

# The Carlyle Chronicle

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**Carlyle Place**  
A Life-Plan Community of Atrium Health Navicent

## Vegas Week June 3-8

### Hawaiian Shaved Ice Truck

Monday, June 3 · 12:00-1:30 pm · Front Entrance

Kick off this long hot summer with a cool treat. The Pinky's Shaved Ice Truck will be at the Front Entrance where you can get an icy treat. One shaved ice per resident.

### Comedy Hour with Debbie Leifer

Tuesday, June 4 · 7:00 pm · The Grande

Debbie Leifer, comedic magician, is one of very few female magicians in the world! Be charmed by Debbie's delightful personality and quick wit, as she "bends the laws of nature".

### Vegas Buffet

Wednesday, June 5 · 5:00 pm · The Grande

A special buffet with carved prime rib and a seafood station will be just a small portion of this Vegas-sized buffet! Sign up on the App to attend this delicious event.

### Young Elvis/Dean Martin Tribute Show with the Blue Suede Shoes Band

Thursday, June 6 · 7:00 pm · The Grande

Get ready for Young Elvis & the Blue Suedes. Rock to the King's greatest hits like "Can't Help Falling in Love," "Blue Suede Shoes," and Jailhouse Rock." The second half of the show will include all of your favorite Dean Martin tunes.

### Casino Night

Friday, June 7 · 6:30 pm · The Grande

Are you ready for a night in Vegas? Slot machines, poker, craps, roulette, show girls, drinks and much, much more! Sign up for this fun night on the Uniguest App.

### Movie: Ocean's 11

Saturday, June 8 · 7:00 pm · The Grande

Danny Ocean gathers a group of his World War II compatriots to pull off the ultimate Las Vegas heist. Together the eleven friends plan to rob five Las Vegas casinos in one night. (1960) Staring Frank Sinatra, Dean Martin and Sammy Davis, Jr.

## Recurring Activities

### Happy Hour

Monday - Friday · 5:00 - 6:00 pm · The Pub  
Saturdays · 5:00 - 7:00pm · The Pub

### Have You Heard

Tuesdays · 11 am · The Grande  
Attend this weekly town hall-style meeting to stay up-to-date on information about what is happening at Carlyle Place.

### Line Dancing

Mondays · 3:00 pm · Group Fitness Rm

### Pub Trivia

2nd Tuesday · 4 pm · The Pub  
The Pub opens early for this rowdy, competitive game of trivia where teams of five or less compete for prizes. Sign up in the Uniguest app and note if you are in search of a team to join.

### Coffee & Conversations

Wednesdays · 9:30 am · The Library

### Tie Blankets for Children

Fridays · 10:30 am · Activity Room B  
This weekly group service project assembles blankets for patients at the Atrium Health Levine Children's Beverly Knight Olsen Children's Hospital.

### Communions

Episcopal - Mon., June 3 - Act. Rm A · 10:00 am  
Episcopal - Thurs., June 20 - Act. Rm A · 10:00 am  
Methodist - Thurs., June 20 - Act. Rm A · 1:00 pm

### BUMs Breakfast

Saturday, June 15 · 8:30 am · The Grande  
All the men of Cp are invited to this monthly breakfast. Rich McKee, Carlyle resident, will speak about the Andersonville National Historical Site.



Residents at the National Day of Prayer gathering

## Out & About

### Catholic Mass

Tuesday, June 25 · 2:30 pm · Activity Rm A

### Butterfly Garden & Lunch at Amerson River Park

Thursday, June 6 · Depart Lobby at 10:00 am  
Take a trip to Amerson River Park to enjoy nature and viewing the Butterfly Garden. Boxed lunch will be provided.

### Ice Cream at Lane's

Thursday, June 6 · Depart Lobby at 2:00 pm  
Enjoy ice cream and produce at Lane's Packing in Fort Valley, GA.

### 12 Angry Jurors at Theatre Macon

Thursday, June 6 · Depart Lobby at 6:45 pm  
A man has just stood trial for the fatal stabbing of his father. It looks like an open-and-shut case - until one of the jurors begins opening the others' eyes to the facts. Ticket is required.

### Shopping at Chico's

Friday, June 14 · Depart Lobby at 1:00 pm  
Join us for an unforgettable shopping and pampering experience! Discover the latest spring styles and fashion at Chicos with Rosalie, our fabulous Style Ambassador. Refreshments, discounts and door prizes.

### Tour & Boxed Lunch at Andersonville National Historic Site

Thursday, June 13 · Depart Lobby at 8:45 am  
Tour this prisoner of war camp that is infamous for its time during the Civil War. A boxed lunch will be provided.

### Atrium Amphitheater & Pickleball Courts

Thursday, June 20 · Depart Lobby at 9:00 am  
Take a trip to check out the new Atrium Amphitheater and Pickleball Courts at Rhythm and Rally.

