

The Carlyle Chronicle

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Early Fourth of July Celebrations & Traditions

Published on www.history.com · June 24, 2024

In the pre-Revolutionary years, colonists had held annual celebrations of the king's birthday, which traditionally included the ringing of bells, bonfires, processions and speechmaking. By contrast, during the summer of 1776 colonists celebrated the birth of independence by holding mock funerals for King George III as a way of symbolizing the end of the monarchy's hold on America and the triumph of liberty.

Festivities including concerts, bonfires, parades and the firing of cannons and muskets usually accompanied the first public readings of the Declaration of Independence, beginning immediately after its adoption. Philadelphia held the first annual commemoration of independence on July 4, 1777, while Congress was still occupied with the ongoing war.

George Washington issued double rations of rum to all his soldiers to mark the anniversary of independence in 1778, and in 1781, several months before the key American victory at the Battle of Yorktown, Massachusetts became the first state to make July 4th an official state holiday.

After the Revolutionary War, Americans continued to commemorate Independence Day every year, in celebrations that allowed the new nation's emerging political leaders to address citizens and create a feeling of unity. By the last decade of the 18th century, two major political parties—the Federalist Party and Democratic-Republicans—had arisen began holding separate Fourth of July celebrations in many large cities.

Recurring Activities

Happy Hour

Monday - Friday · 5:00 - 6:00 pm · The Pub
Saturdays · 5:00 - 7:00pm · The Pub

Have You Heard

Tuesdays · 11 am · The Grande

Attend this weekly town hall-style meeting to stay up-to-date on information about what is happening at Carlyle Place.

Line Dancing

Mondays · 3:00 pm · Group Fitness Rm

Pub Trivia

2nd Tuesday · 4 pm · The Pub

The Pub opens early for this rowdy, competitive game of trivia where teams of five or less compete for prizes. Sign up in the Uniguest app and note if you are in search of a team to join.

Coffee & Conversations

Wednesdays · 9:30 am · The Library

Tie Blankets for Children

Fridays · 10:30 am · Activity Room B

This weekly group service project assembles blankets for patients at the Atrium Health Levine Children's Beverly Knight Olsen Children's Hospital.

Communions

Episcopal - Mon., July 1 - Act. Rm A · 10:00 am
Episcopal - Thurs., June 18 - Act. Rm A · 10:00 am
Methodist - Thurs., June 18 - Act. Rm A · 1:00 pm

BUMs Breakfast

Saturday, July 20 · 8:30 am · The Grande
Gil Thelen will be interviewing new Carlyle Residents.

Catholic Mass

Tuesday, July 23 · 2:30 pm · Activity Rm A
This event is tentative.

Out & About

The Prom at Macon Little Theatre

Thursday, July 18 · Depart Lobby at 7:30 pm
Four eccentric Broadway stars are in need of a new stage. Trouble is brewing around a small-town prom when one student wants to bring her girlfriend, and the stars think it's time for a spotlight on the issue...and themselves. The result is love that brings them all together. Ticket is required.

Shopping at Dillard's

Friday, July 19 · Depart Lobby at 1:00 pm
Take a trip to River Crossing Shopping Center to shop at Dillard's Department Store.

Pearson Farms

Thursday, July 25 · Depart Lobby at 1:00 pm
Take a trip to Pearson Farms to purchase fresh produce and peach ice cream.

Jazz in the Courtyard

Sunday, July 28 · Depart Lobby at 6:00 pm
Jazz in the Courtyard—Summer Series. Bring a folding chair for this event. Admission is free. This venue has unlevel surfaces and potential trip hazards.

Dinner at Mercer Village Pizza

Wednesday, July 31 · Depart Lobby at 5:00 pm
Enjoy dinner at this new local pizzeria near Mercer University!



Wendy Johnson, Carolyn McInerney, Elaine Davies, Nalini Isaac, Joann Murphy, Linda Degelmann & Jan Peak
at the Butterfly Garden Brunch

Vegas Week



Emily Bredeson, Edyth Snow, & Beverly Meadors
at the Vegas Buffet



Dennis Collins performing a coin trick
with the comedian/illusionist



Holly Ertel & Rae Scott with the comedian/
illusionist during Vegas Week



Marty Reese, Betty Pettis & Herb Greenwald
at the blackjack table at Casino Night



Penny Courreges, Jane Cogswell & Mary Louise Williams
at the Vegas Buffet



Kathy Marbut doing the Twist with Elvis

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App

In-House Events

Uniguest App Training & Questions

Monday, July 1 · 2:00 pm · The Grande

Join Cele and Elizabeth to learn the ins and outs of the Uniguest App, registering for activities and ask any questions you may have about how the app operates.

Middle Georgia Library Representative

Wednesday, July 3 & 24 · 3:00 pm · The Grande

Yufiel Franklin will help residents download books, sign up for library cards, & other library needs. He will also bring the book mobile, so contact Cele with books you would like him to bring for you to check out.

