries the old and new worlds with traditional and contemporary Irish and Holiday tunes. Ticket is required.

Festival of Nine Lessons & Carols at St. Joseph Catholic Church

Saturday, December 7 · Depart Lobby at 6:45 pm
The story of the fall of humanity, the promise of the Messiah, and the birth of Jesus is told in *nine* short Bible readings or *lessons*.

Christmas at the Cross at Wesley Glen

Sunday, December 8 · Depart Lobby at 6:00 pm
Join Wesley Glen Ministries for a fun, family tradition, Christmas at the Cross – a free drive-through event of white lights, luminaries and a live nativity! Enjoy the glowing luminaries lining the mile long road around our 55-acre neighborhood, and the beauty of white lights adorning trees, our homes and our covered bridge! Look in wonder at our 4-story, 5-ton rugged metal cross lit up at the top of the quarry.

Out & About

Cirque Dreams Holidaze at Macon Centreplex

Wednesday, December 11 · Depart Lobby at 6:45 pm
Advanced tickets to this event have already been purchased.

Nutcracker of Middle GA at Grand Opera House

Thursday, December 12 · Depart Lobby at 6:45 pm
Now in it's 34th year, it's not a Macon Christmas if you haven't seen the Nutcracker on stage at the Grand Opera House! Ticket is required.

Anastasia at Macon Little Theatre

Thursday, December 12 · Depart lobby at 7:30 pm
With breathtaking music and a story that tugs at the heart-strings, "Anastasia" is a journey of discovery and identity unfolding against the backdrop of Imperial Russia. We follow the captivating tale of Anya, a young woman with a mysterious past, as she navigates through romance, danger, and the allure of her lost heritage. Ticket is required.

Volunteer at Backpack Ministry

Friday, December 13 · Depart Lobby at 1:00 pm
Volunteer for the Backpack Ministry at Forest Hills Church to prepare snacks to send home with deserving children.

Christmas at Ingleside Baptist Church

Saturday, December 14 · Depart Lobby at 2:45 pm
See and hear the story that changed the world! Join us for *Love Broke Through*, an Ingleside Christmas Celebration.

Lessons & Carols at Christ Church

Sunday, December 15 · Depart Lobby at 4:45 pm
Enjoy the annual service and of Nine Lessons and Carols for Advent at Christ Church in downtown Macon.

Christmas Lights Tour

Monday, December 16 · Depart Lobby at 7:00 pm
Ride along with your Carlyle Place friends and neighbors to see the beautiful Christmas lights around downtown Macon.

Charlie & the Chocolate Factory at Theatre Macon

Thursday, December 19 · Depart Lobby at 6:45 pm
The world-famous Willy Wonka is opening the gates to his mysterious factory...but only to a lucky few. Young Charlie Bucket and four other golden ticket winners will embark on a life-changing journey through Wonka's world of pure imagination including chocolate waterfalls, nutty squirrels and the great glass elevator, all to be revealed by Wonka's army of curious Oompa-Loompas. Ticket is required.

Christmas with John Berry at Grand Opera House

Saturday, December 21 · Depart Lobby at 6:45 pm
Returning to The Grand for his annual concert, John's special take on the Christmas season has become a Macon tradition, mixing such Berry classic hits as "Your Love Amazes Me" and "Standing On The Edge Of Goodbye," and "I Think About It All The Time" with holiday favorites, including his always-standing-ovation performance of "O Holy Night." Ticket is required.

Martha on a Mantle

Thursday, December 5 to Friday, December 20

Look for upcoming details about a special celebrity who will visit Carlyle Place during the holidays.

Pub Trivia

Tuesday, December 10 · 4 pm · The Pub

Pub Trivia takes place every 2nd Tuesday for teams of five or less. Attend the presentation on Preventing Identity Theft and Scams on Wednesday, November 4 at 7 pm and get one of the presenters signatures.

You must turn in the signature to Cele Minshew or Elizabeth Fletcher in Resident Life by 3 pm on Trivia Day.

In-House Events

Tech Tutoring with Caleb

Sunday, December 1, 8, & 15 · 4:00 pm · The Parlor
Caleb Varnadore, volunteers his time to help residents with technology issues or questions. Bring your technology with you.

Christmas Tea

Monday, December 2 · 2:30 pm · Seasons Dining
A Christmas themed Tea with friends is a great way to spend an afternoon. Hot tea and treats will be served. If you sign up and do not attend, your account will be charged for the event.

Birthday Bash

Monday, December 2 · 7:00 pm · The Grande
Celebrate November and December birthdays! Cake and ice cream will be served and music with B.Keith Williams.