### Shopping at Belk's

Thursday, June 20 · Depart Lobby at 1:00 pm  
Enjoy an afternoon shopping at Belk's in the River Crossing Shopping Center.

### Dinner at Marrow 41

Wednesday, June 26 · Depart Lobby at 5:00 pm  
Take a trip up the road to Bolingbroke, GA for dinner at Marrow 41. This restaurant has a variety of delectable dishes.



## Out & About

### Tour & Lunch at NBC Atlanta Studios

Thursday, June 27 · Depart Lobby at 8:45 am  
Take a tour around NBC Universal's Assembly Studios. During this tour we will see sound stages, dressing rooms/green rooms, office space café, sets and more!

### UGA Extension Office Farmer's Market

Friday, June 28 · Depart Lobby at 2:30 pm  
Walk around the Farmer's Market in Perry, GA for delicious finds that are locally grown/made that you will enjoy!

### Jazz in the Courtyard at Douglass Theatre

Sunday, June 30 · Depart Lobby at 6:00 pm  
Jazz in the Courtyard—Summer Series featuring Ken Trimmins and Quiet Storm. Bring a folding chair for this event. Admission is free. This activity has unlevel surfaces and potential trip hazards.



The Carlyle Choristers performing at their Spring Concert



Nalini Isaac's Mother's Day gift from her daughter, Nandi, that started as a bulb last year



Peggy Cox and Laurie Shaw make new friends at the butterfly and moth release at Callaway Gardens



Marianna Gebara, Patti Kunselman, Kathy Marbut & Rose Butler line dancing at the Birthday Bash



Marianna Gebara, Patti Kunselman, Kathy Marbut & Rose Butler line dancing at the Birthday Bash

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App



## In-House Events

### Vegas Week at Carlyle Place

Mon - Sat, June 3 - 8 · See Front Cover for Details

### Healthcare Tour

Thursday, May 2 · 10:00 am · Healthcare Hallway  
Sign up on Healthcare Row for a tour of our Healthcare neighborhoods. Questions about this important part of our Life Plan community will be answered. Space is limited.

### Tech Tutoring with Caleb

**Fridays in June · 4:00 pm · The Parlors**

Caleb Varnadore, an eighth-grade Stratford student, volunteers his time to help residents with technology issues or questions. No Tech Tutoring on Friday, June 7.

### Beer Bingo

**Monday, June 10 · 4:00 pm · Seasons Dining**

This game of Bingo for beer lovers is a way for adults to enjoy beer and fun with friends! This activity is limited to 18 seats and participants are chosen by lottery.

### Tangle Time with Rhonda Koplin

**Wednesdays, June 12 & 26 · 2:00 pm · Activity Room A**

Bring your previous or new Zentangles that you might want to work on. Rhonda Koplin will assist in any way and teach new designs to those who are interested.

### Men's Dinner

Thursday, June 13 · 5:00 pm · The Grande

The men of Carlyle Place are invited to celebrate fathers at this annual dinner where ribeye steak and lobster tail will be the main course. Sign up on the Uniquet App to attend.

### Butterfly Brunch

Wednesday, June 19 · 9:00 am · Pickleball Patio

Spend a summer morning enjoying breakfast and fellowship admiring the Butterfly Garden in all of its glory! This event will be held on the patio at the pickleball court.



Residents enjoying a stroll across the lake at Callaway Gardens

### Martini Happy Hour

**Wednesday, June 19 · 5:00 pm · The Pub**

Enjoy a delicious martini at this Happy Hour in celebration of National Martini Day!

### Chair Volleyball

Thursday, June 20 · 3:00 pm · The Grande

Bring your competitive spirit and be prepared to laugh until your side hurts! No skill necessary.

### Carlyle Place Memory Walk for Alzheimer's

Friday, June 21 · 10:00 am · Front Entrance

Join us as we gather at the Front Entrance, under the portico, and walk two commemorative laps around the berm in honor, or in memory of those who have been impacted by dementia.

### Afternoon Tea

Monday, June 24 · 3:00 pm · Seasons Dining

Join fellow residents at this gathering where you will be treated to hot tea and finger foods. Please remember, there is a no show fee for this event.

### Hearing Loss with Halliburton

Tuesday, June 25 · 7:00 pm · The Grande

From the self proclaimed "most deaf" person at Carlyle Place, Tommy Halliburton will speak about his history of hearing loss and how he has conquered the issue through devices, hearing aids and cochlear implants.

### BINGO

Friday, June 28 · 11:00 am · The Grande

Bring your correct change to "rent" BINGO cards for cash winnings. \$1 per card. We play four games.



Bill Rusak and Sandy Knapp made up a foursome at the 32nd Annual Malcom Burgess Golf Classic at the Brickyard Golf Course. Their team won the Championship.

Unless otherwise noted, sign ups for indicated activities will be through your Uniquet App.

## Resident Led Activities

### Pickleball Play & Instruction

Play: Monday, Wednesday & Friday at 8:30 am

Instruction: Thursdays at 8:30 am

Change of normal schedule on Tuesday, June 18 instead of Wednesday, June 19.