Red, White & Blue Happy Hour

Wednesday, July 3 · 5:00 pm · The Pub

Celebrate Independence Day at this Red, White and Blue Happy Hour! A specialty drink will be served.

Tech Tutoring with Caleb

Fridays in July · 4:00 pm · The Parlors

Caleb Varnadore, an eighth-grade Stratford student, volunteers his time to help residents with technology issues or questions. Bring your technology with you. This activity will not occur on July 19.

WINEO

Monday, July 8 & 15 · 4:00 pm · Seasons Dining

WINE-O, Bingo for wine lovers, is a way for adults to enjoy wine, fellowship, and fun with friends! This activity has very limited seating and participants are chosen by a lottery system.

Craft Class: Luggage Tags

Tuesday, July 9 · 3:00 pm · Activity Room A

For this craft class, make a tags for luggage, assistive devices such as rollators, canes, or scooters and anything else you would like to put your name on.

Tangle Time with Rhonda Koplin

Wednesdays, July 10 & 24 · 2:00 pm · Activity Room A

Bring your previous or new Zentangles to show off or to work on. Rhonda Koplin will assist in any way and teach new designs to those who are interested. This is not a beginners activity, a beginners class will be held in August.

BINGO

Thursday, July 11 · 3:00 pm · The Grande

Bring your correct change to "rent" BINGO cards for cash winnings. \$1 per card. We play four games.

Pecan Pie Social

Friday, July 12 · 7:00 pm · The Pub

July 12 is National Pecan Pie Day. After dinner, enjoy coffee and a slice of pecan pie while spending time with friends on a Friday night.

Watermelon Social

Tuesday, July 16 · 3:00 pm · Activity Room A

Enjoy a slice of watermelon with friends and cool off from this Georgia heat!

Greenwood Music School Performance

Tuesday, July 16 · 4:00 pm · The Grande

Students and teachers from Greenwood Music School, on Zebulon Road, will perform for Carlyle Place.

Perkins Eastman Townhall

Wednesday, July 17 · 3:00 pm · The Grande

If you would like to hear the latest trends in senior housing, please join us for a town hall meeting led by our partners from Perkins Eastman architectural design firm, who will be overseeing the Carlyle Place Enhancement Plan.

Musical Performance Judge Claude Hida

Monday, July 22 · 7:00 pm · The Grande

Judge Claude Hida will perform for Carlyle Place in the Grande.

Lunch & Learn

Thursday, July 25 · 11:00 am · The Grande

Dr. William Wallace, a general surgeon who specializes in Critical Care, Trauma and General surgery, will speak at this luncheon. The topic of his presentation is "Gallbladder, Colon Issue or Possible Hernia...What symptoms should you be looking for?" Limited seating. A no show fee will be charged if you sign up and do not come without canceling your reservation..

Birthday Bash: DJ Dusty

Monday, July 29 · 7:00 pm · The Grande

Celebrate July and August birthdays with DJ Dusty! Cake and ice cream will be served. Everyone is welcome.

Worth the Weight with Jai

Tuesday, July 30 · 3:00 pm · The Grande

Join Jai, our Wellness Assistant, as she shares information on weight machines and the overall benefits of exercise equipment.



CP visits Assembly Studios in Doraville, GA

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

Resident Led Activities

Pickleball Play & Instruction

Play: Monday, Wednesday & Friday at 8:30 am
Will not take place on July 4.

Poker

Mondays • East Wing Game Room • 1:00 pm
Facilitated by Walter Barnett: 478-238-5392

BYOP (Bring Your Own Project)

1st, 2nd, 3rd & 5th Mondays • Activity Rm A • 1:30 pm
Bring an individual project to work on with friends.

Beginners Clogging w/ Elaine Davies

Wednesdays • Group Fitness Rm • 4 pm

Joker

Tuesdays • The Pub • 7:00 pm
Wednesdays • East Wing Game Rm • 2 pm

Rummikub

Tuesdays • East Wing Game Rm • 7:00 pm
Saturdays • The Pub • 7:00 pm

Party Bridge

Tuesdays • The Pub • 1 pm
Facilitated by Joe Scalzo: 706-766-7190

Sequence

Thursdays • East Wing Game Rm • 7:00 pm

The Harmonica Group

1st & 3rd Wednesdays • Back Rm Studio • 4:00 pm
Join this starter group of aspiring harmonica musicians who are learning how to play. All newbies are welcome.