Money Smart for Older Adults

Wednesday, December 4 · 7:00 pm · The Grande
Students from Mercer University's School of Finance will be here to discuss topics such as financial exploitation and how to prevent falling victim.

Healthcare Tour

Thursday, December 5 · 10:00 am · Healthcare Hallway
Sign up on Healthcare Row for a tour of our Healthcare neighborhoods. Questions about this important part of our Life Plan community will be answered. Space is limited.

Craft Class: Nutcracker

Thursday, December 5 · 3:00 pm · Activity Room A
Create your own paper nutcracker for the perfect Christmas decoration!

Middle Georgia Library Representative

Thurs., Dec. 5 & Fri., Dec. 20 · 3:00 pm · The Grande
Yufiel Franklin will help residents download books, sign up for library cards, & other library needs.

Employee Gift Fund Party

Friday, December 6 · 2:00 pm · The Grande
Residents and staff are invited and encouraged to attend this heart-warming event where employees will be presented with their checks from the Employee Gift Fund. Food, fun, and fellowship will certainly not be in short supply!

Music School Student Performance

Sunday, December 8 · 4:00 pm · The Grande
Students from the local music school will be here to perform for you. Come out and support them as they share their talents with us.

Alzheimer's Association: Healthy Living for Your Brain & Body

Monday, December 9 · 2:00 pm · The Grande
Attend this informative presentation by Alexis Williams, MPH, the Program Manager with the Alzheimer's Association.

Golden Voices, Washington County High School Song & Dance

Wednesday, December 11 · 11:00 am · The Grande
Carlyle Place is extremely fortunate to have this high school show choir come and perform for us! You won't want to miss this opportunity.

Present Wrapping Event

Wednesday, December 11 · 3:00 pm · Activity Room B
Drop your presents off in Resident Life - return later to beautifully wrapped items. Please make sure items are boxed.

Are You Steadi? With Broad River Therapy

Thursday, December 12 · 11:00 am · The Grande
Join Broad River Rehab as they will screen residents to determine if you may be at risk of falls and allow for further assessment and interventions if needed.

Christmas Games

Thursday, December 12 · 4:00 pm · The Grande
Join Resident Life for some Christmas hilarity and prizes.

Holiday Ball

Friday, December 13 · 7:00 pm · The Grande
Join us in the Grande for our annual Holiday Ball, with The Little Big Band. Formal attire is requested but not required. Heavy hors d'oeuvres will be served.

Christmas Sing-A-Long

Monday, December 16 · 3:00 pm · The Grande
Enjoy this Christmas sing-along, with fellow residents.

Unless otherwise noted, sign ups for indicated activities will be through your Uniquest App.

In-House Events

Choristers Concert: A Festive Christmas

Wednesday, December 18 · 7:00 pm · The Grande

Your fellow residents will perform their annual Christmas Concert with holiday songs to put you in the Christmas mood. Refreshments will be served after the concert.

West Wing Open House

Thursday, December 19 · 4:00 pm · West Wing

Residents of the West Wing are decorating their homes and inviting their friends and neighbors to come see! Refreshments will be served in the West Wing Knuckles during this late afternoon Open House. This event is sure to help you catch that Christmas spirit!

Ugly Christmas Sweater Happy Hour

Friday, December 20 · 5:00 pm · The Pub

Do you have a dated Christmas sweater you are too embarrassed to wear anymore? Well, get it out for this fun Happy Hour!

Hot Cocoa & Gingerbread Social

Monday, December 23 · 7:00 pm · The Pub

A hot cocoa bar, coffee station and fresh-baked gingerbread cookies will be set out for you! Come and gather with your friends while you enjoy a festive holiday treat.

New Year's Eve Party

Tuesday, December 31 · 7:00 pm · The Grande

Join us in the Grande to bring in the New Year of 2025. Appetizers and desserts will be served. There will be a champagne toast at 8 pm to celebrate the end of 2024!



Submitted by Holly Ertel

Carlyle Campus Stroll

Written by Mary Dempsey

It's early morning at Carlyle place.

Taking a walk at an easy pace.

I take a bag in case I see
Some of Carlyle's unwanted debris.

Look through the bag at what I found.

It's obvious there's litter around

A tissue, an empty bag of chips,
A can, a straw, receipt from Sport Clips

A candy wrapper, a plastic cup

A Walmart bag and more to pick up.

Over near healthcare, a hair net and mask.
The bending and stooping becoming a task!

A drawing that some child has made

An eyeglass lens and a hearing aid!

Perhaps a contest who can find
Some garbage of the weirdest kind

For those of us who have the ability

And have retained a bit of agility,

Bend and pick up that errant debris.
You'll be amazed at what you see!



Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Resident Led Activities

Pickleball Play & Instruction

Monday, Wednesday, Thursday & Friday at 9:15 am
Will not occur on 12/25

Poker

Mondays • East Wing Game Room • 1:00 pm
Sundays • East Wing Game Room • 2:00 pm
Facilitated by Walter Barnett: 478-238-5392

BYOP (Bring Your Own Project)

1st, 2nd, 3rd & 5th Mondays • Activity Rm A • 1:30 pm
Bring an individual project (craft, painting, needlework, etc.) to work on with friends. Or just come to fellowship with friends—new and old!

Beginners Clogging with Elaine Davies

Wednesdays • Group Fitness Rm • 4 pm
Will not occur on 12/25

Joker

Tuesdays • The Pub • 7:00 pm
Wednesdays • East Wing Game Rm • 2:00 pm
Will not occur on 12/24, 12/25, & 12/31

Rummikub

Tuesdays • East Wing Game Rm • 6:30 pm
Saturdays • The Pub • 7:00 pm
Will not occur on 12/24

Party Bridge

Tuesdays • The Pub • 1 pm
Facilitated by Joe Scalzo: 706-766-7190
Will not occur on 12/24

Sequence

Thursdays • East Wing Game Rm • 6:30 pm

The Harmonica Group

1st & 3rd Wednesdays • Back Rm Studio • 4:00 pm
Join this starter group of aspiring harmonica musicians who are learning how to play. All newbies are welcome.

Duplicate Bridge

1st, 2nd & 4th Thursdays • 1:15 pm • The Pub
Facilitated by Rae Scott: 478-474-3116

Canasta

Thursdays • East Wing Game Rm • 1:30 pm

MahJongg

Fridays • West Wing Game Room • 1:00 pm

Worship in the Grande

Sundays • The Grande • 11:00 am

Mexican Train Dominoes

Sundays • The Bistro • 6:00 pm
Facilitated by Walter Barnett: 478-238-5392

Coloring Workshop

Tuesday, December 3 • Activity Rm A • 3:00 pm
No experience is necessary and no supplies are needed. Come chat and learn adult coloring techniques with special seasonal projects with Debra Collins.

Paper Craft Workshops

December 9 & 18 • Back Room Studio • 2 - 4 pm
These workshops are for learning new Paper Craft skills and/or completing projects. Contact Magda Morris or Marty Reese for further information.

Bingo with Bingo Bob

Sat., December 14 & 28 • The Pub • 4:00 pm
Join Bob & Demme Pluta as he leads his version of Bingo!
\$5 for 5 games, please bring correct change.

Pondering the Story with Elaine Davies

Mon., December 16 • Admin Conf Room • 2:30 pm
I Samuel 2: 1—10: Hannah's Song



Come join an ever growing group enjoying conversation, coffee, & sweets every Wednesday morning in the library at 9:30
Submitted by Mary Dempsey

December Movies:

Scrooged

PG-13 · 1988 · Drama/ Holiday Comedy · 1h 41m
Saturday, December 7 · 7:00 pm

A selfish, cynical television executive is haunted by three spirits bearing lessons on Christmas Eve.



It's a Wonderful Life

PG · 1946 · Holiday Romance/Drama · 2h 10m
Saturday, December 14 · 7:00 pm

An angel is sent from Heaven to help a desperately frustrated businessman by showing him what life would have been like if he had never existed.



A Christmas Carol

PG · 1983 · Comedy/Family · 1h 33m
Saturday, December 21 · 7:00 pm

A bitter old miser who rationalizes his uncaring nature learns real compassion when three spirits visit him on Christmas Eve.



Miracle on 34th Street

PG · 1994 · Holiday/Drama · 1h 54m
Wednesday, December 25 · 7:00 pm

A lawyer and a little girl must prove that a man claiming to be Santa Claus is the real thing.



The Santa Clause

PG · 1994 · Comedy/Family · 1h 37m
Saturday, December 28 · 7:00 pm

When a man inadvertently makes Santa fall off his roof on Christmas Eve, he finds himself magically recruited to take his place.



Brasstown Valley Trip



Anne Sarber & Mary Louise Williams at Hillcrest Orchards



Residents riding around Hillcrest Orchards



Charlotte Gebara & Travis riding horses

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact Troy Cannaday at 478-405-4521 to sign up.