### Poker

Mondays • East Wing Game Room • 1:00 pm

Facilitated by Walter Barnett: 478-238-5392

### BYOP (Bring Your Own Project)

1st, 2nd, 3rd & 5th Mondays • Activity Rm A • 1:30 pm

Bring an individual project to work on with friends.

### Beginners Clogging w/ Elaine Davies

Wednesdays • Group Fitness Rm • 4 pm

### Joker

Tuesdays • The Pub • 7:00 pm

Wednesdays • East Wing Game Rm • 2 pm

### Rummikub

Tuesdays • East Wing Game Rm • 7:00 pm

Saturdays • The Pub • 7:00 pm

### Party Bridge

Tuesdays • The Pub • 1 pm

Facilitated by Joe Scalzo: 706-766-7190

### Sequence

Thursdays • East Wing Game Rm • 7:00 pm

### The Harmonica Group

1st & 3rd Wednesdays • Back Rm Studio • 4:00 pm

Join this starter group of aspiring harmonica musicians who are learning how to play. All newbies are welcome.

### Duplicate Bridge

1st, 2nd, 4th & 5th Thursdays • 1:15 pm • The Pub

Facilitated by Rae Scott: 478-474-3116

### Canasta

Thursday • East Wing Game Rm • 1:30 pm

### Beginners Line Dancing w/ Jo Ann Dankel-Dobbs

Fridays • Group Fitness Room • 1:00 pm

### Worship in the Grande

Sundays • The Grande • 11:00 am

### Mexican Train Dominoes

Sundays • The Bistro • 6:00 pm

Facilitated by Walter Barnett: 478-238-5392

### Coloring Workshop

Tuesday, June 4 • Activity Rm A • 1:30 pm

No experience is necessary and no supplies are needed. Come chat and learn adult coloring techniques with special seasonal projects with Debra Collins.

### Papercraft Workshops

June 10, 19, & 28 • Back Room Studio • 2:00 pm

These workshops are for completing projects, catching up on new skills and/or making up a class you could not attend. Contact Magda Morris or Marty Reese for further information.

### Book Club

Thursday, June 13 • Activity Rm A • 11:30 am

Nominations for upcoming book selections

### Pondering the Story with Elaine Davies

Mon., June 17 • Admin Conf Room • 2:30 pm

Luke 12: 13-21 Parable of the Rich Fool

### Ladies Luncheon

Thursday, June 20 • Seasons Dining • 11:30 am

### Lunches for Loaves & Fishes

Monday, June 24 • Activity Room A • 2:30 pm

### Democrats Luncheon

Tuesday, June 25 • Seasons Dining • 11:30 am

Contact Leslie Morris to RSVP: 478-491-1731

### MOWW Luncheon

Friday, June 28 • Seasons Dining Rm • 12:00 pm



Residents participate in the annual Memorial Day Program

## Take 3 for Wellness: Osteoarthritis

Written by Tonya Wilson

Osteoarthritis (OA): Sometimes called degenerative joint disease, is the most common chronic condition of the joints, affecting approximately 32.5 million Americans. OA can affect any joint, but it occurs most often in knees, hips, lower back and neck.

In normal joints, cartilage covers the end of each bone. Cartilage provides a smooth, gliding surface for joint motion and acts as a cushion between the bones. In OA, the cartilage breaks down, causing pain, swelling and problems moving the joint. As OA worsens over time, bones may break down and develop growths called spurs. Bits of bone or cartilage may chip off and float around in the joint. In the final stages of OA, the cartilage wears away and bone rubs against bone leading to joint damage and more pain.

Although OA occurs in people of all ages, it is most common in people older than 65 and more common in women. Common risk factors also include obesity, previous joint injury, overuse of the joint, and genetics.

**Symptoms:** Pain and tenderness in the joint, swelling, stiffness and loss of flexibility

**Treatments include-** Physical Activity

One of the most beneficial ways to manage OA is to get moving. While it may be hard to think of exercise when the joints hurt, moving is considered an important part of the treatment plan. Studies show that simple activities like walking or taking exercise class can reduce pain and help maintain a healthy weight. Excess weight adds additional stress to weight-bearing joints.

Strengthening exercises build muscles around the affected joints, easing the burden on those joints and reducing pain. Range-of-motion exercise helps maintain and improve joint flexibility and reduce stiffness.

Stretching - slow, gentle stretching of joints may improve flexibility, lessen stiffness and reduce pain. Exercises such as yoga and tai chi are great ways to manage stiffness.

### Physical and Occupational Therapy

Physical and occupational therapists can provide a range of treatment options for pain management including:

- Ways to properly use joints
- Heat and cold therapies
- Range of motion and flexibility exercises
- Assistive devices.

Pain and Anti-inflammatory Medications are available in pills, creams, and they can be injected into a joint.