Duplicate Bridge

1st, 2nd, 4th & 5th Thursdays • 1:15 pm • The Pub
Facilitated by Rae Scott: 478-474-3116

Canasta

Thursday • East Wing Game Rm • 1:30 pm

Beginners Line Dancing w/ Jo Ann Dankel-Dobbs

Fridays • Group Fitness Room • 1:00 pm
Will not occur on 7/26

Worship in the Grande

Sundays • The Grande • 11:00 am

Mexican Train Dominoes

Sundays • The Bistro • 6:00 pm
Facilitated by Walter Barnett: 478-238-5392

Coloring Workshop

Tuesday, July 2 • Activity Rm A • 1:30 pm
No experience is necessary and no supplies are needed.
Come chat and learn adult coloring techniques with special seasonal projects with Debra Collins.

Papercraft Workshops

July 8, 17, & 26 • Back Room Studio • 2:00 pm
These workshops are for completing projects, catching up on new skills and/or making up a class you could not attend. Contact Magda Morris or Marty Reese for further information.

Book Club

Thursday, July 11 • Activity Rm A • 11:30 am

Pondering the Story with Elaine Davies

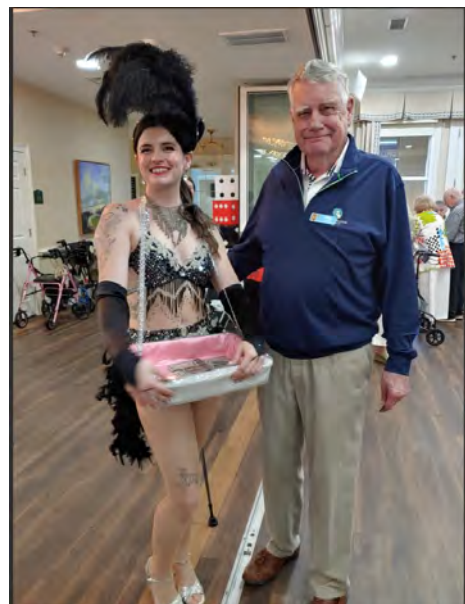
Mon., July 15 • Admin Conf Room • 2:30 pm
Jeremiah 18:1-12 The Potters Wheel

Lunches for Loaves & Fishes

Monday, July 22 • Activity Room A • 2:30 pm

Democrats Luncheon

Tuesday, July 23 • Seasons Dining • 11:30 am
Contact Leslie Morris to RSVP: 478-491-1731



Dick Courreges with a showgirl
at Vegas Week Casino Night

Unless otherwise noted, sign ups for indicated activities will be through your Uniquiest App.

Take 3 for Wellness: Dehydration

Written by Tonya Wilson

The beginning of summer is a good time to talk about this important topic. Dehydration occurs when you use or lose more fluid than you take in, and your body doesn't have enough water and other fluids to carry out its normal functions. The condition is especially dangerous for young children and older adults. Older adults naturally have a lower volume of water in their bodies, and may have conditions or take medications that increase the risk of dehydration. This means that even minor illnesses can result in dehydration in older adults. Dehydration also can occur in any age group if you don't drink enough water during hot weather — especially if you are exercising vigorously.

Symptoms:

Thirst isn't always a reliable early indicator of the body's need for water. Many people, particularly older adults, don't feel thirsty until they're already dehydrated. That's why it's important to increase water intake during hot weather or when you're ill. If you have certain diagnoses that require fluid restrictions, such as CHF and CKD, you have to be extra careful balancing your fluid intake and should consult your doctor. The signs and symptoms of dehydration may differ by age.

In adults symptoms may include: Extreme thirst, less frequent urination, dark colored urine, fatigue, dizziness, and confusion.

Dehydration can lead to serious complications, including:

- Heat injury. If you don't drink enough fluids when you're exercising vigorously and perspiring heavily, you end up with a heat injury, ranging in severity from mild heat cramps to heat exhaustion.
- Urinary and kidney problems. Prolonged or repeated bouts of dehydration can cause urinary tract infections, kidney stones and even kidney failure.
- Seizures. Electrolytes — such as potassium and sodium — help carry electrical signals from cell to cell. If your electrolytes are out of balance, the normal electrical messages can become mixed up, and cause a seizure.
- Low blood volume shock (hypovolemic shock). This is one of the most serious, and sometimes life-threatening, complications of dehydration. It occurs when low blood volume causes a drop in blood pressure and a drop in the amount of oxygen in your body.

You can usually reverse mild to moderate dehydration by drinking more fluids, but severe dehydration needs immediate medical treatment.

Call your family doctor if you or a loved one:

- Has had diarrhea for 24 hours or more
- Is irritable or disoriented and much sleepier or less active than usual
- Can't keep down fluids
- Has bloody or black stool

July Movies:

Hamilton

PG-13 · 2020 · Biography/Drama · 2h 40m
Thursday, July 4 · 7:00 pm

This musical portrays the real life of one of America's foremost founding fathers and first Secretary of the Treasury, Alexander Hamilton. Captured live on Broadway from the Richard Rodgers Theater with the original Broadway cast.