Uniquet "Bulletin Board"

On the Uniquet Community App there is an interactive module called the *Bulletin Board*. It is for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

New Residents

Patty Prince
Apartment 2032

Free Transportation to Stores:

Kroger

Every Wednesday · Depart Lobby at 9:30 am
Will not occur on 12/25

Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm
Will not occur on 12/25

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am
Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck

1st Thursday · 10:00 am · Admin. Conf. Rm

Development Chairperson: Don Kea

4th Thursday · 10 am · Admin. Conf. Rm

Quarterly: January, April, July, October

Dining Chairperson: Ann Meia

1st Wednesday · 10:00 am · Admin. Conf. Rm

Library Chairperson: Pat McMahon

2nd Monday · 1:00pm · Executive Conference Rm
Jan. - March - May - July - Sept. - Nov.

Marketing Chairperson: Kathleen Sheil

3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Joan Anderson

2nd Wednesday · 3:00 pm · Admin Conf Rm

RAC President: Ty Ivey

2nd Thursday · 10:00 am · Admin Conf Rm

December's Pet of the Month: Katie Cox

Written by: Kathleen Sheil



I was called Molly when I was a little puppy. My first owner became ill and could no longer take care of me. She gave me to her daughter, Barbara, who bred and sold Yorkies.

A friend told my present-day Mommie that Barbara had Yorkie puppies for sale. When she came to see them they were all sold. I was in another room and I heard Barbara tell this woman she had a beautiful female Yorkie who was 12 months old. She was house-trained and was a "real sweet girl." The lady said, "No. I want a puppy that I can train my way."

As they were discussing me, I poked my little head around the corner and my eyes saw this beautiful gray-haired woman. I thought, "I would love to adopt her!" As I was gazing at her, this lady turned her head in my direc-

tion and my eyes locked on hers. It was love at first sight. The lady picked me up and I loved on her for quite a while. Soon, gone was her desire to have a puppy. The next thing I knew I was driving home with my new Mommie, Peggy Cox. On the first night, I claimed the master bed, but since I am very small, I left a lot of space for her. Mommie named me Katie Lyn. I have been with Mommie for over 11 years and they have been the happiest days of my life.

I only weigh 5 pounds but I have a heart as big as a St. Bernard. I love to give Mommie kisses on her face and snuggle up to her. I take really good care of her. I hear Mommie tell her friends that I am the most loving, caring dog she has ever had. I have won over the hearts of many Carlyle residents with my quiet charm and loving ways. People like to pick me up and snuggle. They also like to give me treats.

As I said, I only weigh 5 pounds but I am fearless and bold. Once I chased three Canadian Geese back into one of the ponds. Have you noticed we don't have any Canadian Geese on our campus? I think I chased them all away. When I see big dogs approaching, I let them know who the "boss" is. I don't know if I scare them or if they double over laughing, but, for whatever reason, they leave me alone.

Mommie loves to dress me up for every occasion as you can see from my picture. I have quite an extensive wardrobe. My favorite shirt says, "It is hard to be a diamond in a rhinestone world".

I love Christmas because I get new outfits, toys, and treats. To all my friends at Carlyle, I wish you a Merry Christmas and I hope you get a lot of new outfits, toys, and treats as well. Keep in mind that I will be available for kisses, hugs, snuggles, and treats throughout the

Can plastic fit in the palm of your hand? Don't recycle it

Originally published By [Allyson Chiu](#), The Washington Post November 15, 2024 • Submitted by Charles Lewis

When it comes to recycling plastics, size matters.

Most small plastics don't get recycled, and putting them in your bins could end up doing more harm than good, said Susan Collins, president of the Container Recycling Institute, a nonprofit group. These tiny items, such as condiment pouches, pill packaging or contact lenses and cases, can fall through the equipment at sorting facilities or end up mixed in with other recyclables, further complicating the recycling process.

"People should focus on recycle the things that their communities are telling them to recycle," Collins said. "Don't clog up the system with the things that shouldn't be thrown in the recycling bin."

Here's what you need to know:

Generally, standard recycling facilities don't take plastic items that are roughly three inches or smaller in dimension.

This means plastic utensils or straws are considered too small to go in curbside recycling, said Judith Enck, a former senior Environmental Protection Agency official in the Obama administration who now heads Beyond Plastics, an advocacy organization. Despite typically being longer than three inches, they are too thin and can still fall through a recycling facility's equipment. These plastics could then end up incinerated or in landfills, Enck said.

Why are tiny plastics a recycling nuisance? Beyond their size, these small items are also often different types of plastic or a combination of materials. For instance, plastic utensils can be No. 1, 5 or 6 or bioplastic, Enck said. "Sorting all of those different types is impossible," she said.

Even if the kind of plastic could be easily identified and sorted, the size of the items can make it difficult to amass the amount needed to ship to a recycler, Collins said. Typically, items of the same type are compiled into truck-load quantities at sorting facilities before being moved along to be recycled.

"If it were straws, it would be ridiculous," Collins said. "It would take not just months, but probably years, to ever have enough straws that were of the same type."