Surgery- Joint surgery can repair or replace severely damaged joints, especially hips or knees.

### Natural and Alternative Therapies

Many people with OA use natural or alternative therapies to address symptoms and improve their overall well-being. These include nutritional supplements, acupuncture or massage, relaxation techniques and hydrotherapy.

If you are overweight, losing weight can relieve pain, improve function, and slow the progression of OA.

You are fortunate to live in a community where you have access to a variety of classes for exercising and stretching, a well-equipped gym for strength training, a swimming pool and easy access to an exceptional Physical therapy department. Stay active, keep moving and give Patti or Jai a call to get involved in classes.



## June Movies:

### Elvis

PG-13 · 2022 · Biography/Drama · 2h 39m  
Saturday, June 1 · 7:00 pm

The life of American music icon Elvis Presley, from his childhood to becoming a rock and movie star in the 1950s while maintaining a complex relationship with his manager, Colonel Tom Parker.



### Ocean's 11 (1960)

PG · 1960 · Comedy/Crime · 2h 7m  
Saturday, June 8 · 7:00 pm

Danny Ocean gathers a group of his World War II compatriots to pull off the ultimate Las Vegas heist. Together the eleven friends plan to rob five Las Vegas casinos in one night.



### Ocean's 11 (2001)

PG-13 · 2001 · Crime/Thriller · 1h 56m  
Sunday, June 9 · 7:00 pm

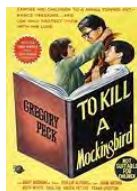
Danny Ocean and his ten accomplices plan to rob three Las Vegas casinos simultaneously.



### To Kill a Mockingbird

PG · 1962 · Crime/Drama · 2h 9m  
Saturday, June 15 · 7:00 pm

Atticus Finch, a widowed lawyer in Depression-era Alabama, defends a Black man against an undeserved rape charge, and tries to educate his young children against prejudice.



### National Lampoon's Vacation

R · 1983 · Comedy/Adventure · 1h 38m  
Saturday, June 22 · 7:00 pm

The Griswold family's cross-country drive to the Walley World theme park proves to be much more arduous than they ever anticipated.



### Pirates of the Caribbean:

### The Curse of the Black Pearl

PG-13 · 2003 · Fantasy/Action · 2h 23m  
Saturday, June 29 · 7:00 pm

Blacksmith Will Turner teams up with eccentric pirate "Captain" Jack Sparrow to save his love, the governor's daughter, from Jack's former pirate allies, who are now undead.



Corey, Mary Dempsey & Sid at the Pig Pickin' Party



Bob & Bonnie Hearn's mailbox covered in Clematis

Unless otherwise noted, sign ups for indicated activities will be through your Uniguest App.

## Cannaday's Corner

On the 1st Friday of each month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to join Troy to discuss whatever may be on your mind, please contact either Charlotte Kennington at 478-405-4523 or Troy Cannaday at 478-405-4521 to sign up.

## Uniguest "Bulletin Board"

On the Uniguest Community App there is an interactive module called the *Bulletin Board* for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

## Free Transportation to Stores:

### Kroger

Every Wednesday · Depart Lobby at 9:30 am

### Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

## Channel 1960 Guide

### Staying Strong

Mon, Wed, & Fri - 10:00 am

Tue, Thu, & Sat - 2:00 pm

### Balance

Everyday - 11:30 am

### Flex Class

Mon, Wed, & Fri - 2:00 pm



Residents line dancing at the Pig Pickin' Party

## Carlyle Place Committees

**Building & Grounds** Chairperson: George Beck  
1st Thursday · 10:00 am · Admin. Conf. Rm

**Development** Chairperson: Don Kea  
4th Thursday · 10 am · Admin. Conf. Rm  
Quarterly: January, April, July, October

**Dining** Chairperson: Ann Meia  
1st Wednesday · 10:00 am · Admin. Conf. Rm

**RAC** President: Ty Ivey  
2nd Thursday · 10:00 am · Admin Conf Rm

**Library** Chairperson: Pat McMahon  
2nd Monday · 1:00pm · Executive Conference Rm  
Jan. - March - May - July - Sept. - Nov.

**Marketing** Chairperson: Kathleen Sheil  
3rd Wednesday · 10:30 am · Admin. Conf. Rm

**Programming** Chairperson: Joan Anderson  
2nd Wednesday · 3:00 pm · Admin Conf Rm



## New Residents: Roger & Linda Andersen

Written by Mary Dempsey



After visiting 13 CCRC's in Florida, Arizona, Texas, Georgia and California over a five year period - CARLYLE WON! Welcome Andersens!

**Linda and Roger Andersen** looked at Carlyle early in their search and upon a return visit years later they were impressed by the many improvements and additions they saw. They viewed Carlyle as a good value with great food, a nice climate, and good medical care. Being near a military base was a plus.