Cocoon

PG-13 · 1985 · Comedy/Crime · 1h 57m
Saturday, July 6 · 7:00 pm

When a group of trespassing seniors swim in a pool containing alien cocoons, they find themselves energized with youthful vigor.



MLK/FBI

PG · 2020 · Documentary/Biography · 1h 44m
Sunday, July 13 · 7:00 pm

Based on newly declassified files, Sam Pollard's resonant film explores the US government's surveillance and harassment of Martin Luther King, Jr.



Indiana Jones: Raiders of The Lost Ark

PG · 1981 · Action/Adventure · 1h 55m
Saturday, July 20 · 7:00 pm

In 1936, archaeologist and adventurer Indiana Jones is hired by the U.S. government to find the Ark of the Covenant before the Nazis can obtain its awesome powers.



Indiana Jones & The Last Crusade

PG-13 · 1989 · Action/Adventure · 2h 7m
Sunday, July 21 · 7:00 pm

In 1938, after his father goes missing while pursuing the Holy Grail, Indiana Jones finds himself up against the Nazis again to stop them from obtaining its powers.



Harry Potter & The Sorcerer's Stone

PG · 2001 · Fantasy/Adventure · 2h 32m
Saturday, July 27 · 7:00 pm

An orphaned boy enrolls in a school of wizardry, where he learns the truth about himself, his family and the terrible evil that haunts the magical world.



Mary Louise Williams holding one of her signature favorites at the Martini Happy Hour

Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact either Charlotte Kennington at 478-405-4523 or Troy Cannaday at 478-405-4521 to sign up.

New Residents

Doug & Joanne Dozier
Apartment 1203

Kirby & Joan Godsey
Apartment 1103

Susan Hojak
Apartment 2119

Susan Placek
Apartment 1216

Bob & Demme Pluta
Apartment 1227

Uniquet "Bulletin Board"

On the Uniquet Community App there is an interactive module called the *Bulletin Board* for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

Free Transportation to Stores:

Kroger

Every Wednesday · Depart Lobby at 9:30 am

Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am
Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck

1st Thursday · 10:00 am · Admin. Conf. Rm
(Due to July 4th, will take place on July 8th at 11:30 am)

Development Chairperson: Don Kea

4th Thursday · 10 am · Admin. Conf. Rm
Quarterly: January, April, July, October

Dining Chairperson: Ann Meia

1st Wednesday · 10:00 am · Admin. Conf. Rm

Library Chairperson: Pat McMahon

2nd Monday · 1:00pm · Executive Conference Rm
Jan. - March - May - July - Sept. - Nov.

Marketing Chairperson: Kathleen Sheil

3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Joan Anderson

2nd Wednesday · 3:00 pm · Admin Conf Rm

RAC President: Ty Ivey

2nd Thursday · 10:00 am · Admin Conf Rm

New Resident: Carolyn Crayton

Written by Jane Winston



Carolyn Crayton, AKA the Cherry Blossom Queen of Macon, GA, and the newly named Carolyn Crayton Park. **"Naming the park after me was a huge surprise! I consider it such an honor."** Macon and the surrounding areas appreciate all Carolyn has done for the Macon and Georgia and want to honor her in every way they can.

For in-depth information on Carolyn, pour another cup of coffee, sit down, and dig into the Internet. It will take a while to discover just what this gracious, beautiful, diminutive lady has done for middle Georgia and the world. It is AMAZING! As for this article, I share information **she shared, as we got to know one another in the comfort of her "hint of pink" apartment, South Wing 3008.**

Carolyn and her husband, Lee Crayton, were born, reared, and educated in Concord, North Carolina. He graduated high school and entered the Air Force where he was a pilot and flew bombers. Carolyn wrapped up high school while he was away in the Air Force and started her studies of interior design at Greensboro College. When he returned, he enrolled in North Carolina State University to study engineering, while she finished her schooling. They eventually

married and settled into life in Concord as Lee took his engineering degree into the textile industry, and Carolyn shared her knowledge of interior design in the local area.

They had two children, a daughter, and a son; the years happily drifted by for The Crayton family in Concord, NC. Their life was surprisingly interrupted, however, when Bibb Textile Company of Macon, owned by JP Stephens, contacted Lee to come work for them. He turned them down three times. On the fourth offer, in March of about 1971, he suggested the four of them just take a trip down and check out this Bibb Company and Macon, GA.

They did! They headed for Macon and a company about which they knew absolutely nothing. Two unrelated incidents drew them into thinking Macon was great. The first was the Senior Fickling property on Ingleside Avenue. It was March, and they went for a random drive and came upon the Yoshino trees surrounding the Fickling property which were in full bloom. They were in awe!