What's more, tiny plastics can be made of more than one material: plastic attached to metal, for example, which would make them not recyclable in standard facilities.

Collins added that small plastic items that are tossed into single-stream curbside recycling can also end up contaminating bales of other recyclables, such as glass.

"These small items are currently not an opportunity for recycling," she said. "But there are plenty of opportunities to recycle the bigger stuff."

What plastic should you recycle? In the case of residential recycling, only things made of No. 1 and 2 plastic, which include bottles and detergent containers, are commonly and dependably recycled in the United States, experts said.

For other types of disposable plastic, including small things, it's critical to do what you can to not use those items, Collins said.

Before putting plastics into your recycling bin, check your local guidelines for what can be recycled. The kind of items accepted for recycling can change based on location.

"Recycle the things you can recycle because there's a huge lack of people doing that," Collins said. "Don't put the wrong thing in the recycling bin because you're making it worse for the entire recycling process."



RAC Announcement

Written by Ty Ivey

“The Resident Advisory Council (RAC) exists to facilitate communication between the Leadership Team and the residents”. This statement is from the By-Laws of RAC and is printed in the IL Resident Handbook. Lately, RAC has been working on ways to improve communications. With the surge in new residents, it has dawned on us that many of our new residents, and perhaps some of the regulars, have forgotten all of the ways that you can communicate with RAC and Leadership.

The obvious event for information is Have You Heard (HUH). Every Tuesday at 11:00, all residents are invited to the Grande to have scones and catch up on what is happening at Carlyle Place. This meeting is led by the Executive Director (AKA Troy Cannady or other members of the Leadership Team as assigned in Troy’s absence). Also added to the weekly agenda are reports from the various committees in the Carlyle Community, including RAC. This is an opportunity to listen and ask questions. It is a prime example of having the source to get your answers. There are many other mechanisms to keep you informed. A synopsis of the HUH meeting is printed on the back The Crier, which is available on Fridays and may be picked up from the Concierge desk, or from the magazine racks in Resident Life and the Post Office area. It is also posted to the Uniguest app, under the Publications tab. The Chronicle, which you are reading, is another source.

A poster of your RAC members is displayed in the post office area. Everyone’s picture is there so you can recognize us. Our job is to help you communicate up to leadership or out in the direction of your needs. We are here to help you in any way possible.

Some residents ask, “What does RAC do?” For the new residents, here are some examples:

1. Recently, when the Bistro switched to clear plastic drinking cups, a resident came to a RAC member and requested a recycling container for the Bistro. We got the approval of leadership for the recycling bin for the cups. However, the Bistro changed back to the old Styrofoam cups so there is no longer a need for the recycling bin.
2. We are currently working to establish an email account specifically for RAC. This system will allow RAC to communicate with residents only and will allow you to communicate directly with RAC at the drop of a hat. We hope to have this ready to launch soon...
3. Of course, everyone knows that the Employee Gift Fund is a RAC event. This is one of the most satisfying extracurricular activities that we have at Carlyle. I hope each of you will be there on December 6 when RAC gives our employees your Christmas gift.

As time goes by, we will report more activities of your Resident Advisory Council. Don’t forget to read the RAC minutes on the Uniguest app. This is also a good source of information.

This column is designed to help each of you keep abreast of Carlyle’s daily life. If you have a question, stop one of your RAC members as noted on the poster in the post office, or look for their blue or bluish name tags. Stay tuned for more RAC updates in the Chronicle and meet me in the Grande at HUH.

Ty Ivey
President of RAC

Celebrating December

Safe Toys and Gifts Month

National Tie Month

Computer Science

Education Week December 9–15

Eat a Red Apple Day December 1

Sacher Torte Day December 5

Pearl Harbor Remembrance Day December 7

Weary Willie Day December 9

Cocoa Day December 13

Cat Herders Day December 15

Eggnog Day December 24

Christmas Day December 25



Colouring picture for lazy people.

Submitted by Debra Collins

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
	Cell - 478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Famous December Birthdays

If you were born between December 1–21, you are Sagittarius, the Archer. Archers are optimistic, energetic, generous, and honest. They enjoy exploration and keep an open mind during new encounters. Those born between December 22–31 are Capricorns, the Goat. Capricorns are the most stable and serious signs of the zodiac. Reliable, resourceful, and determined, they make excellent leaders and managers.

