

Carlyle Place Independent Living March 2024

The Carlyle Chronicle

Inside:

Activities
Page 2 - 5

Take 3 for Wellness
Page 6

Movies
Page 7

Committees
Page 8

New Residents
Page 9-11

Memorials
Page 13

Employee Anniversaries
Page 15

March Birthdays
Page 16

Employee &
Pet of the Month
Page 17

Scam Article
Page 18-19

Carlyle Residents
Page 20



March Madness

**Take a chance on drawing
the winning basketball team!
\$2 a chance**

(limit 2 chances per resident)

Winner gets \$90

Runner up gets \$38

You do not need to know anything about basketball to play. For \$2, you will draw a team out of the 64 participating teams in the NCAA March Madness Basketball tournament. If your team wins the tournament, you will win \$90!

**Stop by Resident Life beginning
Monday, March 18th to draw your team!**

Recurring Activities

Happy Hour

Monday through Friday
5:00 - 6:00 pm · The Pub

Have You Heard

Tuesdays · 11 am · The Grande

Attend this weekly town hall-style meeting to stay up-to-date on information about what is happening at Carlyle Place.

Carlyle Choristers Practice

Tuesdays, 3/5, 3/12, 3/19 & 3/26 · 1:30 pm · The Grande
All are welcome to join our resident choir and make a joyful noise as they gear up for the Spring Concert.

Pub Trivia

2nd Tuesday · 4 pm · The Pub

The Pub opens early for this rowdy, competitive game of trivia where teams of five or less compete for prizes.

Coffee & Conversation

Wednesdays · 9:30 am · The Library

Tie Blankets for Children

Fridays · 10:30 am · Activity Room B

This weekly group service project assembles blankets for patients at the Children's Hospital, Atrium Health Navicent.

Communions

Presbyterian - Sun., March 3 - Act. Rm A · 2:30 pm

Everyone is welcome, whether you are Presbyterian or not.

Episcopal - Mon., March 4 - Act. Rm A · 10:00 am

Episcopal - Thurs., March 21 - Act. Rm A · 10:00 am

Methodist - Thurs., March 21 - Act. Rm A · 1:00 pm

BUMs Breakfast

Saturday, March 16 · 8:30 am · The Grande

Jim McLendon, executive director of the Georgia Sports Hall of Fame

Out & About

Volunteer at Backpack Ministry

Friday, March 1 · Depart Lobby at 1:00 pm

Volunteer for the Backpack Ministry at Forest Hills Church to prepare snacks to send home with deserving children.

Middle Georgia Youth Ballet at Douglass Theatre

Saturday, March 2 · Depart Lobby at 6:15 pm

Middle Georgia Youth Ballet and special guests present *Iconic*. A night of dance and music at the Douglass Theatre. This event requires a ticket.

Out & About

First Sundays on The Fisk:

John Cummins at Christ Church

Sunday, March 3 · Depart Lobby at 5:00 pm

March's concert will be performed by Dr. John Cummins, Organist/Choirmaster at St. Paul's Episcopal Church in Winston-Salem, North Carolina.

Jazz on Walnut Street at The Great Hall

Tuesday, March 5 · Depart Lobby at 6:45 pm

Celebrate a wonderful new musical offering in The Great Hall at Christ Church. Enjoy the casual feeling and creative improvisational stylings of the Matt Miller Quintet.

Fairview at Theatre Macon

Thursday, March 7 · Depart Lobby at 6:45 pm

At the Frasier household, preparations for Grandma's birthday party are underway. Beverly is holding on to her sanity by a thread to make sure this party is perfect. *Fairview* is a searing examination of families, drama, and family dramas. This event requires a ticket.

Peking Acrobats at Grand Opera House

Thursday, March 7 · Depart Lobby at 6:45 pm

The Peking Acrobats celebrate 30 years of redefining audience perceptions of Chinese acrobatics. Watch as they perform maneuvers atop a precarious pagoda of chairs, precision tumbling, and trick-cycling. This event requires a ticket.

Breakfast at J Christopher's

Friday, March 8 · Depart Lobby at 9:00 am

Enjoy a delicious breakfast at J. Christopher's, a daytime eatery serving classic fare with seasonal specials.

Met Opera Live at Douglass Theater

Saturday, March 9 & 23 · Depart Lobby at 12:00 pm

Watch the Metropolitan Opera's award-winning series of live movie theater transmissions, *La Forza del Destino* on March 9 and *Roméo et Juliette* on March 23. Ticket is required.

Abundant Life Banquet for Wesley Glen

Saturday, March 9 · Depart Lobby at 4:30 pm

Sign up for a benefit dinner featuring the Grapevine Band and 13WMAZ Chief Meteorologist, Ben Jones! Visit www.wesleyglenministries.com to register for your free table and bid on silent auction items. This event is free, but registration is required to guarantee your seat.

Presidential Primary Voting at Northway

Tuesday, March 12 · Depart Lobby at 10 am & 1 pm

A ride is provided for anyone desiring transport to the polls.

Out & About

Fabian Concert Series

Tuesday, March 12 · Depart Lobby at 6:45 pm

This concert will feature many musicians performing a variety of pieces. This event requires a ticket.

MT Nails

Thursday, March 14 · Depart Lobby at 9:45 am

Take a trip to get a manicure or pedicure. Sign up in the Activity Book, and indicate if you would like a mani or pedi.

Jubilee Artist Series:

Norman Menzales at Fickling Hall

Thursday, March 14 · Depart Lobby at 6:45 pm

Norman Menzales will perform on the flute for this Jubilee Artist Series. This event requires a ticket.

Cherry Blossom Organ & Brass Concert at St. Joseph Catholic Church

Saturday, March 16 · Depart Lobby at 6:15 pm

Organ and Brass Blaster! Join the Colony Brass Quintet and organist Gregory Hamilton as they fill St. Joseph Church with joyous sound. This event is free.

Music & the Arts: Felix Hell at Vineville United Methodist Church

Sunday, March 17 · Depart Lobby at 3:15 pm

Felix Hell, organist, will perform at Vineville UMC.

Old City Flower Show

Monday, March 18 · Depart Lobby at 12:45 pm

Sign up in Resident Life with your admission.

Faculty Artist Recital: Music of Passion

Tuesday, March 19 · Depart Lobby at 6:45 pm

This Faculty Artist Recital will include Music of Passion for the Season of Lent.

Stayin' Alive at Grand Opera House

Wednesday, March 20 · Depart Lobby at 6:45 pm

STAYIN' ALIVE is the quintessential tribute to the Bee Gees, capturing the excitement of live performance and the tender subtleties of the human voice! This event requires a ticket.