The other incident involves Carolyn planting roses along one of those ugly walls that appear during construction of Interstates; in this case, it was along I-40 between Raleigh and Greensboro. Lee quickly pointed out to Carolyn an ugly wall in Macon where I-75 **was then under construction. "Carolyn, it's time to beautify by planting roses again."** They laughed; she said yes; they enrolled their children in Stratford; Wallace Rivers built their home in Wesleyan Woods; she worked for Wallace; Lee for Bibb Textile Company; they never looked back. The entire family loved and still loves Macon, GA!

On Mother's Day, shortly after their move, Carolyn engaged neighbors, friends, and acquaintances, to join her for a Mother's Day planting of roses along that ugly wall on I-75. Public Works dug the holes; a local bank provided the red roses; mothers, daughters, sons, husbands of the community pitched in and helped plant roses.

Following the rose planting came the planting of Yoshino Cherry Trees in Wesleyan Woods. She picked a Saturday; Public Works dug holes 30-feet apart; Lee Crayton and Harold Weathers picked up the trees from Fickling property; Harold drove through Wesleyan with the trees in the back of his truck; Lee handed the trees to the neighbors who all showed up and did the planting. And today they light up Wesleyan Woods every March.

And from there on it is all history. Nothing could stop this dynamic, caring, giving lady from North Carolina. As we sometimes say **here in the south, "This ain't her first rodeo."** She had engaged in the same activities in Concord, North Carolina and came to Macon knowing how to make things happen. And, she did and does.

Thanks to Carolyn for welcoming me into her home and sharing this information that brought a huge sparkle to her eyes and tears to mine. Thanks also for all you have done for Macon, Georgia, and the world! (Prior to my leaving she shared that she took piano lessons from an incredibly talented first cousin, and she played the clarinet in school!)

Number Spoofing Scams

Written by Sam Cook · www.comparitech.com/blog/information-security/number-spoofing-scams/

Getting spammed with phone calls from numbers sharing your area code? You're not alone. Millions of people in the US, UK, Canada, and elsewhere are now plagued with phone-based scams that use a technique called caller ID spoofing. Also known as number spoofing, scammers have easy access to the tools needed to create fake numbers and launch phone scam campaigns. Spoofed numbers have proven effective at getting more of us to pick up the phone, leading to a higher occurrence of number spoofing scams.

Number spoofing doesn't appear to be going away any time soon, but you can at least take some action against it. Learn more about number spoofing scams, how they work, and how to stop phone spam that uses spoofed numbers.

What is number spoofing?

When you get a call to your mobile phone, the caller may be masking the original number. If so, the caller could be located just about anywhere in the world and you would never know it. Most of the spam calls you receive are likely using spoofed numbers to operate scams.

Who among us hasn't received a phone scam call or text message (or hundreds)? I sure have. According to YouMail, Americans received over 45 billion robocalls in 2020. That equates to nearly 140 robocalls per person in the US, or nearly 220 per US adult aged 18 and up.

How does Caller ID spoofing work?

There are several methods scammers can use to create fake numbers. By far, the most common and most popular technique scammers use is to fake numbers with **voice over internet protocol (VoIP)**. Scammers can either use freely available open-source VoIP tools or create an account with a VoIP provider that allows them to substitute their original number with any number they want.

How did number spoofing scammers get my number?

Massive robocall and phone scam operations don't work if the criminal organizations behind them don't have anyone to call. Unfortunately, getting numbers is relatively simple. Phone number and name combinations are not typically private information, so scammers can usually scrape this data from public archives.

Even the US government provides a list of archives where this information can be easily acquired through websites such as:

Whitepages.com
AnyWho.com
National Cellular Directory

MobilePhoneNumber.com
411.com

An important limitation on scammers trying to use these sites is that they require web scraping (typically using Python scripts). Even then, these sites require a name to find a matching number (or vice versa), so it's a less-than-ideal process for getting numbers wholesale, though it can help scammers match names and numbers.

Continued from pg 10

How to prevent and block Caller ID spoofing

Although service providers and governments are working on solutions, it's up to all of us to do our own due diligence in stopping number spoofing scams. Here are some simple steps you can take to combat number spoofing:

Don't pick up calls from unknown numbers

Caller ID spoofing and scams don't work if potential victims don't answer the phone or respond to text messages you don't pick up you can't fall victim to a scammer using a spoofed number.

Most number spoofing scammers now focus on spoofing local numbers, a tactic known as neighbor spoofing. This involves spoofing a phone number that matches your area code and sometimes, even your exchange number. Neighbor spoofing is exceedingly popular among scammers now because it works so well. Victims are more likely to pick up a call, even from an unknown number, if it could be from someone local such as a friend, family member, doctor, or the auto repair shop.

Even if you see a number with a local area code, don't pick up if it's not in your address book. Save the numbers of people you know and businesses you patronize to your device's address book. Let unknown numbers go to voicemail. Scam callers sometimes leave a voicemail, but often do not bother or have not invested in automated voicemail messages.