Lou Rawls (singer) – December 1, 1933
 Louis Prima (singer) – December 7, 1910
 Judi Dench (actress) – December 9, 1934
 Connie Francis (singer) – December 12, 1938
 J. Paul Getty (tycoon) – December 15, 1892
 William Parry (explorer) – December 19, 1790
 Ava Gardner (actress) – December 24, 1922
 Ted Danson (actor) – December 29, 1947
 Tiger Woods (golfer) – December 30, 1975

December 2024 Parlor Library Display: Christmas Traditions with Books

Written by The Library Committee

The Carlyle Place Library Committee wishes everyone a wonderful holiday season. The Veranda Library is highlighting December born authors and their books and the Parlor Library is showcasing holiday books. The Library Committee thought you might like to know about holiday traditions that include books.

Jalabokaflod is the Icelandic tradition of giving books on Christmas Eve. Jalabokaflod translates to English as the “Christmas Book Flood.” Traditionally on Christmas Eve you will find most Icelanders snuggled up with a cup of something warm and all doing the same thing – reading a book.

The tradition of book gifting started during World War II when the scarcity of gifting items was wide spread and paper was relatively inexpensive and abundant. So, making the best of a bad situation, Icelanders gave each other new books to enjoy. Along with the book gifting tradition is the tradition of drinking a non-alcoholic hot chocolate holiday ale.

The annual release of new titles has become a seasonal tradition for the publishing industry. The Book Bulletin (catalog of popular books and new releases) is delivered to every household in November.

There is something to be said for snuggling down in an easy chair, blanket at hand, good book nearby and a hot drink at the ready. Can you picture yourself?

Another book tradition at Christmas time is Book Advent. Simply put it is the individually wrapping of 24 books, numbering them for the days in December, and each evening of Advent, unwrapping a book to read aloud up to and including Christmas Eve.

Holiday books can be expensive but the books do not have to be new nor do they have to be about the holiday. Including some old favorites can help the tradition along. Wrapping the books is also a personal choice – store bought paper or brown paper bags decorated with stickers, stamps or drawings can be just as festive.

Books can be a mix of funny, heartwarming stories and classics. It is particularly nice to read “T’was the Night Before Christmas” on Christmas Eve though!

Feel free to borrow some of the holiday books on display in the Parlor Library!

Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Elizabeth Fletcher at Elizabeth.Fletcher@atriumhealth.org.

November's Employee of the Month: Denise Cauley



November's Employee of the Month is Denise Cauley. Denise has worked at Carlyle Place for 8 years as the Care Coordinator in the Carlyle At Home department. She has worked in total 38 years with Navicent & Atrium health. With 30 of those years working in Home Health as a Social Worker and in leadership.

Denise is a local that grew up here in Macon, GA. She has a son, Chad and his wife Melissa who gave Denise three grandchildren Payton (15), Parker (13), and Kinley Kate (8). Outside of work Denise enjoys going on mission trips with Builders for Christ. As well as, outdoor activities with her grandchildren such as, white water rafting, riding four-wheelers, and watching their sporting events.

When asked what she most enjoys about her job, Denise stated that she loves serving others and working with her fun co-workers. If you see her around, be sure to congratulate her on this accomplishment and hard work.

Carlyle Place Drama Society

Written by Jane Winston



We have gathered the most talented, bright, eager, attractive, energized individuals here at Carlyle Place and have begun our Carlyle Place Drama Society! I understand there used to be one a few years back, so we are trying a revival. We'd welcome more talented, bright, eager, energized, attractive individuals to join the 13 of us! Just flag Jane Winston down and chat with her.

Strangely enough, the kitchen renovations which are on the horizon interfere with our being able to showcase our talents until most likely February, possibly March. This is disappointing for us, and I am sure it is to you also, but, "it is what it is." More rehearsal time.

In the spring we will open our season with a radio play excerpt of Arsenic and Old Lace. Read up on radio plays and Arsenic and Old Lace for the most enjoyment of this event. Following that will be all manner of theatrical endeavors, monologues, monologue competition including residents, Readers Theatre, Vignettes, and the list continues. We are always open to suggestions. Especially if you have lived somewhere where they engaged in theatre of this nature!

We will not be bringing thee-act plays and musicals. Theater Macon and Macon Little Theatre fill those needs for most of us. We will be bringing fun and laughter. We will have "guest" spots and possibly even a talent show of some type.

Please consider joining us. Promise, no line memorization required. No speaking role if you'd prefer. Sound effect and audio technicians please come forth!!!! Costumers, artists, also welcome!



Frank Wood, Executive Director at the Grand Opera House,
performing on the Piano



A surprise passenger on Holly Ertel's car



Beautiful fall leaves on Carlyle Place grounds
submitted by Holly Ertel

November Employee Anniversaries

1 Year

Latoyia Corbett
Heather Davis
Freddie Watkins
Demontez Watson
Candice Willis

2 Years

Morgan Walters
Martina Williams

3 Years

Vicki Mills
Sherrella Mays

4 Years

Mike Brown
Angelette Whipple

11 Years

Dominique Leary

12 Years

Kenyetta Smith

14 Years

Stacy Pritchard



Support Group:

Dementia Support Group

Thurs., December 26 · Activity Rm A · 1:30 pm

I SPY - December 2024

"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.