Shopping at J. Jill

Thursday, March 21 · Depart Lobby at 1:00 pm

Be the first to see the new spring collection at J. Jill, a store for stylish, casual women's clothing in a wide range of sizes.

Love's Eternal Home at Christ Church

Thursday, March 21 · Depart Lobby at 6:45 pm

Walnut Street Music Presents Love's Eternal Home featuring *Requiem* by Gabriel Fauré, paired with works by Ola Gjeilo, Stephen Paulus, and Herbert Howells. The Christ Church Choir and Walnut Street Singers will be joined by musicians from the Townsend School of Music and the Robert McDuffie Center for Strings. We dedicate this concert to the loving memory of Jack Christopher Minette and to the glory of God. This concert is free, and all are welcome!

Cherry Blossom Driving Tour

Friday, March 22 · Depart Lobby at 1:00 pm

Enjoy a ride through Macon's Cherry Blossom Trail.

Cherry Blossom Festival Finale at Carolyn Crayton Park

Sunday, March 24 · Depart Lobby at 4:30 pm

Bring your lawn chairs to enjoy this event: Festival food vendors; Tethered balloon rides, weather permitting; live music. You must wear your nametag to gain free entrance to this event.

Prayer Labyrinth at Vineville United Methodist Church

Monday, March 25 · Depart Lobby at 10:00 am

We will attend this quiet, reflective event as part of Vineville United Methodist Church's Holy Week activities.

Mercer Jazz Combo: *Straight No Chaser*

Monday, March 25 · Depart Lobby at 6:45 pm

Hear the music of legendary pianist Thelonious Monk and his sidemen performed by the Mercer Jazz Combo.

Dinner at Circa

Wednesday, March 27 · Depart Lobby at 5:00 pm

Enjoy dinner at this community favorite featuring Classic and Contemporary French And European Cuisine.

John Crist, Comedian at Macon City Auditorium

Friday, March 29 · Depart Lobby at 6:15 pm

John Crist, comedian, brings his Emotional Support Tour to the Macon City Auditorium. This event requires a ticket.



In-House Events

National Peanut Butter Lover's Day Happy Hour

Friday, March 1 · 5:00 pm · The Pub

Celebrate National Peanut Butter Lover's Day with a specialty drink at this Happy Hour.

Tech Tutoring with Corie

Mondays in March · 4:00 pm · The Parlors

Corie David, a Tattnell student, will volunteer her time to help residents with technology issues or questions. Sign up in the Activity Book in the Post Office area.

Tech Tutoring with Caleb

Fridays in March · 4:00 pm · The Parlors

Caleb Varnadore, an eighth-grade Stratford student, volunteers his time to help residents with technology issues or questions. Sign up in the Activity Book in the Post Office area.

Craft Class: Cherry Blossom & St. Patty's

Wednesday, March 6 · 2:00 pm · Activity Rm A

For this craft class, we will be making St. Patrick's Day décor along with a fun Cherry Blossom door hanger!

Healthcare Tour

Thursday, March 7 · 10:00 am · Healthcare Hallway

Sign up on Healthcare Row for a tour of our Healthcare neighborhoods. Questions about this important part of our Life Plan community will be answered. Space is limited.

Academy Awards Red Carpet Viewing

Sunday, March 10 · 6:00 pm · The Pub

Watch The Oscars in the Pub with friends to see which top movies won an Academy Award.

Veterans Community Bridge Program

Wednesday, March 13 · 1:30 pm · The Grande

Rutland High School ROTC will be in the Grande to speak with Carlyle Place Veterans.

Cherry Blossom Gala

Friday, March 15 · 7:00 pm · The Grande

Celebrate the kickoff to the Cherry Blossom Festival with a fun night of desserts and dancing, with entertainment provided by the Top Hats - an 8-pc ensemble with a Big Band feel.

Cornhole Final

Monday, March 18 · 4:00 pm · Bistro Courtyard

The cornhole tournament begins March 11 for residents to play against their chosen teams. After keeping score, the finale will be held to determine the winner! See page 15 for more info.

Spring Happy Hour on the Patio

Tuesday, March 19 · 5:00 pm · Bistro Courtyard/The Pub
Ring in Spring with an outdoor gathering featuring classical guitarist, Jeff Bianci, in the Bistro Courtyard.

Cherry Blossom Ice Cream Social

Wednesday, March 20 · 3:00 pm · Activity Rooms

Enjoy delicious cherry ice cream to celebrate the Cherry Blossom festival!

Chair Volleyball

Thursday, March 21 · 3:00 pm · The Grande

Bring your competitive spirit and be prepared to laugh until your side hurts! No skill necessary.

BINGO

Friday, March 22 · 3:00 pm · The Grande

Bring your correct change to "rent" BINGO cards for cash winnings. \$1 per card. Four games will be played. Please bring small bills.

Chenny Gan Performs on Piano for Silent Film, *The Cameraman*

Friday, March 22 · 7:00 pm · The Grande

Experience the world again in black and white! Dr. Chenny Gan, Associate Professor of Music at Wesleyan College, will perform and improvise live on the piano in this unique silent film concert. The film shown will be Buster Keaton's critically acclaimed romantic comedy, *The Cameraman* from 1928.

The evening promises to be interactive, educational and entertaining in the comfort of your own community!

March & April Birthday Bash

Monday, March 25 · 7:00 pm · The Grande

Celebrate March and April birthdays while enjoying live entertainment with DJ Dusty. Cake and ice cream will be served. Birthday baskets will be given to winners of a drawing.

LifePlan 101 Seminar with Marketing

Thursday, March 28 · 10:30 pm · Admin Conference Rm

Middle Georgia Regional Library Help

Friday, March 29 · 1:30 pm · The Grande

Yufiel Franklin will help residents download digital books, sign up for library cards and assist with other library needs.

Middle Georgia Youth Ballet

Friday, March 29 · 4:30 pm · The Grande

The Middle Georgia Youth Ballet will perform pieces of their recent production for everyone to enjoy! Happy Hour will begin at 4 for this event.

Resident Led Activities

Pickleball Play & Instruction

Play: Monday, Wednesday & Friday at 1:30 pm
Instruction: Thursdays at 1:30 pm

Poker

Mondays · East Wing Game Room · 1:00 pm
Facilitated by Walter Barnett: 478-238-5392

BYOP (Bring Your Own Project)

1st, 2nd, & 3rd Mondays · Activity Rm A · 1:30 pm
Bring an individual project to work on with friends.