Linda spent many years in the Midwest and California where she had a 30 year career in sales and customer service. She and her late husband had one daughter who has given Linda three grandchildren and one great grandchild. She was widowed in 2004 and moved from California to Las Vegas where, through membership in a church choir, she met Roger. Following a five-year engagement, they married in 2013.

Linda has several interests that she will pursue here at Carlyle including travel, reading, and playing mah-jongg and canasta.

Roger has had two long successful careers. His 21 year Air Force career took him world-wide serving in Vietnam, the Philippines, Africa and throughout Europe. He served three years as an enlisted man and then as an officer. He spent three years stationed in area 51, a highly classified US Air Force facility that supports the development and testing of experimental aircraft and weapons systems. While there he was working on a secret project run by the CIA. The top secret project was the development of a high speed reconnaissance plane, SR 71. No one including his family knew his whereabouts nor about the work he was doing. Following his retirement from the Air Force in 1972, Roger worked in the banking field for five years and then spent the next 16 years with United Way. He has three sons and seven grandchildren all of whom have graduated from college.

Roger was an avid golfer and tennis player. He played pickleball and is now doing some physical therapy to improve his fitness, anxious to join Carlyle's pickleball players. Once settled, the couple will decide what activities, committees and clubs most interest them.

In late May the Andersens headed to Germany travelling with former neighbors from Lake Oconee where they lived for five years prior to settling at Carlyle.

Linda and Roger are pleased with the warm welcome they have received and the Carlyle residents are happy to have them as part of the Carlyle family!

## New Resident: Sharon Welch

Written by Kathleen Sheil



**Sharon Welch** joins the many former Sun City Hilton Head, South Carolina residents who have discovered the wonderful world of Carlyle Place. She had looked at other CCRCs but Carlyle “hit all the important buttons.” She was impressed by the friendliness of both the residents and staff and wondered if everyone was on “happy pills.” She lived in a temporary apartment for several weeks and was delighted to move into her beautiful home, Garden Home 57, early in April.

Sharon’s father was stationed in the South Pacific in WWII. While he was away, Sharon’s mother lived with her parents in Toronto, Ontario, where Sharon was born. Sharon grew up in Niagara Falls, NY. She was one of seven children. It was a close, loving, rambunctious family. Dinner time was always lively. Hardly an evening passed without someone knocking over a glass of milk.

Her home was the gathering place for friends as some form of entertainment was happening all the time. On several occasions, Sharon’s mother had to bribe one of her friends to go home with a can of Hershey’s Chocolate Syrup.

Sharon attended Alma College in Alma, Michigan where she earned a degree in psychology. However, her career was in the world of computers. She also has an Executive MBA from Simmons College.

She worked for Xerox for 25 years. She started as a Computer Operator Trainee and quickly became a Systems Programmer and then became the Supervisor of Systems Operations. She worked in Webster, New York, moved to El Segundo, California as Manager of the West Coast Operations, and returned to Webster, New York as Manager of Global Operations. She was transferred to EDS when IT Operations was outsourced to EDS. She worked in England to help transition data centers and people in all the European countries. She moved to Dallas, Texas to work for Mobile Oil as the Global Operations Manager.

After 34 years in IT, she was in the right place to receive a Golden Parachute when Mobile merged with Exxon.

While at Xerox she belonged to the Clown League. Her name is Jellybean. She loved being a clown and making both adults and children laugh. If anyone suffers from Coulrophobia (fear of clowns) - BEWARE!! Jellybean still has her clown outfit!

Sharon has a passion for quilting and one of the rooms in her new home is devoted to this hobby. She has quickly become active in the Carlyle Place activities. She loves the exercise classes and has been participating in Bingo, Chair Volleyball, and Mexican Train Dominoes.

She is a friendly and outgoing person with a great sense of humor. If you have not met her, be sure to get to know her. She has lots of fun and exciting tales to share.



## New Resident: Gail Young

Written by Bonnie Hearn



**Gail Young** has lived at Carlyle Place for approximately twelve weeks. She lives in apartment 2230. Gail is originally from Camilla, Ga., but has spent most of her adult life in Macon. After the death of her husband, Gail moved here from nearby Tucker Ridge. Gail and her husband, Hal, met as students at Emory University. After her graduation from Emory, Gail completed her degree in Clinical Psychology at Georgia State University.

Gail worked as a school psychologist and taught children with learning disabilities at Rosa Taylor Elementary School. Recently, she is enjoying her main hobby, reading, while sitting on her balcony at Carlyle. Gail also likes to exercise.

Gail has two daughters, one is currently Director of Macon Arts. Her other daughter attended Georgia Tech and developed the software system that alerts people when their call may be monitored.

When asked for a fact or an experience that not many people know about, Gail told a story about her stay in Hawaii while Hal was stationed there during the Cuban Crisis. She remembers vividly pushing a baby stroller leisurely through a department store when she received an emergency call from her husband. Gail says the message was brief and to the effect of "Go home, right now!!" This must have been similar to what we were told throughout the U.S., "Go home! Or "Get under your desks!"