I spy...someone who Someone who does an awful lot of work behind the scenes. Charles Lewis is constantly working to make sure Carlyle Place's recycling volunteers are organized and equipped with the tools needed to get the job done. In addition, he keeps the rest of the community abreast of pertinent information needed to maximize the benefits of our recycling efforts. He always has a smile and freely shares his contagious laughter. What a bright light he is to Carlyle Place!

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I'd Like to Hear, Leadership Reports, and any New Resident introductions). The formats are as follows:

Week 1

Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2

Board Member Visits
Handbook Review
Committee Report

Week 3

RAC Report
Take 3 for Wellness
Handbook Review

Week 4

Committee Report
New Employee Introductions/Employee of the Month
Marketing Minute

Week 5 (March, June, August, November)

Healthcare Updates/Reminders
CP at Home Updates/Reminders

2024 Committee Report Schedule:

Building & Grounds:

Library:

Development:

Marketing:

Dining:

12/10

Programming:

12/31

December Birthdays

Penny Courreges	12/1
Margie O'Shaughnessey	12/3
Jack De Mave	12/7
Eleanor McGarity	12/7
Mary Freeman	12/8
Emory Johnson	12/10
Mavis Trice	12/12
Magda Morris	12/15
Anne Hanse	12/17
Bill Scott	12/18
Kathy Marbut	12/19
Fred Reese	12/19
Holly Ertel	12/21
Robert Hearn	12/23
Frank Anderson	12/25
Rita Hale	12/27
Doug Cole	12/27
Jody Lewis	12/28
Art Butler	12/30
Barbara Di Sauro	12/31

Carlyle-at-Home

Joe Timberlake	12/20
Linda Harris	12/21
Sidney Middlebrooks	12/23
Merry Faulk	12/23
Brenda Mallary	12/28

Buttons From Your Past

Do you have a collection of buttons? Buttons that are meaningful to you? Maybe some of your Mom's old button collection; maybe you have saved buttons from different clothing that was special to you at one time? A button display is being considered for the second floor art gallery. So if you are interested in participating in this potential display, please contact Cele Minshew at 478-405-4533 or celeste.minshew@atriumhealth.org.



November's crafters creating fall door décor

New Drama Group Want Ad

We are looking for an individual who is knowledgeable about sound and connecting microphones, music, sound effects, etc. We have no theatre equipment. We do have microphones, access to some sound effects, laptop, etc. Anything Carlyle uses. So... we could use a consultant to get us going. Should not take much of your time! Contact Jane Winston at 478-542-1642



November's Paint by Numbers class

Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

BLP - Backlot Players

(478) 994-0443

Website: thebacklotplayers.org

CP - Centreplex

www.maconcentreplex.org/coliseum/ticket-office/

DT- Douglass Theatre

(478) 742-2000

Website: douglasstheatre.myboxoffice.us

FH - Fickling Hall at Mercer University

(478) 301-5470

Website: www.mcduffie.mercer.edu

GOH - Grand Opera House

(478) 301-5470

Website: www.thegrandmacon.com

MLT – Macon Little Theatre

(478) 471-7529

Website: www.maconlittletheatre.org

TM -Theatre Macon

(478) 746-9485

Website: www.theatremacon.com/tickets

Loyal Alumni Giving

Published in The Mercerian Magazine Issued in September 2024



Macon Native Bob Hearn, CLAS' 60, graduated from Lanier High School in 1956 and decided to attend Mercer so he could save money and live at home. While a student, he worked with his brother at Fickling & Walker Inc. and was actively involved on campus, serving as president of Sigma Alpha Epsilon Fraternity and as a lieutenant colonel in ROTC. He was also president of Scabbard & Blade, a Distinguished Military Graduate and a member of Blue Key, Phi Eta Sigma, Student Senate and the German Club.

After graduating from Mercer, he entered the U.S. Army and served two years in Abilene, Texas, before returning to Macon to begin his civilian career and rejoining Fickling & Walker Inc., from which the mortgage operations were purchased by Trust Company of Georgia, a predecessor of SunTrust Banks, in 1979. He retired as president and CEO of SunTrust Mortgage Inc. in 1996.