Line Dancing

Mondays · Group Fitness Rm · 3 pm

Beginners Clogging w/ Elaine Davies

Wednesdays · Group Fitness Rm · 4 pm

Joker

Tuesdays · The Pub · 7:00 pm
Wednesdays · East Wing Game Rm · 2 pm

Rummikub

Tuesdays · East Wing Game Rm · 7:00 pm
Saturdays · The Pub · 7:00 pm

Party Bridge

Tuesdays · The Pub · 1 pm
Facilitated by Joe Scalzo: 706-766-7190

Sequence

Thursdays · East Wing Game Rm · 7:00 pm

The Harmonica Group

1st & 3rd Thursday · Back Rm Studio · 4:00 pm
Join this starter group of aspiring harmonica musicians who are learning how to play. All newbies are welcome.

Duplicate Bridge

1st, 2nd, 4th & 5th Thursdays · 1:15 pm · The Pub
Facilitated by Rae Scott: 478-474-3116

Canasta

Thursday · East Wing Game Rm · 1:30 pm

Saturday Chit-Chats

Saturdays · The Pub · 5:00 pm

Worship in the Grande

Sundays · The Grande · 11:00 am

Mexican Train Dominoes

Sundays · The Bistro · 6:00 pm
Facilitated by Walter Barnett: 478-238-5392

Coloring Workshop

Tuesday, March 5 · Activity Rm A · 1:30 pm
No experience is necessary and no supplies are needed. Come chat and learn adult coloring techniques with special seasonal projects with Linda Holloman.

Book Club

Thursday, March 14 · Activity Rm A · 11:30 am
Golden Hill, A Novel of Old New York by Francis Spufford is the book to be discussed at this monthly club meeting.

Paper Crafting Workshops

March 11, 20 & 29 · Back Room Studio · 2:00 pm
These workshops are for completing projects, catching up on new skills and/or making up a class you could not attend. Contact Magda Morris or Marty Reese for further information.

Pondering the Story with Elaine Davies

Mon., March 18 · Admin Conf Room · 2:30 pm
John 4:6-41: Woman at the Well

Dog Lovers Club

Wed., March 20 · Admin Conference Rm · 2:00 pm

Lunches for Loaves & Fishes

Monday, March 25 · Activity Room A · 2:30 pm

Democrats Luncheon

Tuesday, March 26 · Seasons Dining · 11:30 am
Contact Leslie Morris to RSVP: 478-491-1731



Residents & staff enjoyed a trip to Dairy Queen

Unless otherwise noted, please sign up for all activities, trips and events in the Activity Book located in the Post Office area.

Take 3 for Wellness: Myocardial Infarction

Written by Tonya Wilson

About every 40 seconds, someone in the United States has a heart attack. That is about 805,000 people a year. Heart Disease is the number one cause of deaths in men and women in the US. A Heart Attack occurs when the blood flow that brings oxygen to the heart muscle is severely reduced or cut off completely. This happens because coronary arteries that supply the heart muscle with blood flow can become narrow from a buildup of fat, cholesterol and other substances that together are called plaque. When a plaque in a heart artery breaks, a clot forms around the plaque. This blood clot can block the blood flow through the heart muscle. When the heart muscle is starved for oxygen and nutrients, it is called ischemia. A heart attack happens when the damage or death of part of the heart muscle occurs as a result of this ischemia. Some heart attacks strike suddenly. But many people have warning signs and symptoms hours, days or weeks in advance. Chest pain or pressure (angina) that keeps happening and doesn't go away with rest may be an early warning sign.

Not all heart attacks are caused by blocked arteries.

Other causes include:

Coronary artery spasm. This is a severe squeezing of a blood vessel that's not blocked. The artery generally has cholesterol plaques or there is early hardening of the vessel due to smoking or other risk factors. Certain infections. COVID-19 and other viral infections may cause damage to the heart muscle. Spontaneous coronary artery dissection (SCAD). This life-threatening condition is caused by a tear inside a heart artery.

Symptoms may include: Chest pressure or tightness, SOB, pain in the chest, jaw, back, arms or upper body that lasts more than a few minutes, sweating, nausea, vomiting, dizziness, rapid heart rate. Chest pain is the most common symptom experienced by both men and women. Women are more likely to have SOB, nausea and vomiting and back or jaw pain. Women are more likely to experience atypical symptoms and frequently feel like they have the flu.

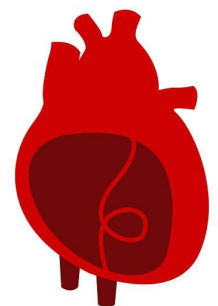
The major risk factors that can't be changed include: Age- men over 45 and women over 55, Gender- men are more likely to have an MI than women, having an autoimmune disease such as RA, and having a family history of heart disease.

Major factors that you can change: high cholesterol, high blood pressure, stop smoking, controlling your diabetes/blood sugars, obesity/unhealthy diet and lack of physical activity.

There are multiple tests that can be performed to see if you are having an MI, such as an electrocardiogram (EKG), labs that check your cardiac enzymes, a Cardiac computed tomography (CT), a cardiac catheterization, or a stress test.

Treatments include various medication combinations as well as the more invasive procedures like an angioplasty (balloon to open your artery), insertion of a stent (wire mesh tube used to prop the artery open), and bypass surgery.

If you think you are having a heart attack, call 911 and press your pendant.



March Movies:

Moneyball

PG-13 · 2011 · Biography/Sport · 2h 13m
Saturday, March 2 · 7:00 pm

Oakland A's general manager Billy Beane's successful attempt to assemble a baseball team on a lean budget by employing computer-generated analysis to acquire new players.



Oppenheimer

R · 2023 · Biography/Drama · 3h
Sunday, March 3 · 7:00 pm

The story of American scientist J. Robert Oppenheimer and his role in the development of the atomic bomb.



Barbie

PG-13 · 2023 · Comedy/Romance · 1h 54m
Monday, March 4 · 7:00 pm

Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans.



Maestro

R · 2023 · Biography/History · 2h 9m
Tuesday, March 5 · 7:00 pm

This love story chronicles the lifelong relationship of conductor-composer Leonard Bernstein and actress Felicia Montealegre Cohn Bernstein.



The Holdovers

R · 2023 · Comedy/Drama · 2h 13m
Wednesday, March 6 · 7:00 pm

A cranky history teacher at a remote prep school is forced to remain on campus over the holidays with and a grieving cook and a troubled student who has no place to go.



Past Lives

PG-13 · 2023 · Drama/Romance · 1h 45m
Thursday, March 7 · 7:00 pm

Nora and Hae Sung, two deeply connected childhood friends, are wrested apart after Nora's family emigrates from South Korea. Twenty years later, they are reunited for one fateful week as they confront notions of love and destiny.