Gail says she is feeling at home at Carlyle Place, now, enjoying the food and the friendly people. Welcome, Gail Young!

## Out & About



Residents at the Atlanta Braves vs the San Diego Padres game



Residents visiting the Butterfly Garden at Amerson Park

## Celebrating June

**Adopt-a-Cat Month**

**National Soul Food Month**

**International Men's Health Month**

**Watermelon  
Seed Spitting Week**  
June 27–30

**Go Barefoot Day**  
June 1

**Nature Photography Day**  
June 15

**International Day of Yoga**  
June 21

**Day of the Seafarer**  
June 25

## Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
Cell	478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537



Jean Bragg, Mary & Ron Freeman  
at the Cherry Blossom Festival Derby Party

## Famous June Birthdays

If you were born between June 1–21, you are a Twin of Gemini. Geminis make communicative and lively companions. Those born between June 22–30 are Crabs of Cancer. Crabs love family and nurturing others. They may be emotional, kind, and gentle but are never soft.

Pat Boone – June 1, 1934  
 Rafael Nadal – June 3, 1986  
 Suze Orman – June 5, 1951  
 Dai Vernon – June 11, 1894  
 Prince William – June 21, 1982  
 Meryl Streep – June 22, 1949  
 Larry Blyden – June 23, 1925  
 Slim Pickens – June 29, 1919  
 Lena Horne – June 30, 1917



## April 2024 Honorariums & Memorials

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated every 6 months on the Recognition Board. To make a gift, please make your check payable to Carlyle Place Resident Assistance Fund or Carlyle Place General Fund and mail to 3330 Northside Drive, Macon, GA 31209. Contact Tarver Perry at 478-633-7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.



Carl Schuessler, Marianna Gebara & Debra Collins are the Spring Pickleball Tournament Winners that was organized by Fred Reese (second from left).



Ann Tekelenburg, Marty Reese, Sue Stone, Jan Peak & Penny Courreges working hard in Tab-Aqua class

## Author Birthdays in June

During 2024 the Carlyle Place Library Committee will be celebrating authors and their birthdays. Books by these authors can be found in the Veranda Library (2nd floor) and/or the Parlor Library (1st floor). Some of the authors' books will be on display in the Veranda Library display area.

1 June: Colleen McCullough  
2 June: Thomas Hardy  
3 June: Larry McMurtry  
5 June: Ken Follett  
6 June: VC Andrews  
8 June: Sara Paretsky  
9 June: Patricia Cornwell  
10 June: Saul Bellow  
12 June: Anne Frank & Rona Jaffe & Tess Gerritsen

13 June: Audrey Niffenegger & Dorothy Sayers  
14 June: Harriet Beecher Stowe & Peter Mayle  
16 June: Joyce Carol Oates  
20 June: Robert Crais  
22 June: Dan Brown & Anne Morrow Lindbergh  
24 June: Lawrence Block  
25 June: George Orwell  
28 June: Eric Ambler  
29 June: Antoine de Saint-Exupery

## Alzheimer's Association Fundraisers

### Bake Sale

**Friday, June 7th**

**8:30 a.m.—11:30 a.m. at the Pub**

Baked goods for the sales may be delivered on Thursday afternoon (6/6) to Resident Life, or brought to the Pub by 8:15 a.m. on the mornings of the sales.

### Pancakes!

**Thursday, June 20th**

**7:00 in the Bistro**

For \$5, you may purchase a pancake breakfast in the Bistro.

**\*\*Breakfast will be served until 10:00 a.m.\*\***

### "Forget Me Nots" in the Bistro

For \$1, you may purchase a flower to display in the Bistro. You may personalize your flower by writing a message in honor, or in memory, of someone with Alzheimer's Disease or dementia.



### Carlyle Place Memory Walk

**Friday, June 21st at 10:00 a.m. at the Main Entrance**

We would be pleased for you to join us as we gather at the main entrance, under the portico, and walk two commemorative laps around the Berm in honor, or in memory, of those who have been impacted by dementia.

### "No Show" Ball

Be on the lookout for your invitation and additional information in your in-house mailbox...

### T-Shirts for Sale

T-Shirts for Sale. Deadline is May 31st. \$20 or \$22 for XXL. CASH ONLY. Sign-up with Resident Life or Social Services.

Please Note: All proceeds from each of these opportunities will be donated to the Alzheimer's Association. Carlyle Place is fundraising for Alzheimer's during the month of June only. For more information, contact Susan Bankston at 405-4531 or Morgan Walters at 405-4503.





Ian Davies wearing his pig tie at the Pig Pickin' Party

## Pub Trivia

**Tuesday, June 11 · 4 pm · The Pub**

Pub Trivia takes place every 2nd Tuesday for teams of five or less. There are four rounds of trivia, and the team with the highest total score wins a prize! Teams can earn an extra point by having one person per team get a picture with a showgirl at the Casino Night in the Grande on Friday, June 7.