How to report Caller ID scams

In most countries plagued by Caller ID or number spoofing, the practice is generally considered to be legal. However, in almost all countries, the problem isn't number spoofing so much as running scam call operations. If you've been the victim of a scam call, or believe that your number is being used to conduct scam calls, there are resources available to help you report the activity.

US Caller ID spoofing laws

In the US, the Truth in Caller ID Act establishes what types of caller ID spoofing are legal and illegal. According to the legislation, which was designed with VoIP-based caller ID spoofing in mind, it is against the law to spoof caller ID if the intention is to "defraud, cause harm, or wrongfully obtain anything of value".

Considering that, some phone spoofing is legal, but the vast majority of spam calls US mobile phone users receive are in violation of the Truth in Caller ID Act and other state-based laws designed to target caller ID spoofing.

To report number spoofing scams in the US, contact the following resources:

File a report with the FCC

File a report with the FTC

Contact your local police

Contact your state's fraud reporting system

If you believe your number is being spoofed, contact your mobile service provider.

Celebrating July

Cellphone Courtesy Month

Women's Motorcycle Month

Ice Cream Month

Farriers Week

July 7–13

Zookeeper Week

July 21–27

Independence Day

July 4

World Kiss Day

July 6

Bastille Day

July 14

Caviar Day

July 18

Amelia Earhart Day

July 24

Talk in an Elevator Day

July 26

Rain Day

July 29

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
Cell -	478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

Famous July Birthdays

Those born between July 1–22 are Crabs of Cancer. Crabs love family and nurturing others. They may be emotional, kind, and gentle but are never soft. Cancers are strong-willed and tenacious in their search for peace and homeyness. If you were born between July 22–31, you are a Leo, the Lion. Creative and ambitious with magnetic personalities, Leos enjoy the spotlight. Warm, loving, and kind, they make loyal and honorable friends.

Princess Diana (British royalty) – July 1, 1961

Neil Simon (playwright) – July 4, 1927

David McCullough (author) – July 7, 1933

Marty Feldman (actor) – July 8, 1934

Milton Berle (actor) – July 12, 1908

Bess Meyerson (model) – July 16, 1924

Sandra Bullock (actress) – July 26, 1964

Jackie Kennedy (U.S. first lady) – July 28, 1929

Buddy Guy (guitarist) – July 30, 1936

J. K. Rowling (author) – July 31, 1965



Submitted by Jane Winston

May 2024 Honorariums & Memorials

Donated in Memory of:

Pearl Ham Cooper

John Hurst

Shirley Myers

Donated by:

Virgil Cooper

**Eleanor Rosen
Dick & Betty Smith**

**Sandy & Ronnie Knapp
Dick & Betty Smith
Gil & Struby Thelen**

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated every 6 months on the Recognition Board. To make a gift, please make your check payable to Carlyle Place Resident Assistance Fund or Carlyle Place General Fund and mail to 3330 Northside Drive, Macon, GA 31209. Contact Tarver Perry at 478-633-7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.



Ladies, all from Sun City, enjoying dinner together.



Sandy Knapp was the highest roller & M.A. Riley was the second highest roller at Casino Night

Author Birthdays in July

During 2024 the Carlyle Place Library Committee will be celebrating authors and their birthdays. Books by authors listed in bold print can be found in the Veranda Library (2nd floor) and/or the Parlor Library (1st floor). Some of the authors' books will be on display in the Veranda Library display area.

1 July: Louise Penny & Lisa Scottoline
3 July: Dave Barry
4 July: Nathaniel Hawthorne
7 July: Kathy Reichs & Robert Heinlein
8 July: Anna Quindlen
9 July: Dean Koontz & Barbara Cartland
10 July: Saul Bellow
12 July: Donald E. Westlake
15 July: Clive Cussler

17 July: Earl Stanley Gardner
18 July: Jessamyn West
19 July: A.J. Cronin
21 July: Ernest Hemmingway & Michael Connelly
23 July: Raymond Chandler
24 July: Alexander Dumas
26 July: Aldous Huxley & George Bernard Shaw
30 July: Emily Bronte & Celeste Ng

Worth the Weight with Jai

Tuesday, July 30 · 3:00 pm · The Grande

Are looking to work out in the gym but need some guidance on what machines to use? join Jai Thomas, Fitness Assistant, in the Grande. She will speak on weight machines and the overall benefits of the use of exercise equipment.

***Sign up on the Uniguest App**

Lunch & Learn: Dr. William Wallace

Thursday, July 25 · 11:00 am · The Grande

Dr. William Wallace, a general surgeon who specializes in Critical Care, Trauma and General surgery., will speak on "Gallbladder, Colon Issue or Possible Hernia.... What symptoms should you be looking for?"