The Color Purple

PG-13 · 2023 · Drama/Musical · 2h 21m
Friday, March 8 · 7:00 pm

A woman faces many hardships in her life, but ultimately finds extraordinary strength and hope in the unbreakable bonds of sisterhood.



Killers of the Flower Moon

R · 2023 · Crime/Drama · 3h 26m
Saturday, March 9 · 7:00 pm

When oil is discovered in 1920s Oklahoma under Osage Nation land, the Osage people are murdered one by one - until the FBI steps in to unravel the mystery.



Cool Runnings

PG · 1993 · Adventure/Comedy · 1h 38m
Saturday, March 16 · 7:00 pm

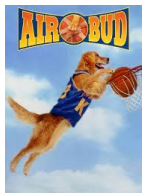
When a Jamaican sprinter is disqualified from the Olympic Games, he enlists the help of a dishonored coach to start the first Jamaican Bobsled Team.



Air Bud

PG · 1997 · Comedy/Family · 1h 38m
Saturday, March 23 · 7:00 pm

An unexpected player joins the school basketball team - a circus dog who escaped from a cruel master.



Docudrama: 42

PG-13 · 2013 · Biography/Sport · 2h 8m
Saturday, March 30 · 7:00 pm

In 1947, Jackie Robinson becomes the first African-American to play in Major League Baseball in the modern era when he was signed by the Brooklyn Dodgers and faces considerable racism in the process.



Support Groups

Dementia Support Group

Thursday, March 28 · Act. Rm A · 1:30 pm

Cannaday's Corner

On the first Friday of every month, Troy Cannaday, Carlyle Place Executive Director, hosts a lunch meeting for a small group of residents at 11:30 am in the main Dining Room. If you would like to sign up to have lunch with Troy to discuss whatever may be on your mind, please contact either Charlotte Kennington at 478-405-4523 or Troy Cannaday at 478-405-4521 to sign up. **This will not occur in March.**

TouchTown "Bulletin Board"

On the Touchtown Community App there is an interactive module called the *Bulletin Board* for residents to use to communicate with each other. Within this module, you can post information about items that are for sale, events that are happening around Carlyle Place, or anything that you think might interest others. Using this app is an easy way to share information with the community. If you need help with the Bulletin Board module, ask anyone in Resident Life.

New Residents

Lynda Thigpen
Apartment 2221

Gail Young
Apartment 2230

Free Transportation to Stores:

Kroger

Every Wednesday · Depart Lobby at 9:30 am

Walmart & Publix

Alternating Wednesdays · Depart Lobby at 1 pm

Channel 1960 Guide

Staying Strong

Mon, Wed, & Fri - 10:00 am

Tue, Thu, & Sat - 2:00 pm

Balance

Everyday - 11:30 am

Flex Class

Mon, Wed, & Fri - 2:00 pm

Carlyle Place Committees

Building & Grounds Chairperson: George Beck
1st Thursday · 10:00 am · Admin. Conf. Rm

Development Chairperson: Don Kea
4th Thursday · 10 am · Admin. Conf. Rm
Quarterly: January, April, July, October

Dining Chairperson: Ann Meia
1st Wednesday · 10:00 am · Admin. Conf. Rm

Emergency Management
3rd Thursday · 1:00 pm · Admin. Conf. Rm

Library Chairperson: Sue Teng
2nd Monday · 1:00pm · Executive Conference Rm
Jan. - March - May - July - Sept. - Nov.

Marketing Chairperson: Jerry Cogswell
3rd Wednesday · 10:30 am · Admin. Conf. Rm

Programming Chairperson: Joan Anderson
2nd Wednesday · 3:00 pm · Admin Conf Rm

RAC President: Ty Ivey
2nd Thursday · 10:00 am · Admin Conf Rm

New Resident

Written by Mary Dempsey



Kathy Marbut came to Carlyle from Covington Square Condos, just a stones throw from Carlyle. After 20 years at Covington, she is now settled in Apartment 2223. Kathy has been a lifelong resident of Georgia. She grew up in Milledgeville and came to Macon in 1965.

Kathy knew about Carlyle Place before groundbreaking took place. Although her mother passed away before moving to Carlyle, she was the fourth person to put her name on the waiting list. "There was really no decision for me about moving to Carlyle. I always knew that I would someday be living here."

Kathy attended Emory University and then graduated from the Pharmacy School of the University of Georgia. Some Carlyle residents may remember her as the pharmacist at both College Hill Pharmacy and Harrison's Pharmacy in Macon, where she

was employed until the birth of her second child.

Kathy's two children and four grandchildren live in Macon. Her daughter, Kristy, is a nurse practitioner and son, John, is a stockbroker with Morgan Stanley. Kathy's husband, Bill, was a local contractor. He now resides in Cambridge Court. Bill has three children and nine grandchildren. The couple can be seen almost daily as they exercise by walking throughout the building and on campus.

Kathy has always been an "on-the-go" person with many interests. She is a reader, a ball-room dancer, a swimmer, and a clogger. She enjoys puzzles, plays, and the beach. Kathy started skiing and playing golf after the age of 50 and was an avid tennis player.

Kathy said, "My grandmother was a traveler, and she gave me the travel bug." Kathy has travelled throughout Europe numerous times, has cruised in Alaska, and was on an adventurous cruise on the Mediterranean when the twin towers fell on 9/11.

Carlyle offers all the things Kathy enjoys; exercise classes, line dancing, chorus, clogging, and beautiful outdoor walking paths.

Here's something most of us do not know about Kathy. At age 74 she crossed off something from her bucket list - she completed a tandem skydive! "I love heights, and would love to do it again."

We welcome this adventurous, active, energetic woman to our Carlyle family.

Newsletter Submissions

Is there something interesting about you that you think other residents would like to know? Have you recently snapped a photo of something special around Carlyle Place? We want your submissions for the Chronicle! Send them to Elizabeth Fletcher at Elizabeth.Fletcher@atriumhealth.org.

New Resident

Written by Mary Dempsey



Welcome **Virgil Cooper**! Virgil was born and educated through high school in Macon. He spent two years at Mercer and then onto the University of Georgia Extension Program for one year. His final college year was spent at Georgia College in Milledgeville, where he was one of the first male graduates. He was awarded a Bachelor of Science degree in Accounting and Business Administration.

Virgil moved on to military service (Army). He was stationed at Fort Benning, now Fort Moore, where he served as Company Clerk. Virgil finished his tour of duty in Germany, working in disbursement and accounts payable. Following his discharge from the service in 1970, he and two of his three sisters spent one month touring throughout Europe. Virgil returned to the United States and to Georgia College, where he received his Masters of Science Administration.