Hearn made his first gift to Mercer in 1962 and has made a gift every year since, making him one of Mercer's most loyal donors. "I felt it was my obligation to support Mercer financially—not just a choice, but a retirement," said Hearn. "Young alumni may feel that they are not able to give because their income is limited, but no matter how small the gift, they add to the percentage of alumni donors who support the University. Alumni support shows prospective students, foundations and other constituents that Mercer alumni believe in the value of a

Author Birthdays in December

During 2024, the Carlyle Place Library Committee will be celebrating authors and their birthdays. Books by authors listed in bold print can be found in the Veranda Library (2nd floor) and/or the Parlor Library (1st floor). Some of the authors' books will be on display in the Veranda Library display area.

1 December: Rex Stout
2 December: Ann Patchett
3 December: Joseph Conrad
4 December: William Diehl
5 December: Joan Didion & James Lee Burke
7 December: Willa Cather
8 December: Bill Bryson
10 December: Emily Dickinson
11 December: Aleksandr Solzhenitsyn
12 December: Sophie Kinsella

13 December: Ross Macdonald
14 December: Shirley Jackson
15 December: Betty Smith
16 December: Jane Austen & Arthur C. Clarke
21 December: Rebecca West
24 December: Mary Higgins Clark
25 December: Rod Serling
26 December: Henry Miller
30 December: Rudyard Kipling
31 December: Nicholas Spark

New Residents: Susan Hojak

Written by: Mary Dempsey



It was in the August issue of the Carlyle Chronicle that Coco Hojak, a new resident feline, was introduced to the community. It is the first time that a resident's cat was featured before the resident! It is time the community met Coco's owner, Susan Hojak.

Susan and Coco moved from Melbourne Beach, Florida, into Carlyle's apartment 2119 in June. Susan made some virtual visits to CCRC's but it was being near family that brought her to Carlyle. Upon her visits she was attracted to the friendliness of the Carlyle family and marketing department. Susan said, "Robin made everything so easy and took great care of me." Susan and Coco are settled in now and love all things Carlyle! Susan loves the activities and appreciates all the staff does for her.

Prior to her years in Florida, Susan spent most of her years in Pennsylvania in and around the Harrisburg area where she had a 44 year career as a French teacher with a little English and ESL (English as a Second Language) thrown in. Thirty of those years were in the public school system and the last fourteen in a Catholic high school.

Susan enjoys travel, having covered much of Europe (five times to France, of course), Australia, Canada, Mexico, and the US, with New York City one of her favorites. Therefore, she enjoyed accompanying her students on field trips to France, museums in Philadelphia, in Baltimore and to New York's Broadway.

Susan's husband's career was at the Pennsylvania Department of Education, but his avocation was flying. He had a 4 seater Cessna and during the summer months, when Susan was on vacation from teaching, he would pilot them down the East Coast, stopping somewhere interesting, Hilton Head for a day at the beach and then on to Amelia Island for a couple nights, and then perhaps Orlando or Fort Lauderdale. They went as far as the Florida Keys and the Bahamas, or the Gulf Shores of Florida, and then on other adventures, they'd fly north as far as Maine. A fun, exciting week!

Susan is a big fan of her Kindle and enjoys reading. She challenges her mind with cross-words and Wordle games and challenges her body by tuning into Carlyle's Staying Strong class as seen on our channel 1960. She has been enjoying her time with family as well as catching up with friends from Pennsylvania and Florida.

Looks as though we have another Carlyle win/win situation... Susan is glad to be here and we are very happy to have her!

Monster Bash



Demme Pluta's sister, Linda Degelmann, Bob & Demme Pluta posing in costume



Rose Butler in her Frankenstein costume



Hank & Mary Dempsey as Killer Bees

A Little Merry Trivia

1. What Christmas carol does the Peanuts gang sing at the end of "A Charlie Brown Christmas"?
2. What is the name of George Bailey's guardian angel in It's a Wonderful Life?
3. In which classic Christmas special did Heat Miser appear?
4. In National Lampoon's Christmas Vacation, what had Clark Griswold been planning to buy with the Christmas bonus?
5. What Christmas song has the line, "I don't know if there'll be snow, but have a cup of cheer?"
6. Which song begins with "Joy to the World, the Savior reigns!"?
7. Complete the lyrics... "All I want for Christmas is my"?
8. In A Christmas Story what did Ralph give his teacher as a bribe?
9. In The Polar Express, people who hears sleigh bells believe in who?
10. What song begins "Oh the weather outside is frightful"?



Answer Key
 1. Hark! The Herald Angels Sing 2. Clarence Odbody 3. The Year Without a Santa Claus 4. A Swimming Pool 5. A Holly Jolly Christmas 6. Joy to the World 7. Two Front Teeth 8. Fruit Basket 9. Santa 10. Let It Snow