***Sign up on the Uniguest App**

Cuddles Chronicles: Couple Shun Scaly Visitor

Submitted by Dick Courreges

Southern Beaufort County Newspaper · June 7, 2006



Use the peephole! You never know who—or what—will knock on your front door.

For the Loretas, it was a big “what” that came a knockin’ at their Sun City Hilton Head home.

A 6-foot-long alligator pounded on the front door around 7:45 pm and started scaling the wall at the entryway—its front left claw inches from the doorbell. “It looked like he was going to ring the doorbell,” said Roslyn Loretta. Describing the scene from her viewpoint behind the door. “This alligator was aggressive. It really left me a little shaken afterward.”

Loretta blames teriyaki chicken for the unexpected visit. She and her husband, Robert, were barbecuing on the screened-in porch behind their home when they first noticed the reptile. It was facing them on the banks of the lagoon, its eyes focused on them and its mouth wide open.

“It was smelling the food, I guess,” Roslyn Loretta said.

While eating dinner inside, the Loretas noticed the gator had crept to the side of their house. Thank goodness it wasn't able to turn the knob!



Edna and Harold Reed
celebrate their 60th wedding anniversary

Attention Piano Players

Carlyle Place's Worship in the Grande is in need of a piano player to play along for Sunday Worships.

If you are interested or know of someone who might be interested, please contact Richard Davies.

Pub Trivia

Tuesday, July 9 · 4 pm · The Pub

Pub Trivia takes place every 2nd Tuesday for teams of five or less. There are four rounds of trivia, and the team with the highest total score wins a prize! Teams can earn an extra point by taking a picture with something red, white, and blue at the Red, White, & Blue Happy Hour.

You must send your picture to Cele Minshew at Celeste.Minshew@atriumhealth.org or Elizabeth Fletcher at Eliz



Support Group:

Dementia Support Group

Thursday, July 25 · Activity Room A · 1:30 pm

June Employee Anniversaries

1 Year

Madison Leverett
Ashley Brown
Lluvia Ortiz
Abigail Brown

2 Years

Abigail Neesmith
Jae Cook
Elnora Robinson
Brayden Stokes

3 Years

Jamesia Walker
Latoya Battle

5 Years

Caleb Harrison

6 Years

Remona Mays

8 Years

Elizabeth Wallace

10 Years

Audrey Anderson

13 Years

Tonya Wilson

15 Years

Patti Kunselman

I SPY - July 2024

"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.

This month, "I Spy" would like to recognize someone who goes out of their way to help all creatures – big and small. From bugs and turtles, to friends and neighbors, to the community at large, Carolyn Bradley is always willing to lend a helping hand. At Carlyle Place, she assists with the Recycling efforts, volunteers in our Healthcare neighborhoods, and has served on various committees. Each year, during the month of June, she puts a lot of effort and energy into spreading awareness and raising funds for the Alzheimer's Association.

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I'd Like to Hear, Leadership Reports, and any New Resident introductions). The formats are as follows:

Week 1

Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2

Board Member Visits
Handbook Review
Committee Report

Week 3

RAC Report
Take 3 for Wellness
Handbook Review

Week 4

Committee Report
New Employee Introductions/Employee of the Month
Marketing Minute

Week 5 (March, June, August, November)

Healthcare Updates/Reminders
CP at Home Updates/Reminders

2024 Committee Report Schedule:

Building & Grounds:	7/09	10/08
Library:	7/23	10/22
Development:	8/13	11/12
Marketing:	8/27	11/26
Dining:	9/10	12/10
Programming:	9/24	12/31

July Birthdays

Mary Dale Kea	7/4
Joe Scalzo	7/5
Leslie Morris	7/7
Bonnie Hearn	7/19
Carol Goings	7/19
Dorcas Mixon	7/20
Connie Coughlin	7/25
Mike Qualls	7/25
Floyd Williams	7/26
Maxie Walker	7/28
Rock King	7/29
Marianna Gebara	7/30
Bob Walcott	7/31

Carlyle-at-Home

Genny Whitaker	7/6
Frank Gibbs	7/8
Ann Tift	7/8
Tommy Talbot	7/11
Karen Jones	7/13
Terry Price	7/14
Henry Jenkins	7/22
Glennda Elliott	7/29
Melvin Haas	7/31

July's Pet of the Month: Sassy Stephens



Hello everybody. My name is Sassy. I am a Cardigan Welsh Corgi. I am seven years old and was gifted to my Hooman three years ago. Many people think I am a cousin of the Queen's dogs, but I am actually a different species. The queen's dogs, known as Pembroke Welsh Corgis, don't have tails, but Cardigans have magnificent bushy tails and are larger than Pembrokes.

I was a show dog before I came to live with my Hooman at Carlyle place two years ago. (I have a cousin who was actually at Westminster!) I am in fact a champion. My previous owner retired me from showing because of health issues and gave me to my present Hooman because she loves corgis so much, and her previous Corgi, Me-Me, was my ancestor.