Virgil says he seemed to be in the right place at the right time throughout his life. He “just happened” to visit Macon Hospital and learned that they were in need of help in the collections department. He was hired on the spot as Collections Manager. Fast forward 30 years to 2001 when he retired as Senior

Vice President of Finance/CFO of Central Georgia Health Systems.

For many years Virgil has provided invaluable support for the Navicent Healthcare System. Recently, Virgil and the Navicent Health Foundation made a generous donation which allowed Atrium Health Navicent Children’s Hospital to create a 24 hour emergency center for children with behavioral health issues. To recognize his gift, the unit has been named in his honor - The Virgil E. Cooper Jr. Pediatric Emergency Center Behavioral Health Unit.

Virgil serves Carlyle as a member of the Development Committee. He is a man of many interests. He’s a swimmer, a reader, a traveler, and a theater buff. In April he will be headed to New York where he is scheduled to see seven Broadway shows in six days!

Virgil is a lover of the arts. He lives surrounded by paintings, stained glass, sculpture, and a beautifully displayed collection of porcelain and crystals. Upon entering Virgil’s apartment, I felt like I was in an art museum. He is surrounded by beauty. Whether it’s the living room, a bedroom, a bathroom, or kitchen, just turn and your eyes will land on one of the 122 framed pieces of art. The wonderfully bold use of primary colors on the apartment walls makes a beautiful background for his collection. Many of the paintings displayed are commissioned pieces by local artists. He has a story to share about each one.

Virgil is part of a very small but close family. He has one son who lives locally and is a chef at Christian’s Place restaurant (Bass Road). Virgil grew up with three sisters. One is deceased, an older sister, Shirley, lives on Lake Sinclair, and the other is our own Peggy Cox who moved to Carlyle shortly before Virgil.

We are happy to have both family members join the Carlyle family. Welcome



Residents at Beer Bingo in memory of Bob Perry



Residents posing at Low Go Cardio class

New Resident

Written Kathleen Sheil



Barbara Hovagimian (Hov-a-gim-me-in) hails from the Boston, Massachusetts, area. She is a Patriots fan. She attended the University of Massachusetts where she earned a BS degree and went on to get a masters degree in nursing. She worked at the Brockton Hospital for 35 years, 32 of them in the ER. She was married to Arthur Hovagimian for 58 years and they had three sons.

It is a beautiful story of how Barbara came to move to Macon. Her granddaughter, Elizabeth Ann (EA), and Barbara have always been very close. EA grew up enjoying Barbara's love and attention. For many years, as soon as school was over, EA's family and Barbara would spend about two weeks exploring different European countries. Even when EA went to college, Barbara would visit her once a week. Eventually, EA married and moved to Macon.

When Barbara's husband needed additional healthcare, they moved into an independent/assisted living residence. There were very few activities offered, and EA knew Barbara was not happy. Shortly after Barbara's husband passed, EA called Barbara and told her she was moving to Macon and was going to

live at Carlyle Place. EA drove to Massachusetts, packed up Barbara's belongings, and brought her to Macon. Within a week Barbara was living in a temporary apartment at Carlyle Place.

Barbara says that this was the best move she ever made. She is able to spend a lot of time with EA and her four sons. She finds everyone at Carlyle to be very friendly and welcoming. She is delighted with all the activities that are offered. She uses the library, exercises daily, plays chair volleyball and has tried Wii Bowling and line dancing. She said she is amazed at how the ladies in Resident Life go out of their way to make everything a party. She loves to travel. She went on the Carlyle trip to Florida in February and has signed up to go on the Canadian Rockies Rail Trip in May.

Barbara, we are so happy that through EA's effort, you are a part of our Carlyle family.

Parlor Library Book Display - March 2024

For the month of March, the Carlyle Library Committee is highlighting books by Irish authors in the Parlor Library. Patrick Taylor and Maeve Binchy are well known authors that have enjoyed popularity with American readers over the years.

Patrick Taylor was born in Northern Ireland in 1941 and studied and practiced medicine in Belfast and rural Ulster before immigrating to Canada in 1970. Taylor has published more than fifteen works of creative writing, all set in Northern Ireland.

He is best known for his Irish Country series, several of which have been international bestsellers. Set in Ballybucklebo, a fictional Northern Ireland village, the series follows novice doctor Barry Laverty as he begins his assistantship at the practice of Dr. Fingal O'Reilly.

Maeve Binchy was born in Dalkey, Dublin, Ireland and writes stories that show while times change, people remain the same—they fall in love, have hopes and dreams, develop long lasting friendships. Her writing has been characterized as sympathetic and often humorous portrayal of small-town life in Ireland with surprise endings.

Maeve's many novels and short stories have been adapted for film, TV and radio including Tara Road, Circle of Friends and Echoes.

Celebrating March

Umbrella Month

Optimism Month

Irish American Heritage Month

Iditarod Race

March 2

Namesake Day

March 3

Women in Construction Week

March 3–9

Welllderly Week

March 18–23

Napping Day

March 11

Quilting Day

March 16

Tea for Two Tuesday

March 19

Memory Day

March 21

Pencil Day

March 30

Carlyle Place Important Phone Numbers

Accounting	478-405-4505
Carlyle at Home	478-405-4563
CGR Credit Union	478-745-0494
Concierge	478-405-4500
Housekeeping	478-405-4590
Maintenance	478-405-4528
Physical Therapy	478-405-4545
Resident Life	478-405-4525
Salon	478-405-4564
Security	478-405-4568
	Cell - 478-972-8557
To Go Orders	478-405-4569
Transportation	478-405-4515
Wellness Nurse	478-405-4537

March Birthdays

Those born from March 1–20 are Pisces, the Fish. Like fish, Pisces like to go with the flow in an easygoing manner, but on the inside, they are intuitive, intensely spiritual, and deeply emotional. If you were born between March 21–31, you are Aries, the Ram. These independent adventurers like to strike out on their own and are natural leaders. Their enthusiasm and confidence mean they have big and outgoing personalities.