You must send your picture to Cele Minshew at [Celeste.Minshew@atriumhealth.org](mailto:Celeste.Minshew@atriumhealth.org) or Elizabeth Fletcher at [Elizabeth.Fletcher@atriumhealth.org](mailto:Elizabeth.Fletcher@atriumhealth.org) by Monday, June 10.



## Support Groups:

### Dementia Support Group

Thursday, June 27 · Activity Room A · 1:30 pm

## Worship in The Grande

**1st Sunday – Navicent Chaplain**

**2nd Sunday – Richard Davies**

**3rd Sunday – Paul Evans**

**4th Sunday – Fred Reese**

**5th Sunday– Richard Davies**

## May Employee Anniversaries

### 1 Year

Griffin Thames  
Shnautica Ivory  
Shamona Patmon  
Makaila Brabham  
Danielle Kitchen  
Elaine McElroy

### 2 Years

Cedric Williams  
William Davis  
Latatia Searcy

### 8 Years

Kenneth Jackson

### 14 Years

Phyllis Kimble

### 17 Years

Josephine Moss  
Robin Wilson

### 20 Years

Sandra Daniels

## I SPY - June 2024

*"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.*

This month, "I Spy" would like to recognize someone who has offered a helping hand. In addition, to participating in many Carlyle Place activities and physical pursuits, Rose Butler can often be found helping residents learn how to navigate the new sign-up process on the Uniguest app. Her patient, encouraging demeanor is perfect for teaching others how to use this new app feature. Thanks, Rose, for all that you do around our community!

## Have You Heard Format

### Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I'd Like to Hear, Leadership Reports, and any New Resident introductions). The formats are as follows:

#### Week 1

Connect to Purpose—Employee Anniversaries  
Resident Life Monthly Activities

#### Week 2

Board Member Visits  
Handbook Review  
Committee Report

#### Week 3

RAC Report  
Take 3 for Wellness  
Handbook Review

#### Week 4

Committee Report  
New Employee Introductions/Employee of the Month  
Marketing Minute

#### Week 5 (March, June, August, November)

Healthcare Updates/Reminders  
CP at Home Updates/Reminders

#### 2024 Committee Report Schedule:

Building & Grounds:	7/09	10/08	
Library:	7/23	10/22	
Development:	8/13	11/12	
Marketing:	8/27	11/26	
Dining:	6/11	9/10	12/10
Programming:	6/25	9/24	12/31

## June Birthdays

Betty Pettis	6/8
Cathy Ivey	6/9
Rose Butler	6/10
Babs Hargrave	6/15
Herb Greenwald	6/21
Don Cornett	6/22
Hank Dempsey	6/22
Gil Thelen	6/24
Lynn Schuessler	6/28
Letty Kaplan	6/29
Roslyn Sprayberry	6/29
Carolyn Crayton	6/29
Eleanor Wilson	6/30

### Carlyle-at-Home

Jim Adams	6/3
Vaughn Smith	6/13
Emory Whitaker	6/25
Kay Pennington	6/26



Beautiful hydrangea at the Nables



## June's Pet of the Month: Angie Laffrey



Hello Carlyle Family! My name is Angie Laffrey, and I live in the East Wing with my mom, Shirley. My three year birthday was April 1st, so I'm almost all grown up. My mom is looking forward to my maturing into a civilized mature dog, but I love to play and intend to stay a puppy forever. That is a secret, so don't tell Shirley!

I love living here and am finding lots of good friends. I have a little yard with a fence, so I can go out any time I want. I have so much fun ringing the bell on the door so my mom will let me out; then when I am ready, I bark to come back in the house. Last week I dug a big hole under the fence so I could get out of the yard. But

my mom spoiled the fun by filling the hole with rocks to block me. She's such a spoil sport!

I like to run in the hall when anyone opens the door. I run to Resident Life and also to my friend Teddy's house! Its so much fun to see my mom chasing after me with the leash and a treat! She gets irritated and calls me a little monster. But I don't mind because she mostly calls me her angel girl!

I go out each morning for a walk, and I explore the grounds around Carlyle. Its so nice to see all the people walking around. I also go to the dog park several times a week and play with my pals Tyler and Sophie. My mom says we are going to have a nice new dog park. That will be a lot of fun because more puppies will come to run and play with us.

I'm best known for being active, playful, affectionate and friendly. I have a wonderful life here at Carlyle and am so happy we moved here!