I am very shy and leery of strangers. I might bark at you, but if you approach too close I will hide behind my Hooman's legs. I already had these strange habits before my Hooman adopted me. I tried to tell her why I am this way, but unfortunately she does not speak Cor-gese.

Sassy is actually not a very good name for me as I am very laid back. Some would say I'm a couch potato. My favorite things are to hang out with my Hooman and get back scratches and belly rubs. I also like lying on the bed or sofa and watching people go by. Everyone says I am beautiful, but I try not to let it give me a big head.... my ears are already very big.

Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

BLP - Backlot Players

(478) 994-0443

Website: thebacklotplayers.org

GOH - Grand Opera House

(478) 301-5470

Website: www.thegrandmacon.com

CP - Centreplex

www.maconcentreplex.org/coliseum/ticket-office/

MLT – Macon Little Theatre

(478) 471-7529

Website: www.maconlittletheatre.org

DT- Douglass Theatre

(478) 742-2000

Website: douglass theatre.myboxoffice.us

TM -Theatre Macon

(478) 746-9485

Website: www.theatremacon.com/tickets

FH - Fickling Hall at Mercer University

(478) 301-5470

Website: www.mcduffie.mercer.edu

June's Employee of the Month: Cele Minshew



Our Employee of the Month for June 2024 was Cele Minshew. Cele has worked at Carlyle Place for almost 8 years in the Resident Life department as the Events Planning Manager for Independent Living. She prides herself in outlasting any other Independent Living Activity Coordinator at Carlyle Place by 5.5 years! The fact that she loves her job clearly helps with this accomplishment. Cele's goal is to keep all residents active and engaged in a variety of activities that will improve their mental, emotional, social, physical and spiritual lives to help them live a longer and more active lives.

Cele grew up in the middle Georgia area, and she is married to her high school sweetheart, Chuck. Together, they have 3 daughters and a healthy array of pets. Cele loves all animals, traveling, reading, cooking, decorating, movies, bargain shopping and TikTok. She enjoys scaring her co-workers by hiding and popping out at them when they walk by and throwing an occasional fake insect in their path.

Fun fact about Cele: her dad joined the circus for a year when he was a teenager. The circus would winter in Central City Park in Macon. Her dad met some of the performers who were training at the YMCA in downtown Macon, and thought it would be a fun adventure. Stop by Cele's office to see her dad pedaling a unicycle on a tight rope over Cherry Street.

Cele enjoys bonding with the residents she serves, and she wishes she would have started working in this position years ago! Her favorite part of her position is watching friendships and relationships grow between residents when they travel together. She sees bonds form between those who might never have had the opportunity to get know each other otherwise. She is also always touched by how our residents step up and help each other in someone's time of need.

The next time you see Cele, be sure to tell her how much she is appreciated.

Out & About



Residents shopping at Chico's in the Rivercrossing Shopping Center



Andy Bunch & his Model A Ford at a Model A Ford meet in Peachtree City

July 2024 Parlor Library Display: America

Written by The Library Committee

For the month of July, the Carlyle Library Committee is highlighting some non-fiction books about America and her history. The books listed are available in the Parlor Library Display for you to borrow.

Early Years:

McCullough: 1776
Shaara: Rise to Rebellion
Stewart: Summer of 1787

Civil War:

Ayers: Dark and Bloody Ground
Williams: A People's History of the Civil War

Westward Expansion:

Clovis: The Last Outlaws
McCullough: The Pioneers

Lewis and Clark Expedition:

Ambrose: Undaunted Courage
Ambrose: This Vast Land

9/11:

Dwyer: 102 Minutes
Graff: Only Plane in the Sky

World War II:

Ambrose: The Victors
Brokaw: Greatest Generation
Edsel: Monument Men
Jasper: The USS Arizona
Keene: Clodbuster Nine

Carlyle Place Memory Walk



Residents prepared to walk in support of the Alzheimer's Association



Residents walking around the Berm

Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Elizabeth Fletcher at Elizabeth.Fletcher@atriumhealth.org.



Anne Hanse, Rosemary Burton & Jack DeMave with their dogs at the dog park



Paul Evans, Barbara Scully, Marilyn Ladner & Valerie Carter at the Elvis Happy Hour



Marilyn Kovarik, Christine Stephens, Linda Andersen & Virginia Stephens at the Ladies Luncheon



Eleanor Wilson, Nalini Isaac, Chris Amabile, & Valerie Carter at the Ladies Luncheon



Marilyn Parson, Bob Walcott, John & Wanda Atkinson & Sue Stone at the Andersonville Historic Site



Carol Hopp, Kaye Foltz, Joan Anderson, Leonora Raggi & Marilyn Kovarik painting miniature lanterns at craft class