Dr. Seuss (author) – March 2, 1904

Jackie Joyner-Kersey (athlete) – March 3, 1962

Lou Costello (comedian) – March 6, 1906

Sam Donaldson (journalist) – March 11, 1934

Glenn Close (actress) – March 19, 1947

Chaka Khan (singer) – March 23, 1953

Danica Patrick (driver) – March 25, 1982

Walt Frazier (ball player) – March 29, 1945

Gordie Howe (hockey player) – March 31, 1928

SENIOR CITIZEN TEXTING CODE

BFF	Best Friend Fell
LOL	Little Old Lady
BTW	Bring The Wheelchair
TTYL	Talk To You Louder
BYOT	Bring Your Own Teeth
LMDO	Laughing My Dentures Out
WAITT	Who Am I Talking To?
OMSG	Oh My! Sorry Gas
GGPBL	Gotta Go Pacemaker Battery Low
ROFLACGU	Rolling On The Floor And Can't Get Up

Submitted by Harold Reed

January 2023 Honorariums & Memorials

Donated in Memory of:

Bebe Reichert

Donated by:

Don & Mary Dale Kea

Memorial and Honorarium gifts to Carlyle Place are posted monthly in the Carlyle Chronicle. They are also updated every 6 months on the Recognition Board. To make a gift, please make your check payable to Carlyle Place Resident Assistance Fund or Carlyle Place General Fund and mail to 3330 Northside Drive, Macon, GA 31209. Contact Tarver Perry at 478-633-7395 with questions. Postage paid envelopes for the purpose of memorial/honor gifts are available in the Carlyle Place main lobby near the elevator.

Neighbors Helping Neighbors

We would like to remind all of our residents that our Resident Assistance Fund needs large donations to grow and sustain a substantial amount of interest money, since we do not invade the corpus of the fund. The Resident Assistance Fund was established to assist our neighbors who, through no fault of their own, face financial difficulties paying their Carlyle fees. As you know, this important fund is managed and funded solely by resident volunteers.

We have reviewed the 116 surveys that our residents completed. **We are now contacting residents who did not complete the survey. We are simply ensuring that every resident knows the opportunities available to include the Resident Assistance Fund in their beneficiary planning and yearly charitable giving, such as Required Minimum Distributions.**

In the future, the Development Committee will be contacting new residents about 9 months after they arrive at Carlyle Place to introduce them to our Carlyle charitable funds.

Thank you all for being so helpful by assisting us in catching up on our contacts. **And a very sincere Thank You to all of our residents who have included the Resident Assistance Fund in your present and future charitable donations.**

Tom Holloman, Vice Chair

The Development Committee

Around Carlyle



Harold & Edna Reed with his drawings for Groundhog Day



Mary Dempsey, MA Riley & Mariana Gebara enjoy an evening outing



Gabby Degelmann, dressed to impress

New Residents

Written by Jane Winston



I'm not real sure which one is Mac and which one is Ernie, but **Carolyn and Jim McInerney** (Mac and Ernie) have had fun with, yet struggled with, the pronunciation of Jim's Scotch/Irish last name for their nearly 60 years of marriage, and they assured me it would be fine to have a little bit of fun with it! So, there you go.

Carolyn and Jim moved into garden home #50 last June after a brief stint at Park Springs in Stone Mountain and 25 years of retirement at the Landings in Savannah. They've jumped in with all four feet and serve on five committees here at Carlyle. Thanks!

Jim was born and reared in Akron, Ohio, and graduated with a BS in Economics from Villanova University which led him to a lengthy career with primarily IBM. Carolyn was born and reared in Philadelphia and graduated from Cabrini Catholic Women's College in Radnor, PA. "The teaching faculty were young Italian Nuns who knew how to have fun to include playing basketball and drink-

ing an occasional beer with their students."

Carolyn's degrees in Chemistry and Math gave her the keen edge to manage a business they owned in Portland, Maine, that offered interior design services. She finished her career as a 29-year realtor, as she followed Jim and his career up and down the East Coast. During this time, they had two boys who are both married with children and live in Brunswick, Maine and Raleigh, North Carolina.

Their move away from Savannah put an abrupt halt to Carolyn's devotion to saving Diamondback Terrapins found in coastal saltwater marshes, estuaries and tidal creeks along the Atlantic and Gulf Coasts. Their Landings Golf Course home was conveniently nestled between the Marsh and a golf course. Carolyn began to notice the Terrapins coming to the sand trap in their back yard to lay their eggs and then witnessed wild life taking the eggs out of the nests. After observing this a few times, she decided to experiment with putting some eggs in a flower pot, filled with sand, which she casually placed on her front porch. Amazingly, 60 days later she had baby terrapins which she placed back in their native habitat. And, as the saying goes. "The rest is history."

This act of kindness, was the beginning of the Diamond Back Terrapin Working Group in conjunction with the Skidaway Audubon Society. It grew to where she was nurturing 60 pots of eggs. As publicity of this caring lady and her interest in saving Diamondbacks grew, individuals sought her out and came to help. They eventually went from flower pots to nesting boxes for these terrapins. And the story continues....

Take some time to meet Carolyn and talk with her about this wonderful act of kindness she began and is still going strong. The golf course where the terrapins laid their eggs has even been renamed, The Terrapin Course.

Carolyn's love of the outdoors and saving terrapins, combine with her love for digging in the dirt and planting gardens, so look forward to their garden home being a show place this spring.

Now, while Carolyn has been busy selling real estate, saving terrapins and planting flowers, Jim has been doing the "very man thing" of working, hard, at work, and working, hard, at golf and working hard, at supporting Carolyn in her endeavors. He loves the game of golf and is enjoying the camaraderie of playing at the Brick Yard Golf Course with a few men from Carlyle and many from the Macon area. As he says, "My handicap is not what it once was, but I so enjoy being outside and swinging that club and hanging with fun partners, some I have known from other places we lived."

Mac and Ernie are full of energy, have hardy laughs and big smiles. Make certain to meet them and check out www.diamondbackterrapinworkinggroup.com. Dig even deeper and look up Carolyn McInerney and Terrapins!!



Author Birthdays in March

Written by Jane Perry

During 2024 the Carlyle Place Library Committee will be celebrating authors and their birthdays. Books by authors listed in bold print can be found in the Veranda Library (2nd floor) and/or the Parlor Library (1st floor). Some of the authors' books will be on display in the Veranda Library.

2 March: Dr. Seuss
2 March: John Irving
2 March: Tom Wolfe
3 March: Patricia MacLachlan
6 March: Elizabeth Barrett Brown
8 March: Kenneth Graham
9 March: Mickey Spillane
11 March: Douglas Adams
12 March: Jack Kerouac
12 March: Virginia Hamilton
13 March: Ridley Pearson

18 March: **John Updike**
19 March: **Philip Roth**
19 March: Irving Wallace
22 March: **James Patterson**
22 March: **Louis L'Amour**
25 March: **Flannery O'Connor**
25 March: Gloria Steinem
26 March: **Robert Frost**
26 March: Tennessee Williams

Worship in The Grande

For February, the following residents will lead service on Sundays:

First Sunday – Navicent Chaplain

Second Sunday – Richard Davies

Third Sunday – Paul Evans

Fourth Sunday – Fred Reese

Pub Trivia

Tuesday, March 12 · 4 pm · The Pub

Pub Trivia occurs every second Tuesday for teams of five or less. There are four rounds of trivia, and the team with the highest total score wins a prize! Teams can earn an extra point by having ALL members of each team pick up an advertisement for March Madness and get it signed by Patti.