## Ticketed Event Information

Cultural events around Macon that require tickets are easy to purchase by phone or online. For most ticketed events, it is your responsibility to purchase your event tickets and sign up for transportation on the Uniguest App. Below are the phone numbers and websites for the most frequently visited venues:

**BLP - Backlot Players**

(478) 994-0443

Website: [thebacklotplayers.org](http://thebacklotplayers.org)

**CP - Centreplex****DT- Douglass Theatre**

(478) 742-2000

Website: [douglasstheatre.myboxoffice.us](http://douglasstheatre.myboxoffice.us)

**FH - Fickling Hall at Mercer University**

(478) 301-5470

Website: [www.mcduffie.mercer.edu](http://www.mcduffie.mercer.edu)

**GOH - Grand Opera House**

(478) 301-5470

Website: [www.thegrandmacon.com](http://www.thegrandmacon.com)

**MLT – Macon Little Theatre**

(478) 471-7529

Website: [www.maconlittletheatre.org](http://www.maconlittletheatre.org)

**TM -Theatre Macon**

(478) 746-9485

Website: [www.theatremacon.com/tickets](http://www.theatremacon.com/tickets)

## May's Employee of the Month: Laney Elliott



May's Employee of the Month has Laney Elliott. Laney is the Activities Assistant in Stafford Suites. She has worked in this position for about two years.

Laney grew up in Albany, GA, but moved with her family to the Macon area when she was in high school. Some of her hobbies are attending concerts, traveling, sports, and making memories that last a lifetime! She also very much enjoys spending time with her friends and family.

When asked what she enjoys the most about her job, she stated "Getting to spend time with the residents. Making memories with them and listening to stories about their lives is one of my favorite parts of the job!" Laney also loves the relationships that she has with her co-workers. If you see Laney, congratulate her on this achievement.

## Mother's Day Luncheon at Carlyle Place



Three generations of Barbara Hovagimian's family



Rae Scott and Allison Lee



Rosemary Burton & Ann Teklenberg



Susan McDuffie and Connie Carey



Elizabeth Simpson, Laurie Shaw, Peggy Cox & Beverly Findlay



## June 2024 Parlor Library Display: Books to Movies

Written by The Library Committee

### The Cover Is Red

For the month of June, the Carlyle Library Committee is highlighting some books that have red covers. People who work in bookstores or libraries answer many literary questions each day. The most perplexing question is: "I can't remember the author or title but the cover is red. Do you know which one I mean?" Red cover books listed are available in the Parlor Library Display for you to borrow.

**Tidhar: By Force Alone**  
**Silva: The English Spy**  
**Cleeves: Harbour Street**  
**Kellerman: A Measure of Darkness**  
**Michaels: Game Over**  
**Koontz: The Husband**  
**Clancy: Line of Sight**  
**Evanovich: Wicked Appetite**  
**Steel: Ransom**

**Goodell: Heat Will Kill You First**  
**Cussler: Corsair**  
**Francis: Dead Heat**  
**Roberts: Survivor**  
**Shreve: The Stars Are Fire**  
**Grafton: V is for Vengeance**  
**Steel: Royal**  
**Diehl: 27**  
**Johansen: Killer Dreams**

### Around Carlyle



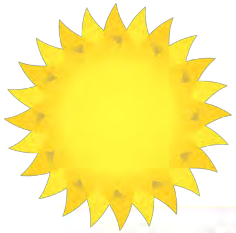
Residents hard at work on their  
Paint by Numbers project  
in Craft Class



Residents enjoying fellowship at the Pig Pickin' Party

### Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Elizabeth Fletcher at [Elizabeth.Fletcher@atriumhealth.org](mailto:Elizabeth.Fletcher@atriumhealth.org).



## Summertime Word Search

E	U	C	E	B	R	A	B	F	U	T	S	I	A	P	F
R	P	A	Y	S	U	N	G	L	A	S	S	E	S	C	L
A	O	U	L	P	F	E	E	E	R	T	M	L	A	P	I
X	P	W	O	N	M	A	E	R	C	E	C	I	N	U	P
I	S	O	A	L	L	I	F	E	G	U	A	R	D	M	F
T	L	E	A	T	S	W	I	M	M	I	N	G	C	A	L
O	C	F	T	O	E	D	N	O	I	T	A	C	A	V	O
O	L	I	T	Y	R	R	E	B	W	A	R	T	S	E	P
G	E	B	N	I	V	I	M	L	O	N	A	U	T	E	S
N	L	E	E	C	I	U	E	E	H	D	M	B	L	S	S
I	E	A	R	D	I	W	I	T	L	R	B	R	E	E	D
M	C	C	R	M	O	P	R	K	C	O	L	B	N	U	S
A	Y	H	U	T	S	N	O	W	C	O	N	E	T	R	P
L	E	K	R	O	N	S	P	A	R	A	D	I	S	E	C
F	I	R	E	F	L	I	E	Y	N	N	U	S	R	U	T

SUNNY  
PARADISE  
POPSICLE  
FLAMINGO  
FLIP FLOPS  
VACATION

SNOWCONE  
WATERMELON  
SUNGLASSES  
BEACH  
SNORKEL  
PICNIC

BARBECUE  
OCEAN  
PALM TREE  
SAND CASTLE  
SUNBLOCK  
POOL

TOWEL  
ICE CREAM  
STRAWBERRY  
LIFEGUARD  
FIREFLIES  
SWIMMING