Carlyle Place's Cornhole Tournament

Play starts Mon., March 11th

Find a partner and sign-up for this eight team, single elimination tournament. The first matches will be on Monday, March 11th and the Finals will be on Monday, March 18th at 4:00 p.m. in the Bistro Courtyard. Sign up in Resident Life by Thursday, March 7th. See Patti or Jai for more information.

February Employee Anniversaries

1 Year

Tiffany McCarty
Theresa Childs

2 Years

Laura McMaster

4 Years

Martha Jackson
Stephanie Parker

7 Years

Bridgett Martin

8 Years

Shane Jones

9 Years

Trena Raines

10 Years

Miriam Polhill

13 Years

Rosalyn Evans

16 Years

Catherine Holliman

I SPY - March 2024

"I Spy" showcases a resident who makes a difference in our community, someone who brightens other's days or someone who has done something extra special to benefit others.

This month, "I Spy" someone who is extremely active in the community. Marianna Gebara supports and participates in many activities, not only at Carlyle Place, but in the local community. She collects plastic bags and volunteers for the St. Peter Claver Food Pantry and the Backpack Ministry at Forest Hills United Methodist Church. Marianna is a member of the Resident Advisory Committee, Programming Committee, and coordinates the Employee Gift Fund. She is an avid pickleball player and consistently participates in a wide variety of activities at Carlyle Place.

Have You Heard Format

Tuesdays at 11:00 am in the Grande

Various weeks of the month feature a specific topic or group, in addition to the weekly items (I'd Like to Hear, Leadership Reports, and any New Resident introductions). The formats are as follows:

Week 1

Connect to Purpose—Employee Anniversaries
Resident Life Monthly Activities

Week 2

Board Member Visits
Handbook Review
Committee Report

Week 3

RAC Report
Take 3 for Wellness
Handbook Review

Week 4

Committee Report
New Employee Introductions/Employee of the Month
Marketing Minute

Week 5 (March, June, August, November)

Healthcare Updates/Reminders
CP at Home Updates/Reminders

2024 Committee Report Schedule:

Building & Grounds:	4/09	7/09	10/08	
Library:	4/23	7/23	10/22	
Development:	5/14	8/13	11/12	
Marketing:	5/28	8/27	11/26	
Dining:	3/12	6/11	9/10	12/10
Programming:	3/26	6/25	9/24	12/31

March Birthdays

Anne Cole	3/2
Muriel Nathan	3/4
Edna Reed	3/4
Marianne Beck	3/6
Emily Bredeson	3/12
Lenore Sell	3/12
Nancy Schiltz	3/24
Richard Raggi	3/30

Carlyle-at-Home

Kitty Van De Water	3/4
Betty Luce	3/6
Ethel Cullinan	3/14

SIX LITTLE STORIES WITH LOTS OF MEANINGS

1. Once all villagers decided to pray for rain. On the day of prayer, all the people gathered, but only one boy came with an umbrella. That is faith.
2. When you throw babies in the air, they laugh because they know you will catch them. That is trust.
3. Every night we go to bed without any assurance of being alive the next morning, but still we set alarms to wake up. That is hope.
4. We plan big things for tomorrow in spite of zero knowledge of the future. That is confidence.
5. We see the world suffering, but still, we get married and have children. That is love.
6. On an old man's shirt was written a sentence "I am not 80 years old; I am sweet 16 with 64 years of experience." That is attitude.

Have a happy day and live your life like these six stories. Remember - Good friends are the rare jewels of life, difficult to find and impossible to replace!!

Submitted by Jane Winston

March's Pet of the Month: Pocket Rambusch



Pocket is a tiny, 12 year old Shih-poo that lives with her parents, Harold and Ann Rambusch. Shih-poos are a mix of Shit-zu and Poodle. People call this breed teddy bear dogs, as they look very fluffy. Ann says they keep Pocket well groomed so she never reaches her teddy bear look.

Her name came about when she first came into the Rambuschs' lives. She was all but 2 pounds, so small that she could fit in a pocket! Harold claims that she no longer can fit in a pocket, but now in a purse. There is no need for a name change though.

Even though Pocket is little, she has a big personality. When she would like a belly rub or a treat, she does what her parents call the "Penguin pose", which is when she sits up on her hind legs and

stares them down. The longest that she has ever withstood the penguin pose was a solid 15 minutes. Pocket also tends to bark when she wants anyone to come near her, especially when the housekeepers come to her house.

Pocket is a people watcher, and you can often find her sitting in her front yard watching others walk by. She can be very shy at times, but will love on you if you are sitting down. Her best friend is another tiny dog you may have seen around Carlyle Place, Peggy Cox's dog, Katie. Pocket is a sweet, little girl who is loved by many!

February's Employee of the Month: Trena Raines



February's Employee of the Month is Trena Raines. Trena has worked as a Charge Nurse at Carlyle Place for 9 years. She worked in Harrington House for 7 of those years, before briefly working in Cambridge Court for 8 months. She is currently working in Stafford Suites during night shift.

Trena is from Roberta, GA, in Crawford County. She has two daughters, Cassandra (36) and Devita (30), along with one granddaughter, Aryanna (12). Trena has many interests which include line dancing, crocheting, arts and crafts, and journaling.

When asked what she enjoys most about her job, Trena said "learning something new every day from the residents and providing care for them". She also added that working as a nurse on a skilled nursing unit in long term care, she has learned that she is only as good as the CNAs working with her. She says CNAs are vital and an

important part of our healthcare team. She says she has learned so much from them. Trena states "I learned to adjust, to be agile, and to be humble. No title is so high that you can't "come down" and assist the ones who provide activities of daily living care to the residents. It is teamwork and there is no "I" in team!". Trena says she is blessed to be a part of the team at Carlyle Place. Thank you, Trena, for everything you do! If you see Trena be sure to tell her how appreciated she is for her caring service.

‘Accidental’ Venmo Scams

Written by Jessica Roy | September 6, 2022 | latimes.com

I was still in the hazy just-past-newborn phase with my son when someone sent me \$500. Between diaper changes and endless bounce sessions on the yoga ball, I got a push notification on my phone. “Anna sent you \$500.00 - Antique table - You now have \$500.00 in your Venmo account.” Free money! Like most new parents, I had plenty of ideas for how to budget an unexpected \$500. (Venmo, a digital wallet app owned by Paypal, took a seller transaction fee of 1.9% plus another 10 cents, so my \$500 was actually \$490.40.) But I had neither possessed nor sold an antique table. I was running on minimal sleep, but my scam sense was tingling. Anna had sent me the money by accident — or had she? Wouldn’t you double-check someone’s phone number before sending them that much money?

It might have been an honest mistake. I sure would hate to be out that much because I mistyped a digit. I looked into it, and found a Better Business Bureau warning about this “money sent by accident” scam from 2020. I looked up Venmo’s FAQs on what to do. To my surprise, Venmo said I could “simply send the payment back to that user.” (Venmo has since updated its guidance: The page says to contact Venmo support if you receive money from someone you don’t know.)

How the scam works:

Sorin Mihailovici, the editor-in-chief of Scam Detector, said if I’d sent the money back, I might have found myself out \$500. He explained: The scammer steals credit card numbers — which can be purchased in bulk on the dark web — and attaches those cards to accounts on digital wallet apps like Venmo, Cashapp and Zelle. Then, they “accidentally” send money to hundreds or thousands of people at once, whose phone numbers were similarly acquired in some back-alley of the internet. A subsequent request to get the money back goes out to all the targets. Some of those people will ignore it, but others will send the money back.

Software can automate the entire process, Mihailovici said, so even if only 1% of the scam targets send money back to them, “it’s an incredible money-making machine with extremely, extremely little effort.”

The first victims, whose credit card numbers were stolen, will see the charges and get in touch with their banks, who will likely reverse the charges. So they get their money back.

But you might not.

In its support documentation on payments from strangers, Venmo notes that when you send money back, it will come from your Venmo balance, unless the amount requested is larger than your Venmo balance. Because the seller fee had been taken out, my balance was \$490.40, remember? So if I’d sent Anna back a full \$500, according to Venmo, it would have been funded entirely by my outside payment method, AKA my credit card or bank account.

If the first transaction was subsequently reversed, I would have had to take it up with my bank to try and get my money back — which only ends up being successful for less than 14% of scam victims on Venmo, said Steve McFarland, the president and CEO of the Better Business Bureau of Los Angeles and Silicon Valley.

Think of it this way: If someone handed you an envelope full of cash and said, “Hey, here’s the money I owe you for the antique table!” and then left and a minute later came back and said, “Never mind, you’re not the right person,” you would hand them back the same stack of bills. But that’s not exactly how it works with digital payments. A scammer sends you \$500, but if the charge is reversed, that initial \$500 is clawed back. The money you sent “back” is a different \$500. It’s your \$500.

Continued from page 18.

So it'd be like someone handing you that envelope, then when they came back, you gave them a different set of bills from your wallet. Then a minute later, someone else came along and said, "That's my envelope of cash, someone stole it from me" and took it back.

Mihailovici said Venmo is not the only app where this scam takes place, but because it's so popular, scammers can find the most targets there. And even the updated guidance from Venmo is contradictory in places, he said: On the "payment from a stranger" page, it tells you to contact support if you get an unexpected payment; but on the "cancel a payment" page, it says if you send someone money by accident, you should ask them to send it back to you.

Venmo declined to make anyone available for an interview for this story. A company spokesperson emailed this statement: "The safety and privacy of all Venmo customers and their information has always been a top company priority. When we become aware of scams, we proactively work with law enforcement agencies and industry partners, and use our own systems to mitigate the issue. We encourage customers who suspect they are the target of a scam or have had an unauthorized transaction to contact Customer Service directly."

What should you do if someone sends you money by accident?

"Absolutely do not refund them," McFarland said. I decided to let the money sit in my Venmo balance. Anna could work it out with Venmo or her bank if she'd really sent it by accident. A couple days later, I got spammed with requests to send back the \$500. Again, I did nothing. I confess I felt my heartstrings tug a little bit: What if Anna had really sent the money by accident, and really needed it back? But I didn't feel bad enough to potentially lose \$500.

I left the money in my Venmo account, and a week after it was sent to me, a payment refund for \$500 went through and took the money from my Venmo balance. Venmo issued me a credit for the seller transaction fee, so I never lost any money.

I guess I'll never know whether Anna was a scammer or someone who made an honest mistake. If it's the latter, I do hope she worked it out and is enjoying her table.

This particular scam is in part due to an issue with Venmo's user interface: There is no way to manually decline, refuse or cancel a payment. So if you get a payment you didn't expect from a stranger, the safest thing to do is to let it sit in your Venmo account. But if it's from someone you know — say they accidentally sent you their share of the rent instead of their roommate with the same first name — the right thing to do is to send it back to them.

"Money sent by accident" is not the Better Business Bureau's most complained-about scam, McFarland said. Most of the reports he sees are buyer/seller disputes: The buyer uses a digital wallet app to make a payment, and the seller doesn't deliver the item as promised. It used to be that senior citizens were the most common scam victims, he said, but in the last two to three years, that has shifted: It's now millennials and people just above and below that cohort who are the most likely to fall prey to scams. Why? "They're on the internet," McFarland said.

And millennials "don't research as much" before they make a purchase online from somewhere like Instagram, TikTok, or Facebook Marketplace, McFarland said. "They said 'yes' very quickly, as they hover over their phone, talking with their friends, doing this and doing that and multiple apps at the same time, and don't have the time to investigate certain purchases and deals, and hoping that the stuff shows up at their door. And they're getting scammed."

What if you send money to the wrong person?

What if you're the Anna in this scenario? You can try to contact customer support for the app you used, or dispute the payment with your bank or credit card, and you might be successful. Or you might not.

"There's pretty much nothing you can do," Mihailovichi said. He compared it to leaving money on the table in a coffee shop and then coming back later in the day. That money's probably gone. In the case of a mistaken payment, you can certainly take Venmo's advice and request it back. You'll just have to hope the other person is kind and understanding — and that they didn't read this article.



Jane Dickey & Margie O'Shaughnessey
at the Groundhog Day Happy Hour



Residents in Wakulla Springs, Florida



Laurie Shaw, Hank & Mary Dempsey
at San Marcos de Apalache State Park



Dianne Walcott & Jai
showing off their bunny socks



Peggy Cox having fun in the
Dining Room



Leslie Morris starting the train for
When The Saints Go Marching In at Fat Tuesday



Andy Bunch with the Creature
from the Black Lagoon



Dennis Collins, winner of
Heart Health Month Challenge